



1. Which best describes your fu		propriate box)	
I have been accepted to a graduate of the secured a job.  I have secured a job.  I am still looking for a job.  I have no idea.  I have one more year of sch.  Other. Please specify:	schools but have not be		
Please indicate the relative im decision to attend UCA.			had in your
Overall academic reputation of the	Very Important	Important	Not a factor
niversity			
Specific academic program			
The athletic program	TO THE REAL PROPERTY.	7	V
The head coach or coaching staff			
Financial aid	1		
Other athletes attending UCA			
Location of UCA			
Influence of parents			
Southland Conference			
. Academic support services for	+	101111	
dent-athletes			
Other:	<del> </del>		
Would you encourage other students of the Yes No If no, please expl	dent-athletes to attendain	d this institution	?
Please rate your experience at U (1-below average, 2-average, 3-g	JCA. (Circle one for egood, 5-eg	ach category)	
	100 May 200 May		

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons? I did not recieve enough
	money for the value I add to the team on \$ off the field
6.	How did your participation in athletics affect your Academic Performance?
	<ul> <li>☑ Whelped because I had to manage my time more effectively.</li> <li>☑ It hurt because I did not have enough time to commit to academics.</li> <li>☑ It did not affect my academic performance very much.</li> <li>☑ Other effects. Please explain</li> </ul>
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☑ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.  Very effective and very complete for both Effective for athletic but not for academic Frective for academic but not for athletic Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	☐ Very important ☑ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
$11_{\star}$	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

13. Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

matters)	th academic concerns (not necessarily related to
Ability to communicate	with you and your teammates
Ability to organize and p	prepare for practice
Fairness in evaluating pl	ayers and providing useful feedback regarding a
performance	
Ethics	
Tachnical knowledge of	ATTENDED OF THE PROPERTY OF TH
Technical knowledge of	game
Comments:	dent-athletes at UCA? Yes No
Have you personally exp gender-based discrimina Comments:	perienced gender-based discrimination or hav ation of other student-athletes at UCA? ☐ Y
gender-based discrimina Comments:  Rate the services you rec	perienced gender-based discrimination or have ation of other student-athletes at UCA? Yes yes ceived from the following: t and 5 represents total support)
gender-based discrimina Comments:  Rate the services you rec (1 represents no support Athletic Training	ceived from the following: t and 5 represents total support)
gender-based discrimina Comments:  Rate the services you rec (1 represents no support Athletic Training Academic Advising	ceived from the following: t and 5 represents total support)
gender-based discrimina Comments:  Rate the services you rec (1 represents no support Athletic Training Academic Advising Housing	ceived from the following: t and 5 represents total support)  1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1
gender-based discrimina Comments:  Rate the services you rec (1 represents no support Athletic Training Academic Advising	ceived from the following: t and 5 represents total support)  1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1
gender-based discrimina Comments:  Rate the services you rec (1 represents no support Athletic Training Academic Advising Housing Career Services	ceived from the following: t and 5 represents total support)  1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1
gender-based discrimination Comments:  Rate the services you receive (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	ceived from the following: t and 5 represents total support) $ \begin{array}{cccccccccccccccccccccccccccccccccc$
gender-based discrimina Comments:  Rate the services you rec (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	ceived from the following: t and 5 represents total support) $ \begin{array}{cccccccccccccccccccccccccccccccccc$
gender-based discrimination Comments:  Rate the services you receive (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	ceived from the following: t and 5 represents total support)  1 2 3 4 5 1
gender-based discrimination Comments:  Rate the services you received (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	ceived from the following: t and 5 represents total support)  1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1 1 2 3 4 5 1

Who was your primary contact when you had questions about NCAA regulations?

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19.	How can the athletic department assist you in your career development?
	References, but I feel like you'll don't like me
20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Ethical Conduct  Yes  No  No  Yes  No
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  No
23.	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)  What are your suggestions to improve the CHAMPS/Life Skills Program?
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes No
31.	Do you that the second supported and valued your sport?
32.	If you had a need to contact an administrator was one available to you?  Yes No

Was your team assigned an Athletic Trainer? Yes No
In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).
Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
How would you improve the Sports Medicine services?
when he was going out of town
Were you ever treated by an orthopedic doctor referred to you by the Athletic
Training Staff?  If yes, what doc  Was the service.
Did you participate in training sessions with the Strength and Conditioning Coach  ✓ Yes ☐ No
Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Ves No
I felt I was able to bring issues with my sport to my SAAC representatives?  Yes No
During your playing season, how many days per week do you typically have off?
During your playing season, how many hours per day does a typical practice last?
During the playing season, how many hours per week is your team typically required to participate in the following:  • Practice: 10 hrs
Conditioning and/or weight lifting: / hour
Watch game film: 1.5 hours
Ouring your playing season, is your team required to practice more than 20 hours per week? You No  If you answered yes, please give a detailed account of those hours:
- Land of the state of the stat

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?
49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? / hour
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



Date	Name (optional)_	√ kan-	Sport/	Soccer
18	Which best describes your fut	ure plans? (check ap <sub>l</sub>	propriate box	)
	☐ I have been accepted to a gra☐ I have applied to Graduate so☐ I have secured a job.☐ I am still looking for a job.☐ I have no idea.☐ I have one more year of scho☐ Other. Please specify: ☐ Go	chools but have not be		t.
2.	Please indicate the relative impedicision to attend UCA.		ollowing facto	ors had in your
1.0		Very Important	Important	Not a factor
Unive	erall academic reputation of the	X		
	ecific academic program	$+$ $\hat{\times}$		
	e athletic program			
	e head coach or coaching staff	×	190	
5. Fin	ancial aid	<del>                                     </del>		
	ner athletes attending UCA		× ×	
	cation of UCA		×	
	uence of parents		×	
	ithland Conference		×	
10. A	cademic support services for		9	
student-athletes		× -	X	
11. Ot	her:		×	
3.	Would you encourage other stu  ✓ Yes ☐ No If no, please expl		d this institut	ion?
4.	Please rate your experience at U (1-below average, 2-average, 3-g	JCA. (Circle one for egood, 4-very good, 5-e	each category)	
	Athletics (overall) 1 2 Academics 1 2		(D)	DICO.
5.	If you were being recruited toda	y would your many		<b>CO</b>

Yes No If no, for what reasons?
How did your participation in athletics affect your Academic Performance?
<ul> <li>☐ It helped because I had to manage my time more effectively.</li> <li>☐ It hurt because I did not have enough time to commit to academics.</li> <li>☐ It did not affect my academic performance very much.</li> <li>☐ Other effects. Please explain</li></ul>
When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
☐ Immediately ☑ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
Comments:
How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
<ul> <li>✓ Very effective and very complete for both</li> <li>☐ Effective for athletic but not for academic</li> <li>☐ Effective for academic but not for athletic</li> <li>☐ Not effective for either</li> </ul>
Did your coaches sincerely emphasize graduation from UCA as a top priority?
Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
How important to you is graduating from college?
∀ Very important  Somewhat  Not sure  Not very  Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?   ☐ Yes ☐ No
Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate w	oth you ar	nd your to	eammate	es			
	Ability to average and m							
	Ability to organize and pr	epare for	practice					
				6.1				
	Fairness in evaluating play performance	yers and p	roviding	useful f	eedback	regardin	g athletic	
		6						
	Ethics							
	Etines		•					
			E.		50.			
	Technical knowledge of g	ame	X		41			
			,			X		
1.4	***							
14.	Have you personally exp harassment of other stud	erienced lant-athle	sexual ha	arassme	ent or h	ave obse	rved sexual	t
	Comments:	iciit-atiiit	ies at O	JA:	l res D	7 140		
15.	Have you personally exp gender-based discrimina Comments:	erienced : tion of ot	gender-b her stud	pased di ent-athl	scrimin etes at 1	ation or UCA? [	have obser Yes 🔀	<b>ved</b> No
	Comments.							
16.	Rate the services you rec (1 represents no support							
	Athletic Training	1	2	3	4	3	N/A	
	Academic Advising	1	2	3	4	Š	N/A	
	Housing	1	2	3	4	3	N/A	
	Career Services	1	2	3	4	3	N/A	
	Aramark	1	2	3	4	3000000	N/A	
	Financial Aid	1	2	3	4	Q	N/A	
	Promotion/Marketing	1	2	3	4	<b>(2</b> )	N/A	
	Sports Information	1	2	3	4	(5)	N/A	
	NCAA Compliance	1	2	3	4	(3)	N/A	
	Counseling Center	J	2	3	4	(3)	N/A	
17	If you could change one the would it be?	hing abou	ut your s	pecific s	ports p	rogram :	at UCA wh	at -
	Nothing							
18.	Who was your primary co	ontact wh	en you h	ad ques	stions al	bout NC	AA regulat	ions?

19. How can the athletic department assist you in your career development?

References etc.

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes   No   No    Yes   No    Yes
22.	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful? Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)  What are your suggestions to improve the Life Skills Program?  KEEP 14 90100
24.	Rate the time demands for your sport.  5 - Excellent  4 - Good  3 - Satisfactory  1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  Solution = 5 - Excellent = 4 - Good = 3 - Satisfactory = 2 - Poor = 1 - Unsatisfactory
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31.	Do you think the Athletic Administration supported and valued your sport?
32.	<ul> <li>✓ Yes ☐ No</li> <li>If you had a need to contact an administrator was one available to you?</li> <li>✓ Yes ☐ No</li> </ul>
33.	Was your team assigned an Athletic Trainer? X Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
	How would you improve the Sports Medicine services?  Hire more proffessional athletic trainers
	Were you ever treated by an orthopedic doctor referred to you by the Athletic Training Staff?  If yes, what doc Was the service
	Did you participate in training sessions with the Strength and Conditioning Coach?  Yes No
	Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
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	During your playing season, how many days per week do you typically have off?
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J	During your off-season, how many hours per week are you required to work out?

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and the



Date 24/11 Name (optional)_		Sport_M_g	obles
1. Which best describes your futu	re plans? (check app	propriate box)	
☐ I have been accepted to a graduate sc☐ I have applied to Graduate sc☐ I have secured a job.☐ I am still looking for a job.☐ I have no idea.☐ I have one more year of school☐ Other. Please specify:	hools but have not bee	en accepted yet.	
2. Please indicate the relative imp	ortance each of the f	ollowing factors	had in your
decision to attend UCA.	Very Important	Important	Not a factor
1. Overall academic reputation of the		amportant.	110t a factor
University			
2. Specific academic program			
3. The athletic program		(i)	
4. The head coach or coaching staff			
5. Financial aid			
6. Other athletes attending UCA			
7. Location of UCA		1/	
8. Influence of parents			
9. Southland Conference			1/
10. Academic support services for		/	
student-athletes			
11. Other:			
Would you encourage other students of the Would you encourage of the Wou		d this institution	?
Please rate your experience at U (1-below average, 2-average, 3-g	JCA. (Circle one for a good, 4-very good, 5-a	each category) excellent)	)
Athletics (overall) 1 2 Academics 1 2	3 4	5 5	

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Fairness in evaluating pla performance	yers and p	providing	g useful i	feedback	regardii	ng athleti
	-	7				
Ethics						
Technical knowledge of g	game					
Have you personally exp harassment of other stud	erienced lent-athle	sexual h	arassm	ent or ha	ave obse	rved sex
Comments:	ient-atme	ites at U	CA: _	Yes 🔀	NO 1	
					N	
Have you personally exp	erienced ;	gender-l ber stud	based di ent-athl	scrimin:	ation or	have obs
gender-based discrimina	נוסוו טו טנו	iioi stud		cics at t	JCA? [	1 1 60 1
gender-based discrimina Comments:	tion of ot	ilor Stud		cics at (	JCA? [	
Comments:	tion of ot	iioi stud		cics at (	JCA? [	
Comments:					JCA? [	
Rate the services you reco	eived from	n the fo	llowing:		CA? [	
Rate the services you rec (1 represents no support	eived from	n the fo	llowing:		JCA? [	1 CS
Rate the services you reconstruction (1 represents no support Athletic Training	eived from	n the foresents	llowing:	pport) 4	5 5	- N/A
Rate the services you recell represents no support Athletic Training Academic Advising	eived from	n the foresents	llowing:	pport) 4 4	5 (5)	N/A N/A
Rate the services you rec (1 represents no support Athletic Training Academic Advising Housing	eived from	n the foresents	llowing:	pport) 4 4 4	5 (S) (D)	N/A N/A N/A
Rate the services you rece (1 represents no support) Athletic Training Academic Advising Housing Career Services	eived from	n the foresents	llowing:	pport)  4 4 4 4 4	5 (5) (5) 5	N/A N/A N/A N/A
Rate the services you reconstruction (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark	eived from	n the foresents  2 2 2 2 2 2	llowing: total suj 3 3 3 3 3 3	pport)  4 4 4 4 4	5 (5) (5) 5 5 5	N/A N/A N/A N/A N/A
Rate the services you recell represents no support  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid	eived from	on the foresents	llowing: total suj 3 3 3 3 (3) (3) 3	pport)  4 4 4 4 4	5 (5) 5 5 5 5	N/A N/A N/A N/A N/A
Rate the services you rece (1 represents no support) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	eived from	on the foresents	llowing: total suj 3 3 3 3 (3) (3) 3	pport)  4 4 4 4 4	5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A
Rate the services you rece (1 represents no support  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	eived from	n the foresents	llowing: total suj 3 3 3 3 (3) (3) 3	pport)  4 4 4 4 4	5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A
Rate the services you rece (1 represents no support) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	eived from	on the foresents	3 3 3 3 3 3 3 3 3	pport)  4 4 4 4 4	5 (5) 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A
Rate the services you rece (1 represents no support)  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	eived from and 5 rep 1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	llowing: total sup 3 3 3 3 3 3 3	pport)  4 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A
Rate the services you rece (1 represents no support  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance	eived from and 5 rep 1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	llowing: total sup 3 3 3 3 3 3 3	pport)  4 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A
Rate the services you rece (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center If you could change one the would it be?	eived from and 5 rep 1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	llowing: total sup 3 3 3 3 3 3 3	pport)  4 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A
Rate the services you rece (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	eived from and 5 rep 1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	llowing: total sup 3 3 3 3 3 3 3	pport)  4 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A
Rate the services you rece (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center If you could change one the would it be?	eived from and 5 rep 1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	llowing: total sup 3 3 3 3 3 3 3	pport)  4 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A
Rate the services you rece (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center If you could change one through it be?	eived from and 5 rep 1 1 1 1 1 1 1 1	n the foresents  2 2 2 2 2 2 2 2 2 2 3 4 2 2 2 4 2 2 2 4 2 2 2 4 4 2 2 2 4 4 2 2 2 4 4 2 2 2 4 4 2 2 2 4 4 2 2 2 2 4 4 2 2 2 2 2 4 4 2 2 2 2 2 2 4 4 2 2 2 2 2 4 4 2 2 2 2 2 4 4 4 2 2 2 2 2 4	llowing: total sup 3 3 3 3 3 3 3 3	pport)  4 4 4 4 4 4 4 9 ports pr	5 5 5 5 5 5 5 5 7	N/A N/A N/A N/A N/A N/A N/A N/A
Rate the services you recell represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Eports Information NCAA Compliance Counseling Center f you could change one theyould it be?	eived from and 5 rep 1 1 1 1 1 1 1 1	n the foresents  2 2 2 2 2 2 2 2 2 2 3 4 2 2 2 4 2 2 2 4 2 2 2 4 4 2 2 2 4 4 2 2 2 4 4 2 2 2 4 4 2 2 2 4 4 2 2 2 2 4 4 2 2 2 2 2 4 4 2 2 2 2 2 2 4 4 2 2 2 2 2 4 4 2 2 2 2 2 4 4 4 2 2 2 2 2 4	llowing: total sup 3 3 3 3 3 3 3 3	pport)  4 4 4 4 4 4 4 9 ports pr	5 5 5 5 5 5 5 5 7	N/A N/A N/A N/A N/A N/A N/A N/A

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  No  No  Yes  No  No  No  Yes  No  No  No  No  No  No  No  No  No  N
22.	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful?
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 5 What are your suggestions to improve the Life Skills Program?
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25,	Rate team travel arrangements for minimizing missed class time.  5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  ∑ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  ☐ 5 - Excellent
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? ☐ Yes ☒ No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? ☐ Yes ☐ No ☒
31.	Do you think the Athletic Administration supported and valued your sport?
32.	
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest)

35.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
36.	How would you improve the Sports Medicine services?
37.	Were you ever treated by an orthopedic doctor referred to you by the Athletic Training Staff? If yes, what doct Was the service/
38.	Did you participate in training sessions with the Strength and Conditioning Coach?  Yes No
39.	Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
40.	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? ⋈ Yes No
41.	I felt I was able to bring issues with my sport to my SAAC representatives?  Yes No
42.	During your playing season, how many days per week do you typically have off?
43.	During your playing season, how many hours per day does a typical practice last?
44.	During the playing season, how many hours per week is your team typically required to participate in the following:  • Practice:
	Conditioning and/or weight lifting:
	• Watch game film:
45.	During your playing season, is your team required to practice more than 20 hours per week? Yes No If you answered yes, please give a detailed account of those hours:
46.	During your off-season, how many days per week do you typically have off?
47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. X Yes No If no, please explain:



5.



