

STUDENT-ATHLETES EXIT INTERVIEW QUESTIONS

Spring 2019

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golf
swimming
football
skiing
indoor and beach volleyball
basketball

1. Discuss your experience with your head coach and assistant coaches.

■ doesn't meet with team; Not approachable; may not be coaching us life lessons; would like more about life lessons;

■ – good communication – helpful; always be there for her; but lack of improvement; approachable; helpful with anything; wish practice was more structured; us doing our thing; no structure

■; not a good relationship with head coach; relationship with assistant coach is good, not good with head coach; a lot of unhappiness with how it has been run; win at all costs even though injured (rolling their eyes); tried to explain herself; “got threatened” – forced to play even though she was hurt; weren't ok with red shirting; coaches text after practice with problems/issues

■; mainly due to age feel like he can't connect; can't relate; then affects recruitment; doesn't feel like coaches might not be there after graduate; “real life Wednesdays” at ■ – talk about experiences in life (drugs, finances, etc.)

■ assistant coach is awesome; approachable; great relationship

■: love her coaches; best ever known; always there to talk about left stuff; upsetting they were unpaid all semester; appreciate them all; weren't treated well

■ different coaches each year; tough coach but trying to improve; totally cares about us; feels like they will help even after graduation

2. Do you feel the administration in the Athletic Department manages in a professional manner? Is it open to your suggestions and feedback? Encouraged your academic pursuits? Encouraged your athletic pursuits?

■ dealt a lot because ■; they are the worst – never treated with respect by ■ one ok interaction with ■ super disrespectful; treated Ski ; no publicity about running up; don't if not a big sport; a lot of deceit with #s; hasn't acknowledged ■ harm;

■ frustrating experience; talked down to; condescending; manipulative; Title IX investigator seemed manipulative w/ agenda to find reasons to cut sports; added spots to IV but dilutes; ■ cost too much to provide equal experience; every upperlevel meeting manipulation of female athletes; ■: ■ promised them to play in the pit; felt like meeting wit ■ was t get irt on coach; friendly but fake; use previous administration as a scape goat; worst I have ever been treated (no posters until season was almost over);

■: coach says need more women; but don't need more;

■: when ■, Chris dn Eric were helpful; little transparency with scholarship – not sure what we can buy, what we can't; especially for ■ students; not sure how much we are supposed to get – different each month;

Late scholarhsips? Especially impactful for ■ and ■ -- ***** don't know how much it is supposed to be; doesn't always come on time; WTF? Always comes –

Does it vary ■? Big sports?

3. Please discuss your experience with career guidance.

- *(Suggested follow up/clarification)* Did UNM prepare you for the next steps in your life?
- *(Suggested follow up/clarification):* Are you aware of the resources that you could connect with as you move on to the next phase of your life, including those at UNM and the Athletic Department?

■ being a student-athlete does that in general; but life skills are helpful if utilized – networking event was helpful – got three interviews --- a lot don't utilize... but they are helpful if they are used; “mandatory”

█ doesn't help that much if you are from out of state

█ lobo leadership even though was helpful; (Amy Beggin); career services event was helpful;

█ : mandatory from sport to sport (don't go, run)

4. Please describe your impression of the life skills classes. Were they helpful?

- (Suggested follow-up/clarification): Which classes were most helpful? Which were least helpful? Are there other topics you believe should be included that were not included?

5. Have you been prevented from pursuing the major you desired by scheduling conflicts in your sport?

Swimming: █ and practice makes it nearly impossible; coach not open; might have gone through with it if could do it both; need cooperation from both sides; came to swim solely; a lot of switch in advisors (Brian was the first advisor to tell me you can do whatever you want – it's not too late... really refreshing); arch must do something – only have █ in the program

Ski; met with █ – “you can't do x... but business works really well” – coach has been supportive which has helped; pre-med support group

Swimming; █ can't do; a █; █ and █; helpful if you are very clear and direct; (disagreement over how supportive coach is...)

█ not going to play due to major; but coach changed practice time to help

Golf: coach nice enough to change practice based on class schedule – mens coach not supported; not on team if take a tough major; golf comes first

Golf: mens golf wanted to do █ but then coach gave ultimatum – █

█ mostly okay, but █ is tough

█ was told you can waive GRE;

6. Did you receive the resources and support necessary to be successful as a student-athlete? In particular, discuss your experience with:

- Facilities
- Training staff
- Strength and conditioning staff
- Nutrition

Swimming ceiling is falling down; asbestos in the team room; high chemicals??? █

Not Nutrition since fired; new nutrition only here for 2 hours

Work out in tent; too windy, lightning closes; too hot; in there with four other teams; staff are amazing though; Brett is awesome; coaches sometimes get really mad at Brett for easy workouts; "have fun" if "Dorsey will let me" – get coached old school because doesn't like Brett (consensus)

Training staff;

██████ doesn't know what he is doing; stopped seeing him; might be in over their head with major injuries;

██████ our trainers are the best; depends on sport?

