

Clemson Baseball Team Rules

1. Academics

Earning a degree at Clemson University is the top priority for you while you are here. You will attend every class unless you have approval from the head coach or trainer due to illness or other circumstances. You will sit in the front, in the middle, and will engage in the class. Be 15 minutes early for class when allowable to ensure you can sit up front. No cell phone use or lack of focus during class. You will earn all of your study hall hours on time each week. You will show a commitment to yourself, your family and our program in regards to your academics. You will treat fellow students, faculty members and administrators with respect at all times.

A. Must attend classes/Study Hall and Tutor Sessions (If you're short study hall hours or miss Tutor sessions these apply as well)

1. 1st miss-2 300 shuttles 60 seconds or less (add 1 if you fail)
2. 2nd miss-3 300 shuttles 60 seconds or less (add 1 if you fail)
3. 3rd miss-whole team runs 2 300 shuttles 60 seconds or less
4. 4th miss-3 day suspension (loss of scholarship at coaches' discretion)

B. Any disrespect to professors, administrators, academic honesty, or poor academic motivation can result in removal from scholarship. You must tell me you missed class before I find out elsewhere, or your penalties can be increased to additional running or suspensions.

C. Any University rules or Athletic Department rules on class attendance will be enforced above and beyond the penalties above. If you're ineligible you will lose your scholarship.

2. On field/Practice

A. Be on time. That's 15 minutes early. Don't be the last guy in the dugout. You will jog everywhere you go. Check practice itinerary before you leave dugout daily. Wear the practice attire listed on itinerary only.

B. You are expected, not required, to be in cages an hour before stretch.

C. You will practice at game speed and be coachable.

D. You will show a great attitude and practice and play with 100 percent effort.

E. You will control your emotions. Refrain from excessive profanity, no helmet or bat throwing. No arguing with umpires, that's our job.

F. Play the game and behave in a way that will make your coaches, parents and our fans proud.

G. You will respect each other, all coaches and support staff. If you do not, you will lose your scholarship or spot on this club.

H. You can miss practice only with my permission.

I. No tobacco use at field

3. Training Room/Weightroom

A. Medical treatments must be done around practice time. Being late due to treatment is not permissible unless head coach clears it first. If you are on the list to receive treatment, it is mandatory.

B. You must follow all rules and procedures of the training room and weightroom.

C. Weightroom is an extension of practice. You will complete every set and rep with 100 percent focus and intensity and respect the staff.

D. Wear Clemson team gear in weightroom and training room.

E. Any rules violations will result in running (same as class miss punishments) and possible loss of scholarship

4. General Rules

A. Be accessible at all times unless you are in the middle of academics. If any coach or support staff texts you or calls you, you answer.

B. Be conscious of your appearance. Dress neatly. Hair length and facial hair length need to be kept to a moderate length and groomed. Dress professionally

C. You will attend any community related projects and functions and participate in a positive manner.

D. If you are sick call our trainer. He will notify the coaches. You must have notified the trainer of illness before missing class or any team related activity.

E. You must wear Clemson issued equipment at all times and it cannot leave the facility.

F. You will keep the baseball center clean at all times. Your locker will be organized.

G. I expect your total commitment to the team concept in everything you do. Practice, lift, train, play and study as hard as you can.

5. Team Rules for Travel

A. Dress appropriately and within coaches guidelines (will announce before team leaves)

B. You will use manners on the road to all hotel and restaurant employees. Anyone you come in contact with use good manners. You represent our program.

C. Be on bus 15 min early from departure time. Wear attire listed by coaching staff in daily itinerary.

D. You will eat with the team on team meals. Your parents can come to where we are eating, but we will eat together unless meal money is given out.

E. Curfew is 11:00 unless head coach changes it. Lights out after curfew, no leaving room.

F. Any breaking of rules when traveling can result in running, suspensions or loss of scholarship.

6. Summer Ball

A. If we place you, you will go play. If you choose not to play or quit the team after being assigned a place to play. We can remove you from scholarship. You will follow team rules and guidelines in summer ball as well. If you embarrass our program in the summer because of rules violations, we have the right to remove you from the program.

7. Behavior off the Field and In Community

A. Don't do anything that embarrasses you, your family, our program and Clemson University

B. Alcohol use is the number one cause for off the field incidences. If you are under age, you are not allowed to drink. No fake IDs allowed. If you embarrass our program on the community due to alcohol use or violations, you will be subject to suspensions and possible dismissal of the team.

C. DUI will result in removal from team for 1 year and loss of scholarship.

D. Failed drug tests may result in loss of scholarship and removal from team.

E. Gambling is illegal by the NCAA. You cannot gamble on any sport period, and you will be dismissed from team with any involvement in gambling.

F. You will be well versed in sexual harassment and assault laws in South Carolina. Any violations may result in dismissal from team and loss of scholarship. Treat females with respect.

G. No fighting is allowed. Walk away from any situation where this could possibly happen.

H. If you are arrested for anything it can result in removal from team and loss of scholarship.

It's a privilege to be a member of this program and great university. Treat it that way. By signing this you are stating you understand the team rules and potential penalties for breaking any of them.

Signature: Print: _____ Sign: _____