#### Student-Athlete Exit Interview

Date <u>∭</u>	/29/18 Name (option	nal	J			Sport_/	M Soc	cer
1.	Which best describe	es your fut	ture pla	ns? (ch	eck app	ropriate l	oox)	
=	☐ I have been accep☐ I have applied to☐ I have secured a j☐ I have no idea.☐ I have one more y☐ Other. Please spec	Graduate s ob. for a job. year of schoolify:	chools lool left.	but have	not bee	D al	5.	
2.	Please indicate the r decision to attend U			ce each y Impor		ollowing fi Impor		Not a factor
1. Over	all academic reputatio	n of the						
Univers								
	ific academic program				al count			
	athletic program							
4. The h	nead coach or coachin	g staff		1	i i			V
5. Finar	ncial aid			NEST .		1		
6. Other	r athletes attending UC	CA						
7. Locat	tion of UCA	-				1		
8. Influe	ence of parents		_			1	-	
	land Conference							
	demic support service	s for	1					
	athletes	5 101					1	
11. Othe	****	<del></del>						
3.	Would you encourag			athletes	to atten	d this ins	titution'	?
	Please rate your exp (1-below average, 2-:						gory)	
	Athletics (overall) Academics		2	<b>@</b> 3	4	5 5		

If you were being recruited today would you choose to attend UCA again?

Yes No If no, for what reasons?
How did your participation in athletics affect your Academic Performance?
It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
Comments: Didn't really know how I'd do it, but after the first semester I felt confident.
the first semester I telt contident.
How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
<ul> <li>Very effective and very complete for both</li> <li>✓ Effective for athletic but not for academic</li> <li>□ Effective for academic but not for athletic</li> <li>□ Not effective for either</li> </ul>
Did your coaches sincerely emphasize graduation from UCA as a top priority?
<ul> <li>Yes, from the start, they always emphasized academics over athletics.</li> <li>✓ Yes and no, in the sense they emphasized academics and athletics equally.</li> <li>No, from the start, they emphasized athletics over academics.</li> <li>No, but they emphasized an academic degree could always be earned after my athletic career was over.</li> <li>No, they hardly ever discussed academics</li> </ul>
How important to you is graduating from college?
Very important  Somewhat  Not sure  Not very  Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

Please rate the Coaching staff in your sport
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)
Enthusiasm and the ability to motivate you and your teammates:



Willingness to assist with academic concerns (not necessarily related to eligibility matters) Ability to communicate with you and your teammates Ability to organize and prepare for practice Fairness in evaluating players and providing useful feedback regarding athletic performance Ethics Technical knowledge of came 14. Have you personally experienced sexual barassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments: 15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No Comments: 16. Rate the services you received from the following: (1 represents no support and 5 represents total support). Athletic Training 5 N/A Academic Advising N/A Housing N/A Career Services N/A Aramark N/A Financial Aid N/A Promotion/Marketing N/A Sports Information 5 N/A 5 NCAA Compliance N/A Counseling Center N/A 17. If you could change one thing about your specific sports program at UCA what would it be? A Lockerroom with showers

18. Who was your primary contact when you had questions about NCAA regulations?



19.	How can the athletic department assist you in your career development? Help with references and connections to
20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference of the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  No  No  No  No  No  No  No  No  N
22,	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No No
23.	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)  What are your suggestions to improve the CHAMPS/Life Skills Program?
	More interactive with students
24.	Rate the time demands for your sport.  5 - Excellent  4 - Good  3 - Satisfactory  1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
26,	How well did practice times accommodate class scheduling?
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ I - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes X No
29.	Were you required to miss a mid-term or final exam due to practice? Yes X No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? X Yes No
31.	Do you think the Athletic Administration supported and valued your sport?  X Yes No
32.	If you had a need to contact an administrator was one available to you?  Yes No

CONTROL CONTROL

general, how do you feel the Athletic Trainers treated your injuries. (Rate on a le of 1-5 with 5 being the highest).  The the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  We would you improve the Sports Medicine services?  Here staff for amount of mathletes from different teams in the training room  The reyou ever treated by an orthopedic doctor referred to you by the Athletic ining Staff?  The service in the service i
w would you improve the Sports Medicine services?  Nore staff for amount of pathletes from different  reams in the training room  re you ever treated by an orthopedic doctor referred to you by the Athletic  ining Staff?  es, what doc
lere staff for amount of athletes from different teams in the training room re you ever treated by an orthopedic doctor referred to you by the Athletic ining Staff? es, what doc
re you ever treated by an orthopedic doctor referred to you by the Athletic ining Staff? es, what doc
ining Staff? es, what doc
you participate in training sessions with the Strength and Conditioning Coach? Yes \[ \sum No \]
ase rate your overall experience with the Strength and Conditioning Program. te on a scale of 1-5 with 5 being the highest)5
a aware of who my sports representatives are on the Student Athlete Advisory nmittee (SAAC)? 🗷 Yes 🗌 No
t I was able to bring issues with my sport to my SAAC representatives? Yes No
ing your playing season, how many days per week do you typically have off?
ing your playing season, how many hours per day does a typical practice last?
ing the playing season, how many hours per week is your team typically aired to participate in the following:  Practice:/O krs
Conditioning and/or weight lifting: 1-2 hrs
Watch game film: 1-2hrs
ing your playing season, is your team required to practice more than 20 hours week? Yes A No u answered yes, please give a detailed account of those hours:

During your off-season, how many hours per day was a typically work out?

2-3 hrs

During your off-season, how many hours per week are you required to work out?

3 hrs

During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 1-2 hrs

I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes \(\sigma\) No If no, please explain:



Date()	Name (optional	)			Sport_Po	OHBall
1.	Which best describes	your futu	re plans? (cl	ieck appi	ropriate box)	
	☐ I have been accepted ☐ I have applied to Go ☐ I have secured a job ☐ I am still looking for ☐ I have no idea. ☐ I have one more year ☐ Other. Please specific	raduate sclor.  or a job.  ar of school	hools but hav	1. e not beer	accepted yet.	
2.	Please indicate the red decision to attend UC		ortance eacl	of the fo	ollowing factor	s had in your
	decision to attend oc	А.	Very Impo	rtant	Important	Not a factor
1 Over	all academic reputation	of the	1			
Univer	_					7
	ific academic program					
	athletic program			-	34	
	head coach or coaching	staff				
	ncial aid					
	r athletes attending UC	4			·	
	tion of UCA					
	ence of parents					
	hland Conference					
	ademic support services	for		,	*	
	-athletes					
11. Oth	er:	**				
3.	Would you encourage  ✓ Yes □ No If no,			es to atten	d this instituti	on?
4.	Please rate your expe (1-below average, 2-a Athletics (overall)	verage, 3-	UCA. (Circlegood, 4-very	e one for good, 5-	each category) excellent)	
	Academics	i	2 3	4	(5)	

If you were being recruited today would you choose to attend UCA again?

,	No If no, for what reason	0115:
***		
1		letics affect your Academic Performance?
It hur It did	ped because I had to manage t because I did not have eno not affect my academic per r effects. Please explain	ough time to commit to academics.
	id you begin to feel confide demands at UCA.	ent you could manage both the academic and
Imme	ediately One term So	ophomore   Junior   Senior   Never
Commen	ts:	28 AV
How effe	ective and complete of an o letics and academics, when	orientation program did you receive, involving n you first arrived at UCA.
Effect	effective and very complete tive for athletic but not for a tive for academic but not for ffective for either	cademic
Did your	coaches sincerely emphasi	size graduation from UCA as a top priority?
Yes an No, from No, but athlet	nd no, in the sense they emplored on the start, they emphasize	emic degree could always be earned after my
How imp	ortant to you is graduating	g from college?
Very i	mportant  Somewhat	Not sure Not very Not at all
Has your promoted	College Academic Advisor lyour academic success?	r provided timely/knowledgeable guidance which X Yes No
	oaches ever steer you towa	ard a less challenging major in order to keep you
Did the co	☐ Yes No	

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate with	you and	Lyour te	ammate	s			
	Ability to organize and prepa	re for p	ractice					
	Fairness in evaluating players	s and pr	oviding 1	useful fe	eedback r	egardin	g athletic	
			7					
	Ethics							
	Technical knowledge of game	e						
14.	Have you personally experi- harassment of other studen Comments:						rved sexual	
15.	Have you personally experigender-based discrimination Comments:							
							9	
16.	Rate the services you receiv (1 represents no support an			_	pport)		N N	
	Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3	4 4 4 4 4 4	(50 000 5 00 000 500 500 500 500 500 500	N/A N/A N/A N/A N/A N/A N/A N/A	
17.	If you could change one thin would it be?  Better unders  Calch.	ig abou 카짜	t your s	pecific s	sports pr	ogram :	at UCA wha	it 5 (
	Coboh.			U				
18.	Who was your primary cont							
	Coach							

How can the athletic department assist you in your career development?

Kerunwith me

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct
	Amateurism Yes No
	Academic Standards Yes No
	Eligibility Standards Yes No
	Drugs Yes No
	Recruitment Yes No
	Complimentary Admissions
	Extra Benefits
	Boosters Yes No
	Student-Athlete Host Yes No
	Employment Yes No
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  No  Yes No
22	Determined if Chille Dunguam (angeleses social media presentations ata)
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)
	What are your suggestions to improve the Life Skills Program?
	what are your suggestions to improve the Line Skins I regram.
24.	Rate the time demands for your sport.
21.	5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	,
25.	Rate team travel arrangements for minimizing missed class time.
	5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?
	☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and
	assignments missed due to team travel?
	5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
20	We will also a lead to a manual to allow you access to compute
30.	Were practice times usually scheduled in a manner to allow you access to campus
	food services? Yes No
2.1	The second of the second secon
31.	Do you think the Athletic Administration supported and valued your sport?
20	Yes No
32.	If you had a need to contact an administrator was one available to you?
	Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
7J*	vias your team assigned an Atmetic Trainer. [] 103 [] 100
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a
J 7 #	scale of 1-5 with 5 being the highest).
	S /

	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
	How would you improve the Sports Medicine services?
	Wathing
	Were you ever treated by an orthopedic doctor referred to you by the Athletic Training Staff?  If yes, what doc Was the service.
	Did you participate in training sessions with the Strength and Conditioning Coach?  Yes No
	Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
	I felt I was able to bring issues with my sport to my SAAC representatives?  Yes No
	During your playing season, how many days per week do you typically have off?
	During your playing season, how many hours per day does a typical practice last?
	During the playing season, how many hours per week is your team typically required to participate in the following:  Practice: (2
	• Conditioning and/or weight lifting:
	• Watch game film:
]	During your playing season, is your team required to practice more than 20 hours per week? Yes No f you answered yes, please give a detailed account of those hours:
	During your off-season, how many days per week do you typically have off?
	During your off-season, how many hours per day was a typically work out?
I	During your off-season, how many hours per week are you required to work out?

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



Date ////Name (optional)		Sport Foot	tall
1. Which best describes your future	re plans? (check app	ropriate box)	
☐ I have been accepted to a grad☐ I have applied to Graduate sch☐ I have secured a job.☐ I am still looking for a job.☐ I have no idea.☐ I have one more year of school☐ Other. Please specify:	oll left.	oro day-also	wantto be
2. Please indicate the relative imp decision to attend UCA.	ortance each of the f	ollowing factors i	iad in your
decision to attend OCA.	Very Important	Important	Not a factor
1. Overall academic reputation of the	/		
University	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		
2. Specific academic program	V		
3. The athletic program		-3	
4. The head coach or coaching staff			
5. Financial aid			
6. Other athletes attending UCA			
7. Location of UCA			
8. Influence of parents			
9. Southland Conference			
10. Academic support services for	. /		
student-athletes	V		
11. Other:			
3. Would you encourage other str	ident-athletes to atte	nd this institution	1?
Yes No If no, please exp			
have soggest coad			
4. Please rate your experience at (1-below average, 2-average, 3	UCA. (Circle one for good, 5	r each category) 5-excellent)	
Athletics (overall) 1 Academics 1	2 3 4	5	8
5. If you were being recruited too		e to attend UCA a	again?

	Yes No If no, for what reasons?
	3
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments: It was not has hard to manage academic
	and athletic demands early when I was not playing
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	<ul> <li>□ Very effective and very complete for both</li> <li>□ Effective for athletic but not for academic</li> <li>□ Effective for academic but not for athletic</li> <li>□ Not effective for either</li> </ul>
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	✓ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate with	you and	your tear	mmates	3			
31								
	Ability to organize and prepar	e for pr	actice					
	Fairness in evaluating players	and pro	oviding u	seful fe	edback re	garding	g athletic	
	performance	107						
2			F					
	Ethics							
	4		•					
	Technical knowledge of game	2						
	9							
14.	Have you personally experie	enced s	exual ha	rassme	nt or hay	e obser	ved sexual	
	harassment of other student	t-athlet	es at UC.	A? 🗌	Yes 🔽	No		
	Comments:							
			doube	saad di	animinat	ion or	have observed	
15.	Have you personally experion gender-based discrimination	enceu g n of oth	ender-ba er stude	nt-athl	etes at U	CA?	Yes No	
	Comments:							
16.	Rate the services you receiv	ed fron	n the foll	owing:	4)			
	(1 represents no support an	d 5 rep	resents t	otai su	pport)			
	Athletic Training	1	2	3	<b>€</b>	5	N/A	
	Academic Advising	1	2 2	3	(B)	5 5	N/A N/A	
	Housing	1	Ø	3	4	5	N/A	
	Career Services Aramark	1	(Z)	3	4	5	N/A	
	Financial Aid	1	8	3	4	5	N/A	
	Promotion/Marketing	1	0	3	4	5	N/A	
	Sports Information	1	2		(4)	5	N/A	
	NCAA Compliance	1	2	3	$\Delta$	5	N/A	
	Counseling Center	1	2	3	<b>(4)</b>	5	N/A	
17.	If you could change one thin	ng abou	it your s	pecific	sports pr	ogram	at UCA what	
1 / 4	would it be?	0			-		1727016726	
	Lockeroon,							2.50
	LOCKOVO (1)				5 10			
		50 YI VW		-		. 27.6	3.4. 1.4.=2	<u></u>
18.	Who was your primary con					out NC	AA regulations	3?
	Never conta	ctec	1 An	1000	2.			
						J. a 1 -		
19.	How can the athletic depart	tment a	issist you	ın you	r career	ueveioj !		hina
	I have question	) at	Court	riou	1 +00	jet 1,	1170 -00	asing .
	·							

20.	Have you sought assistance from the Career Services Staff? Yes No					
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?					
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  No  No  No  No  No  No  No  No  N					
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No Yes No					
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program?					
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  ■ 5 - Excellent □ 4 - Good □ 3 - Satisfactory □ 2 - Poor □ 1 - Unsatisfactory					
28.	Were you ever required to miss class due to practice? VYes No					
29.	Were you required to miss a mid-term or final exam due to practice? • Yes No					
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No					
31.	Do you think the Athletic Administration supported and valued your sport?  Yes No					
32.	If you had a need to contact an administrator was one available to you?  Yes No					
33.	Was your team assigned an Athletic Trainer? V Yes No					
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest)					

35.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
36.	How would you improve the Sports Medicine services?
37.	Were you ever treated by an orthopedic doctor referred to you by the Athletic Training Staff? If yes, what doc Was the service
38.	Did you participate in training sessions with the Strength and Conditioning Coach  ✓ Yes No
39.	Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
40.	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
41.	I felt I was able to bring issues with my sport to my SAAC representatives?  Yes No
42.	During your playing season, how many days per week do you typically have off?
43.	During your playing season, how many hours per day does a typical practice last?
44.	During the playing season, how many hours per week is your team typically required to participate in the following:  • Practice:
	• Conditioning and/or weight lifting:
	• Watch game film:
45.	During your playing season, is your team required to practice more than 20 hours per week? Yes No If you answered yes, please give a detailed account of those hours: I didn't  Nave a croblem with practice times
46.	During your off-season, how many days per week do you typically have off?
47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:

, a



Date_	Name (optional)		Sport Footb	pall
1.	Which best describes your fut	ure plans? (check app	propriate box)	
	☐ I have been accepted to a gra ☐ I have applied to Graduate s ☐ I have secured a job. ☐ I am still looking for a job. ☐ I have no idea. ☐ I have one more year of scho ☐ Other. Please specify:	chools but have not bee	en accepted yet.	
2.	Please indicate the relative im decision to attend UCA.	portance each of the f	following factors	had in your
_		Very Important	Important	Not a factor
1. Ove Unive	erall academic reputation of the ersity	<b>✓</b>		
	ecific academic program	<b>/</b>		
3. The	athletic program	✓	-	
	head coach or coaching staff	✓ ·		
5. Fin	ancial aid	✓		
6. Oth	er athletes attending UCA	✓		
	cation of UCA		✓ <b>/</b>	
	uence of parents	<b>✓</b>		
	thland Conference		<b>V</b>	
	cademic support services for	1		
	nt-athletes			<u> </u>
11. Ot	her:	_1	<u> </u>	<u> </u>
3.	Would you encourage other st  ✓ Yes ☐ No If no, please exp		nd this institution	n?
4.	Please rate your experience at (1-below average, 2-average, 3  Athletics (overall)   1  Academics   1			
5.	If you were being recruited too	lay would you choose	to attend UCA a	gain2

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	☐ It helped because I had to manage my time more effectively. ☐ It hurt because I did not have enough time to commit to academics. ☐ It did not affect my academic performance very much. ☐ Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☑ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	✓ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
1140	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

	Ability to communicate wit	h you and	l your tea	ammates				
	Ability to organize and pre	pare for pr	ractice					
				616	11 1	1.	.1.1	
	Fairness in evaluating player performance	ers and pr	oviding i	useful fe	edback r	egardin	gathletic	
	1 2 1 1							
			4					
	nics							
	A Company							
	Technical knowledge of ga	me					20	
	Carried Contraction	-						
14.	Have you personally expe						ved sexual	
	Comments:	mt-atmet	es at o c	// X • []	105 [7]			
15.	Have you personally expe gender-based discriminat Comments:	rienced g ion of oth	gender-b ier stude	ased dis ent-athle	crimina etes at U	tion or CA?	have observ Yes 1	ved Vo
16.	Rate the services you rece (1 represents no support a				port)			
	Athletic Training	1	2	3	4	5 =	NIR	
	Academic Advising	1	2	3	4	5	NIA	
	Housing	1	2	3	4	5	NTA	
	Career Services	1	2	3	4	5	NA	
	Aramark	1	2	3	4	5	NIA	
	Financial Aid	1	2	3	4	5	NTA	
	Promotion/Marketing	1	2	3	4	5	NIA	
	Sports Information	1	2	3	4	5	NOR	
	NCAA Compliance	1	2	3	4	5	NA	
	Counseling Center	1	2	3	4	5	MA	
17 <sub>*</sub>	If you could change one the would it be?	ning abou	it your s	pecific s	ports pi	rogram	at UCA wh	at
	N/A							
18.	Who was your primary co	ntact wh	en you l	nad que:	stions al	out NC	AA regulat	tions's
7	NA			2				
	• 1							

How can the athletic department assist you in your career development?