7. Do you feel that your sport had equal access to the training room, facilities, strength and conditioning coaches, advisement, etc.?

No – why can't we share football or basketball gyms?

Johnson gym users are disrespectful;

8. Did you receive the resources and support necessary with regards to your mental well-being?

Clinical psychology is helpful – but no sports psy is super upsetting;

Old psy was super popular and well used

A lot of talk about mental health on ████████ but don't have sports psy – need one

██████ because of negativity in team; mental issues were NOT taken care of;

Advice to go to SHAQ Varies by sport

9. If you could restructure the time demands placed upon you as a student-athlete, what would you change?

10. Do you know of any hazing of or initiation of athletes in your sport while at UNM?

Separate groups; by seniority

11. During your time as a student-athlete at UNM, did you ever think you were discriminated or retaliated against because of your race, color, religion, age, national origin, sex, sexual orientation, gender identity or expression, veteran status, disability, or genetic information? If so, please explain.

26. Very upset about nutritionist was let go; need guidance **separate from the coaches**;
27. Yes – [REDACTED] and [REDACTED]; coach and advisor suggested she switched;
28. Tent is an issue;
29. Softball locker room smells like sewage;
30. Brett is great – make it fun; gives good feedback; liked Georgia;
31. [REDACTED] Coach gave trainer a talk because she thought they were fat; do you feel heavier in the water?; have you weighed yourself lately? [REDACTED]; went out [REDACTED] of the team to push another girl because she is overweight; “I felt like a slave” – restrictions on food – no butter, no mayo, no salt;
32. Football takes the priority
33. [REDACTED]: went to coach for mental health issue and was referred to help but “well they probably won’t be able to help you” -- Did get a [REDACTED] which was good
34. Faculty: One student had to take a [REDACTED] at the end of the semester;
35. Make changes; Reward teams that win
36. Sport psych
37. Each sport is in a bubble; need to get sports supportign sports like Lobo Cup?;
38. More interdepartmental interactions\
39. Hire new social media person
40. Diversifying tutoring, like STEM
41. Advisors need to broaden understanding of other majors
42. Cars have been stolen, bikes have been stolen; enhance security;
43. Ski old vans

[REDACTED]
 Mental well-being and nutrition
 Track and field – keep an eye on
 Get to administrators
 Fix the sewage
 Life skills – more practical

THE ROLE AND RESPONSIBILITY OF THE ATHLETIC COUNCIL LIAISON

DRAFT (*PLEASE EXCUSE ANY MECHANIC ERRORS*)

MARCH 28, 2019

Each voting member of the Athletic Council shall serve as a liaison to one or more University of New Mexico athletic teams. The purpose of the liaison is to serve as the main communication link between that team and the Council.

Team selection

Each Council member will be assigned to one more team at the beginning of each academic year by the Athletics Council chair. The selection process will be collaborative, guided by the individual interests of each Council member as well as the need of the Council. While not required, Council members are encouraged to remain with their team(s) during their entire term on the Council, as it facilitates long-term relationship building.

Responsibilities

The norm is for each liaison to meet with his or her team(s) at least once a semester. Here is how it typically works:

Fall Semester

1. *Meet with coach(es)*. At the beginning of each semester, and after the liaison assignments have been made, each liaison reaches out to their respective head coach and meets with him or her (in some cases, some assistant coaches will join the meeting as well). This initial meeting is particularly important if the liaison is new to the Council and/or team.

The goal is to get to know the coaches personally, and for the coaches to get to know the liaison. Tell the coach about your yourself (e.g. your department, what you study, teach, etc.). Then ask the coach some basic questions about the team. For example: How many are on the roster? What is the breakdown of freshman/sophomore/junior/seniors? How many are on scholarship? How are they doing in the classroom? How are their graduation rates? And so on.

This is not meant to be an adversarial conversation — it's mostly an opportunity to get to know the team, and for the coaches to (hopefully) brag, or to relay some potential red flags.

2. *Meet with the team(s)*. Sometime after the initial meeting with the coach(es) – perhaps even immediately following the meet-the-coach meeting – each liaison then meets with the team, as a group, preferably without the coach present. This is an opportunity to let the student-athletes know (a) that the Athletic Council exists and (b) that they can come to you for anything related to their academics, athletic experience, etc. They should know that you are not affiliated with the Athletic Department — that we are *faculty* and that we are here to support them anyway we can. That includes passing anything on to the Council if they feel it would help their experience.

