



STUDENT-ATHLETE EXIT INTERVIEW

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?

a. Overall

My goal when I first came to ASU was to leave as an overall better person and a more experienced individual.

b. Academic

I wanted to graduate with a 3.0 or above and to receive my diploma in front of all my friends and family.

c. Athletic

My goal athletically was to make an impact and contribute to the growth and success of the program.

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	9	
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	8	
Counseling & Consultation	9	
Office of Student-Athlete Development (Academics & Championship Life)	10	
SDA Administration (Sport Administrators, SID, Marketing, etc.)	10	
Coaches/Sport support staff	7	Promote [REDACTED]

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

5

4. Reflections on your experiences in Sun Devil Athletics (SDA).

a. Identify the three best things about your experience SDA experience and why.

1. The friends I made

2. The overall growth and progress I made.

3. The support from staff, friends, and family.

b. From these experiences what are you taking away that will influence you moving forward in your life?

The lessons I've learned from the people I have met will help me exponentially in the future.

c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

Time management - overall success, continued improvement in [REDACTED] - achieved, learning to take care of myself on my own - success.

5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal? **Yes** / No – why or why not?

There are so many resources to help you succeed.

6. Any suggestions on how SDA might improve the treatment of student-athletes?

SA NAME/SPORT: [REDACTED]

DATE OF INTERVIEW: 4/15/19

INTERVIEWED BY: DEANA GARNER

ADMINISTRATOR COMMENTS/FOLLOW UP:



SUN DEVIL ATHLETICS – STUDENT-ATHLETE EXIT INTERVIEW INSTRUCTIONS

OBJECTIVE:

Conducting an interview of student-athletes who have completed their final year of competition or transferring to another institution will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.

Information provided can be used to recognize what we are doing well with and for our student-athletes, to improve or address concerns that arise, and overall to improve the student-athlete experience at ASU.

DISTRIBUTION OF INTERVIEWS

To allow student-athletes to have an opportunity to give full responses, we distribute interviews amongst the following individuals:

1. Representatives of Sun Devils Athletics will conduct 60% of all interviews
 - a. Senior Sports Administrators
 - b. V. P. Athletics and Athletics Director
2. Faculty Athletics representative will conduct 20% of all interviews
3. Sun Devils Athletics Board representative will conduct 20% of all interviews
 - a. Chair, SDA Board
 - b. SDA Board faculty member

SCHEDULING INTERVIEWS

1. Exit interviews of student-athletes should be conducted as soon after the completion of each sport or upon notification of transfer. Note, interview scheduling will be cleared in advance with Compliance.
2. A random sample of senior student-athletes will be interviewed in each sport. You will receive an email with a list of names to select from. It is your responsibility to contact the students and arrange a time to meet.
3. You will need to take notes in your interview and provide a final typed document to Deana Garner/Andrea Lore for our records.



STUDENT-ATHLETE EXIT INTERVIEW: [REDACTED]

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?
 - a. Overall: Thrive from an academic and athletic standpoint. For long term friendships and network professionally. Yes: staying focused, but open to all the new opportunities presented
 - b. Academic- Graduate [REDACTED] with high GPA
Admittance to [REDACTED] and time management, always prioritizing school first
 - c. Athletic- Be a valuable contributor to my team
Yes- [REDACTED] hard work, compliance with coaching staff, gear lifestyle to supplement athletics

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	9	I have loved [REDACTED] and being a [REDACTED] student- only complaint is class time constraints due to practice.
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	7 5	Current trainer- much more helpful than previous trainers (strength/nutrition is great) Not proactive- neglect to take action when issues arise (Dr. [REDACTED])
Counseling & Consultation	6	Dr. [REDACTED] didn't seem to produce info that I didn't already know
Office of Student-Athlete Development (Academics & Championship Life)	10	Always there for help/ support. Very thankful for them
SDA Administration (Sport Administrators, SID, Marketing, etc.)	10	Administrators were always visible and accessible and I was able to

		form relationships with them that I truly value
Coaches/Sport support staff	5	Needs to be more personable, do not show equal value to all team members, do not build athletes up in time of struggle, technically great coaches (comes more from [REDACTED])

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

4

4. Reflections on your experiences in Sun Devil Athletics (SDA).

a. Identify the three best things about your experience SDA experience and why.

- [REDACTED] / leadership and skills learned from it
- Ending my [REDACTED] career with the best season I've ever had, proving that I can overcome my past struggles.
- Relationships made with SDA staff- always felt supported and I know they will support me in future career pursuits

b. From these experiences what are you taking away that will influence you moving forward in your life?

That I can overcome any battle I'm experiencing through persistence and hard work, and seeking opportunity and giving back to the community is valuable.

c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

- [REDACTED]
- Coaching staff transition struggles- took time, but addressed and improved
- [REDACTED]

5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal? **Yes** / No – why or why not?

[REDACTED] was constantly helping with networking and career prep to help us with future goals.

6. What are some of the strongest aspects of how SDA treats student-athletes?
Everyone is valued as an individual and given specific support according to their needs, always open to suggestions/concerns

7. Any suggestions on how SDA might improve the treatment of student-athletes?
INCREASED COMMUNICATION BETWEEN ATHLETES AND ADMINISTRATION REGARDING COACHING DECISIONS/ACTIONS

SA NAME/SPORT:
DATE OF INTERVIEW:
ADMINISTRATOR COMMENTS/FOLLOW UP:

INTERVIEWED BY:



SUN DEVIL ATHLETICS – STUDENT-ATHLETE EXIT INTERVIEW INSTRUCTIONS

OBJECTIVE:

Conducting an interview of student-athletes who have completed their final year of competition or transferring to another institution will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.

Information provided can be used to recognize what we are doing well with and for our student-athletes, to improve or address concerns that arise, and overall to improve the student-athlete experience at ASU.

DISTRIBUTION OF INTERVIEWS

To allow student-athletes to have an opportunity to give full responses, we distribute interviews amongst the following individuals:

1. Representatives of Sun Devils Athletics will conduct 60% of all interviews
 - a. Senior Sports Administrators
 - b. V. P. Athletics and Athletics Director
2. Faculty Athletics representative will conduct 20% of all interviews
3. Sun Devils Athletics Board representative will conduct 20% of all interviews
 - a. Chair, SDA Board
 - b. SDA Board faculty member

SCHEDULING INTERVIEWS

1. Exit interviews of student-athletes should be conducted as soon after the completion of each sport or upon notification of transfer. Note, interview scheduling will be cleared in advance with Compliance.
2. A random sample of senior student-athletes will be interviewed in each sport. You will receive an email with a list of names to select from. It is your responsibility to contact the students and arrange a time to meet.
3. You will need to take notes in your interview and provide a final typed document to Deana Garner/Andrea Lore for our records.