19.

NA

20.	Have you sought assistance from the Care Sports Staff College College
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	following areas:
	Ethical Conduct
	Amateurism Yes No
	Academic Standards
	Eligibility Standards
	Drugs Yes No
	Recruitment No
	Complimentary Admissions  Extra Benefits  Y Y Y No
	Boosters Yes No
	Student-Athlete Host Yes No
	Employment  Yes  No
22.	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful? Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program?
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and
	assignments missed due to team travel?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice?  Yes  No
29.	Were you required to miss a mid-term or final exam due to practice? Yes Vo
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? ☐ Yes ☐ No☑
31.	Do you think the Athletic Administration supported and valued your sport?  ✓ Yes □ No
32.	If you had a need to contact an administrator was one available to you?  Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest)3

Rate	the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest
How	would you improve the Sports Medicine services?
ا الم	
Train	e you ever treated by an orthopedic doctor referred to you by the Athletic ning Staff? s, what doc the service.
	you participate in training sessions with the Strength and Conditioning Co es No
Pleas (Rate	se rate your overall experience with the Strength and Conditioning Progra e on a scale of 1-5 with 5 being the highest)
	aware of who my sports representatives are on the Student Athlete Advisomittee (SAAC)?   Yes No
	I was able to bring issues with my sport to my SAAC representatives?
Duri	ng your playing season, how many days per week do you typically have off
Duri	ng your playing season, how many hours per day does a typical practice la
	ng the playing season, how many hours per week is your team typically ired to participate in the following:  Practice: 12
•	Conditioning and/or weight lifting: \( \frac{\gamma'}{\gamma} \)
•	1
per w	ng your playing season, is your team required to practice more than 20 howeek? Yes No a answered yes, please give a detailed account of those hours:
	ng your off-season, how many days per week do you typically have off?
Durir	ng your off-season, how many hours per day was a typically work out?
Durii	ng your off-season, how many hours per week are you required to work ou

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50,	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:
	*



Date //	Name (option	ai)				Sport_Fa	the	M
1.	Which best describe	s your fu	ture pla	ans? (che	eck appı	ropriate 🏎		
	I have been accept I have applied to C I have secured a journal of I am still looking to I have no idea. I have one more your Other. Please specific	Graduate sob.  for a job.  ear of sch	schools	but have		accepted yet	t.	
2.	Please indicate the redecision to attend U		-					
			Ver	y Impor	tant	Important	1 1	Not a factor
	rall academic reputation	n of the						
Univer								
2. Spec	ific academic program							
	athletic program					V/		
	head coach or coaching	g staff						
5. Fina	ncial aid			1/				
6. Othe	r athletes attending UC	CA		1/				
7. Loca	tion of UCA			V				
8. Influ	ence of parents					V /		
	hland Conference					1/		
10. Aca	ademic support services	s for						
	-athletes					V		
11. Oth	er:							
3.	Would you encourag			athletes	to atten	d this institu	tion?	
4. Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)								
	Athletics (overall) Academics	1	2 2	3	4 4	8		

If you were being recruited today would you choose to attend UCA again?

Yes No If no, for what reasons?
How did your participation in athletics affect your Academic Performance?
It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
Comments:
How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
Did your coaches sincerely emphasize graduation from UCA as a top priority?
Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
How important to you is graduating from college?
Very important Somewhat Not sure Not very Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

	Ability to communicate	with yo	u and yo	ur teamn	nates			
	Ability to organize and	prepare t	for practi	CO.				
		property i	practi	Ce				
	Fairness in evaluating p performance	layers an	d provid	ing usefi	al feedba	ck regard	ling athlatic	
	performance					on rogur	ing atmetic	
	Ethics	Market Park						
	Direction of the second of the	4.5						
	Technical knows	gome -						
		game_						
		1						
14.	Jou personally ex	perience	d sexual	harassı	nent or	haye obs	erved sexna	ı
	harassment of other stu Comments:	dent-ath	letes at	UCA? [	Yes [	No	- v j -	t
							3.0	
15.	Have you personally exp gender-based discrimina Comments:	erienced	l gender ther stu	-based c	liscrimin nletes at	nation or	have obser	ved
	Comments:				-reco int	OCA:	□ res [[M]	No
16.	Rate the services you rec (1 represents no support	eived fro and 5 re	om the fo	ollowing total su	: (pport)			
	Athletic Training	1	2			6		
	Academic Advising	1	2	3	4 4	(3)	N/A N/A	
	Housing Career Services	1	2	3	4	(3)	N/A	
	Aramark	1	2 2	$\mathfrak{A}$	4	3	N/A	
	Financial Aid	1	2	$\aleph$	4	5 5 5 5	N/A	
	Promotion/Marketing	1	2	8	4	5	N/A	
	Sports Information	1	2 2	$\frac{\sqrt{3}}{2}$	4	5	N/A	
	NCAA Compliance	i	2	3	3	5	N/A	
	Counseling Center	1	2	(3) 3 3 (3)	4	5 5	N/A N/A	
17.	If you could change one the would it be?	ing abou	t your s	pecific s	ports pr	ogram a		t
	Nothing							
18.	Who was your primary con	itact wha	n von k	od a	43			
		// 110	v 1771 ()		uana ah.	Out NICA		

19. How can the athletic department assist you in your career development?

I do not Know was

		Have you sought assistance from the Career Services Staff? Yes No
2	.0.	Have you sought assistance from the out-
~	1	Were you informed of NCAA, Conference, and Institutional Regulations in the
2	21	following areas?
		The No
		Ethical Conduct No
		Amateurism No.
		Academic Standards No
		Eligibility Standards Vyes No
		Drugs Recruitment Yes No No
		Complimentary Admissions
		Evtra Benefits
8		Boosters No
		Student-Athlete Host  Ves No
		Employment
		Did you receive a copy of the Student-Athlete handbook? Wes No
	22.	Did you receive a copy of the Student-Atmete Manager Yes No
		Was it helpful?
	23.	Rate your Life Skills Program (speakers, social media presentations, etc.)
	23.	experience at UCA (1-5 with 5 being the highest)
		experience at UCA (1-5 with 5 being the mightest) What are your suggestions to improve the Life Skills Program?
		Mathall
		Rate the time demands for your sport.
	24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	25.	Rate team travel arrangements for minimizing missed class time.    1
	25.	Rate team travel arrangements for minimizing missed class times  5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
		laling?
	26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 7 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
		5-Excellent 4-Good 4-Good 5
		What type of cooperation did you receive from faculty in making up tests and
	27.	assignments missed due to team travel?
		5 - Excellent 4 - Good V3 - Satisfactory 2 - Pool
		assignments missed due to team travel?    5 - Excellent   4 - Good   3 - Satisfactory   2 - Poor   1 - Unsatisfactory
	28.	Were you ever required to miss class due to protein
		Were you required to miss a mid-term or final exam due to practice? Yes No
	29.	Were you required to miss a find to me
	20	Were you required to allow you access to campus  Were practice times usually scheduled in a manner to allow you access to campus
	30.	food services? Yes No
		and valued vour sport?
	31.	Do you think the Athletic Administration supported and valued your sport?
	(6	Yes No If you had a need to contact an administrator was one available to you?
	32	If you had a need to contact an auministrator was one
		Yes No
-		. Was your team assigned an Athletic Trainer? Yes No
	33	was your reason assessment and reason injuries (Rate on a
	34	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a
	54	scale of 1-5 with 5 being the highest).

35.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
36.	How would you improve the Sports Medicine services?
37.	Were you ever t Training Staff? If yes, what docs Was the service/
38.	Did you participate in training sessions with the Strength and Conditioning Coach?  Yes \( \subseteq No \)
39.	Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
40.	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
41.	I felt I was able to bring issues with my sport to my SAAC representatives?  Yes No
42.	During your playing season, how many days per week do you typically have off?
43.	During your playing season, how many hours per day does a typical practice last?
44.	During the playing season, how many hours per week is your team typically required to participate in the following:  • Practice:
	Conditioning and/or weight lifting:
	• Watch game film: 3 hows
45.	During your playing season, is your team required to practice more than 20 hours per week? Yes No If you answered yes, please give a detailed account of those hours:
46.	During your off-season, how many days per week do you typically have off?
47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes \( \sum \) No If no, please explain:

s .



Date 0	14/24/9 Name (optional)		Sport_	Golf
1,00	Which best describes your fut	ure plans? (che	ck appropriate b	oox)
	I have been accepted to a gra I have applied to Graduate so I have secured a job. I am still looking for a job. I have no idea. I have one more year of school Other. Please specify:	chools but have	not been accepted offessional	yet Golf.
2.	Please indicate the relative im	portance each o	of the following fa	actors had in your
	decision to attend UCA.	Very Import	ant Impor	tant Not a factor
1. Ove	rall academic reputation of the			,
Unive			X	
	cific academic program		X	
	athletic program	$\lambda$		
	head coach or coaching staff	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		337
5. Fina	ncial aid		X	
6. Oth	er athletes attending UCA		X	
	ation of UCA		$\sim$	
	uence of parents			$\sim$
	thland Conference		\	X
	ademic support services for			- 16 B
	t-athletes			
11. Otl	her: Housing	X		
3. <b>)</b>	Would you encourage other st		to attend this ins	titution?
4.	Please rate your experience at (1-below average, 2-average, 3 Athletics (overall)	•	•	9
	Academics 1	2 3	4	

If you were being recruited today would you choose to attend UCA again?

Yes anutime!

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA:
	☐ Immediately One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
8.	Comments:  If fook me about one semester to get used to the time management.  How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important  Somewhat  Not sure  Not very  Not at all
11	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:
	Willingness to assist with academic concerns (not necessarily related to eligibility matters)

airness in evaluating players and providing useful feedback regarding athletic erformance  thics  Thics  The providing useful feedback regarding athletic erformance  Thics  The providing useful feedback regarding athletic erformance  Thics  The providing useful feedback regarding athletic erformance  Thick thics  The providing useful feedback regarding athletic erformance  Thick thics  The providing useful feedback regarding athletic erformance  The providing useful feedback regarding athletic erformance  Thick thics  The providing useful feedback regarding athletic erformance  Thick thics  The providing useful feedback regarding athletic erformance  Thick thics  The providing useful feedback regarding athletic erformance  Thick thics  The providing useful feedback regarding athletic erformance  The providing useful feedback regarding at the providing useful feedback regarding at the providing useful feedback regarding at the providing useful feedback regarding useful feedback regarding useful feedback regarding useful feedback regarding useful feedback
airness in evaluating players and providing useful feedback regarding athletic erformance  thics  Cechnical knowledge of game  Lave you personally experienced sexual harassment or have observed sexual arassment of other student-athletes at UCA? Yes No comments:
Tave you personally experienced sexual harassment or have observed sexual arassment of other student-athletes at UCA? Yes No comments:
Tave you personally experienced sexual harassment or have observed sexual arassment of other student-athletes at UCA? Yes No Comments:
Tave you personally experienced sexual harassment or have observed sexual arassment of other student-athletes at UCA? Yes No comments:
Tave you personally experienced sexual harassment or have observed sexual arassment of other student-athletes at UCA? Yes No comments:
Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments:
Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments:
Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments:
arassment of other student-athletes at UCA? Yes No Comments:
arassment of other student-athletes at UCA? Yes No Comments:
arassment of other student-athletes at UCA? Yes No Comments:
Iave you personally experienced gender-based discrimination or have observed ender-based discrimination of other student-athletes at UCA?
lave you personally experienced gender-based discrimination or have observed ender-based discrimination of other student-athletes at UCA?
lave you personally experienced gender-based discrimination or have observed ender-based discrimination of other student-athletes at UCA? Yes X No
ender-based discrimination of other student-athletes at UCA?   Yes   X   No
Comments:
omments.
Rate the services you received from the following:  1 represents no support and 5 represents total support)
Athletic Training 1 2 3 4 5 N/A
Academic Advising 1 2 3 4 5 N/A 1 1 2 3 4 5 N/A 1 1 2 3 4 5 N/A
<del>\(\text{\tin}\text{\tetx{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\ti}\tint{\text{\text{\text{\text{\text{\text{\tin}\tint{\text{\ti}\tint{\text{\text{\text{\text{\text{\text{\text{\text{\text{\ti}\tint{\text{\text{\text{\text{\text{\text{\text{\text{\texi}\titt{\text{\text{\text{\text{\texi}\text{\texi}\text{\text{\texit}\titt{\texitit}}\\tint{\text{\text{\texi}\tint{\text{\tint}\tint</del>
Aramark 1 2 3 $(4)$ 5 N/A
inancial Aid 1 2 3 4 🐧 N/A
romotion/Marketing 1 2 3 4 5 N/A ports Information 1 2 3 4 5 N/A
ports Information 1 2 3 4 5 N/A
ICAA Compliance 1 2 3 4 $\bigcirc$ N/A
Counseling Center 1 2 3 4 5 N/A
f you could change one thing about your specific sports program at UCA what yould it be?
Counseling Center 1 2 3 4 5 N/A  f you could change one thing about your specific sports program at UCA what
f you could change one thing about your specific sports program at UCA what yould it be?  Jo Hing.
f you could change one thing about your specific sports program at UCA what yould it be?  JO Hing.  Who was your primary contact when you had questions about NCAA regulations?
f you could change one thing about your specific sports program at UCA what yould it be?  JO Hing.  Who was your primary contact when you had questions about NCAA regulations?
f you could change one thing about your specific sports program at UCA what yould it be?  JO Hing.  Who was your primary contact when you had questions about NCAA regulations?
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f you could change one thing about your specific sports program at UCA what yould it be?  Jo Hing.

20.	Have you sought assistance from the Career Services Staff? Yes No
21,	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  No  Yes  No  No  No  Yes  No  No  Yes  No  No  No  Yes  No  No  No  No  No  No  No  No  No  N
22.	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful?
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program?  Make them liftle Shorter and the state of the state
24,	Rate the time demands for your sport.  5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
28.	Were you ever required to miss class due to practice?  Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Tes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31	Do you think the Athletic Administration supported and valued your sport?  Yes No
32.	If you had a need to contact an administrator was one available to you?  Yes \( \subseteq \text{No} \)
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

35.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
36. A <b>gol</b> t 37.	How would you improve the Sports Medicine services?  Thunch trainers sometimes don't know that much about specifically. So that could be a thing to improve U.  Were you ever treated by an orthopedic doctor referred to you by the Athletic Training Staff?  If yes, what doc Was the service.
38.	Did you participate in training sessions with the Strength and Conditioning Coach?  Yes No
39.	Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
40.	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
41.	I felt I was able to bring issues with my sport to my SAAC representatives?  Yes No
42.	During your playing season, how many days per week do you typically have off?
43.	During your playing season, how many hours per day does a typical practice last?
44.	During the playing season, how many hours per week is your team typically required to participate in the following:  • Practice:
45.	During your playing season, is your team required to practice more than 20 hours per week? Yes No If you answered yes, please give a detailed account of those hours:
46.	During your off-season, how many days per week do you typically have off?
47.	During your off-season, how many hours per day was a typically work out?
18	During your off seesen, how many hours per week are you required to work out?

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	T.C. Dabis mississes the control of
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



Date 4/24 Nam	ne (optional)				Sport_G	016
I have b I have a I have so I have so I am stil I have no	een accepted t pplied to Grad ecured a job. I looking for a	o a graduate school	luate progr	am.	propriate box) en accepted yet	
2. Please indicate decision to	cate the relati attend UCA.	ive imp	ortance ea			ors had in your
1. Overall academic	renutation of	the	Ci y iiii	ortant	Important	Not a factor
University	reputation of	tile			X	
2. Specific academic	e program		×	, ,		
3. The athletic progr			+			
4. The head coach or		ff	\ \chi_2			
5. Financial aid	coucining star		^	`	V	
6. Other athletes atte	ending LICA	-	×	/		
7. Location of UCA	manig OCH					———
8. Influence of parer					3/	
9. Southland Confer					X	————
10. Academic suppo			-			
student-athletes	TI SCIVICES IOI				l X	4
11. Other:						
3. Would you	encourage of			tes to atte	nd this institut	tion?
4. Please rate (1-below ave	your experien erage, 2-avera	ice at U age, 3-g	CA. (Circ	ele one for ry good, 5-	each category excellent)	) :
Athletics (ov Academics	verall) l	2 2	3 3	4	<u>o</u>	

If you were being recruited today would you choose to attend UCA again?