Here is a possible script for your introduction:

Hello, my name is [introduce yourself and note your affiliation]. I am also a member of the UNM Athletic Council. The Athletic Council is made up of faculty and students who formulate, maintain, and review general policies pertaining to intercollegiate athletics. One of our most important purposes is to support the personal and academic welfare of you, our student athletes.

I am your liaison to the Council. It is my job to keep you and Coach [insert name] updated if anything happens at the Council that you need to know. Conversely, feel free to let me know if there is something the Council should be aware of and/or discuss. It can be anything; perhaps there is something we can do to improve your athletic or academic experience at UNM? Or maybe there is a major accomplishment you would like to share with the university community? I should also mention that I am not affiliated with the Athletic Department, so always feel welcome to come and talk to me.

3. *Attend games and/or open practices (optional).* This is optional but recommended if liaisons have the time. The teams always appreciate the support and it helps facilitate bonds of trust between the liaison and team.

Spring Semester

Spring semester should look a lot like the fall semester, but without the introductions. It is recommended that liaisons meet with the coach(es) and team(s) at least once, respectively, to review the fall semester and discuss the upcoming spring semester. It is also recommended for spring sport liaisons to attend an open practice (or two) and/or game/match/meet.

Student-Athlete Exit Interview Questions

- Discuss your experience with your head coach and assistant coaches.
- Do you feel the administration in the Athletic Department manages in a professional manner? Is open to your suggestions and feedback? Encouraged your academic pursuits? Encouraged your athletic pursuits?
- Did UNM prepare you for the next steps in your life? Did you receive effective and adequate career guidance?
- Please describe your impression of the life skills classes? Were they helpful? Which classes were most helpful? Which were least helpful? Are there other topics you believe should be included that were not included?
- Are you aware of the resources that you could connect with as you move on to the next phase of your life, including those at UNM and the Athletic Department?
- Did you receive the resources and effective support necessary to be successful as a student athlete? In particular, did you receive adequate support in terms of:
 - Facilities
 - Training staff
 - Strength and conditioning staff
 - Nutrition
 - Psychological support
- Did you receive effective and adequate academic support in terms of advisement? Faculty support?
- If you could restructure the time demands placed upon you as a student-athlete, what would you change?
- Do you feel that your sport had equal access to the training room, facilities, strength and conditioning coaches, advisement, etc.?
- Do you know of any hazing of or initiation of athletes in your sport while at UNM?
- Please describe any unfair treatment you or others might have received based on gender, race, ethnicity, religious beliefs, or sexual orientation.
- If you could make changes at UNM to make the student-athlete experience better, what would they be?
- Are there other things you would like to add about your overall experience at UNM?
- Are there any questions we did not ask that we should have asked?

Female athletes non recognition; perhaps small versus big team? From media department; football and swimming;

More so by sport

12. If you could make changes at UNM to make the student-athlete experience better, what would they be?

13. Are there other things you would like to add about your overall experience at UNM?

Team equality

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1. Discuss your experience with your head coach and assistant coaches.

Great experience with sport coach; great with assistance; but head coach favors ()resources) with distance; a lot on team feel don't feel they have relationship with him;

Event coaches have been great. Favors distance; hesitated to ask questions; distant with others

Not negative but distant;

2. Do you feel the administration in the Athletic Department manages in a professional manner? Is it open to your suggestions and feedback? Encouraged your academic pursuits? Encouraged your athletic pursuits?

Overall a positive experience; Janice is great; eric is great; past administration had serious issues with; throwing facilities; think eddie is amazing; (Ed facilities); dropped throwing

No issues;

Brian F. was great academic advisor;

3. Please discuss your experience with career guidance.

- (Suggested follow up/clarification) Did UNM prepare you for the next steps in your life?

- *(Suggested follow up/clarification):* Are you aware of the resources that you could connect with as you move on to the next phase of your life, including those at UNM and the Athletic Department?

Resources are there – some people know, others don't.

Could ask people and would get answers quickly

4. Please describe your impression of the life skills classes. Were they helpful?

Needed more as a fresh and soph, but less so as junior and senior

- *(Suggested follow-up/clarification):* Which classes were most helpful? Which were least helpful? Are there other topics you believe should be included that were not included?

Health career panel was really useful;

5. Have you been prevented from pursuing the major you desired by scheduling conflicts in your sport?

No – track and field is typically low key. No issues.

Maybe varies by sport and major?

