



Women's Team Rules 2019 - 2020

Section 1 - TIGER CHARACTER

Rule 1 - Always put your teammate first, before yourself. Treat yourself, teammates, coaching staff, support staff, administration, opponents, referees, fans and facilities with the utmost respect.

Rule 2 - Always regard the valuables of others as your own. Never borrow a teammate's material possessions *without asking*. **Stealing is cause for a student athlete's immediate dismissal from the team.**

Rule 3 - When the coaching staff makes a request of you, you are to honor the request. Never put your self-interest before what is best for the team.

Rule 4 - Misbehavior and/or bad attitudes will not be tolerated at practice, during matches, on road trips or any time the team is meeting officially. Give 100% effort ALWAYS!!!

Rule 5 - Profanity, obscene gestures, abusive behavior or language (English or otherwise), spitting, ball abuse or racket abuse will not be tolerated at any time. As a student athlete, it is important to remember that you are a reflection of Clemson University and must conduct yourself with dignity and pride whether you win or lose.

Section 2 – TEAM MEETINGS, ACTIVITIES & RESPONSIBILITIES

Rule 6 - Student athletes are expected to be present and ready to listen at the report time for all team activities, meetings and responsibilities.

Rule 7 - During team or individual meetings with coaches, as well as meetings in academic settings, student athletes are expected to listen respectfully and be responsible for all information discussed.

Rule 8 – During team activities, designated team meals, or any other official team setting cell phones are to be **TURNED OFF (not silenced)**. Otherwise, your cell phone will be taken away by the member of coaching staff and returned at conclusion of team event.

Rule 9 - Every student athlete is responsible for information discussed at team meetings. If a student athlete misses a meeting due to class, illness or any other non-emergency reason, the student athlete is still responsible for the information discussed.

Rule 10 - A student athlete is required to contact the head coach 24 hours before scheduled activity for permission to miss unless medical emergency.

SECTION 3 – TEAM PRACTICE, INDIVIDUALS and COMPETITIONS

Rule 11 – **NO CELL PHONES ALLOWED ON TENNIS COURTS AT ANY TIME!!!** Away matches and competitions, cell phones are to be given to coaching staff as you exit vehicle. Home matches and practices phones remain in your locker. Cell phones are not to be used until conclusion of the post-match team meeting.

Rule 12 - Student athletes are expected to be on time for practice, matches, and medical treatment. Medical treatment will not take time away from warmup time or practice time.

Rule 13 - In case of illness, a student athlete must contact both the head coach and the trainer before being dismissed from practice. A student athlete will not be dismissed from practice until released by the head coach or the medical staff.

Rule 14 - Student athletes must wear the team uniform whenever representing Clemson University. Doubles partners should wear the same attire whenever possible. Proper tennis attire, including a sports bra, is required at all times.

Rule 15 - Student athletes must wear Clemson practice gear and only Clemson gear when practicing. Practice colors will be worn according to schedule:

Monday – Grey top
Tuesday – Orange Top
Wednesday – White top
Thursday – Purple top
Friday – Orange top

Rule 16 - If you are not competing, student athletes are required to watch and support teammates' matches. With respect to this rule NO CELL PHONES.

Rule 17 - When you come on court for practice have at least 2 strung rackets, rackets already gripped, water bottle and towel (if needed).

Rule 18 - Rackets are to be strung 48 hours prior to any home match and 48 hours prior to departing for away matches.

SECTION 4 – TEAM TRAVEL

Rule 19 - All players must shower after away matches and have a set of clothes to travel home in.

Rule 20 - While on road trips, no incoming or outgoing calls are permitted after 10:15pm night before match.

Rule 21 - While on road trips, there should be no personal contact with visitors after 9:00pm unless approved by the coaching staff. Visitors are not allowed in the rooms of student athletes at any time.

Rule 22 - No one is allowed to leave the team hotel (even with family members) unless player receives permission for a coaching staff member.

Rule 23 - Clemson student athletes are required to travel in vehicles authorized by the Clemson Athletic Department. Student athletes are not permitted to travel in vehicles that are unauthorized or with drivers who are unauthorized. Student athletes traveling in official university vehicles are covered by the university's insurance. **Exceptions to this rule must be made as a request by the parent or guardian to the Head Coach.** Documents for permission to travel separate from the team should be signed prior to traveling in a separate vehicle. The parent or guardian must assume responsibility for the student athlete's welfare when traveling separate from the team.