1	Yes No If no, for what reasons?
]	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
;	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☒ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments: Took Hue to adjust
	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
,	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
	Did your coaches sincerely emphasize graduation from UCA as a top priority?
1	Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate with you and your teammates
	Ability to organize and prepare for practice
	Fairness in evaluating players and providing useful feedback regarding athletic
8	performance
3	Ethics
	Etines
	Technical knowledge of game
	<b>Carried Sold</b>
1.,	Have you personally experienced covuel beresement or have absented covuel
*	Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No
	Comments:
	₩
į.	Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No Comments:
	<i>Y</i> ↑
j.	Rate the services you received from the following: (1 represents no support and 5 represents total support)
i.	(1 represents no support and 5 represents total support)  Athletic Training 1 2 3 4  N/A
I.	(1 represents no support and 5 represents total support)  Athletic Training 1 2 3 4 N/A Academic Advising 1 2 3 4 N/A
i.	(1 represents no support and 5 represents total support)  Athletic Training 1 2 3 4 N/A Academic Advising 1 2 3 4 N/A Housing 1 2 3 4 N/A  N/A
i.	(1 represents no support and 5 represents total support)  Athletic Training 1 2 3 4  N/A  Academic Advising 1 2 3 4  N/A  Housing 1 2 3 4  N/A  Career Services 1 2 3 4  N/A
i.	(1 represents no support and 5 represents total support)  Athletic Training 1 2 3 4  N/A  Academic Advising 1 2 3 4  N/A  Housing 1 2 3 4  N/A  Career Services 1 2 3 4  N/A
	(1 represents no support and 5 represents total support)         Athletic Training       1       2       3       4       N/A         Academic Advising       1       2       3       4       N/A         Housing       1       2       3       4       N/A         Career Services       1       2       3       4       N/A         Aramark       1       2       3       4       N/A         Financial Aid       1       2       3       4       N/A         Promotion/Marketing       1       2       3       4       N/A
	Athletic Training       1       2       3       4       3       N/A         Academic Advising       1       2       3       4       5       N/A         Housing       1       2       3       4       5       N/A         Career Services       1       2       3       4       5       N/A         Aramark       1       2       3       4       5       N/A         Financial Aid       1       2       3       4       5       N/A         Promotion/Marketing       1       2       3       4       5       N/A         Sports Information       1       2       3       4       5       N/A
	(1 represents no support and 5 represents total support)         Athletic Training       1       2       3       4       N/A         Academic Advising       1       2       3       4       N/A         Housing       1       2       3       4       N/A         Career Services       1       2       3       4       N/A         Aramark       1       2       3       4       N/A         Financial Aid       1       2       3       4       N/A         Promotion/Marketing       1       2       3       4       N/A
<u> </u>	Athletic Training 1 2 3 4 5 N/A Academic Advising 1 2 3 4 6 N/A Housing 1 2 3 4 6 N/A Career Services 1 2 3 4 6 N/A Aramark 1 2 3 4 6 N/A Financial Aid 1 2 3 4 6 N/A Promotion/Marketing 1 2 3 4 6 N/A Sports Information 1 2 3 4 6 N/A Sports Information 1 2 3 4 6 N/A NCAA Compliance 1 2 3 4 6 N/A Tif you could change one thing about your specific sports program at UCA what would it be?
	Athletic Training 1 2 3 4 5 N/A Academic Advising 1 2 3 4 6 N/A Housing 1 2 3 4 6 N/A Career Services 1 2 3 4 6 N/A Aramark 1 2 3 4 6 N/A Financial Aid 1 2 3 4 6 N/A Promotion/Marketing 1 2 3 4 6 N/A Sports Information 1 2 3 4 6 N/A Sports Information 1 2 3 4 6 N/A NCAA Compliance 1 2 3 4 6 N/A Tif you could change one thing about your specific sports program at UCA what would it be?
	Athletic Training 1 2 3 4 5 N/A Academic Advising 1 2 3 4 5 N/A Housing 1 2 3 4 6 N/A Career Services 1 2 3 4 6 N/A Aramark 1 2 3 4 6 N/A Financial Aid 1 2 3 4 6 N/A Promotion/Marketing 1 2 3 4 6 N/A Sports Information 1 2 3 4 6 N/A NCAA Compliance 1 2 3 4 7 N/A
	Athletic Training 1 2 3 4 5 N/A Academic Advising 1 2 3 4 5 N/A Housing 1 2 3 4 5 N/A Career Services 1 2 3 4 5 N/A Aramark 1 2 3 4 5 N/A Financial Aid 1 2 3 4 5 N/A Promotion/Marketing 1 2 3 4 5 N/A Sports Information 1 2 3 4 5 N/A NCAA Compliance 1 2 3 4 5 N/A NCAA Compliance 1 2 3 4 5 N/A  If you could change one thing about your specific sports program at UCA what would it be?  N/A wy experience has belle great.
**	Athletic Training 1 2 3 4 N/A Academic Advising 1 2 3 4 N/A Housing 1 2 3 4 N/A Housing 1 2 3 4 N/A Career Services 1 2 3 4 N/A Aramark 1 2 3 4 N/A Financial Aid 1 2 3 4 N/A Promotion/Marketing 1 2 3 4 N/A Sports Information 1 2 3 4 N/A NCAA Compliance 1 2 3 4 N/A NCAA Compliance 1 2 3 4 N/A  If you could change one thing about your specific sports program at UCA what would it be?  N/A We experience was seem great.  Who was your primary contact when you had questions about NCAA regulations?
**	Athletic Training 1 2 3 4  N/A Academic Advising 1 2 3 4  N/A Housing 1 2 3 4  N/A Housing 1 2 3 4  N/A Career Services 1 2 3 4  N/A Aramark 1 2 3 4  N/A Financial Aid 1 2 3 4  N/A Promotion/Marketing 1 2 3 4  N/A Sports Information 1 2 3 4  N/A NCAA Compliance 1 2 3 4  N/A NCAA Compliance 1 2 3 4  N/A NCAA Compliance 1 2 3 4  N/A  If you could change one thing about your specific sports program at UCA what would it be?  N/A wy experience has been great.  Who was your primary contact when you had questions about NCAA regulations? COCCL VINCENT
*	Athletic Training 1 2 3 4 N/A Academic Advising 1 2 3 4 N/A Housing 1 2 3 4 N/A Housing 1 2 3 4 N/A Career Services 1 2 3 4 N/A Aramark 1 2 3 4 N/A Financial Aid 1 2 3 4 N/A Promotion/Marketing 1 2 3 4 N/A Sports Information 1 2 3 4 N/A NCAA Compliance 1 2 3 4 N/A NCAA Compliance 1 2 3 4 N/A  If you could change one thing about your specific sports program at UCA what would it be?  N/A We experience was seem great.  Who was your primary contact when you had questions about NCAA regulations?

20.	Have you sought assistance from the Career Services Staff? X Yes \( \subseteq \) No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	ionowing areas:
π. :	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters  Yes No No No No No No Yes No No No Yes No No No Yes No
	Student-Athlete Host Employment  Yes No No
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program?
2.4	* * * * * * * * * * * * * * * * * * * *
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent  4 - Good  3 - Satisfactory  1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  ☐ 5 - Excellent  4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice?  Yes No
29.	Were you required to miss a mid-term or final exam due to practice?  Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? X Yes No
31.	Do you think the Athletic Administration supported and valued your sport?  X Yes No
32.	If you had a need to contact an administrator was one available to you?  X Yes No
33.	Was your team assigned an Athletic Trainer? Yes X No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).
	s we were well and the second of the second

Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
How would you improve the Sports Medicine services?
NIA
Were you ever treated by an orthopedic doctor referred to you by the Athletic Training Staff? Yes No
If yes, what doctor?  Was the service/treatment adequate  Yes No, If no please explain:
Did you participate in training sessions with the Strength and Conditioning Coach? Yes No
Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? X Yes No
I felt I was able to bring issues with my sport to my SAAC representatives? Yes No
During your playing season, how many days per week do you typically have off?
During your playing season, how many hours per day does a typical practice last?
During the playing season, how many hours per week is your team typically required to participate in the following:  • Practice:
Conditioning and/or weight lifting:
Watch game film:
During your playing season, is your team required to practice more than 20 hours per week?  Yes No If you answered yes, please give a detailed account of those hours:
During your off-season, how many days per week do you typically have off?
During your off-season, how many hours per day was a typically work out?
During your off-season, how many hours per week are you required to work out?

49.	During your off-season, how many hours per week are you required individual skill-related instruction sessions?	l to attend
50.	I feel this exit interview process is beneficial to me as a student-athly Athletic program in general. Yes No If no, please explain:	

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Dat <b>e_\</b>  -	19-18 Name (options:		Sport_FOOT	ball
1.0	Which best describes your futu	re plans? (check app	ropriate box)	
	✓ I have been accepted to a grad I have applied to Graduate sc I have secured a job.  I am still looking for a job.  I have no idea.  I have one more year of scho  Other. Please specify:	hools but have not been		
2.	Please indicate the relative impedcision to attend UCA.	Very Important	Important	Not a factor
1 ()	all academic reputation of the	Very amperiment		
Univers	ific academic program			
2. Speci	athletic program	<u> </u>		
J. The l	nead coach or coaching staff			
4. The I	ncial aid	$\overline{}$		
	r athletes attending UCA			
	tion of UCA			
	ence of parents			
	hland Conference			
	idemic support services for	· V		
	-athletes			
11. Oth	er:			
3.	Would you encourage other st		nd this institutio	n?
4	Please rate your experience at (1-below average, 2-average, 3	UCA. (Circle one for 3-good, 4-very good, 5	each category)	
	Athletics (overall) 1 Academics 1	2 3 4 2 3 4		

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	Immediately  One term  Sophomore  Junior  Senior  Never
	Comments:
	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
	Has your College Academic Advisor provided timely/knowledgeable guidance wh promoted your academic success? Yes No
	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
S	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to pretingle you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

3	Ability to communicate with you and your teammates
	Ability to organize and prepare for practice
	Fairness in evaluating players and providing useful feedback regarding athletic performance
á	Ethics
i	Technical knowledge of game
14.	Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes W No Comments:
15.	Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No Comments:
16.	Rate the services you received from the following: (1 represents no support and 5 represents total support)
	Athletic Training       1       2       3       4       5       N/A         Academic Advising       1       2       3       4       5       N/A         Housing       1       2       3       4       5       N/A         Career Services       1       2       3       4       5       N/A         Aramark       1       2       3       4       5       N/A         Financial Aid       1       2       3       4       5       N/A         Promotion/Marketing       1       2       3       4       5       N/A         Sports Information       1       2       3       4       5       N/A         NCAA Compliance       1       2       3       4       5       N/A         Counseling Center       1       2       3       4       8       N/A
17.	If you could change one thing about your specific sports program at UCA what would it be? Kill need More Recover time
18.	Who was your primary contact when you had questions about NCAA regulations?
19.	How can the athletic department assist you in your career development?

20.	Have you sought assistance from the Career Services Staff? Yes No	
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?	
£	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  No  No  No  No  No  No  No  No  N	
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No Yes No	
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 5 What are your suggestions to improve the Life Skills Program?	
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory	
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory	
26.	How well did practice times accommodate class scheduling?  ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory	
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory	
28.	Were you ever required to miss class due to practice? Yes No	
29.	Were you required to miss a mid-term or final exam due to practice? Yes WNo	
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No	
31.	Do you think the Athletic Administration supported and valued your sport?  Yes No	
32.	If you had a need to contact an administrator was one available to you?  Yes No	
33.	Was your team assigned an Athletic Trainer? Yes No	
34,	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).	

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	u participate in training sessions with the Strength and Conditioning (
Please (Rate c	rate your overall experience with the Strength and Conditioning Progon a scale of 1-5 with 5 being the highest)
I am a Comm	ware of who my sports representatives are on the Student Athlete Adv ittee (SAAC)? 🗹 Yes 🗌 No
I felf I ☐ Yes	was able to bring issues with my sport to my SAAC representatives?
During	g your playing season, how many days per week do you typically have
During	g your playing season, how many hours per day does a typical practice
During requir	g the playing season, how many hours per week is your team typically ed to participate in the following:  Practice:
•	Conditioning and/or weight lifting:
•	Watch game film: 10 - 1
ner we	g your playing season, is your team required to practice more than 20 eek? Yes No answered yes, please give a detailed account of those hours:
Durin	g your off-season, how many days per week do you typically have off?

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. We Yes No If no, please explain:

. .





Date_{	Which best describes your fut	ure plans? (check app		C
	☐ I have been accepted to a gra☐ I have applied to Graduate so☐ I have secured a job.☐ I am still looking for a job.☐ I have no idea.☐ I have one more year of scho☐ Other. Please specify:	chools but have not bee		
2;	Please indicate the relative im decision to attend UCA.	portance each of the f	Important	Not a factor
1 Ove	rall academic reputation of the			) <sup>2</sup>
Unive				3
2 Spe	cific academic program			Harry Town
3 The	athletic program			
4 The	head coach or coaching staff	1		
	ancial aid	J,		
	er athletes attending UCA	J,		40
	ation of UCA			
	uence of parents			
	thland Conference		124	
	ademic support services for			
	t-athletes		-	
		2		
11. Ot 3.	Would you encourage other so		nd this instituti	on?
4.	Please rate your experience at (1-below average, 2-average, 3	3-good, 4-very good, 5	each category) -excellent)	
	Athletics (overall) 1 Academics 1	$\begin{pmatrix} 2 \\ 2 \end{pmatrix} \begin{pmatrix} 4 \\ 4 \end{pmatrix}$	5	

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons? I would attend
	Yes No If no, for what reasons? I would attend
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
7	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
	2
8,	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
<b>)</b> .	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
0.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
1.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
2.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

Please rate the Coaching staff in your sport (Notlow average, 2-average, 3-good, 4-very good 5-xcellent) Enthusiasm and the ability to motivate you and your teammates:



	Willingness to assist with a	cademic c	oncems	(not nec	essarily	related t	o eligibility		
	matters)		ł						
	Ability to communicate wi	th you and	your te	ammates					
	Ability to organize and pre	pare for pr	actice						
	Fairness in evaluating play performance	ers and pro	oviding	useful fee	edback	regarding	g athletic		
	peytormanee							ALL SALES	V)
9	Ethrics			4		CIT	J. 11	The said start	_'
		X - 34		4			Any S. E	=.t	7
let.	Technical knowledge of ga	me	,	9			· · · · · · · · · · · · · · · · · · ·	Every Comment	
		_				r			
14.	Have you personally expendence harassment of other studence Comments:	erienced se ent-athlete	exual ba es at UC	arassmer CA?	it or ha	avo obser No	ved sexual		
15 <sub>2</sub>	Have you personally expegender-based discriminate Comments:	erienced go ion of oth	ender-k er stud	eased dis ent-athle	crimin tes at l	ation or l UCA?	have observ Yes \	No	
	gender-based discriminat	ion of othe	er stud the fol	ent-athle	etes at 1	ation or l	have observ	lo	9
	gender-based discriminate Comments:  Rate the services you reco (1 represents no support Athletic Training	ion of othe	er stud  the followersents	ent-athle	port)	ation or UCA?	Yes ☑N N/A	lo	=
	gender-based discriminate Comments:  Rate the services you rece (1 represents no support  Athletic Training Academic Advising	ion of othe	er stud  the followersents	ent-athle	port)	UCA? L	Yes M N/A N/A	No ·	
	gender-based discriminate Comments:  Rate the services you reco (1 represents no support  Athletic Training Academic Advising Housing	ion of othe	er stud  the followersents  2 2 2	lowing: total sup	port)	UCA? L	N/A N/A N/A N/A	lo	
-	gender-based discriminate Comments:  Rate the services you rece (1 represents no support  Athletic Training Academic Advising	ion of othe	er stud  the followersents	ent-athle	port)	UCA? L	N/A N/A N/A N/A	olo	
-	gender-based discriminate Comments:  Rate the services you rece (1 represents no support)  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid	ion of othe	the followers the following th	lowing: total sup	port)  4 4 4 4 4	UCA? L	N/A N/A N/A N/A N/A N/A	No	
	gender-based discriminate Comments:  Rate the services you rece (1 represents no support)  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	eived from and 5 repr	the followers the following th	lowing: total sup	port)  4 4 4 4 4 4	UCA? L	N/A N/A N/A N/A N/A N/A N/A	lo	=
	gender-based discriminate Comments:  Rate the services you reco (1 represents no support)  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	eived from and 5 repr	the followers that the following the followi	lowing: total sup	port) 4 4 4 4 4 4 4	UCA? L	N/A N/A N/A N/A N/A N/A N/A	No .	
15 <sub>÷</sub>	gender-based discriminate Comments:  Rate the services you rece (1 represents no support)  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	eived from and 5 repr	the followers the following th	lowing: total sup	port)  4 4 4 4 4 4	UCA? L	N/A N/A N/A N/A N/A N/A N/A	No	
	gender-based discriminate Comments:  Rate the services you reco (1 represents no support)  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance	eived from and 5 repr	the followers the following th	lowing: total sup	(port) 4 4 4 4 4 4 4 4 4	S - S - S - S - S - S - S - S - S - S -	N/A	lo	

Who was your primary contact when you had questions about NCAA regulations?