6. Did you receive the resources and support necessary to be successful as a student-athlete? In particular, discuss your experience with:

- Facilities
- Training staff
- Strength and conditioning staff
- Nutrition

Weight coaches were great up until this year; coach this year seems not qualified. Last two years were really good. Pole vault poles have been an issue; never ordered; very old;

Beter trainers this year; john vall physio therapist in phoenix for best runners, not everyone else; [redacted] and very little service; distance runners get best care out of state;

Worse than it's ever been; unequal access to training staff;

***Title IX accommodations are hurting the performance of the team;

Needed to play a [redacted] student to score the meet; needed 14 to compete; went, checked and didn't play

Sprinters, jumpers and throwers – that's where you will see effect

Wont see another thrower while I am here

Home meet had fewest number of schools; even [REDACTED] came

Invest in team; invest in facilities;

Full rides to int'l distance runners

GPA requirement for local student-athlete? Raise 3.6 to 3.7 then we'l talk

Some thigns did come through; like sports bra (title ix)

Only female team without a locker room (can we take soccer?)

7. Do you feel that your sport had equal access to the training room, facilities, strength and conditioning coaches, advisement, etc.?

See above;

8. Did you receive the resources and support necessary with regards to your mental well-being?

Sports psychologist would be really beneficial

Should be required to have sports psych

Eating disorders

Seen coaches advise students to lose weight

9. If you could restructure the time demands placed upon you as a student-athlete, what would you change?

No issues; very undersanding; never been an issue;

10. Do you know of any hazing of or initiation of athletes in your sport while at UNM?

11. During your time as a student-athlete at UNM, did you ever think you were discriminated or reailed against because of your race, color, religion, age, national origin, sex, sexual orientation, gender identity of expression, veteran status, disability, or genetic information? If so, please explain.

12. If you could make changes at UNM to make the student-athlete experience better, what would they be?

Communication skills through line of coaches

Better organization

A lot of good people;

Not a clear avenue for people to talk to people; not sure who to talk to when need something done (like hammer cage); would probably be a world of hurt; Only female throwers so could be Title IX issue

13. Are there other things you would like to add about your overall experience at UNM?

Coach to athlete ratio is too large 30:1 athlete to coach

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1. Discuss your experience with your head coach and assistant coaches.

All conflict due to miscommunication; keep a lot of secrets; weren't detailed about practice schedule; didn't know practice routines; might have thought athletes would have been strategic about saving energy for tough practices; no discussion; felt like they didn't have plans but they did;

Head and assistant don't communicate; assistant coach isn't in the loop

██████████ must go to THEM – not the other way

2. Do you feel the administration in the Athletic Department manages in a professional manner?
Is it open to your suggestions and feedback? Encouraged your academic pursuits?
Encouraged your athletic pursuits?

Yes –

Good experience with advisors

3. Please discuss your experience with career guidance.

- *(Suggested follow up/clarification)* Did UNM prepare you for the next steps in your life?

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Too busy with school and sports

Started looking in senior year

Used career services on main campus;

4. Please describe your impression of the life skills classes. Were they helpful?

- *(Suggested follow-up/clarification)*: Which classes were most helpful? Which were least helpful? Are there other topics you believe should be included that were not included?

Only in the last year

Didn't think it was important early on;

Feel like I should have though

Regret that didn't do it, but would have liked more classes related to me

Wish they would have "sold" it better – especially when I was a junior

No one to be proactive about helping getting into grad school --

5. Have you been prevented from pursuing the major you desired by scheduling conflicts in your sport?

No

6. Did you receive the resources and support necessary to be successful as a student-athlete? In particular, discuss your experience with:

- Facilities
- Training staff
- Strength and conditioning staff
- Nutrition

Lost good weight lifting coach

Problem between [REDACTED] coach and weight lifting coach (used to but not anymore). Think of weight lifting as recovery – not on the same page!!

7. Do you feel that your sport had equal access to the training room, facilities, strength and conditioning coaches, advisement, etc.?

Yes

8. Did you receive the resources and support necessary with regards to your mental well-being?

Never needed it

Talked to advisor

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Feel like I should have though

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Wish they would have "sold" it better – especially when I was a junior

No one to be proactive about helping getting into grad school --

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7. Do you feel that your sport had equal access to the training room, facilities, strength and conditioning coaches, advisement, etc.?

Yes

8. Did you receive the resources and support necessary with regards to your mental well-being?

Never needed it

Talked to advisor

Some [REDACTED] afraid to talk to coach

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Yo should transfer if you want

You came here for someone else – you can just transfer – I can't work with you

Got super depressed

12. If you could make changes at UNM to make the student-athlete experience better, what would they be?

A lot quit from the team; or transfer

Coaches don't understand how bad it is

No team banquet this year for first time – no fun time during practice; no fun time to review how year went; no team building; “we don't deserve it” even though best at conference compared to previous teams; almost all seniors quit – she thought bad leaders

[REDACTED] can't control – trying

May not be up to speed on latest research on recovery, mentally and physically; tried to show her research on recovery but called study “BS” – can athletic department provide workshop?

13. Are there other things you would like to add about your overall experience at UNM?