STUDENT-ATHLETE EXIT INTERVIEW: [REDACTED]

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?
 - a. Overall: My overall goals coming to ASU were to become a more well-rounded, mature individual and leave my 4 years feeling completely prepared to take on the professional world. I definitely feel that I have become the person I dreamed of becoming and much more through the challenging but amazing opportunity to do both [REDACTED] and [REDACTED], and with the support of ASU faculty, coaches and mentors, and friends.
 - b. Academic: My main goal academically was to graduate with honors with above a 3.8 GPA in a major I want to pursue for my future, and I feel i was able to accomplish all of this through the amazing professors and classmates and classmates I have, as well as the academic resources.
 - c. Athletic: My main goal athletically was to come into this team which was struggling at the time, and be a large part of its growth as a program. Although I wasn't able to compete all of my competitions through these years, I feel that I have been able to contribute to where this team is today. The coaching [REDACTED] was the biggest reason why i, along with the others in my class, was able to help bring this team back on its feet, and so much of the gratitude goes towards our AD's and athletic staff.
2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	9	I strongly feel that ASU has given me so many skills and opened more doors than I could even ask for.
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	8	Sports performance-wise, I believe we have some of the best faculty in the country, and I live always felt the staff puts its athletes above themselves. For sports medicine, I know I had some good experience with Dr. [REDACTED] however I've witnessed some other athletes not have the best experience with [REDACTED] Some of [REDACTED] tactics have not been my favorite, such as showing me images of compound fractures to warn me about overdoing it with my [REDACTED]

Counseling & Consultation	10	The sports psychology team at student health services was awesome to talk to when I had mental blocks.
Office of Student-Athlete Development (Academics & Championship Life)	8	I was very satisfied with everyone on the academic side of Sun Devil Athletics, however I felt I wasn't pushed as much academically as I was athletically. I definitely felt a hierarchy of athletics over academics from advisors, however I am so grateful for their utmost support and love with anything I come to them with.
SDA Administration (Sport Administrators, SID, Marketing, etc.)	10	Awesome. I believe everyone involved in administration has been extremely helpful and encouraging to me in my endeavours.
Coaches/Sport support staff	5	Of course, in the first year it wasn't ideal, however [REDACTED] had one attribute that I feel is currently holding back our team from what it could be. The factor is that [REDACTED] made a point to know us on an individual level as people, rather than [REDACTED] are amazing coaches, however I feel that there is a sharp disconnect between us teammates and the coaches when [REDACTED] is removed. Because of this, I believe it is a major reason for a lot of the discontent of us [REDACTED] While we have been able to rise through the rankings with them, it can sometimes feel like we lose our voices as people when it oftentimes feels like we are viewed as just components of the team. Our bridge to having a relationship with the coaching staff was [REDACTED] He knew us as individuals as we could come to him with anything. I feel that the coaches greatly over worked [REDACTED] once again using him for his position rather than ever getting to know who he is. I am very relieved that he is free from this position, however whoever the team has next

		as [REDACTED] needs to be able to strive to have connections to our team that are more than for our academic capabilities.
--	--	--

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

5 - everything was made very clear and easy to follow.

4. Reflections on your experiences in Sun Devil Athletics (SDA).

a. Identify the three best things about your experience SDA experience and why.

1. Being able to have such amazing support from the AD's and staff. They always have my back, even when I am firm following a difficult collegiate career path.
2. Having the opportunity to make lifelong friendships with my teammates and getting to meet so many different athletes.
3. Having the opportunity to make my dreams as a [REDACTED] come true, while pursuing what I am passionate about academically. The opportunity to do both [REDACTED] and [REDACTED] has truly been one of the most fulfilling experiences of my life.

b. From these experiences what are you taking away that will influence you moving forward in your life?

A few of the many things I will be taking away is perseverance and faith. I've learned that no matter the obstacle, I always have my Sun Devil family supporting me and with faith and trusting the process. Anything is possible.

c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

1. Definitely having [REDACTED] as a head coach, and that was addressed.
2. The [REDACTED] and we adjusted to [REDACTED] coaching style and culture.
3. Making my academic schedule work out with athletics, however, through practicing on my own and independent study, this all was worked out as well.

5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal? **Yes** / No – why or why not?

This environment is hands down the most supportive environment I have ever been in.

6. What are some of the strongest aspects of how SDA treats student-athletes?
How the staff members are always able to connect and talk things out.

7. Any suggestions on how SDA might improve the treatment of student-athletes?
Keep doing what you are doing :)

SA NAME/SPORT: [REDACTED]
DATE OF INTERVIEW: 4/15/19
ADMINISTRATOR COMMENTS/FOLLOW UP:

INTERVIEWED BY: DEANA GARNER



SUN DEVIL ATHLETICS – STUDENT-ATHLETE EXIT INTERVIEW INSTRUCTIONS

OBJECTIVE:

Conducting an interview of student-athletes who have completed their final year of competition or transferring to another institution will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.

Information provided can be used to recognize what we are doing well with and for our student-athletes, to improve or address concerns that arise, and overall to improve the student-athlete experience at ASU.

DISTRIBUTION OF INTERVIEWS

To allow student-athletes to have an opportunity to give full responses, we distribute interviews amongst the following individuals:

1. Representatives of Sun Devils Athletics will conduct 60% of all interviews
 - a. Senior Sports Administrators
 - b. V. P. Athletics and Athletics Director
2. Faculty Athletics representative will conduct 20% of all interviews
3. Sun Devils Athletics Board representative will conduct 20% of all interviews
 - a. Chair, SDA Board
 - b. SDA Board faculty member

SCHEDULING INTERVIEWS

1. Exit interviews of student-athletes should be conducted as soon after the completion of each sport or upon notification of transfer. Note, interview scheduling will be cleared in advance with Compliance.
2. A random sample of senior student-athletes will be interviewed in each sport. You will receive an email with a list of names to select from. It is your responsibility to contact the students and arrange a time to meet.
3. You will need to take notes in your interview and provide a final typed document to Deana Garner/Andrea Lore for our records.