Beautaquerd Therrot

19.	How can the athletic department assist you in your career development?
	giving a good recommendation
20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Pes   No   No    Yes   No    Yes
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No
23.	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)  What are your suggestions to improve the CHAMPS/Life Skills Program?
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31	Do you think the Athletic Administration supported and valued your sport?
32.	If you had a need to contact an administrator was one available to you?  Yes No

	ur team assigned an Athletic Trainer? Wes No
In gene scale of	ral, how do you feel the Athletic Trainers treated your injuries. (Rate on a 1-5 with 5 being the highest). The one's that actually cared
Rate th	ne Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
How w	ould you improve the Sports Medicine services?
Did yo	u participate in training sessions with the Strength and Conditioning Coach
Please (Rate o	rate your overall experience with the Strength and Conditioning Program. on a scale of 1-5 with 5 being the highest)
I am a Comm	ware of who my sports representatives are on the Student Athlete Advisory nittee (SAAC)? \( \sum Yes \) No
I felt I Ye:	was able to bring issues with my sport to my SAAC representatives?  No
Durin	g your playing season, how many days per week do you typically have off?
Durin	g your playing season, how many hours per day does a typical practice last?
requir	g the playing season, how many hours per week is your team typically ed to participate in the following:
•	Practice: 40
•	Conditioning and/or weight lifting:
•	Watch game film: N/A
	g your playing season, is your team required to practice more than 20 hour eek? Yes No
lf you	answered yes, please give a detailed account of those hours:
ъ.	g your off-season, how many days per week do you typically have off?

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?
49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the



## Student-Athlete Exit Interview

Date <u>///</u>	/19/1/6 Name (optional)		Sport y aor	Rall_
1.	Which best describes your fut	ure plans? (chec	ck appropriate box)	
	I have been accepted to a gra  I have applied to Graduate so  I have secured a job.  I am still looking for a job.  I have no idea.  I have one more year of scho  Other. Please specify:	chools but have r		
2.	Please indicate the relative im decision to attend UCA.			
		Very Import	ant Important	Not a factor
1. Over	rall academic reputation of the			
Univer				
	ific academic program			
	athletic program			
	head coach or coaching staff			
	ncial aid			
6. Othe	er athletes attending UCA			_
7. Loca	ation of UCA			
8. Influ	ience of parents			
9. Sout	hland Conference			
10. Ac	ademic support services for		2	
student	t-athletes			
11. Otl	ner:			
3.	Would you encourage other s		to attend this instituti	on?
4.	Please rate your experience a (1-below average, 2-average,  Athletics (overall) 1 Academics 1	t UCA. (Circle of 3-good, 4-very g	one for each category) good, 5-excellent)  4  3  4  3	

If you were being recruited today would you choose to attend UCA again?

50

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☑ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to organize and prep	oare for p	ractice				
Fairness in evaluating playe performance	rs and pr	oviding u	iseful fee	dback r	egarding a	athletic
Ethics	2(					
Technical knowledge of gar	ne					
Have you personally expendar harassment of other stude Comments:	rienced s nt-athlet	sexual ha	rassmen	t or ha	ve observ No	ed sexu
Comments.						
Have you personally expergender-based discrimination Comments:	ion of ot	her stude	ased disc ent-athle	tes at U	JCA?	Yes [
Have you personally expergender-based discrimination Comments:  Rate the services you rece (1 represents no support a	ion of ot	her stude	ent-athle	tes at U	JCA?	Yes [
gender-based discriminati Comments:  Rate the services you rece (1 represents no support a	ion of ot	her stude	ent-athle	tes at U	CA?	Yes [
gender-based discrimination Comments:  Rate the services you rece (1 represents no support and Athletic Training	ion of oth	m the fol presents	ent-athle lowing: total sup	port)	CA?	Yes L
gender-based discrimination Comments:  Rate the services you rece (1 represents no support and Athletic Training Academic Advising	ion of oth	her stude	ent-athle	port)	CA?	N/A
gender-based discrimination Comments:  Rate the services you rece (1 represents no support and Athletic Training Academic Advising Housing	ion of other ived from the first fro	m the fol presents to 2 2	lowing: total sup	port)	S S	N/A N/A
gender-based discrimination Comments:  Rate the services you rece (1 represents no support and Athletic Training Academic Advising Housing Career Services	eived from and 5 rep 1 1 1	m the fol presents to 2 2 2 2	lowing: total sup	port)  4 4 4	S S	N/A N/A N/A N/A N/A
gender-based discrimination Comments:  Rate the services you rece (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark	ived from the second se	m the followers to the student of th	lowing: total sup	port)  4 4 4 4	S S	N/A N/A N/A N/A N/A N/A
gender-based discrimination Comments:  Rate the services you rece (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark Financial Aid	eived from the first	m the fol presents to 2 2 2 2 2 2	lowing: total sup	port)  4 4 4 4 4	S S	N/A N/A N/A N/A N/A N/A N/A
gender-based discrimination Comments:  Rate the services you rece (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	eived from	m the fol presents to 2 2 2 2 2 2 2	lowing: total sup	port)  4 4 4 4 4	S S	N/A N/A N/A N/A N/A N/A
gender-based discrimination Comments:  Rate the services you rece (1 represents no support at Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	eived from	m the fol presents to 2 2 2 2 2 2 2 2	lowing: total sup	port)  4 4 4 4 4 4	S S	N/A N/A N/A N/A N/A N/A N/A N/A
gender-based discrimination Comments:  Rate the services you rece (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	ived from the second se	m the followers to the student of the student	lowing: total sup	port)  4 4 4 4 4 4 4	(S) 5 (S)	N/A N/A N/A N/A N/A N/A N/A
gender-based discrimination Comments:  Rate the services you rece (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance	ived from the second se	m the fol presents to 2 2 2 2 2 2 2 2 2 2	lowing: total sup	port)  4 4 4 4 4 4 4 4 4	(A? ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( )	N/A N/A N/A N/A N/A N/A N/A N/A

How can the athletic department assist you in your career development?

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  No  No  No  No  No  No  No  No  N
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Vés No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) S What are your suggestions to improve the Life Skills Program?
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate feam travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport?
32.	If you had a need to contact an administrator was one available to you?  No  No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest
How would you improve the Sports Medicine services?
Were you ever treated by an orthopedic doctor referred to you by the Athletic Training Staff? Yes No If yes, what doctor? Was the service/treatment adequate Yes No, If no please explain:
Did you participate in training sessions with the Strength and Conditioning Co
Rate on a scale of 1-5 with 5 being the highest)
I am aware of who my sports representatives are on the Student Athlete Advis Committee (SAAC)? Yes No
I felt I was able to bring issues with my sport to my SAAC representatives?
During your playing season, how many days per week do you typically have or
During your playing season, how many hours per day does a typical practice l
During the playing season, how many hours per week is your team typically required to participate in the following:  Practice:
Conditioning and/or weight lifting:
Watch game film:
During your playing season, is your team required to practice more than 20 h per week? Yes No If you answered yes, please give a detailed account of those hours:
During your off-season, how many days per week do you typically have off?
During your off-season, how many hours per day was a typically work out?
During your off-season, how many hours per week are you required to work

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:





## Student-Athlete Exit Interview

Date_25	Name (optional)		Sport COSS	Country
1.	Which best describes your futu	re plans? (check ap)	propriate box)	
	☐ I have been accepted to a grad ☐ I have applied to Graduate sel ☐ I have secured a job. ☐ I am still looking for a job. ☐ I have no idea. ☐ I have one more year of school ☐ Other. Please specify: ☐ Please indicate the relative imp	ol left.	<u> </u>	had in your
2	Please indicate the relative implementation to attend UCA.	Very Important	Important	Not a factor
1 Over	all academic reputation of the		$\times$	1
Univer		A second		
2. Spec	ific academic program		- X	
3. The	athletic program		<del></del>	-
4. The	head coach or coaching staff		- X	-
	ncial aid		2	
6 Othe	er athletes attending UCA	, n		
7 Loca	ation of UCA		X	
	nence of parents	100		
0. Sout	hland Conference			
10 Ac	ademic support services for		$\times$	
studen	t-athletes			
11. Oth			1	
3.	Would you encourage other s  ☐ Yes No If no, please ex	plain_		
4.	Please rate your experience a (1-below average, 2-average,	t UCA. (Circle one l 3-good, 4-very good	or each category) , 5-excellent)	
	Athletics (overall) Academics	2 3 4	5 5	

5. If you were being recruited today would you choose to attend UCA again?

	The do not listed to
	The othletes on respect othlete's opinion
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	Immediately One term Sophomore Senior Never
	Comments:
	ga en
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
3	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
114	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

Please rate the Coaching staff in your sport
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)
Enthusiasm and the ability to motivate you and your teammates:

	Willingness to assist with a	academic co	ncems	(not nec	essarily	related to	eligibili	ty	
	matters)	3							
			4						
•	Ability to communicate wi	th you and	your tea	ımmates					
	Ability to organize and pre	pare for pra	ctice						
		11000	• ••	C 1 C	11 1.		مناما مدام		
	Fairness in evaluating play performance	ers and prov	viding u	iseful fe	edback	regarding	aimetic		
	Performance	-55							
	Pal:								
1	Ethics								
	Technical knowledge of ga	ame							
	*								
14.	Have you personally exponents:	erienced se ent-athlete	xual ba s at UC	rassmei A? 🗌	nt or ha Yes ⊠	ve obser No	ved sexu	al	
15§	Have you personally expegender-based discrimina Comments:	erienced ge tion of othe	nder-b er stude	ased dis ent-athle	crimina etes at U	ation or l JCA?	nave obse	erved (No	
16.	Rate the services you rec (1 represents no support	eived from and 5 repr	the follesents t	lowing: total sup	port)				
	Athletic Training		2	3	4	5	N/A		
	Academic Advising	1	2	3	4	© 160000 5 5	N/A		
	Housing	1	2	3	<b>(4)</b>	5	N/A		
	Career Services	1	2	3	4	2	N/A		
	Aramark	1	2 2	3 3 3	4 4	8	N/A N/A		
	Financial Aid	]	2	3	4	X	N/A		
	Promotion/Marketing	1	2	3	4	Ę)	N/A		
	Sports Information	1	2	6	4	5	N/A		
	NCAA Compliance Counseling Center	Ī	2	3	4	(5)	N/A		
	_	•							
17.	If you could change one to would it be?								ſ
	Hole training	more	indi	ivalu	elite	d. 1	istr	mare	to
18.	Who was your primary o								
10				•					

19.	How can the athletic department assist you in your career development:					
20.	Have you sought assistance from the Career Services Staff? Yes No					
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?					
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  Yes  No  Yes  No  No  Yes  No  No  No  No  No  No  No  No  No  N					
22.	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful?					
23,	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)  What are your suggestions to improve the CHAMPS/Life Skills Program?					
24.	Rate the time demands for your sport.  [ 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory					
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
28.	Were you ever required to miss class due to practice? Yes No					
29.	Were you required to miss a mid-term or final exam due to practice? Tes No					
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No					
31,	Do you think the Athletic Administration supported and valued your sport?  Yes No					
32.	If you had a need to contact an administrator was one available to you?  Yes No					

Was your team assigned an Athletic Trainer? Yes 🗌 No
In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).
Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
How would you improve the Sports Medicine services?
and Conditioning Coach?
Did you participate in training sessions with the Strength and Conditioning Coach?  Yes No
Please rate your overall experience with the Strength and Conditioning Program.
(Rate on a scale of 1-5 with 5 being the highest)
I am aware of who my sports representatives are on the Student Athlete Advisory
Committee (SAAC)? Yes No
I felt I was able to bring issues with my sport to my SAAC representatives?
Yes No
During your playing season, how many days per week do you typically have off?
During your playing season, how many hours per day does a typical practice last?
During the playing season, how many hours per week is your team typically
required to participate in the following:  • Practice:
• Conditioning and/or weight lifting: 3 h
Conditioning and/or weight inting.
Watch game film:
During your playing season, is your team required to practice more than 20 hours
ner week? Yes No
If you answered yes, please give a detailed account of those hours:
During your off-season, how many days per week do you typically have off?

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?
	During your off-season, how many hours per week are you required to work out?
49.	During your off-season, how many hours per week are you required to attend
	individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes \sum No If no, please explain:

· ----



5.



## Student-Athlete Exit Interview

Date 4	/15/19 Name (optional)				Spo	ort_XCTV				
1. Which best describes your future plans? (check appropriate box)										
	☐ I have been accepted to a ☐ I have applied to Gradua ☐ I have secured a job. ☐ I am still looking for a joc ☐ I have no idea. ☐ I have one more year of a ☐ Other. Please specify:	ob.	left.	ve not be	-11:					
2.	Please indicate the relative decision to attend UCA.		rtance ead Very Imp			portant	Not a factor			
1. Over	all academic reputation of th	e	(4)	0 120350-250		1				
Univer	sity					V				
2. Spec	ific academic program			in the latest		V				
3. The	athletic program			$\checkmark$						
4. The	head coach or coaching staff			/						
	ncial aid	11-13-13 ()		/						
6. Othe	r athletes attending UCA		2 2 1		V	1 200 1				
	tion of UCA			ti.	/					
8. Influence of parents							7034			
9. Southland Conference										
10. Academic support services for /										
	-athletes		V							
11. Oth		111111111111111111111111111111111111111								
3.	Would you encourage other			es to att	end this	institutio	n?			
4.	Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)									
	Athletics (overall) Academics	2 2	3	4	5 (5)					

If you were being recruited today would you choose to attend UCA again?





Yes No If no, for what reasons?
How did your participation in athletics affect your Academic Performance?
<ul> <li>✓ It helped because I had to manage my time more effectively.</li> <li>☐ It hurt because I did not have enough time to commit to academics.</li> <li>☐ It did not affect my academic performance very much.</li> <li>☐ Other effects. Please explain</li></ul>
When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ▼ Senior ☐ Never
Comments:
How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
Did your coaches sincerely emphasize graduation from UCA as a top priority?
Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
How important to you is graduating from college?
✓ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?  Yes No
Did the coaches ever steer, you toward a less challenging major in order to keep you eligible? Yes V No

Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

	1	2	3	4	5					ŧ		
	Willingness to assist with academic concerns (not necessarily related to eligibility matters)											
	1	2	3	4	5				the	-		
	Ability	to con	nmunica	ite with	you and	l your tea	ammates	;				
	1	2	3	4	5		n		de dia	THE REAL PROPERTY.		
	Ahility	to org	anize ar	nd prepa	re for p	ractice						
	1	2	3	4	5	ĝ	0			Vent of the	È	
	Fairne perfor		/aluating	gplayers	and pr	oviding 1	useful fe	edback r	egarding	athletic		
	1	2	3	4	5				No.			
	Ethics											
	1	2	3	4	5	4	NO.		Media			
	Techn	ical kno	owledge	of game	e							
	1	2	3	4	5	8	- A	Eleman and	Administra	The state of the s		
14. 15 <sub>8</sub>	Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments:  Have you personally experienced gender-based discrimination or have obsequender-based discrimination of other student-athletes at UCA? Yes Comments:						nave observo	ed o				
16.	Rate t	he serv resents	vices yo s no sup	u receiv port an	ed fron d 5 rep	n the fol resents	lowing: total sup	oport)				
	Acade Housin Career Arama Financ Promo Sports NCAA	Servic rk ial Aid	lvising es arketing nation liance	ş		2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3 3 3	4 4 4 4 4 4	5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A		
17.								my co		at UCA wha ur\y.	ıt	

18. Who was your primary contact when you had questions about NCAA regulations?

19.	How can the athletic department assist you in your career development?
	I've learned discipline, intrinsic motivation, faithfulness, undurance, > hard-work
20.	Have you sought assistance from the Career Services Staff? Yes VNo
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Vyes  No  No  No  No  No  No  No  No  No  N
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No No
23.	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)  What are your suggestions to improve the CHAMPS/Life Skills Program?  One that have no vulgar language or jokes. More faith centured.
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Tes Ves No
30.	Were practice tines usually scheduled in a manner to allow you access to campus food services? Yes No
31	Do you think the Athletic Administration supported and valued your sport?  Ves No
32.	If you had a need to contact an administrator was one available to you?

scale of	eral, how do you feel the Athletic Trainers treated your injuries. (Rate on 1-5 with 5 being the highest)
Rate th	a Sports Madicine services (Rate on a scale of 1-5 with 5 being the highest
	4
How w	ould you improve the Sports Medicine services?  Hairers & equipment graved toward endurance athletes.
	u participate in training sessions with the Strength and Conditioning Co
Please:	rate your overall experience with the Strength and Conditioning Progrange and scale of 1-5 with 5 being the highest)
I am ay Commi	ware of who my sports representatives are on the Student Athlete Adviso ittee (SAAC)? [] Yes [] No
	was able to bring issues with my sport to my SAAC representatives?
During	your playing season, how many days per week do you typically have of
During	your playing season, how many hours per day does a typical practice la
require	the playing season, how many hours per week is your team typically d to participate in the following:  Practice:
•	Conditioning and/or weight lifting: 2
•	Watch game film:
per wee	your playing season, is your team required to practice more than 20 hoek? Yes No nswered yes, please give a detailed account of those hours:
-	

47.	During your off-season, how many hours per day was a typically work out?
48,	During your off-season, how many hours per week are you required to work out?  havete much I would!
49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



#### **Student-Athlete Exit Interview**

Date∐	/9/18 Name (option		Sport Sport	oall
1.	Which best describes your futu	ure plans? (check app	propriate box)	
	☐ I have been accepted to a gra☐ I have applied to Graduate so☐ I have secured a job.☐ I am still looking for a job.☐ I have no idea.☐ I have one more year of scho☐ Other. Please specify:	chools but have not been been been been been been been bee		
2.	Please indicate the relative implementation to attend UCA.	portance each of the f	ollowing factors  Important	had in your  Not a factor
1 0	Il	very important	Important	Tiot a factor
	rall academic reputation of the			
Univer				-
	cific academic program			<b>!</b>
	athletic program			<del> </del>
	head coach or coaching staff			
	5. Financial aid			
6. Other athletes attending UCA				
	ation of UCA			
	uence of parents			1./
	thland Conference		/	$\perp V$
	ademic support services for			
	t-athletes			
11. Ot	her:		.80	J
3.	Would you encourage other st		nd this institutio	n?
4.	Please rate your experience at (1-below average, 2-average, 3	UCA. (Circle one for -good, 4-very good, 5	each category) -excellent)	
	Athletics (overall) 1 Academics 1	2 3 4 2 3 4	5 (5)	

If you were being recruited today would you choose to attend UCA again?