Rule 24 – There will be absolutely no consumption of alcohol while on any road trip during the academic year. *Players found guilty of violating this rule will automatically receive Letter of Infraction.*

SECTION 5 - ACADEMICS

Rule 25 - Expectations are you show up, attend class, remain eligible and earn your degree. You will attend every class unless you have approval from the head coach or trainer due to illness or other circumstances. Triple EEE/study hall hours are your responsibility to keep track of and complete. Actions including not meeting study hall hours, missed class/tutor appointments can lead to consequences including but not limited to change in playing time, missed contests, reduction of scholarship or dismissal from team. Vickery Hall Academic Center provides student athletes with the opportunity to succeed in the classroom. This academic support privilege can be revoked at any time if its rules are not obeyed.

SECTION 6 – GENERAL RULES

Rule 26 - PLEASE take pride in the cleanliness of the locker room. Cans, medical tape and other trash should be discarded in the trash. Towels should be placed in the towel bin at the end of practice. Let's keep the locker room clean and tidy for everyone!

Rule 27- Appointments to see the coaching staff should be made by phone or email in order to avoid losing practice time.

Rule 28 - The English language will be spoken at practice, on road trips or anytime the team meets as official representatives of Clemson University. **It is considered rude to speak a second language if anyone present cannot speak the same language.**

Rule 29 - Student athletes must abide by team curfew on road trips and home matches. Curfew is generally 10:15pm the night before a match; lights should be turned off by 10:30pm.

Rule 30 – Student athletes will be required to participate in a recruit's official visit activities to help welcome the recruit to Clemson. There will always be a team dinner on the first night of the official visit that all current players need to attend.

Discipline Policy for Clemson Women's Tennis Program

The breaking of any team rules will result in one or more of the following discipline measures for the student athlete:

- Verbal apology to the team followed by a written apology to each athlete and coaching staff member
- Suspension from practice and or competition
- Community Service Projects
- Additional strength and conditioning program as directed by the strength and conditioning coach
- Custodial / maintenance duties at tennis center

The student athlete will not be allowed to return to the team until discipline measures are satisfied. If the student athlete refuses to fulfill disciplinary obligations she will be required to meet with the Athletic Director before returning to the team.

A letter of infraction documenting the offense will be given to the student athlete and a copy is retained with the athletic department. **A player may be dismissed from the program at the discretion of the coaching staff and the recommendation of the administration after a second infraction letter.**

- 1) First Letter of Infraction – Meeting with Athletic Director and or Sports Supervisor and or Head Coach to review student athlete's infraction.
- 2) Second Letter of Infraction – Meeting with Athletic Director, Sport Supervisor, Faculty Athletic Representative, Compliance Officer and Coach Staff to review dismissal of scholarship.

Players with two Letters of Infraction will be up for player review of scholarship loss and possible dismissal from Clemson University Women's Tennis Team.



Alcohol Policy

The use of alcohol impedes the ability of a student-athlete to achieve optimal performance levels. The CUAD does not support underage drinking, irresponsible use of alcohol or alcohol-related behavior that leads to involvement with the criminal justice system. Clemson University, Clemson University Housing, and South Carolina law restrict the use of alcohol. Student-athletes should refer to the Clemson University Code of Conduct for further information on these restrictions.

Student-athletes who consume alcohol will be held accountable for any alcohol-related incident in which they are involved on or off campus. In such cases, the student-athlete may be subject to CUAD or team disciplinary action. If the alcohol-related incident does not result in legal action, the head coach of that student-athlete's team will recommend to that team's sports supervisor the appropriate course of action. If the student-athlete is charged, convicted or pleads guilty to an alcohol-related incident, the course of action will follow CUAD's protocol for addressing violations of the department's Standard of Conduct/Disciplinary Policy, which are set forth in the Student-Athlete Handbook. The student-athlete may also be subject to University sanctions as outlined in the Student Code of Conduct.

Substance Use and Misuse Policy

Please see Clemson's Student-Athlete Handbook for details regarding the substance misuse and abuse policies. The goals of the program are to inform student-athletes of the dangers associated with substance abuse, prevent improper drug and alcohol use in athletics and, where detected, to eliminate it, preferably through medical treatment, education, and imposition of corrective actions where appropriate. While this policy clearly outlines various failed drug test scenarios and their related sanctions, which are primarily educational- and health-focused, there may be compelling reasons that would warrant the student-athlete's head coach recommending a student-athlete's immediate suspension from practice and/or competition. If so, the head coach should present such reasons to the designated CUAD administrator for consideration before proceeding with any suspension. In addition, the impact, if any, on playing time of a failed drug test is the primary decision of the head coach in consultation with the designated CUAD administrator.