STUDENT-ATHLETE EXIT INTERVIEW

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?

a. Overall

My overall goals coming to ASU were to become a more well-rounded, mature individual and leave my 4 years feeling completely prepared to take on the professional world. I definitely feel that I have become the person I dreamed of becoming and much more through the challenging but amazing opportunity to do both [redacted] and [redacted] and with the support of ASU faculty, coaches and mentors, and friends.

b. Academic

My main goal academically was to graduate with honors with above a 3.8 GPA in a major I want to pursue for my future, and I feel i was able to accomplish all of this through the amazing professors and classmates and classmates I have, as well as the academic resources.

c. Athletic

My main goal athletically was to come into this team which was struggling at the time, and be a large part of its growth as a program. Although I wasn't able to compete all of my competitions through these years, I feel that I have been able to contribute to where this team is today. The coaching [redacted] was the biggest reason why i, along with the others in my class, was able to help bring this team back on its feet, and so much of the gratitude goes towards our AD's and athletic staff.

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	9	I strongly feel that ASU has given me so many skills and opened more doors than I could even ask for.
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	8	Sports performance-wise, I believe we have some of the best faculty in the country, and I live always felt the staff puts its athletes above themselves. For sports medicine, I know I had some good experience with Dr. [redacted] however I've witnessed some other athletes not

		<p>have the best experience with [REDACTED]</p> <p>Some of [REDACTED] tactics have not been my favorite, such as showing me images of compound fractures to warn me about overdoing it with my [REDACTED]</p>
Counseling & Consultation	10	The sports psychology team at student health services was awesome to talk to when I had mental blocks.
Office of Student-Athlete Development (Academics & Championship Life)	8	I was very satisfied with everyone on the academic side of Sun Devil Athletics, however I felt I wasn't pushed as much academically as I was athletically. I definitely felt a hierarchy of athletics over academics from advisors, however I am so grateful for their utmost support and love with anything I come to them with.
SDA Administration (Sport Administrators, SID, Marketing, etc.)	10	Awesome. I believe everyone involved in administration has been extremely helpful and encouraging to me in my endeavours.
Coaches/Sport support staff	5	Of course, in the first year it wasn't ideal, however [REDACTED] had one attribute that I feel is currently holding back our team from what it could be. The factor is that [REDACTED] made a point to know us on an individual level as people, rather than [REDACTED] are amazing coaches, however I feel that there is a sharp disconnect between us teammates and the coaches when [REDACTED] is removed. Because of this, I believe it is a major reason for a lot of the discontent of us [REDACTED] While we have been able to rise through the rankings with them, it can sometimes feel like we lose our voices as people when it oftentimes feels like we are viewed

		<p>as just components of the team. Our bridge to having a relationship with the coaching staff was [REDACTED]. He knew us as individuals as we could come to him with anything. I feel that the coaches greatly over worked [REDACTED] once again using him for his position rather than ever getting to know who he is. I am very relieved that he is free from this position, however whoever the team has next as [REDACTED] needs to be able to strive to have connections to our team that are more than for our academic capabilities.</p>
--	--	--

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

5 - everything was made very clear and easy to follow.

4. Reflections on your experiences in Sun Devil Athletics (SDA).

a. Identify the three best things about your experience SDA experience and why.

1. Being able to have such amazing support from the AD's and staff. They always have my back, even when I am firm following a difficult collegiate career path.
2. Having the opportunity to make lifelong friendships with my teammates and getting to meet so many different athletes.
3. Having the opportunity to make my dreams as a [REDACTED] come true, while pursuing what I am passionate about academically. The opportunity to do both [REDACTED] and [REDACTED] has truly been one of the most fulfilling experiences of my life.

b. From these experiences what are you taking away that will influence you moving forward in your life?

A few of the many things I will be taking away is perseverance and faith. I've learned that no matter the obstacle, I always have my Sun Devil family supporting me and with faith and trusting the process. Anything is possible.

c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

1. Definitely having [REDACTED] as a head coach, and that was addressed.
2. The [REDACTED] and we adjusted to [REDACTED] coaching style and culture.
3. Making my academic schedule work out with athletics, however, through practicing on my own and independent study, this all was worked out as well.

5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal? **Yes** / No – why or why not?
This environment is hands down the most supportive environment I have ever been in.
6. What are some of the strongest aspects of how SDA treats student-athletes?
How the staff members are always able to connect and talk things out.

7. Any suggestions on how SDA might improve the treatment of student-athletes?
Keep doing what you are doing :)

SA NAME/SPORT: [REDACTED]

DATE OF INTERVIEW: 4/15/19

INTERVIEWED BY: DEANA GARNER

ADMINISTRATOR COMMENTS/FOLLOW UP:



SUN DEVIL ATHLETICS – STUDENT-ATHLETE EXIT INTERVIEW INSTRUCTIONS

OBJECTIVE:

Conducting an interview of student-athletes who have completed their final year of competition or transferring to another institution will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.

Information provided can be used to recognize what we are doing well with and for our student-athletes, to improve or address concerns that arise, and overall to improve the student-athlete experience at ASU.

DISTRIBUTION OF INTERVIEWS

To allow student-athletes to have an opportunity to give full responses, we distribute interviews amongst the following individuals:

1. Representatives of Sun Devils Athletics will conduct 60% of all interviews
 - a. Senior Sports Administrators
 - b. V. P. Athletics and Athletics Director
2. Faculty Athletics representative will conduct 20% of all interviews
3. Sun Devils Athletics Board representative will conduct 20% of all interviews
 - a. Chair, SDA Board
 - b. SDA Board faculty member

SCHEDULING INTERVIEWS

1. Exit interviews of student-athletes should be conducted as soon after the completion of each sport or upon notification of transfer. Note, interview scheduling will be cleared in advance with Compliance.
2. A random sample of senior student-athletes will be interviewed in each sport. You will receive an email with a list of names to select from. It is your responsibility to contact the students and arrange a time to meet.
3. You will need to take notes in your interview and provide a final typed document to Deana Garner/Andrea Lore for our records.



STUDENT-ATHLETE EXIT INTERVIEW

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?

a. Overall

To graduate and know what I'm doing after college.

b. Academic

To have a great GPA for law school.

c. Athletic

To finish all 4 years.

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	10	Great opportunities were given to me
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	10	↑ So thankful
Counseling & Consultation	10	
Office of Student-Athlete Development (Academics & Championship Life)	10	
SDA Administration (Sport Administrators, SID, Marketing, etc.)	10	
Coaches/Sport support staff	7	

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

4. Reflections on your experiences in Sun Devil Athletics (SDA).
- Identify the three best things about your experience SDA experience and why.

- How to write a resume
- Being a part of a collegiate team for 4 years
- Knowing what to do next, post-grad

- From these experiences what are you taking away that will influence you moving forward in your life?

How to perform not only in my sport, but in the "real" professional world as well.

- Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

Yes, they have been addressed w/ Deana

- SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal? **Yes** / No – why or why not?

So many resources and opportunities for us.

- What are some of the strongest aspects of how SDA treats student-athletes?
Providing 100's of opportunities and connects for after grad.

- Any suggestions on how SDA might improve the treatment of student-athletes?

SA NAME/SPORT: [REDACTED]

DATE OF INTERVIEW: 4/15

INTERVIEWED BY: DEANA AND KELLI

ADMINISTRATOR COMMENTS/FOLLOW UP:



SUN DEVIL ATHLETICS – STUDENT-ATHLETE EXIT INTERVIEW INSTRUCTIONS

OBJECTIVE:

Conducting an interview of student-athletes who have completed their final year of competition or transferring to another institution will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.

Information provided can be used to recognize what we are doing well with and for our student-athletes, to improve or address concerns that arise, and overall to improve the student-athlete experience at ASU.

DISTRIBUTION OF INTERVIEWS

To allow student-athletes to have an opportunity to give full responses, we distribute interviews amongst the following individuals:

1. Representatives of Sun Devils Athletics will conduct 60% of all interviews
 - a. Senior Sports Administrators
 - b. V. P. Athletics and Athletics Director
2. Faculty Athletics representative will conduct 20% of all interviews
3. Sun Devils Athletics Board representative will conduct 20% of all interviews
 - a. Chair, SDA Board
 - b. SDA Board faculty member

SCHEDULING INTERVIEWS

1. Exit interviews of student-athletes should be conducted as soon after the completion of each sport or upon notification of transfer. Note, interview scheduling will be cleared in advance with Compliance.
2. A random sample of senior student-athletes will be interviewed in each sport. You will receive an email with a list of names to select from. It is your responsibility to contact the students and arrange a time to meet.
3. You will need to take notes in your interview and provide a final typed document to Deana Garner/Andrea Lore for our records.



STUDENT-ATHLETE EXIT INTERVIEW

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?
 - a. Overall: Get my degree. Make all american. Get a job after school.
 - b. Academic: Good GPA and get my degree
 - c. Athletic: Make all american but did not manage it

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	9	All was good. Support was really well. Mentors were good.
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	9	They always helped getting me better right away. Even though other people had problems, I did not.
Counseling & Consultation	10	Was good and helped me a lot when I went through some hardship
Office of Student-Athlete Development (Academics & Championship Life)	10	Always helpful and friendly
SDA Administration (Sport Administrators, SID, Marketing, etc.)	10	Very good job
Coaches/Sport support staff	9	Mostly very good. Would've loved for them to coach me further, but they left me to practice by myself after my NCAA eligibility was done

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

5- They made sure we knew the rules very well

4. Reflections on your experiences in Sun Devil Athletics (SDA).

a. Identify the three best things about your experience SDA experience and why.

- School classes were very well and fit into my schedule
- All the extra outside activities and networking in the community
- Championship life events helped me a lot

b. From these experiences what are you taking away that will influence you moving forward in your life?

Being able to network and talk before crowds are very easy to do now and will definitely help in the future.

c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

- Managing life back home with struggles [REDACTED] was hard
- Needing help with sport after college is hard because you are not seen as a priority anymore

5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal? Yes / No – why or why not?

6. What are some of the strongest aspects of how SDA treats student-athletes?

Integrity

7. Any suggestions on how SDA might improve the treatment of student-athletes?

SA NAME/SPORT: [REDACTED]

DATE OF INTERVIEW: 4/15/19

INTERVIEWED BY:

ADMINISTRATOR COMMENTS/FOLLOW UP:



SUN DEVIL ATHLETICS – STUDENT-ATHLETE EXIT INTERVIEW INSTRUCTIONS

OBJECTIVE:

Conducting an interview of student-athletes who have completed their final year of competition or transferring to another institution will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.

Information provided can be used to recognize what we are doing well with and for our student-athletes, to improve or address concerns that arise, and overall to improve the student-athlete experience at ASU.

DISTRIBUTION OF INTERVIEWS

To allow student-athletes to have an opportunity to give full responses, we distribute interviews amongst the following individuals:

1. Representatives of Sun Devils Athletics will conduct 60% of all interviews
 - a. Senior Sports Administrators
 - b. V. P. Athletics and Athletics Director
2. Faculty Athletics representative will conduct 20% of all interviews
3. Sun Devils Athletics Board representative will conduct 20% of all interviews
 - a. Chair, SDA Board
 - b. SDA Board faculty member

SCHEDULING INTERVIEWS

1. Exit interviews of student-athletes should be conducted as soon after the completion of each sport or upon notification of transfer. Note, interview scheduling will be cleared in advance with Compliance.
2. A random sample of senior student-athletes will be interviewed in each sport. You will receive an email with a list of names to select from. It is your responsibility to contact the students and arrange a time to meet.
3. You will need to take notes in your interview and provide a final typed document to Deana Garner/Andrea Lore for our records.



STUDENT-ATHLETE EXIT INTERVIEW

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?

- a. Overall [REDACTED] Changed to winning National Champ.
To sign an yes, and no.
- b. Academic Graduate. Still in the process.
- c. Athletic [REDACTED] Changed to winning Nat. Champ.
To sign an

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	8	It was exactly what I needed to be successful.
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	9	[REDACTED] has been incredible, entire staff took great care of me.
Counseling & Consultation	7	Didn't Didn't use as often but was offered.
Office of Student-Athlete Development (Academics & Championship Life)	8	Everyone was always very nice and helpful.
SDA Administration (Sport Administrators, SID, Marketing, etc.)	10	Couldn't have been more first class.
Coaches/Sport support staff	8	They have their moments, but they put me in the position to be successful!

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

4 - ASU SDA did a very good job educating us on all NCAA rules.

4. Reflections on your experiences in Sun Devil Athletics (SDA).

a. Identify the three best things about your experience SDA experience and why.

- 1. My teammates
- 2. The culture around SDA

3. How much the staff cares about the student athletes.

b. From these experiences what are you taking away that will influence you moving forward in your life?

I think it would be how to handle myself and my actions like a professional.

c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

1. Balancing school and sport. 2. Coping with school on the road. 3. Learning how to deal with failure.

5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal? Yes No - why or why not?

the environment created was always focused on success on and off

6. What are some of the strongest aspects of how SDA treats student-athletes?

How respectful and caring they are. They truly want the best for all of us.