5.

Yes Tho If no, for what reasons? Womted to play move.
How did your participation in athletics affect your Academic Performance?
It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
When did you begin to feel confident yo athletic demands at UCA.
☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
Comments:
How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
Did your coaches sincerely emphasize graduation from UCA as a top priority?
Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
How important to you is graduating from college?
Very important Somewhat Not sure Not very Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate with	h vou and	d you <b>r</b> te	ammates	3			
	Ability to organize and pren	pare for p	ractice	ŝ				
	Fairness in evaluating playe performance	rs and pr	oviding	useful fe	edback r	egarding	g athletic	
	Ethics							
	Technical knowledge of gar	ne						
14.	Have you personally expended harassment of other stude Comments:	rienced s nt-athle	sexual hates at UC	arassme CA? []	nt or hay Yes ☑	e obser No	ved sexual	
15.	Have you personally expender-based discrimination Comments:	rienced g on of otl	gender-k ner stud	oased dis ent-athle	crimina etes at U	tion or l CA? [	nave observ	r <b>ed</b> Vo
16.	Rate the services you recei				pport)			
	Athletic Training Academic Advising Housing Career Services	1 1 1	2 2 2 2 2	3 3 3 3	4 4 4	5 5 5	N/A N/A N/A N/A N/A	
	Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	1 1 1 1 1	2 2 2 2 2 2	3 3 3 3 3 3	49999	5 5 5 5	N/A N/A N/A N/A N/A	
17*	If you could change one th would it be?	ing abou	it your s	specific s	ports pr	ogram :	at UCA wh	at
	Year round	5 H/pe	end.					
18.	Who was your primary co	ntact wh	nen you	had ques	stions ab	out NC	AA regulat	ions?
19.	How can the athletic depar	rtment a	ssist you	ı in your	· career (	develop	ment?	

Beromina clients

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  No  No  No  No  No  No  No  No  N
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  [ 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice?  Yes No
29.	Were you required to miss a mid-term or final exam due to practice?  Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport?  Yes No
32.	If you had a need to contact an administrator was one available to you?  Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

How	would you improve the Sports Medicine services?
Did x	ou participate in training sessions with the Strength and Conditioning Coac
	s No
	e rate your overall experience with the Strength and Conditioning Program on a scale of 1-5 with 5 being the highest)
	aware of who my sports representatives are on the Student Athlete Advisor nittee (SAAC)? Ves No
	I was able to bring issues with my sport to my SAAC representatives?
Durin	g your playing season, how many days per week do you typically have off?
Durin 7	ng your playing season, how many hours per day does a typical practice last
requi	g the playing season, how many hours per week is your team typically red to participate in the following:
•	Practice:
•	Conditioning and/or weight litting:
•	Watch game film:
Durin per w	g your playing season, is your team required to practice more than 20 hour
lf you	answered yes, please give a detailed account of those hours:
	<del></del>
Durin	g your off-season, how many days per week do you typically have off?
Durin	g your off-season, how many hours per day was a typically work out?
	g your off-season, how many hours per week are you required to work out

. ...

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:





## Student-Athlete Exit Interview

Date	H/25/MName (optional)	í.		Sport_Ta	ack & Field
1.	Which best describes y	our futi	re plans? (check a	ppropriate box)	
2.	I have been accepted I have applied to Gra I have secured a job. I am still looking for I have no idea. I have one more year Other. Please specify	a job. of school:	hools but have not b		
Lï	Please indicate the reladecision to attend UCA	tive imp			(
1. Ov	erall academic reputation of	fthe	Very Important	Important	Not a factor
Unive					1
	ecific academic program				
	athletic program		-		
	4. The head coach or coaching staff				
	5. Financial aid				
	6. Other athletes attending UCA				
-	7. Location of UCA				
	8. Influence of parents				A CHEE LETT.
	9. Southland Conference			- 2 7/75 /4	
	10. Academic support services for student-athletes				1
11. Otl	ner:				-
3.	Would you encourage of  Yes No If no, please Please rate your experien (1-below average, 2-average)	nse ëxpla nce at U age, 3-go	in_ CA. (Circle one for	each category) excellent)	?
5.	If you were being recruite	ed today	would you choose	to attend UCA ag	ain?



	Yes No If no, for what reasons? In teaturately I
6.	Went through somethings here I never throught would happen How did your participation in athletics affect your Academic Performance?
v.	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	Immediately  One term  Sophomore  Junior  Senior  Never
	Comments:
	100
8	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.  Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

Please rate the Coaching staff in your sport
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)
Enthusiasm and the ability to motivate you and your teammates:

N N

	0 2 3	1 5
	Willingness to assist w	
	mattere)	rith academic concerns (not necessarily related to eligibility
	3, 1	
Ē	Ability to communicate	e with you and your teammates
		with you and your teammates
	bility to organize and	prepare for practice
	(1) P 1	1 3
	Fairness in evaluating p	layers and providing a C. L. C. H.
	performance	layers and providing useful feedback regarding athletic
	Ethics	
		4 3
	Technical mowledge of	gama
	4 2 3	gante S
12	Contraction of	
14.	Have you	(4)
A Eta	harassment of other str	perienced sexual harassment or have observed sexual
	Comments:	dent-athletes at UCA? Yes No
15:	Have you name	
10.	gender-hased discriming	perienced gender-based discrimination or have observed
	Comments:	ation of other student-athletes at UCA? Yes Ano
16.	Data the anni	
103	(1 represents no support	eived from the following:
	(* represents no support	and 5 represents total support)
	Athletic Training	1 2 $\frac{3}{2}$ 4 $\frac{6}{5}$ N/A
	Academic Advising	- 3 4 (3) N/A
	Housing	$\frac{1}{2}$ $\frac{2}{3}$ $\frac{3}{4}$ $\frac{4}{5}$ $\frac{5}{N/A}$
	Career Services Aramark	$\frac{1}{2}$ $\frac{2}{3}$ $\frac{3}{4}$ $\frac{4}{5}$ $\frac{5}{6}$
	Financial Aid	$\frac{1}{1}$ $\frac{2}{3}$ $\frac{3}{4}$ $\frac{4}{5}$ $\frac{6}{NA}$
	Promotion/Marketing	1 2 3 4 5 NA 1 2 3 4 5
	Sports Information	(N/A)
	NCAA Compliance	1 2 3 4 5 N/A 1 2 3 4 5 N/A
	Counseling Center	1 / 2 3 4 5 N/A
17.	If you could obours and	
- / .	would it be?	ing about your specific sports program at UCA what
	De 0	unified teum Track + cross
	LAP COULT	
	in could be	made more change together
18.	Who was your Sept	erate
	1 /	itact when you had questions about NCAA regulations?
	$\mathcal{N}/\mathcal{M}$	
	1 11	



	19.	
		Connections up other Jobs
	20.	Have you sought assistance from the Career Services Staff? Yes No
	21.	
		Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Pyes  No  No  Yes  No  No  No  Yes  No  No  No  Yes  No  No  No  No  No  No  No  No  No  N
	22,	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No
	23,	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)
	24.	What are your suggestions to improve the CHAMPS/Life Skills Program?  (IVE +105 +104 Students CIPE Wave 1/kely  Rate the time demands for your sport.  (15 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	25,	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	28.	Were you ever required to miss class due to practice? Yes No
	29.	Were you required to miss a mid-term or final exam due to practice? Yes No
	30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
	31.	Do you think the Athletic Administration supported and valued your sport?  Yes V No
3	2.	If you had a need to contact an administrator was one available to you?  Yes No

33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).
35.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
36.	How would you improve the Sports Medicine services? How more full-time instead of grad students
37.	Were you ever treated by an orthopedic doctor referred to you by the Athletic Training Staff? Yes No If yes, what doctor? Was the service/treatment adequate Yes No, If no please explain:
38.	Did you participate in training sessions with the Strength and Conditioning Coach?
39.	Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
40.	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
41.	I felt I was able to bring issues with my sport to my SAAC representatives?  Yes \[ \sum \text{No} \]
42.	During your playing season, how many days per week do you typically have off?
43.	During your playing season, how many hours per day does a typical practice last?
44.	During the playing season, how many hours per week is your team typically required to participate in the following:  • Practice:
45.	During your playing season, is your team required to practice more than 20 hours per week? Yes No If you answered yes, please give a detailed account of those hours:
46.	During your off-season, how many days per week do you typically have off?  My Weekends

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?
49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes Tho If no, please explain:  Nixed feelings previous attletes have have thereof their thoughts + nothing changed.
3	this program has sor much potential to
}:	se One of the best of I hate to see
+) e/	nd like this. The athletes track careers





## Student-Athlete Exit Interview

Date_C	)4/)5Name (optional)	The state of the s	_Sport_Men_	s Cross
1.	Which best describes your futu	re plans? (check app	ropriate box)	
	☐ I have been accepted to a gra☐ I have applied to Graduate so☐ I have secured a job.☐ I am still looking for a job.☐ I have no idea.☐ I have one more year of scho☐ Other. Please specify:	hools but have not been		had in your
2	Please indicate the relative implecision to attend UCA.	Very Important	Important	Not a factor
	rall academic reputation of the			X
Univer				X
	cific academic program	- X	7	
	athletic program		X	-
	head coach or coaching staff			
	ncial aid	- V 11 - V 11 - V		
	er athletes attending UCA			1
	ntion of UCA			100000
	nence of parents		4,40	<del></del>
	hland Conference			1
	ademic support services for			×
	t-athletes			
11. Otl	ier:		L	4
3.	Would you encourage other st  ☐ Yes ☐ No If no, please exp		nd this institution	n?
4.	Please rate your experience at (1-below average, 2-average, 3	-good, 4-very good, 5	-excellent)	
	Athletics (overall) 1 Academics 1	2 3 4 2 3 (4)	5	
5.	If you were being recruited to	day would you choose	to attend UCA	again?





	Yes No If no, for what reasons? The training didn't help me to develop further
	help me to develop farther
6.	How did your participation in athletics affect your Academic Performance?
	<ul> <li>☐ It helped because I had to manage my time more effectively.</li> <li>☐ It hurt because I did not have enough time to commit to academics.</li> <li>☐ It did not affect my academic performance very much.</li> <li>☐ Other effects. Please explain</li> </ul>
7	When did you begin to feel confident you could ge both the academic and athletic demands at UCA.
	Immediately  One term  Sophomore  Junior  Senior  Never
	Comments:
8	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	<ul> <li>□ Very effective and very complete for both</li> <li>☑ Effective for athletic but not for academic</li> <li>□ Effective for academic but not for athletic</li> <li>□ Not effective for either</li> </ul>
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
10,,	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
1 1	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)
	Enthusiasm and the ability to motivate you and your teammates:

Willingness	to assist with academic co

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to communicate with you and your teammates

Ability to organize and prepare for practice

Fairness in evaluating players and providing useful feedback regarding athletic performance



Technical knowledge of game

- Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? ☐ Yes ☒ No Comments:
- Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No Comments:
- Rate the services you received from the following: (1 represents no support and 5 represents total support)

Athletic Training	1	2	3	(4)	5	N/A
Academic Advising	1	2	3)	4	5	N/A
Housing	1	2	3	4	(5)	N/A
Career Services	ф	2	3	4	3	N/A
Aramark	ī	2	B)	4	5	N/A
Financial Aid	]	2	3	<b>(D)</b>	5	N/A
Promotion/Marketing	b	2	3	4	5	NIA
Sports Information		2	3	4	5	Ñ/A
NCAA Compliance	ĭ	2	3	4	S	N/A
Counseling Center	1	2	3	Ð	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?



18. Who was your primary contact when you had questions about NCAA regulations?

19.	How can the athletic department assist you in your career development?
20.	Have you sought assistance from the Career Services Staff?
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  No  No  No  No  No  No  No  No  N
22;	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful? Yes No
23.	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)  What are your suggestions to improve the CHAMPS/Life Skills Program?
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  [S - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  ☐ 5 - Excellent
28.	Were you ever required to miss class due to practice?  Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? **X Yes \[ \] No \[ \]
31.	Do you think the Athletic Administration supported and valued your sport?  ☐ Yes ☑ No
32.	If you had a need to contact an administrator was one available to you?  Yes No

Was y	our team assigned an Athletic Trainer? K Yes No
In gen	eral, how do you feel the Athletic Trainers treated your injuries. (Rate on a f 1-5 with 5 being the highest).
	ne Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
How w	rould you improve the Sports Medicine services?  With Student Health and A
	u participate in training sessions with the Strength and Conditioning Coach?
Please (Rate o	rate your overall experience with the Strength and Conditioning Program. on a scale of 1-5 with 5 being the highest)
	ware of who my sports representatives are on the Student Athlete Advisory ittee (SAAC)? Pyes No
	was able to bring issues with my sport to my SAAC representatives?
	g your playing season, how many days per week do you typically have off?
	g your playing season, how many hours per day does a typical practice last?
requir	g the playing season, how many hours per week is your team typically ed to participate in the following:  Practice:
٠	Conditioning and/or weight lifting:
•	Watch game film:
per we	g your playing season, is your team required to practice more than 20 hours seek?  Yes No No answered yes, please give a detailed account of those hours:
-1	

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?
49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



# **Student-Athlete Exit Interview**

Date_[]	/19/18 Name (option				Sport_FO	othall	<u> </u>
1.	Which best describes you	ur futur	e plans? (ch	eck appr	opriate box)		
	☐ I have been accepted to ☐ I have applied to Grad ☐ I have secured a job. ☐ I am still looking for a ☐ I have no idea. ☐ I have one more year o ☐ Other. Please specify:	job.	ools but have	not beer			
2.	Please indicate the relati decision to attend UCA.	ive impo			llowing facto		in your
			Very Impor	tant	Importan	-	tot il factor
	all academic reputation of	the					
Univers							
2. Specific academic program			-				
	athletic program	cc	V				
	head coach or coaching sta	111	L V		./		
	ncial aid		-				
	r athletes attending UCA		- V				16
	tion of UCA		V				
	ence of parents						
	hland Conference						
	ademic support services for	r	12				
	-athletes						
11. Oth	er:						
3.	Would you encourage o  √ Yes No If no, ple			s to atter	nd this institu	ıtion?	
4.	Please rate your experie (1-below average, 2-ave	ence at U rage, 3-	UCA. (Circle good, 4-very	e one for good, 5-	each categor excellent)	<b>y</b> )	
	Athletics (overall) Academics	1 2	$\frac{2}{2}$ $\frac{3}{3}$	4 (4)	5 5		

If you were being recruited today would you choose to attend UCA again?

5.

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	<ul> <li>☐ It helped because I had to manage my time more effectively.</li> <li>☐ It hurt because I did not have enough time to commit to academics.</li> <li>☐ It did not affect my academic performance very much.</li> <li>☐ Other effects. Please explain</li> </ul>
7.	When did you begin to feel confice the second and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important  Somewhat  Not sure  Not very  Not at all
11,	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13,	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate wit	h you and	your tea	mmates				
	Ability to organize and prepared	oare for pr	actice					
	Fairness in evaluating playe performance	ers and pro	oviding \t	iseful fe	edback r	egarding	athletic	
	Ethics							
	Technical knowledge of ga	me						
4.	Have you personally expeharassment of other stude Comments:	rienced sent-athlet	exual ha es at UC	rassmei 'A? 🔲	it or ha Yes 🌃	ve obser No	ved sexual	
5.	Have you personally expe gender-based discriminat Comments:	rienced g ion of oth	ender-b er stude	ased dis ent-athle	crimina etes at U	tion or l	ave observ ] Yes ☑ N	red Io
6.	Rate the services you rece (1 represents no support a				oport)			
	Adhladia Tusinin a	1	2	3	4	6)	N/A	
	Athletic Training Academic Advising	1	2 2	3	4	6	N/A	
	Housing	î	2	3	4	6)	N/A	
	Career Services	î	2	3	4	5)	N/A	
	Aramark	î	2	3	4	5	ÓV/A	
	Financial Aid	î	2	3	4	(3)	N/A	
	Promotion/Marketing	î	2	3	4	(5)	N/A	
	Sports Information	î	2 2 2 2 2	3.	4	5)	N/A	
	NCAA Compliance	1	2	3	4	0 5 9 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	N/A	
	Counseling Center	1	2	3	4	(3)	N/A	
7.	If you could change one the	hing abou	nt vour s	pecific s	ports p	rogram	at UCA wh	at
	would it be?		3	•		C		
		V/A						
8.	Who was your primary co	ontact wh	ien you l	nad que	stions al	bout NC	AA regulat	tions?
	Nh	Mie	Sh	0616				
	How can the athletic dens							

N/A

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  No  No  No  No  No  No  No  No  N
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)
24.	Rate the time demands for your sport.  [ 5 - Excellent [ 4 - Good [ 3 - Satisfactory [ 2 - Poor [ ] 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  ✓ 5 – Excellent ☐ 4 – Good ☐ 3 – Satisfactory ☐ 2 – Poor ☐ 1 – Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice?  Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31. 32.	Do you think the Athletic Administration supported and valued your sport?  Yes No  If you had a need to contact an administrator was one available to you?  Yes No
33.	Was your team assigned an Athletic Trainer? Ves No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

How w	yould you improve the Sports Medicine services?
	N/A
	ou participate in training sessions with the Strength and Conditioning ( $\square$ No
	rate your overall experience with the Strength and Conditioning Progon a scale of 1-5 with 5 being the highest)
	ware of who my sports representatives are on the Student Athlete Adv nittee (SAAC)? 🗹 Yes 🗌 No
	was able to bring issues with my sport to my SAAC representatives?
During	g your playing season, how many days per week do you typically have
	g your playing season, how many hours per day does a typical practice
	g the playing season, how many hours per week is your team typically red to participate in the following:  Practice:
•	Conditioning and/or weight lifting: 2.5
ě	Watch game film:
er we	g your playing season, is your team required to practice more than 20 eek? Yes No answered yes, please give a detailed account of those hours:
During	g your off-season, how many days per week do you typically have off?

