



FEEDBACK DOCUMENT
2019 Men's Track & Field

Positives	Areas for Improvement
<ul style="list-style-type: none">● Team Culture<ul style="list-style-type: none">○ Meaningful experience○ Competition at Big Meet○ Get close with diverse group of people○ Variety of places we get to travel to as teammates○ [REDACTED]○ Opportunity to benchmark for self-improvement by competing in this sport.○ [REDACTED]● Academics<ul style="list-style-type: none">○ Strong academics○ Helpful for our future careers○ [REDACTED]● Travel<ul style="list-style-type: none">○ Hotels on the road are solid○ Good to have per diem flexibility● Nutrition<ul style="list-style-type: none">○ Addition of the fueling station helpful.○ [REDACTED]● Sports Med/Training/Strength<ul style="list-style-type: none">○ [REDACTED]	<ul style="list-style-type: none">● Team Culture<ul style="list-style-type: none">○ [REDACTED]○ Clicked/bonded better in High School at times.○ [REDACTED]○ Do an event in the fall to bring everyone together sooner? Many don't know each other as well.● Travel<ul style="list-style-type: none">○ Tough when we sometimes traveled up the day of for indoor meets/Mt SAC. Sometimes alters what heat/flight we get in.○ [REDACTED]● Sports Med/Training/Strength<ul style="list-style-type: none">○ [REDACTED]○ Sometimes we seem to be an afterthought in strength room due to schedule changes for hoops? Was much better in the past. Change just this past spring○ [REDACTED]○ Continuity with trainer staff could be helpful○ [REDACTED]○ Continued focus on supporting mental health is an opportunity● Academics

California

	<ul style="list-style-type: none">○ Sometimes felt like you were thrown in the fire as a transfer during your first year
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