

ILLINOIS SOFTBALL POLICIES AND EXPECTATIONS

- I. GENERAL PURPOSE FOR YOUR BEING AT UNIVERSITY OF ILLINOIS:
 - A. To get an education, graduate and hopefully go on to pursue an advanced degree.
 - B. To participate in the softball program, and to assist the team in winning Big Ten Regular Season Championships, Big Ten Tournament Championships and NCAA Championships

- II. TEAM POLICIES TO INSURE THE ABOVE:
 - A. Academics:
 1. All freshman, transfers and returners below a **3.0GPA** are required to attend **8 hours** of Study Hall and meetings with academic counselor as scheduled. Those that are in poor academic standing will be assigned additional hours.
 2. No coach will intercede on your behalf with any instructor to allow you to circumvent any assignment due to the fact that you are a member of the softball team, unless such assignment was missed because that the team was involved with away games.
 3. Your first responsibility is to fulfill your class requirements. Your second responsibility is to the softball program.
 - B. Appearance:
 1. You are required to wear all issued practice and game uniforms in a proper manner.
 2. No gear is to be worn that is representative of another college program in team settings.
 - C. Conduct On and Off the Field:
 1. You will be expected to conduct yourself in a first-class manner around campus and in the community. Please keep in mind that as a member of the Illinois Softball Team you represent something greater than yourself.
 2. You are encouraged to participate in any campus sponsored activities that do not interfere with your classes and/or softball.
 3. There will be **NO SMOKING or CHEWING TOBACCO.**
 4. Members of the Illinois Softball Team are **required** to refrain from drinking alcoholic beverages on and off campus **48 hours** prior to practice or competition during the **entire** 2019-20 season. (Off campus means anywhere in the world). There will be no underage drinking under any circumstances.
 5. You are required to refrain from partaking of drugs that are not prescribed by a physician.
 - D. Equipment:
 1. No Illini Softball gear is to be worn by individuals outside of the program.
 2. No Illini Softball gear is to be worn inside of a club or bar.
 3. No Illini Softball gear is to be sold.

- E. Athletic Training:
1. All illnesses and injuries should be immediately reported to our athletic training staff. The trainer will then communicate any necessary missed class, practice modifications, doctor's appointments, etc. with the coaching staff.
 2. You are expected to follow all guidelines for scheduling doctor's appointments, surgery, rehab, etc. as outlined in the Student-Athlete Handbook 2019-20.
- F. Additional Items:
1. Take care of your teammates. We are a family.
 2. **NO WHINING, NO COMPLAINING, NO TRANSFER OF BLAME.** Take personal responsibility for your actions.

SELF-DISCIPLINE IS THE BEST DISCIPLINE

I UNDERSTAND THE ILLINOIS SOFTBALL POLICIES AND EXPECTATIONS. I AGREE TO ADHERE TO THE SET OF TERMS OUTLINED IN THIS DOCUMENT TO THE BEST OF MY ABILITY.

I UNDERSTAND THAT FAILURE TO MEET THE ABOVE STANDARDS COULD RESULT IN SUSPENSION OR DISMISSAL FROM THE TEAM.

I UNDERSTAND THAT I AM ALSO EXPECTED TO COMPLY WITH ILLINOIS UNIVERSITY POLICY AND ATHLETIC DEPARTMENT POLICY (AS OUTLINED IN THE STUDENT-ATHLETE HANDBOOK 2019-20) IN ADDITION TO THE STANDARDS OUTLINED IN THIS DOCUMENT.

STUDENT-ATHLETE

DATE

UNIFY. INSPIRE. DEVELOP. ACHIEVE

FIGHTING ILLINI[®]

ILLINOIS SOFTBALL
ANTI-HAZING POLICY

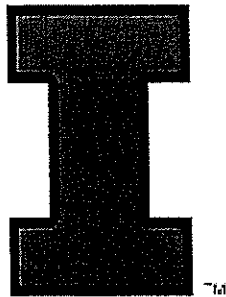
A. Hazing by students, student organizations, groups or teams of the University of Illinois is prohibited. Hazing is defined as follows: Any mental or physical requirement, request, or obligation placed upon any person (including but not limited to a pledge, associate member, affiliate, prospective member, guest, initiate, or team member) which could be harmful to the health and/or welfare of the person, or which is personally degrading to the individual involved, or which has an adverse effect on the academic progress of the person, or which violates any federal, state, or local laws or University policy. Individual acceptance of or acquiescence to any activity covered by the foregoing definition in no way validates or excuses the activity.

B. Individual members of organizations, groups or teams who violate this policy are subject to disciplinary action as provided in the Code of Student Rights and Responsibilities Handbook.

C. Hazing is contrary to our Core Covenants and team concept. It destroys the victims' confidence and trust in their teammates and is destructive to team cohesion. Hazing and its ill effects are not part of our "traditions" and it has no place in the University of Illinois Softball Program. Hazing will not be tolerated by any member of the team. It is everyone's responsibility to create and maintain an environment free from hazing.

Student-Athlete

Date



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