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



#### **Student-Athlete Exit Interview**

Date []	Name (optic:					Spo	nt Footb	axil
1.	Which best describe	s your fut	ure pl	ans? (cl	eck app	oropria	te box)	
	I have been accep I have applied to C I have secured a jo I am still looking I have no idea. I have one more y Other. Please spec	Graduate sobb.  for a job.  ear of scho	chools	but have	e not bee			orbly
2.	Please indicate the r	_	portan	ce each	of the f	ollowin	g factors	had in your
	decision to attend U	A.	Ver	y Impo	rtant	Imp	ortant	Not a factor
1. Over Univer	rall academic reputation	n of the					/	
2. Spec	rific academic program			8			market	
3. The	athletic program							
4. The	head coach or coaching	g staff						
5. Fina	ncial aid							
6. Other athletes attending UCA							0	
7. Loca	ntion of UCA							
8. Influ	ence of parents							
9. Sout	hland Conference							
10. Aca	ademic support services	for					8	
student	-athletes			35 AV				
11. Oth	ier:							
3.	Would you encourag  ✓ Yes ☐ No If no,			athletes	s to atte	nd this i	institution	
4.	Please rate your expo (1-below average, 2-a							
	Athletics (overall) Academics	I I	2	3	4	(S) (S)		

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA
	☐ Immediately ☐ One term ☑ Sophomore ☐ Junior ☐ Senior ☐ Never
8.	Comments:  Math major taxes a bit more time town I thought it would and finding time to do homework and study was tought How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11:	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate w	ith you a	ınd your t	eammat	es				
	Ability to organize and pre	epare for	practice						
	Fairness in evaluating play performance	ers and	providing	useful f	feedback	c regardir	g athletic		
	Ethics								
	Technical knowledge of ga	me							
14.	Have you personally expendent of other stude Comments:	rienced ent-athle	sexual h etes at U	arassme	ent or h	ave obse No	rved sexual		
15.	Have you personally expe gender-based discriminat Comments:	rienced ion of ot	gender-k her stud	oased di ent-athl	scrimin etes at l	ation or UCA? [	have observe	ed o	
16.	Rate the services you rece (1 represents no support a	ived fro nd 5 re <sub>l</sub>	m the fol presents	lowing: total suj	pport)	/	ı		
	Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3	4 4 4 4 4 4 4 4	6,000,05,005	N/A		
17.	If you could change one the would it be?  More food and labor not because its 5	ing abou	ut your s	pecific s not room	ports pr n- Ît Spor	rogram a Wos ei	nt UCA what	t often	The
	Football only porking	,							
8	Who was your primary cor	itact wh	en you h	ad ques	tions ab	out NC	AA regulatio	ns?	
	no idea								

How can the athletic department assist you in your career development?

20.	Have you sought assistance from the Career Services Staff? Yes No					
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?					
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  No  No  No  No  No  No  No  No  N					
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No					
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)					
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
26.	How well did practice times accommodate class scheduling?  ✓ 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory					
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory					
28.	Were you ever required to miss class due to practice? Yes No					
29.	Were you required to miss a mid-term or final exam due to practice? Yes No					
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No					
31	Do you think the Athletic Administration supported and valued your sport?					
32.	<ul> <li>✓ Yes ☐ No</li> <li>If you had a need to contact an administrator was one available to you?</li> <li>✓ Yes ☐ No</li> </ul>					
33.	Was your team assigned an Athletic Trainer? Yes No					
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).					

Rate t	the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highes
How v	would you improve the Sports Medicine services?
Train If yes,	you ever treated by an orthopedic doctor referred to you by the Athletic ing Staff? Yes No what doctor? No what doctor? Yes Yes No, If no please explain:
	ou participate in training sessions with the Strength and Conditioning Cos
	erate your overall experience with the Strength and Conditioning Progra on a scale of 1-5 with 5 being the highest)
	tware of who my sports representatives are on the Student Athlete Advisor nittee (SAAC)? Yes No
	was able to bring issues with my sport to my SAAC representatives?
Durin <sub>s</sub>	g your playing season, how many days per week do you typically have off
	g your playing season, how many hours per day does a typical practice la
requir	g the playing season, how many hours per week is your team typically ed to participate in the following:  Practice:\2
•	Conditioning and/or weight lifting: 2-3
•	Watch game film: \\-Z
per we	g your playing season, is your team required to practice more than 20 hours? Yes No answered yes, please give a detailed account of those hours:
	your off-season, how many days per week do you typically have off?
	your off-season, how many hours per day was a typically work out?
During	your off-season, how many hours per week are you required to work ou

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:

(A)



# Student-Athlete Exit Interview

Date	Name (optional)		Sport_FB_	
1. W	hich best describes your fut		opriate box)	
	I have been accepted to a gr I have applied to Graduate s I have secured a job. I am still looking for a job. I have no idea. I have one more year of sch Other. Please specify:	nool left.		ad in your
2. P	lease indicate the relative he ecision to attend UCA.		Important	Not a factor
		Very Important	1mporture	
	l academic reputation of the		-//	
Universit	y ic academic program		V//	
2. Specif	blotic program		V	
3. The at	hletic program ead coach or coaching staff		- V/	
5. Finance	sial aid		V	
5. Financ	athletes attending UCA		1	
6. Other	ion of UCA		V/	
7. Locati	ion of oca		1	
8. Influe	nce of parents land Conference		1	
9. South	demic support services for		\ \/	
student-	athletes		1	
11. Other	Would you encourage other	e explain		
4.	Please rate your experience (1-below average, 2-avera	ge, 3-good,		
	Athletics (overall) 1 Academics 1	$\begin{array}{cccc} 2 & 3 & 4 \\ 2 & 3 & 4 \end{array}$	5	
		11 <b>L</b> o	ose to attend UCA	A again?
5	If you were being recruit	ed today would you cho	use to attend 5 c.	3

	Yes No If no, for what reasons?
	6. How did your partition
	and your participation in athletics affect your Academic Performance?
	If helped because I had to many
	It hurt because I did not have enough time to commit to academics.  Other effects. Please and by the more effectively.  Other effects. Please and by the more effectively.
	Other effects. Please explain
Ĩ.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
0	
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for the
	Directive for affiletic but not for an in the
	Effective for academic but not for athletic  Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they abyons a disconnection of the start of the s
	Yes, from the start, they always emphasized academics over athletics.  No, from the start, they emphasized academics and athletics equally.
	No, from the start, they emphasized athletics over academics.
	athletic career was over
	No, they hardly ever discussed academics
10.	How important to you is graduating from college?
11.	Very important Somewhat Not sure Not very Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport
	1 VCION AVELAUP /- OVONOMA 7
	Enthusiasm and the ability to motivate you and your teammates:
	Willingness to assist with academic concerns (not necessarily related to eligibility

	Ability to communicate with vo	on and y	our team	mates				
	Ability to organize and arenare	e for prac	ctice					
	Fairness in evaluating players performance	and prov	iding use	eful feed	back rega	arding a	thletic	
	Ethics	â						
	Technical knowledge of game							
14.	Have you personally experie harassment of other student Comments:	enced se -athlete	xual har s at UCA	assment A? 🔲 Y	or have	observ	ed sexual	
15.	Have you personally experi gender-based discrimination	enced go	ender-ba er stude	sed disc nt-athlet	riminati es at UC	on or h	ave observed Yes No	é
	Comments:							
16.	Rate the services you receiv	ed from	the foll resents t	owing: otal sup	port)			
	Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3		5 5 5 5 5 5 5 5 5	N/A	
17.	If you could change one the would it be?	ing abo	ut your s	specifics	sports pi	ogi am	<b>at 0</b> 0.12 mag	
18.	Who was your primary co	ontact w	hen you	had que	estions a	bout N	CAA regulatio	ns?
	The ene							

How can the athletic department assist you in your career development?

Melhina

20	. Have you sought assistance from the Career Services Staff? Yes No						
21	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?						
¥	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Drugs  Recruitment  Complimentary Admissions  Extra Benefits  Boosters  Student-Athlete Host  Employment  Yes  No  Yes  No  No  No  Yes  No  No  Yes  No  No  Yes  No  No  Student-Athlete Host  Yes  No  Yes  No  No  No  No  No  No  No  No  No  N						
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  No  Yes No  No  Yes No						
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)  What are your suggestions to improve the Life Skills Program?						
	Nothing						
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory						
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory						
26.	How well did practice times accommodate class scheduling?  5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory						
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory						
28.	Were you ever required to miss class due to practice? Yes No						
29.	Were you required to miss a mid-term or final exam due to practice? Yes No						
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No						
31.	Do you think the Athletic Administration supported and valued your sport?						
32.	If you had a need to contact an administrator was one available to you?  Yes No						
33.	Was your team assigned an Athletic Trainer? Yes No						
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).						

ł	ow would you improve the Sports Medicine services?
	Mathra
)i	d you participate in training sessions with the Strength and Conditioning C Yes No
?] R	ease rate your overall experience with the Strength and Conditioning Prograte on a scale of 1-5 with 5 being the highest)
C	am aware of who my sports representatives are on the Student Athlete Adviousment (SAAC)? Wes No
	felt I was able to bring issues with my sport to my SAAC representatives?
1	Yes No
0	uring your playing season, how many days per week do you typically have o
D	uring your playing season, how many hours per day does a typical practice
D	uring the playing season, how many hours per week is your team typically
re	equired to participate in the following:  • Practice:(/ / ]
	• Conditioning and/or weight lifting:
	• Watch game film:
_	ouring your playing season, is your team required to practice more than 20 l
	uring your playing season, is your team required to practice more than a
÷.	er week? Yes Wo  you answered yes, please give a detailed account of those hours:

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:





### Student-Athlete Exit Interview

Student-A			
Date 25 9 Name (optional,			ck of Field
1. Which best describes your fut	ure plans? (check a	ppropriate box)	
I have been accepted to a gra  I have applied to Graduate so  I have secured a job.  I am still looking for a job.  I have no idea.  I have one more year of school  Other. Please specify: Apple.  Please indicate the relative impression to attend UCA.	eduate program. Chools but have not b	een accepted yet.	Jeac had in your
	Vory Important	******************	-
1. Overall academic reputation of the	Very Important	Important	Not a factor
University	1		
2. Specific academic program		<u> </u>	
3. The athletic program	70.51		Y 17
4. The head coach or coaching staff			
5. Financial aid	Marine Real		
6. Other athletes attending UCA			1
7. Location of UCA			
8. Influence of parents		_	
9 Southland Co. 6			Consultation
9. Southland Conference		120000	
10. Academic support services for			1141
student-athletes			
11. Other:			
3. Would you encourage other stud  Yes No If no, please explain  Faster to where they was  4. Please rate your experience at UC (1-below average, 2-average, 3-go)  Athletics (overall)  Academics	in program rent to be Teau	vay not get m dynamic	them

5. If you were being recruited today would you choose to attend UCA again?



	Yes No If no, for what reasons? training is not up to standard.  not a very motivating coaching start & overall. Still strussing to run kines I pasily ran in High school.
6.	How did your participation in athletics affect your Academic Performance?
	☐ It helped because I had to manage my time more effectively. ☐ It hurt because I did not have enough time to commit to academics. ☐ It did not affect my academic performance year much. ☐ Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☑ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments: Its always a challange depending on if your on
	the traveling team or not.
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
10,	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

13. Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

	Willingness to assist with ac matters)	ademic co	oncerns	(not nece	essarily	related to	o eligibility	
	Ability to communicate with	you and	your tea	ımmates				
15	Ability to organize and prep	are for pra	actice					
4	Fairness in evaluating player performance	rs and pro	viding u	iseful fee	edback	regarding	; athletic	
•	Ethics				Comp.	D. Y.		
Vic	Technical knowledge of gan	ne	1000			4.0	12234	
14.	Have you personally exper harassment of other studer Comments:	ienced se 1t-athlete	xual ha s at UC	rassmer A?	n <b>t or ha</b> Yes	ve obser No	ved sexual	
15 <sub>9</sub>	Have you personally exper gender-based discrimination Comments:	ienced ge on of othe	ender-b er stude	ased disent-athle	crimina tes at U	ation or l JCA?	nave observ	red lo
16 <u>.</u> :	Rate the services you recei (1 represents no support as				port)			
	Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center		2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3	4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A	
17.	If you could change one th	ing abou	yours	pecific s	ports p	rogram	at UCA wh	at
	Would it be?	NO RID	Cuach	. 10	Sprin	itere	oach	
8.	Who was your primary con							ions?

Matarie, Shock

-

19.	How can the atmene department assist you in your career development.
	leaching out maybe to places looking for 81 techs.
	leaching out maybe to places looking for PT techs. or observing teams.
20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the
	following areas?
	Ethical Conduct Yes No
	Amateurism Yes No
	Academic Standards Yes No
	Eligibility Standards Yes No
	Drugs Yes No
	Recruitment Yes No
	Complimentary Admissions Yes U No
	Extra Benefits Yes No
	Boosters Yes No Student-Athlete Host Yes No
	Student Atmeter Treet
	Employment
22.	Did you receive a copy of the Student-Athlete handbook?  Yes No Yes No
22	Was it helpful? Yes No
	A TIGH (4 C and 5 later the highest)
23.	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)
	What are your suggestions to improve the CHAMPS/Life Skills Program?
	N/A
24.	Rate the time demands for your sport
	5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.
23.	5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?
	5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and
21.	assignments missed due to team travel?
	5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
20	Were you required to miss a mid-term or final exam due to practice? Yes No
29.	Were you required to miss a mid-term of final exam due to practice.
30.	Were practice times usually scheduled in a manner to allow you access to campus
	food services? Yes No
	and the state of t
31.	Do you think the Athletic Administration supported and valued your sport?
32.	Yes No If you had a need to contact an administrator was one available to you?
JZ. '	Yes No

33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).
35.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
36.	How would you improve the Sports Medicine services? Providing us we escential tools and providing things we need for meets such as 1cy-1+0+.
37,	
38 <sub>±</sub>	Did you participate in training sessions with the Strength and Conditioning Coach?  Yes No
39.	Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
40.	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
41.	I felt I was able to bring issues with my sport to my SAAC representatives?  ✓ Yes ☐ No
42.	During your playing season, how many days per week do you typically have off?
43.4	During your playing season, how many hours per day does a typical practice last?
44,	During the playing season, how many hours per week is your team typically required to participate in the following:  • Practice: \(\sum_{\subset} - \sum_{\subset} \)
	<ul> <li>Conditioning and/or weight lifting:</li></ul>
	Watch game film:
45.	During your playing season, is your team required to practice more than 20 hours per week? Yes No If you answered yes, please give a detailed account of those hours:
46.	During your off-season, how many days per week do you typically have off?

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?
49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:
	The spoken in Person on
	how the felt, it what needs to change.
	needs to change.