7. Any suggestions on how SDA might improve the treatment of student-athletes?

SDA is on the right path. Continue on the trend now

SA NAME/SPORT:

DATE OF INTERVIEW:

ADMINISTRATOR COMMENTS/FOLLOW UP:

INTERVIEWED BY:



STUDENT-ATHLETE EXIT INTERVIEW

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?
 - a. Overall
 - Make lifelong friendships
 - Establish a professional network
 - b. Academic
 - Summa Cum Laude
 - Graduate With a Master's
 - c. Athletic
 - Make NCAA Tournament
 - Score 10 Goals in a Year

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	7	Would've liked more master's options. Some undergrad classes were a bit of a joke.
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	9	
Counseling & Consultation	9	Several AD's helped in finding an internship
Office of Student-Athlete Development (Academics & Championship Life)	8	
SDA Administration (Sport Administrators, SID, Marketing, etc.)	9	AD's were very approachable and willing to help.
Coaches/Sport support staff	9	

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

4. Reflections on your experiences in Sun Devil Athletics (SDA).
- Identify the three best things about your experience SDA experience and why.
 - Training facilities and provided apparel was first class.
 - Coaches and AD's were willing to help student athletes advance professionally.
 - Alumni network is vast, and they are always willing to help.
 - From these experiences what are you taking away that will influence you moving forward in your life?
 - Networking is key
 - Develop as a both an athlete AND a human being.
 - Time management skills are crucial for success in every aspect of life.
 - Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?
 - Constantly being under the microscope and having answer for things like noise complaints. I get this could be a problem, but I had a hearing as a first-time offender for a noise complaint.
 - Being limited to only two [REDACTED] due to practice schedule.
5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal? Yes / No – why or why not?
- Yes, I am absolutely prepared to excel in life due to my experience as a SDA.
6. What are some of the strongest aspects of how SDA treats student-athletes?
- Apparel
 - Professional Development
 - Food
 - Resources (Computer Lab/Fitness Center/etc)
7. Any suggestions on how SDA might improve the treatment of student-athletes?
- No

SA NAME/SPORT: [REDACTED]

DATE OF INTERVIEW: 4/26/2019

INTERVIEWED BY: FRANK FERRERA

ADMINISTRATOR COMMENTS/FOLLOW UP



SUN DEVIL
CHAMPIONSHIP LIFE

STUDENT-ATHLETE EXIT INTERVIEW

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?

a. Overall - *VERY POSITIVE*

b. Academic *VERY POSITIVE*

STUDENT

c. Athletic - *VERY POSITIVE FIRST 2 YEARS. RECEIVED DIMINISHED PLAYING TIME LAST YEAR.*

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	7	GRADUATED IN 3 YEARS
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	8	HAPPY WITH [REDACTED] & [REDACTED]
Counseling & Consultation	9	
Office of Student-Athlete Development (Academics & Championship Life)	8	
SDA Administration (Sport Administrators, SID, Marketing, etc.)	8	
Coaches/Sport support staff	8	

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

4

4. Reflections on your experiences in Sun Devil Athletics (SDA).

a. Identify the three best things about your experience SDA experience and why.

- 1) TEAMMATES
- 2) BEING A SUN DEVIL
- 3) GETTING TO PLAY [REDACTED] IN AMERICA

b. From these experiences what are you taking away that will influence you moving forward in your life?

PERSEVERANCE. DIFFICULTIES IN STARTING OUT A NEW PROGRAM.

c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

- PLAYING TIME. KNOWN FOR HARD WORK ETHIC. PUSHED THROUGH AND BECAME AN INTEGRAL PART OF TEAM'S SUCCESS.

5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal?

Yes/No - why or why not?

6. What are some of the strongest aspects of how SDA treats student-athletes?

- SDA Resources
- guides [REDACTED] GEAR
- food

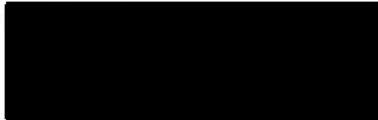
7. Any suggestions on how SDA might improve the treatment of student-athletes?

No

SA NAME/SPORT:

DATE OF INTERVIEW:

ADMINISTRATOR COMMENTS/FOLLOW UP:



INTERVIEWED BY:



SUN DEVIL ATHLETICS – STUDENT-ATHLETE EXIT INTERVIEW INSTRUCTIONS

OBJECTIVE:

Conducting an interview of student-athletes who have completed their final year of competition or transferring to another institution will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.



STUDENT-ATHLETE EXIT INTERVIEW

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?

a. Overall

Be able to graduate in a good standing to set me up for PA school

- Internship, GPA, resume

b. Academic

Be able to finish out with a good GPA to set me up for PA school.

c. Athletic

Finish with a strong mind and body with good values.

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	6	Ability to set guidance on my specific track was sort of unclear. Had to figure things out for myself
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	-9 -5	- As good as it could have been with my [REDACTED] -Not the best care when I was sick or needed help
Counseling & Consultation	10	
Office of Student-Athlete Development (Academics & Championship Life)	5	Wasn't really present in my experience
SDA Administration (Sport Administrators, SID, Marketing, etc.)	5	

Coaches/Sport support staff

5

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

5

4. Reflections on your experiences in Sun Devil Athletics (SDA).

a. Identify the three best things about your experience SDA experience and why.

- The ability to work with my schedule with practice
- Ability to help when I was sick, out of town or injured when getting back into school work
- Physical Therapist [REDACTED]

b. From these experiences what are you taking away that will influence you moving forward in your life?

- How to better communicate
- How to better schedule and plan for future experiences

c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

- Battling injury and coming back from injury (yes)
- Academic help - needs to be improved on my end (yes)

5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal? Yes / No – why or why not?

Provides a lot of assistance and opportunity

6. What are some of the strongest aspects of how SDA treats student-athletes?

- any help with BLANK or mental health was very prevalent.

7. Any suggestions on how SDA might improve the treatment of student-athletes?

- Understands when someone is sick or injured, they are in need of some form of treatment.

SA NAME/SPORT: [REDACTED]

DATE OF INTERVIEW: 4-15-19

INTERVIEWED BY: DEANA

ADMINISTRATOR COMMENTS/FOLLOW UP:



SUN DEVIL ATHLETICS – STUDENT-ATHLETE EXIT INTERVIEW INSTRUCTIONS

OBJECTIVE:

Conducting an interview of student-athletes who have completed their final year of competition or transferring to another institution will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.

Information provided can be used to recognize what we are doing well with and for our student-athletes, to improve or address concerns that arise, and overall to improve the student-athlete experience at ASU.