Expectations of Practice, Workouts and Student-Athlete Responsibilities

As a student-athlete, you are required to participate in activities such as attending practice, strength and conditioning workouts, attend class, tutoring appointments/study hall hours and other student-athlete activities. You will also be responsible for any treatment prescribed by your Athletic Trainer. Failure to not participate in any of these activities can result in limiting playing time, missed contests, reduction of scholarship or dismissal from team.

Social Media Use

Student-athletes are permitted to have profiles on social networking sites such as Instagram, Snapchat, Twitter, Facebook etc. This is contingent upon the understanding that a) no offensive or inappropriate pictures are posted, b) no offensive or inappropriate comments are posted, and c) any information posted on the site does not violate the ethics, core values, codes of conduct of Clemson University and the Athletic Department, nor any local, state and/or federal laws.

Expectations of Reporting/Consequences/Sanctions of Team Rule or Department Policy Violation:

Student-athletes will follow and adhere to the Clemson Student-Athlete Handbook, Clemson Athletic Department Policies and Procedures, Team Rules, Clemson University and NCAA rules. Athletic Department policies are applicable to all student-athletes and the team members are expected to review and understand these policies.

The coaching staff will carefully and promptly consider any team or department rule violation and make a determination as to the appropriate consequence given the circumstances and the past behavior of the student. Penalties may include limiting playing time, missed contests, reduction of scholarship or dismissal from team. A student-athlete has a right to an appeal for reduction in scholarship or removal of aid.

****Players must report to the Head Coach or Assistant Coaches & Natalie Honnen if any detainment by a law-enforcement agency occurs.***

For any other significant Code of Conduct violations, you are responsible for notifying a member of the coaching staff, Natalie Honnen (sport supervisor) or any other athletic or university staff member within 24 hours.



Receipt and Acknowledgement of Team Rules

I acknowledge that I have received, read, and agree to comply with the Clemson Women's Tennis Team Rules. I also understand that the expectations outlined in the Student-Athlete Handbook, to include the Student-Athlete Code of Conduct and Substance Use / Misuse program are requirements to participate as a student-athlete at Clemson University.

I have been given the opportunity to ask questions about Clemson Women's Tennis Team Rules and have had my questions answered satisfactorily.

Print Name

Date

Signature



Clemson Women's Tennis Letter Award Policy

The qualifications to receive a letter for year of competition are as follows:

- 1) A student athlete must participate in 25% of the dual matches.
- 2) A student athlete must participate in 50% of the ACC dual matches.
- 3) A student athlete may be awarded a letter at the discretion of the coaching staff.



Negative Court Behavior Consequences 2019 – 2020

Rule 4 - Misbehavior and/or bad attitudes will not be tolerated at practice, during matches, on road trips or any time the team is meeting officially. Give 100% effort ALWAYS!!!

Rule 5 - Profanity, obscene gestures, abusive behavior or language (English or otherwise), spitting, ball abuse or racket abuse will not be tolerated at any time. As a student athlete, it is important to remember that you are a reflection of Clemson University and must conduct yourself with dignity and pride whether you win or lose.

First Incident Consequence – There will be a verbal warning and player will apologize to team for her actions on court.

**** After 8 weeks of positive and good on court behavior, the player will return to First Incident consequence. If second incident occurs within 8 weeks player will move to Second Incident Consequence.*

Second Incident Consequence – Player will not be allowed to wear any Clemson Gear for 5 consecutive home practices.

Third Incident Consequence – Player will be dismissed immediately from the current practice and will spend remainder of current practice sitting in the stands to observe practice. Player will also be suspended from the next practice entirely and will not be allowed to enter the tennis facility for that day.

Fourth Incident Consequence – Player will receive formal “Player Letter of Infraction”. We will follow the “Discipline Policy for Clemson Women’s Tennis Program for 2019-2020” that players received at beginning of academic year. Infraction Letters will follow the below policy.

First Letter of Infraction – Meeting with Athletic Director and/or Sports Supervisor and/or Coaching Staff to review student athlete’s infraction.

Second Letter of Infraction – Meeting with Athletic Director, Sports Supervisor, Faculty Athletic Representative, Compliance Officer and Coaching Staff to review dismissal of scholarship.

Players with two letters of infractions will be up for players review of scholarship loss and possible dismissal from Clemson University Women’s Tennis Team.