#### **Student-Athlete Exit Interview**

Date/1-2018 Name (optional)	U	Sport_	Feetb	411
1. Which best describes your futu	re plans? (check	appropriate	box)	
☐ I have been accepted to a grade ☐ I have applied to Graduate scheduler in the secured a job. ☐ I am still looking for a job. ☐ I have no idea. ☐ I have one more year of school ☐ Other. Please specify:	nools but have no	t been accepte	d yet.	
2. Please indicate the relative important decision to attend UCA.				d in your  Not a factor
Overall academic reputation of the University	Very Importar	Timpo.	tant	Tiot a factor
2. Specific academic program	1/2			
3. The athletic program	V			
4. The head coach or coaching staff				
5. Financial aid	V			
6. Other athletes attending UCA	V			
7. Location of UCA	V			
8. Influence of parents	1/			
9. Southland Conference	V			
10. Academic support services for			3	
student-athletes	No.			
11. Other:				
3. Would you encourage other stu  Yes No If no, please exp		attend this in	stitution?	<u>_</u>
4. Please rate your experience at 1 (1-below average, 2-average, 3-				
	$\frac{2}{2}$ $\frac{3}{3}$ $\frac{4}{3}$	(\$)		

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
	Thes I no it no, for what reasons?
	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	Immediately  One term  Sophomore  Junior  Senior  Never
	Comments:
	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
]	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?
	Did the coaches ever steer you toward a less challenging major in order to keep you eligible?   Yes No
(	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate w	ith you and	d your te	ammate.	S			
	Ability to organize and pr	epare for n	ractice					
	Fairness in evaluating play	yers and pr	oviding 1	useful fe	eedback	regarding	; athletic	
	Ethics							
	Technical knowledge of g	ame						
14.	Have you personally exp harassment of other stud Comments:						ved sexua	l
15.	Have you personally exp gender-based discrimina Comments:							
16.	Rate the services you rec (1 represents no support			_	port)			
	Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3	4 4 4 4 4 4 4 4	<u> </u>	N/A N/A N/A N/A N/A N/A N/A N/A N/A	
17.	If you could change one t would it be?	hing abou		pecific s	ports p	rogram a	t UCA wl	nat
18.	Who was your primary c	ontact wh	en you h	ad ques	stions a	bout NCA	AA regula	tions?
-	N	JA						

N 1 1 1 1 1 0 - C

How can the athletic department assist you in your career development?

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Yes  Volume  No  Academic Standards  Yes  Volume  Yes  No  Eligibility Standards  Yes  No  Drugs  Recruitment  Yes  No  Complimentary Admissions  Extra Benefits  Boosters  Yes  No  Student-Athlete Host  Employment  Yes  No  No  No  Yes  No  No  Yes  No  No  Yes  No  No  No  No  No  No  No  No  No  N
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program?
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes WNo
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport?  Yes No
32.	If you had a need to contact an administrator was one available to you?  Yes No
33.	Was your team assigned an Athletic Trainer?  Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

Rate	the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highes
How	would you improve the Sports Medicine services?
	I would not
	ou participate in training sessions with the Strength and Conditioning Co
	e rate your overall experience with the Strength and Conditioning Progra on a scale of 1-5 with 5 being the highest)
	aware of who my sports representatives are on the Student Athlete Advisonittee (SAAC)? Yes No
	I was able to bring issues with my sport to my SAAC representatives?
Durin /_	ng your playing season, how many days per week do you typically have of
Durin	ng your playing season, how many hours per day does a typical practice la
	ng the playing season, how many hours per week is your team typically red to participate in the following:  Practice:
•	Conditioning and/or weight lifting:
21.	Watch game film:
per w	g your playing season, is your team required to practice more than 20 ho eek? Yes No answered yes, please give a detailed account of those hours:
<u> </u>	
	g your off-season, how many days per week do you typically have off?
Durin	g your off-season, how many hours per day was a typically work out?

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. We yes No If no, please explain:



5.



## Student-Athlete Exit Interview

Date <u>C</u>	14/25/19 Name (optional),		Sport Trac	k & Field
1.	Which best describes your fut	ure plans? (check ap	opropriate box)	
	I have been accepted to a gra I have applied to Graduate so I have secured a job. I am still looking for a job. I have no idea. I have one more year of scho Other. Please specify:	chools but have not be	een accepted yet.	
2	Please indicate the relative implecision to attend UCA.		following factors	had in your  Not a factor
1 0	11	Very Important	Important	Tiot a factor
Univer	rall academic reputation of the			
	sific academic program			
				1
	athletic program head coach or coaching staff			
		- Arterior		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
	ncial aid			- Y
	er athletes attending UCA			
	ation of UCA		V/	
	ence of parents			
	hland Conference			
	ademic support services for		3	
	-athletes		3	
11. Oth	er:		1	
3.	Would you encourage other studyes No If no, please exp		end this institution	1?
4.	Please rate your experience at (1-below average, 2-average, 3-	good, 4-very good,	5-excellent)	
		2 3 4	5 5	

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.  It hurt because I did not have enough time to commit to academics.  It did not affect my academic performance very much.  Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	☐ Very effective and very complete for both ☐ Effective for athletic but not for academic ☐ Effective for academic but not for athletic ☐ Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)
Enthusiasm and the ability to motivate you and your teammates:

	Willingness to assist with	academic	concems	(not ne	cessarily	related	to eligibility	
	matters)							
	Ability to communicate w	ith you on	d vour te	ammata	c.			
	Ability to confindincate w	itii you an	u your te	анныс	3			
	A Little As a security and we	for the	wasting.					
	Ability to organize and pro	epare for p	ractice					
	Fairness in evaluating play	vers and pr	oviding	nseful fe	eedback i	regardir	ng athletic	
	performance	ors and pr	v ramg	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		. • 6	.6	
	# + <del>2 = 2</del> = 1	7						
	Ethics							
		1						
	Technical knowledge of g	ame						
			seels.					
14.	Have you personally exp harassment of other stud Comments:						rved sexual	
15.	Have you personally expender-based discrimina Comments:						have observed	
16.	Rate the services you rec				amaut)			
	(1 represents no support	anu 5 rep	i esemis i	otai suj	oport)			
	Athletic Training	1	2	3	(4)	5	N/A	
	Academic Advising Housing	1	(2)	3 3 3 3 3 3 3 3	4	5 5	N/A N/A	
	Career Services	í	(2) 2 2 2 (2)	(3)	4	5	N/A	
	Aramark	í	2	3	4	5	(N/A)	
	Financial Aid	1	$\frac{\tilde{2}}{2}$	3	4	5	N/A	
	Promotion/Marketing	í	(T)	3	4	5	N/A	
	Sports Information	ĺ	$\overline{(2)}$	3	4	5	N/A	
	NCAA Compliance	1	2	3	( <del>4</del> )	5	NAA	
	Counseling Center	1	2	3	4	5	NIA	
17	If you could change one to would it be? I would change to	-	-					nd Supper

18. Who was your primary contact when you had questions about NCAA regulations?

Natalie Shock

19.	How can the athletic department as	sist you in you	r career developm	ent?	
	I would like to be al	ole to he	ave referer	restor tuture	
	applications aren	if moodo	√		
20.	applications anen Have you sought assistance from th	e Career Servi	ces Staff? X Ye	s 🗌 No	
21.	Were you informed of NCAA, Conf	Terence, and Ins	stitutional Regula	tions in the	
	following areas?				
	Ethical Conduct	⊠ Yes	☐ No	×	
	Amateurism	Yes	☐ No		
	Academic Standards	Yes	☐ No		
	Eligibility Standards	Yes	☐ No		
	Drugs	Yes Yes	☐ No		
	Recruitment	Yes Yes	☐ No		
	Complimentary Admissions	Yes	∐ No		
	Extra Benefits	Yes Ves	∐ No		
	Boosters Student-Athlete Host	Yes Yes	∐ No □ No		
	Employment	Yes	☐ No		
	Employment	110 بمر			
22.	Did you receive a copy of the Stude	nt-Athlete hand	dbook? X Ye	es  No es  No	
	Was it helpful?		ĭ Ye	s ∐ No	
23.	Rate your Life Skills Program expe	rience at UCA	(1-5 with 5 being	the highest)	
	What are your suggestions to impro	ve the CHAM	PS/Life Skills Pro	gram?	
	I think it would be	iscful to to	ake a few pe	opu from each team	1
	and have them tell you	what then	rtcom 13'v	reeding to lean.	
24.	I think it would be a and nave thum tell your Rate the time demands for your spo	ort.			
	5 - Excellent 4 - Good 3	- Satisfactory		Unsatisfactory	
25.	Rate team travel arrangements for	minimizing mis	ssed class time.		
25.	5 - Excellent 4 - Good 3	- Satisfactory	2 – Poor [] 1 –	Unsatisfactory	
	W.				
26.	How well did practice times accomm	nodate class scl	heduling?	77	
	$\square$ 5 – Excellent $\square$ 4 – Good $\square$ 3 –	- Satisfactory L	2 - Poor 1	Unsatisfactory	
27.	What type of cooperation did you re	eceive from fac	ulty in making un	tests and	
27.	assignments missed due to team tra		, , ,		
	5 - Excellent 4 - Good 3 -	- Satisfactory	2 - Poor	Unsatisfactory	
2.0					
28.	Were you ever required to miss class	s due to practi	ce! Yes Mind	)	
29.	Were you required to miss a mid-ter	rm or final exa	m due to practice	? 🗌 Yes 🛣 No	
30.	Were practice times usually schedul	led in a manner	r to allow you acc	ess to campus	
	food services? Yes No				
31.	Do you think the Athletic Administr	ration supporte	ed and valued you	r sport?	
	Yes No				
32.	If you had a need to contact an adm	inistrator was	one available to y	ou?	
	Yes No				

3.	Was your team assigned an Athletic Trainer? Yes \( \) No
4.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).
5.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
6.	How would you improve the Sports Medicine services? I think thuy just need more people. They do the best they can but because there's not that many you can tell now hard 4 bussy they get.
7.	Qe4.
3.	Did you participate in training sessions with the Strength and Conditioning Coach?  Yes No
9.	Please rate your overall experience with the Strength and Conditioning Program.  (Rate on a scale of 1-5 with 5 being the highest)
)	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? X Yes No
۱.	I felt I was able to bring issues with my sport to my SAAC representatives?  Yes No
2.	During your playing season, how many days per week do you typically have off?
B <sub>.#7</sub>	During your playing season, how many hours per day does a typical practice last?
bi	During the playing season, how many hours per week is your team typically required to participate in the following:  • Practice: 14 hours
	Conditioning and/or weight lifting:
	• Watch game film: Ohms
•	During your playing season, is your team required to practice more than 20 hours per week?  Yes No If you answered yes, please give a detailed account of those hours:
	During your off-season, how many days per week do you typically have off?

two

47. During your off-season, how many hours per day was a typically work out?

1 10 1001

48. During your off-season, how many hours per week are you required to work out?

10 1001

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?

1 1 feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes □ No If no, please explain:



#### **Student-Athlete Exit Interview**

Date_	Name (option	al)	, vu	i		S	port_	Footb	04/1	
1.	Which best describe	s your	future p	plans? (	check ap	propr	iate b	ox)		
	I have been accept I have applied to C I have secured a jo I am still looking t I have no idea. I have one more you Other. Please spec	Graduatob.  for a jour	te school b. school le	ls but ha	ve not be	een acc	cepted	yet.		
2.	Please indicate the re		import	ance ea	ch of the	follow	ving fa	ctors l	ad in your	
	decision to attend UC	CA.	V	ery Imp	ortant	I	mport	ant	Not a factor	r
1. Ove Univer	rall academic reputation	of the					-			
2. Spec	cific academic program				///					
	athletic program			0/	V	593				
4. The	head coach or coaching	staff		W	/		28			
5. Fina	ncial aid				//		20			
6. Othe	er athletes attending UC	ĊΑ		/						
7. Loca	ation of UCA									
8. Influ	ence of parents						/	, , , , , , ,		
9. Sout	hland Conference					L				
10. Ac	ademic support services	for						\$2		
student	t-athletes									
11. Oth	ner:									
3.	Would you encourag				0000		is inst	itution	?	
4.	Please rate your expe							ory)	T)	
	(1-below average, 2-a	iverage	e, 3-goo	d, 4-ver	y good, 5	5-exce	llent)			
	Athletics (overall)	1	2	3	4	(5)				
	Academics (overall)	1	2	3	4	9				

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	☐ It helped because I had to manage my time more effectively. ☐ It hurt because I did not have enough time to commit to academics. ☐ It did not affect my academic performance very much. ☐ Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both  Effective for athletic but not for academic  Effective for academic but not for athletic  Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.  Yes and no, in the sense they emphasized academics and athletics equally.  No, from the start, they emphasized athletics over academics.  No, but they emphasized an academic degree could always be earned after my athletic career was over.  No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to organize and pre	pare for or	actice				
		,		. C. 1. C-			athlatia
	Fairness in evaluating player performance	ers and arc	widing u	setul tee	еараск г	egarding	atmetic
	performance						
	Ethics		W.				
					1		
	Technical knowledge of ga	me					
	2						
14.	Have you personally expe	rienced se	exual ha	rassmei	n. ora	ve observ	ed sexual
	harassment of other stude Comments:	ent-athiete	es at UC	A:	res 🗀	NO	
					3.		,/
15.	Have you personally expe gender-based discriminat	rienced g	ender-b	ased dis	erimina	ICAP	ves No
	Comments:	ion or orn	er stude	nt-athle	etes at C	CA:	205 🗀 110
		ion or oth	er stude	nt-athle	etes at C	CA:	
	Comments:				etes at C	CA:	100 🗀 100
16.	Comments:  Rate the services you reco	eived fron	the foll	lowing:		CA: Z	100
16.	Comments:	eived fron	the foll	lowing: otal sup	oport)	CA:	
6.	Rate the services you reco (1 represents no support:	eived from and 5 rep	the followers to the second of	lowing: total sup	oport) 4	(5)	N/A
6.	Rate the services you reconstruction (1 represents no support of Athletic Training Academic Advising	eived fron and 5 rep l l	the followers to the following	lowing: total sup 3 3	oport) 4 4	(5)	N/A N/A
6.	Rate the services you rece (1 represents no support and Athletic Training Academic Advising Housing	eived from and 5 rep	the followers to the following	lowing: total sup 3 3 3	oport)  4 4 4	(5) BOO	N/A N/A N/A
6.	Rate the services you reco (1 represents no support: Athletic Training Academic Advising Housing Career Services	eived fron and 5 rep l l	the following th	lowing: total sup 3 3 3 3	oport)  4 4 4 4	(5)000	N/A N/A N/A N/A
6.	Rate the services you reco (1 represents no support: Athletic Training Academic Advising Housing Career Services Aramark	eived from and 5 rep 1 1 1 1	the following the tresents to the following the tree to the following th	lowing: rotal sup 3 3 3 3 3	oport)  4 4 4 4 4	(5)000	N/A N/A N/A N/A N/A
16.	Rate the services you reconstruction (1 represents no support of the Athletic Training Academic Advising Housing Career Services Aramark Financial Aid	eived from and 5 rep	the followers to the following	lowing: total sup 3 3 3 3 3 3	oport)  4 4 4 4 4 4	(5)000	N/A N/A N/A N/A N/A
6.	Rate the services you reconstruction (1 represents no support of the Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	eived from and 5 repr 1 1 1 1 1 1	the followers to the following	lowing: total sup 3 3 3 3 3 3 3	oport)  4 4 4 4 4 4 4	(5)000	N/A N/A N/A N/A N/A N/A
6.	Rate the services you rece (1 represents no support: Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	eived from and 5 rep 1 1 1 1	the following th	lowing: sotal sup 3 3 3 3 3 3 3 3	oport)  4 4 4 4 4 4 4 4	(5)000	N/A N/A N/A N/A N/A N/A N/A
6.	Rate the services you reco (1 represents no support:  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance	eived from and 5 repr 1 1 1 1 1 1	the followers to the following	3 3 3 3 3 3 3 3 3	oport)  4 4 4 4 4 4 4 4 4	(5)000	N/A N/A N/A N/A N/A N/A N/A N/A
16.	Rate the services you rece (1 represents no support: Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	eived from and 5 repr 1 1 1 1 1 1	the following th	lowing: sotal sup 3 3 3 3 3 3 3 3	oport)  4 4 4 4 4 4 4 4	(5) BOO	N/A N/A N/A N/A N/A N/A N/A
16. 17.	Rate the services you reco (1 represents no support:  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance	eived from and 5 repr 1 1 1 1 1 1 1 1	the followers to the following	lowing: sotal sup 3 3 3 3 3 3 3 3 3 3	oport)  4 4 4 4 4 4 4 4 4	ිමුවාල අතු ලැකුල්	N/A N/A N/A N/A N/A N/A N/A N/A
le.	Rate the services you reco (1 represents no support:  Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center  If you could change one to	eived from and 5 repr 1 1 1 1 1 1 1 1	the followers to the following	lowing: sotal sup 3 3 3 3 3 3 3 3 3 3	oport)  4 4 4 4 4 4 4 4 4	ිමුවාල අතු ලැකුල්	N/A N/A N/A N/A N/A N/A N/A N/A

How can the athletic department assist you in your career development?

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20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct  Amateurism  Academic Standards  Eligibility Standards  Yes  No  No  No  No  No  No
	Drugs
	Boosters Yes No Student-Athlete Host Yes No Employment Yes No
22.	Did you receive a copy of the Student-Athlete handbook?  Was it helpful?  Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)  What are your suggestions to improve the Life Skills Program?
24.	Rate the time demands for your sport.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport?  Yes No
32.	If you had a need to contact an administrator was one available to you?  Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

YY	and how in the Country But 11:
How wo	ould you improve the Sports Medicine services?
Did/you Yes	participate in training sessions with the Strength and Conditioning Coacol No
	ate your overall experience with the Strength and Conditioning Program a scale of 1-5 with 5 being the highest)
	rare of who my sports representatives are on the Student Athlete Advisor tee (SAAC)? Yes No
I felt I v □ Yes	vas able to bring issues with my sport to my SAAC representatives?
During :	your playing season, how many days per week do you typically have off?
During	your playing season, how many hours per day does a typical practice last
require	the playing season, how many hours per week is your team typically I to participate in the following:  Practice:
	Conditioning and/or weight lifting:
•	Watch game film:
During	your playing season, is your team required to practice more than 20 hourk? Yes No
	swered yes, please give a detailed account of those hours:
During y	your off-season, how many days per week do you typically have off?
	your off-season, how many days per week do you typically have off?