DISTRIBUTION OF INTERVIEWS

To allow student-athletes to have an opportunity to give full responses, we distribute interviews amongst the following individuals:

1. Representatives of Sun Devils Athletics will conduct 60% of all interviews
 - a. Senior Sports Administrators
 - b. V. P. Athletics and Athletics Director
2. Faculty Athletics representative will conduct 20% of all interviews
3. Sun Devils Athletics Board representative will conduct 20% of all interviews
 - a. Chair, SDA Board
 - b. SDA Board faculty member

SCHEDULING INTERVIEWS

1. Exit interviews of student-athletes should be conducted as soon after the completion of each sport or upon notification of transfer. Note, interview scheduling will be cleared in advance with Compliance.
2. A random sample of senior student-athletes will be interviewed in each sport. You will receive an email with a list of names to select from. It is your responsibility to contact the students and arrange a time to meet.
3. You will need to take notes in your interview and provide a final typed document to Deana Garner/Andrea Lore for our records.



STUDENT-ATHLETE EXIT INTERVIEW

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?

- a. Overall **TO CATCH UP DEVELOPMENTALLY WAS BEHIND IN BOTH CATEGORIES**
- b. Academic **←**
- c. Athletic **← OPTIMISE POTENTIAL**

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	10	
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	10	
Counseling & Consultation	10	216 DURING INITIAL TRANSITION
Office of Student-Athlete Development (Academics & Championship Life)	9	
SDA Administration (Sport Administrators, SID, Marketing, etc.)	8	NOT AS APPLICABLE
Coaches/Sport support staff	10	

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

3

4. Reflections on your experiences in Sun Devil Athletics (SDA).

a. Identify the three best things about your experience SDA experience and why.

- 1) PEOPLE
- 2) RESOURCES
- 3) VALUES

b. From these experiences what are you taking away that will influence you moving forward in your life?

VALUES, CHARACTER, DISCIPLINE, TIME MANAGEMENT

c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

1) TRANSITION - EXPECTATIONS 2) INTERNATIONAL - CULTURE - CONNECT W/ PEOPLE 3) POST-SUN DEV - ELLENSTON ACADEMIC DEMANDS

5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal?

(Yes) No - why or why not?

6. What are some of the strongest aspects of how SDA treats student-athletes?

1) TRAINING TABLE - NUTRITION - FUELING 2) MEDICAL ACCESS + EDUCATIONAL ACCESS 3) SUPPORT

7. Any suggestions on how SDA might improve the treatment of student-athletes?

WANT TO BRING INTERNATIONAL COMMUNITY TO S/A.

SA NAME/SPORT: [REDACTED]

DATE OF INTERVIEW: [REDACTED]

ADMINISTRATOR COMMENTS/FOLLOW UP:

INTERVIEWED BY:

KEN LAUDPHETER
KL



SUN DEVIL ATHLETICS – STUDENT-ATHLETE EXIT INTERVIEW INSTRUCTIONS

OBJECTIVE:

Conducting an interview of student-athletes who have completed their final year of competition or transferring to another institution will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.

Information provided can be used to recognize what we are doing well with and for our student-athletes, to improve or address concerns that arise, and overall to improve the student-athlete experience at ASU.

DISTRIBUTION OF INTERVIEWS

To allow student-athletes to have an opportunity to give full responses, we distribute interviews amongst the following individuals:

1. Representatives of Sun Devils Athletics will conduct 60% of all interviews
 - a. Senior Sports Administrators
 - b. V. P. Athletics and Athletics Director
2. Faculty Athletics representative will conduct 20% of all interviews
3. Sun Devils Athletics Board representative will conduct 20% of all interviews
 - a. Chair, SDA Board
 - b. SDA Board faculty member

SCHEDULING INTERVIEWS

1. Exit interviews of student-athletes should be conducted as soon after the completion of each sport or upon notification of transfer. Note, interview scheduling will be cleared in advance with Compliance.
2. A random sample of senior student-athletes will be interviewed in each sport. You will receive an email with a list of names to select from. It is your responsibility to contact the students and arrange a time to meet.
3. You will need to take notes in your interview and provide a final typed document to Deana Garner/Andrea Lore for our records.



STUDENT-ATHLETE EXIT INTERVIEW

1. Goals: What were your goals when you came to ASU (i.e. overall, academic and athletic)? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?

- a. Overall *OBTAIN COLLEGE DEGREE, COMPETE IN ATHLETICS, AND BECOME MORE ORGANIZED + IN CONTROL OF MY LIFE, AND IN A GOOD POSITION TO HELP PEOPLE*
- b. Academic [REDACTED]
- c. Athletic *PAC-12 CHAMPS, [REDACTED] - OVERCAME CHALLENGES - CONDITIONING, ENDURANCE*

2. On a scale of 1-10 (1 lowest score/extremely dissatisfied to 10 highest/extremely satisfied), how would you rate your experience with the following areas?

CATEGORY/DESCRIPTION	SCORE	COMMENTS
ASU overall, your academic program and educational experience	10	
Sports Performance (Athletic Training/Strength & Conditioning/Nutrition) Sports Medicine- Physicians	10	
Counseling & Consultation	N/A	<i>NEVER USED - BUT, ALWAYS FEEL SUPPORTED</i>
Office of Student-Athlete Development (Academics & Championship Life)	10	
SDA Administration (Sport Administrators, SID, Marketing, etc.)	10	
Coaches/Sport support staff	10	

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)?

5

4. Reflections on your experiences in Sun Devil Athletics (SDA).

a. Identify the three best things about your experience SDA experience and why.

- 1) *PEOPLE (RELATIONSHIPS) - GENUINE, LET YOU BE YOURSELF*
- 2) *CORE VALUES*
- 3) *OVERALL EXPERIENCES*

b. From these experiences what are you taking away that will influence you moving forward in your life?

DISCIPLINE, INTEGRITY, COMMITMENT + PARTICIPATION

c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed and all, if so, why not?

OVERCOME PHYSICAL LIMITATIONS - + LACK OF CONFIDENCE
"MILITARY WORKOUT", CARDIO DEVELOPMENT

5. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal?

(Yes) No - why or why not? PAC-12 CHAMPIONSHIP, BUT MOST IMPORTANTLY
VIEWING IN FOR TEAM - GIVE YOURSELF UP FOR TEAMMATES

6. What are some of the strongest aspects of how SDA treats student-athletes?

- ACCOUNTABILITY
- POSITIVENESS (LIGHTNESS)

7. Any suggestions on how SDA might improve the treatment of student-athletes?

SA NAME/SPORT

DATE OF INTERVIEW: 5/2/19

ADMINISTRATOR COMMENTS/FOLLOW UP:

INTERVIEWED BY:

KEVIN LAMOPHORE



SUN DEVIL ATHLETICS - STUDENT-ATHLETE EXIT INTERVIEW INSTRUCTIONS

OBJECTIVE:

Conducting an interview of student-athletes who have completed their final year of competition or transferring to another institution will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.

