

FEEDBACK DOCUMENT Women's T&F - 2019

Positives Areas for Improvement **Team Culture** Team Culture Strong team dynamic with Pole Vault group sometimes felt a throwers. Family atmosphere in little isolated. my event group. Room for stronger team bond, Some Important for our new Director felt the bond was stronger on their hire to have a supportive high school team. teammate mindset. Come up with an event that lets Team bonding in sprint group, every event group come together for that was initiated by the more bonding? Big Meet dinner is student-athletes on their own. great, but only once per year. Add Just started this year. something in fall? Create a mentorship program to help people connect. Find leaders nominated by the 0 group to be team captains. Right Academics now team captaincy just feels like a Some tutors great, some not so good. When not so good, better nametag. communication would be helpful. Opportunities for team to be more organized, and less "last minute" 0 Equal treatment for different event Great that we are surrounded by groups, to help with team unity. talented people each day on 0 campus. Travel Good to get to travel to meets. Nutrition Good to have flexibility with per More hours in HP for afternoon diem on road. station? Sports Med/Trainers/Strength Multiple options on the info we get 0 from nutrition staff? Make every event group aware of offerings Academics Sometimes being an S-A in a STEM major was tough. Sometimes won't wear team backpacks to class, so not profiled.



Provide some more support/focus for transfer students, to help get them up to speed on campus? Sports Med/Trainers/Strength More sports related sports psych service within IA, not just at Tang Center? Got bumped schedule wise in Weight Room by Basketball, which created difficulty? Travel Understand budget issue, but sometimes tough when we travel day of meet. Some road trips seem like they could be more organized Equipment Sometimes there is not enough in certain sizes, and some on the team are left with oversized items **Facility** Women's Locker Room could use improvement East side Restroom availability at Edwards?