



Women's Basketball Team Rules

This document provides rules for our team. By signing and dating this form you agree to adhere to all Women's Basketball policies set forth in this manual. The order is irrelevant as no rule is more important than the next. Any rule broken is subject but not limited to the following consequences: **Practice/Game Suspension; Loss of Equipment; Extra Fitness; Cancellation/Reduction/Non-renewal of Athletic Aid; Team Dismissal.**

Usually a single violation will not result in the reduction, cancellation, and/or non-renewal of your athletic scholarship. However, a single violation may result in such actions, depending on the circumstances of not only the violation but also your overall non-athletic standing or performance as a student-athlete. Additionally, a reduction, cancellation, and/or non-renewal of your athletic scholarship will usually occur around the time of the team rule violation. However, the decision to reduce, cancel, and/or non-renew your scholarship may occur at a later date (not to exceed the first of July that precedes the next academic year), and not only your team rules violation but also your signed acknowledgement of these rules put you on notice of this possibility.

1. Be on time. Remember: if you're not 15 minutes early, you're late.
2. Wear Adidas or Eastern Kentucky issued clothing during ALL team activities. No other school's clothing is permitted. Dress appropriately to all ECU activities.
3. Be a responsible and courteous member of the team and when being addressed by a staff member, give them your undivided attention.
4. Attendance to all team functions, including practice, strength and conditioning, team meetings, training room hours (including rehabilitation), tutors, class, and study hall is mandatory.
5. You must conduct yourself in accordance with criminal statutes and the highest standards of morality, honesty, fair play, and sportsmanship. Further, you must not participate in any conduct, commit any act, or become involved in any situation, occurrence, or activity that brings yourself, the Athletic Department, Eastern Kentucky University, and/or any university staff member into public disrepute, contempt, scandal, or ridicule, or that reflects unfavorably on the reputation or the high moral or ethical standards of Eastern Kentucky University.
6. You must comply with all rules in ECU Student Conduct Handbook and the ECU Student-Athlete Handbook.
7. You must be a responsible, respectful and courteous member of the team.
8. Absolutely NO ALCOHOL 48 hours before a basketball related event. There is a ZERO tolerance policy for this rule and we will follow the law and rules set forth in the ECU Student-Athlete Handbook.
9. ZERO TOLERANCE for underage consumption of alcohol.
10. The use of any illegal substance is PROHIBITED; we will follow the law and rules set forth in the ECU Student-Athlete Handbook. Every player is subject to random drug testing.
11. Be a positive role model for the general public and your team.
12. No hazing or initiation of any kind. This will not be tolerated.
13. Keep ALL social media outlets clean of offensive language, pictures, and any other suggestive content that may be portrayed as inappropriate.
14. Be an inclusive teammate rather than exclusive.
15. Be accountable for YOURSELF and YOUR ACTIONS.
16. Have respect for yourself and for others.
17. Don't do anything that reflects poorly on you, the program, or the University.
18. NO DRAMA!

19. ACADEMICS

- a. DO NOT MISS CLASS without contacting training staff or Coach Williams BEFORE THE CLASS IS MISSED.
- b. Do not miss tutor appointments (missed tutor appointments without notifying Marina Coleman or Coach Williams 4 hours before appointment will be paid by the student-athlete).
- c. DO NOT MISS APPOINTMENTS with advisors, professors, and coaches.
- d. Do not be late.

20. ATHLETIC TRAINING STAFF

- a. DO NOT miss appointments with medical staff.
- b. DO NOT miss any rehabilitation sessions.
- c. Make sure the trainer is aware of any medical problems or concerns.

21. DRESS POLICY

- a. No jeans (unless specified).
- b. No tongue, eyebrow, nose piercings, bandanas, or hats while you are in visible setting with team.

22. WBB LOCKER ROOM

- a. The locker room is for current players and coaches only. Do not give anyone outside of our WBB family the code to the locker room.

23. CURFEW

- a. 10 p.m. in OWN ROOM 24 & 48 hours before a game FOR ALL HOME GAMES
- b. On the road, all players are to be in their ASSIGNED ROOM by 10p.m. unless with a trainer or coaching staff member.

24. CELL PHONES

- a. Cell phones will be allowed on game day. Use it to prepare mentally for games and not distraction scanning social media sites, etc. The less distractions the better.
- b. ABSOLUTELY NO SOCIAL MEDIA POSTS AFTER CURFEW ON THE ROAD. IF THIS BECOMES AN ISSUE, ALL CELL PHONES WILL BE TAKEN ON THE ROAD NIGHT BEFORE THE GAME.

By signing this form, you acknowledge that you have read and understand the rules and violation of these rules set forth in this document.

Name

Date

Off-Campus Housing Agreement

Eastern Kentucky Women's Basketball

By choosing to live off-campus, I, _____, have agreed to assume all responsibility for my housing, including payments, security deposits, and any other responsibilities outlined in my lease. I understand that Eastern Kentucky University is not responsible for any part of my off-campus housing. The University, including the athletic department and women's basketball program, assumes no obligation in my choice to live off-campus. Additionally, any change of status at Eastern Kentucky University (including but not limited to: loss of scholarships, graduation, transfer, or removal from women's basketball team) does not release me from my responsibilities outlined in my off-campus lease.

I, _____, have read the entire off-campus housing agreement above. By signing below, I assume all responsibility for my off-campus housing and agree to all statements listed above.

Full Name (Print): _____

Signature: _____

Date: _____

Team Apparel Agreement
Eastern Kentucky Women's Basketball

As a member of the Eastern Kentucky University women's basketball team, I understand that I am responsible for all team apparel and gear that is assigned to me. I assume full responsibility for the replacement of any lost or misplaced items. I understand that the university, coaching staff, and my teammates are not responsible for the apparel items issued to me.

I, _____, have read the entire team apparel agreement above. By signing below, I assume all responsibility for team-issued gear/apparel, and agree to all statements listed above.

Full Name (Print): _____

Signature: _____

Date: _____