Information provided can be used to recognize what we are doing well with and for our student-athletes, to improve or address concerns that arise, and overall to improve the student-athlete experience at ASU.

DISTRIBUTION OF INTERVIEWS

To allow student-athletes to have an opportunity to give full responses, we distribute interviews amongst the following individuals:

1. Representatives of Sun Devils Athletics will conduct 60% of all interviews
 - a. Senior Sports Administrators
 - b. V. P. Athletics and Athletics Director
2. Faculty Athletics representative will conduct 20% of all interviews
3. Sun Devils Athletics Board representative will conduct 20% of all interviews
 - a. Chair, SDA Board
 - b. SDA Board faculty member

SCHEDULING INTERVIEWS

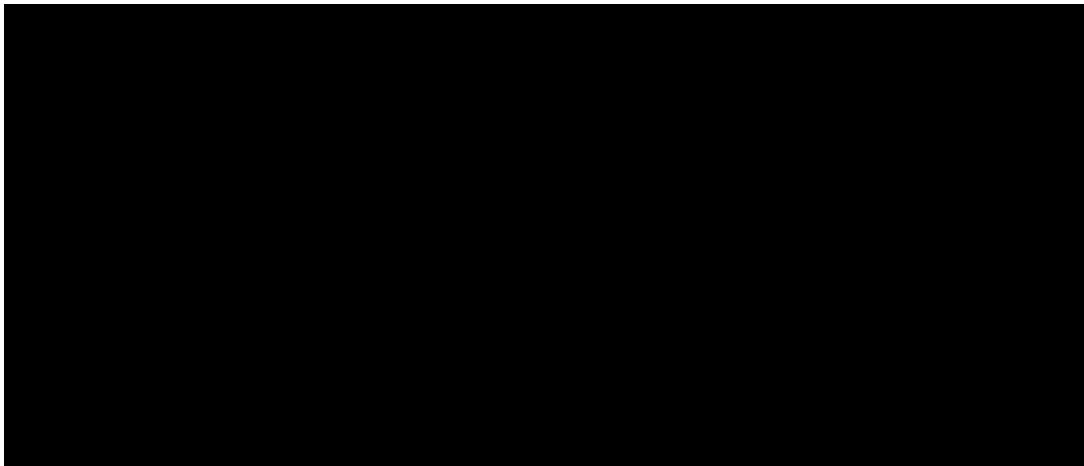
1. Exit interviews of student-athletes should be conducted as soon after the completion of each sport or upon notification of transfer. Note, interview scheduling will be cleared in advance with Compliance.
2. A random sample of senior student-athletes will be interviewed in each sport. You will receive an email with a list of names to select from. It is your responsibility to contact the students and arrange a time to meet.
3. You will need to take notes in your interview and provide a final typed document to Deana Garner/Andrea Lore for our records.

1. Goals: What were your goals when you came to ASU? Were you able to accomplish them? If so, how were you able to, if not, why do you feel you were not able to?

- a. **Overall-** When I came to ASU, I wanted to successfully complete four years of competitive collegiate athletics while maintaining a strong GPA. I wanted to grow as an individual, (even though I didn't know what that would look like) and prepare myself for my future professional career. I believe I accomplished my goals because I have grown tremendously as an individual, achieved academic goals, contributed to the overall success of my team, and have a plan for my future.
- b. **Academic-** Academically, I had personal goals to graduate with a 3.5+ GPA and successfully graduate from Barrett, the Honors College. With the help of OSAD, I am on the right track to achieve these goals.
- c. **Athletic-** Athletically, I fulfilled my goals because I contributed to the growth of our program, competed all four years, and built lifelong friendships with my teammates

2. On a 1-10 scale, how would you rate your experience in the following areas?

- **ASU Overall = 10**
- **Athletic Training = 8;** [REDACTED] has been a fantastic trainer who has helped me tremendously. With [REDACTED] help, my physical health was maintained and improved throughout our season as minor injuries would come up. Our first athletic trainer was [REDACTED] and [REDACTED] great treatment/rehab plans exposed how little [REDACTED] did for or team. She never provided us with treatments, which could have improved my performance, as it really benefited me this previous season. I wish I could have had [REDACTED] throughout my entire collegiate career.
- **Strength and Conditioning = 10;** [REDACTED] is awesome, I loved working with him. He helped me achieve my athletic goals through the progress of my physical strength.
- **Nutrition = 8;** [REDACTED] is very knowledgeable and helpful with regards to nutrition. I just wish she had more employees/interns in order to consistently work on nutrition with us throughout the entire year.
- **Sports Medicine = 3;** [REDACTED]



Therefore, it was hard for me to trust Dr. [REDACTED] throughout my time as student-athlete, as I dreaded getting sick/injured because I did not think I would receive proper medical care from Dr. [REDACTED]

- **Counseling and Consultation = 4;** ASU's health services are great, and I am very happy to see SDA providing student-athletes with a Sports Psychologist [REDACTED]
[REDACTED]
- **Office of Student-Athlete Development = 10;** OSAD is extremely supportive, kind, and encouraging. I am very thankful for [REDACTED] because they really helped me academically as well as when I was struggling. They were consistently there for me, and I really appreciated this constant support. They were big contributors to my success throughout ASU because they were simply always there for me.
- **SDA Administrators = 10;** I truly believe we have the best Sports Administrators in the nation [REDACTED] I am so thankful that our administration is so involved, transparent, and invested in us as individuals because they have had a large impact on my life. Their constant support and motivation is inspiring, therefore they have become my biggest role models.
- **Coaches/Support Staff = 5.5;** [REDACTED] I am thankful for what they taught me, which includes discipline and the importance of hard work. [REDACTED] is passionate about helping us and truly wants what is best for the team. [REDACTED] is passionate of the sport of [REDACTED] and achieving success. Sophomore and junior year were really hard for me, especially when working with [REDACTED] Throughout my senior year, this relationship improved. With that being said, the first two seasons came with various challenges. They seemed to not care about me as an individual, want to get to know me in anyway, or create an environment where I felt comfortable to express myself. [REDACTED] often expresses her emotions through facial expressions and body language, when we are doing good or bad. She definitely has favorites, as it is apparent in practices or team meetings. [REDACTED] motivate from fear, as they often told me what I would not be able to accomplish if I did not work hard enough or make enough sacrifices. I have yet to be thanked for my contribution to our program. I do believe they want what is best for our program, I just think they struggle when properly communicating that to us.

3. On a scale of 1-5, how well do you feel you were educated in and understood the NCAA rules that pertained to you?

3, I had a decent understanding of the NCAA rules because of how involved I was with [REDACTED]. Compliance is extremely approachable and kind, but I think there isn't enough communication between them and the student-athletes. An increase of communication with student-athletes would be very beneficial to the student-athlete body.

4. Reflections on your experiences in Sun Devil Athletics.

- a. Identify the three best things about your SDA experience and why.

- The mentorships and relationships I was able to build with our Sport Administrators. I have professional goals of working in Sports Administration, therefore to be able to communicate with the so often has been incredible.
- The culture of compassion that Sun Devil Athletics provides through administration, academic coaches, compliance, and marketing. All of the people within Sun Devil Athletics are kind and truly want what is best for the student-athlete. We have amazing support from various sectors within the department.
- The importance of academics that is stressed throughout our athletic experience.

- b. From these experiences what are you taking away that will influence you moving forward in life?

The biggest lesson I learned is how to lead through inspiration, not fear. The leadership and guidance of our administration has motivated me in numerous ways, and I think my biggest take away is how they treat others. I want to carry myself in a similar manner so that I can have the same impact on others.

- c. Identify the three most challenging experiences you had in SDA. Were they addressed and improved? Addressed and not improved? Not addressed at all, if so, why not?

- Working with Dr. [REDACTED] was extremely difficult for me, because I struggled to trust [REDACTED]. Therefore, I was scared that I would get injured/sick and simply hoped to stay healthy. This issue has not been addressed, and I think it is because student-athletes do not want to disrespect Dr. [REDACTED].
- Properly communicating with my coaches, as they were often unapproachable throughout my sophomore, junior, and senior year. This did begin to improve but was always a challenge because it appeared that they did not care.
- Scheduling physical therapy around my existing practice hours. I was not allowed to schedule my rehab during practice hours, which caused me immense stress/anxiety because I did not have any free time. When I was going through this my sophomore year, I brought it to my coaches in the hopes that it would improve because I truly felt like I was at my breaking point. However, this issue was not addressed as they told me that I needed to simply "handle it". This process has since improved for my teammates.

5. SDA's goal is to provide the environment for a championship experience in your sport and in life. Did you feel like SDA achieved this goal?

Yes.

6. What are some of the strongest aspects of how SDA treats student-athletes?

The respect that student-athletes receive from professionals within various roles of the department.

7. Any suggestions on how SDA might improve the treatment of student-athletes?

I would recommend continuing to stress the importance of career development and help student-athletes prepare for life after collegiate athletics. For example, providing basic facts of when to take the LSAT for law school, the MCAT for med school, etc.

SENIOR STUDENT-ATHLETE SURVEY

IN PERSON EXIT INTERVIEW

A) OBJECTIVE:

Conducting an interview of senior student-athletes who have completed their final year of competition will provide insight into their personal, academic, and athletics experiences during their eligibility period and ensure that these are congruent with the expectations and guidelines set forth by Arizona State University, the PAC-12 conference, and the NCAA.

B) PURPOSE OF SENIOR STUDENT ATHLETE EXIT INTERVIEW:

Information provided by student-athletes who have exhausted their eligibility can be used to recognize what we (e.g. coaches, administrators, Sun Devil Athletics, and Arizona State University) are doing well with and for our student-athletes, to improve or address concerns that arise, and overall to improve the student-athlete experience at Arizona State University.

C) SUGGESTED QUESTIONS TO ASK STUDENT-ATHLETES:

Please remind the student-athletes that their responses are confidential.

1. Please reflect on your goals when you came to Arizona State University (i.e. generally, academically, athletically). What were they and were you able to accomplish them?

- i. ACADEMIC - OBTAIN MY DEGREE IN DISCIPLINE FOR CAREER
- ii. ATHLETIC DEVELOPMENT - TO IMPROVE + PLAY PRO.
- iii. GROW PERSONALLY - POSITIVE LIFE PROJECTION.

2. How would you rate your experience at Arizona State University with the following individuals/programs/offices?

Please have students assign a number 1 (lowest score; extremely dissatisfied) to 10 (highest; extremely satisfied):

CATEGORY/DESCRIPTION	SCORE
University overall, your academic program and your educational experience	8
Sports Performance Team physicians	8
Sports Medicine Athletic training room/staff	9
Office of Student Athlete Development	8
Experience with you sport, including your coaches and any sport support/staff	9

3. On a scale of 1-5 (1 being poor, 5 being excellent), how well do you feel you were educated in and understood the NCAA rules that pertained to you (e.g. practice hours, impermissible benefits)? 4

4. Reflect on the **THREE BEST THINGS** about your experiences -in Sun Devil Athletics at ASU (SDA) and what you are taking away that will influence you moving forward in your life?

- i. BECOMING COMFORTABLE W/ UNCOMFORTABLE
- ii. DEVELOPING NECESSARY DISCIPLINE + PRIORITY SETTING
- iii. BEING CHALLENGED ACADEMICALLY + ACHIEVING GOALS

5. Did you have any issues or concerns during your experiences at ASU in SDA that you would like to see done differently?

- i. AS AHS [REDACTED] - BETTER, MORE INTIMATE SUPPORT
10 KT FEW WEEKS OF ARRIVAL. A CONCERN WE ALL HAVE
- ii. _____
- iii. CHANGE OF SCHEDULE ON ROAD TOO MUCH.

6. SDA's goal is to provide the environment for a championship experience in your sport and in life (e.g. graduation and preparation for life after college). Did you feel like SDA achieved this goal? Yes / No

7. What are some of the strongest aspects of how SDAASU treats student-athletes?

- i. THEY TRULY CARE ABOUT US AS PEOPLE - SO DIFFERENT FROM
WHERE I'VE BEEN
- ii. W/ CLASS - JOB EXPERIENCE - CAREER ADVICE
- iii. ACADEMIC PUSH - AND COUNSELING + SUPPORT

8. Any suggestions on how SDA might improve the treatment of student-athletes?

- i. CLASS SCHEDULING - KILLS SPORT TEAM PRACTICE SCHEDULE SOME
- ii. CHANGE SCHEDULE ON ROAD TOO MUCH - INTERRUPTS
- iii. ROUTINE

OFFICIAL USE

SA NAME/SPORT: [REDACTED]

DATE OF INTERVIEW: DEC, 6, 2018

INTERVIEWED BY: KEN LANDSPHERE

