

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  
5

36. How would you improve the Sports Medicine services?  
quicker evaluation, a lot of girls waited several weeks to get the scan they needed.

37. Were you ever treated by an orthopedic doctor referred to you by the Athletic Training  
If yes, when  
Was the service

38. Did you participate in training sessions with the Strength and Conditioning Coach?  
 Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program.  
(Rate on a scale of 1-5 with 5 being the highest) 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?  
 Yes  No

42. During your playing season, how many days per week do you typically have off?  
one

43. During your playing season, how many hours per day does a typical practice last?  
2.5 - 3

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: not sure < 40 hrs?
- Conditioning and/or weight lifting: not sure
- Watch game film: not sure

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No  
If you answered yes, please give a detailed account of those hours: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?  
two

47. During your off-season, how many hours per day was a typically work out?  
1-1.5 hrs

48. During your off-season, how many hours per week are you required to work out?  
2

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? < 5 hrs

50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:

I'm not really sure how beneficial this is for you but for me it's helped me express my little frustrations but all in all I enjoyed my time here.  
Thank you!



# Student-Athlete Exit Interview

Date 4/29 Name (optional) \_\_\_\_\_ Sport W. Tennis

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University	✓		
2. Specific academic program	✓		
3. The athletic program	✓		
4. The head coach or coaching staff	✓		
5. Financial aid	✓		
6. Other athletes attending UCA		✓	
7. Location of UCA		✓	
8. Influence of parents		✓	
9. Southland Conference		✓	
10. Academic support services for student-athletes	✓		
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

- Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)    1    2    3    4    5

Academics            1    2    3    4    5

[Redacted]

[Redacted]

5. If you were being recruited today would you...

[Redacted]

Yes  No If no, for what reasons? \_\_\_\_\_

6. **How did your participation in athletics affect your Academic Performance?**

- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain \_\_\_\_\_

7. **When did you begin to feel confident you could manage both the academic and athletic demands at UCA.**

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments:

8. **How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.**

- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either

9. **Did your coaches sincerely emphasize graduation from UCA as a top priority?**

- Yes, from the start, they always emphasized academics over athletics.  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics

10. **How important to you is graduating from college?**

- Very important  Somewhat  Not sure  Not very  Not at all

11. **Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?**  Yes  No

12. **Did the coaches ever steer you toward a less challenging major in order to keep you eligible?**  Yes  No

13. **Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)**  
Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to communicate with you and your teammates

[Redacted] 5

Ability to organize and prepare for practice

[Redacted] 5

Fairness in evaluating players and providing useful feedback regarding athletic performance

[Redacted] 5

Ethics

[Redacted] 5

Technical knowledge of game

[Redacted] 5

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No  
Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No  
Comments:

16. Rate the services you received from the following:  
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be? *Better marketing-promotion of women's tennis; new tennis courts + indoors / locker rooms.*

18. Who was your primary contact when you had questions about NCAA regulations?  
*Natalie Shock*

19. How can the athletic department assist you in your career development?  
*Supporting me i*

20. Have you sought assistance from the Career Services Staff?  Yes  No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

- Yes  No
- Yes  No
- Yes  No
- Yes  No
- Yes  No
- Yes  No
- Yes  No
- Yes  No
- Yes  No
- Yes  No

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No

23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 5 😊

What are your suggestions to improve the Life Skills Program?  
→ encourage student-athlete participation & involvement.

24. Rate the time demands for your sport.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No  
Before leaving for a match indoors attendix we had practice

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No

31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No

32. If you had a need to contact an administrator was one available to you?  
 Yes  No

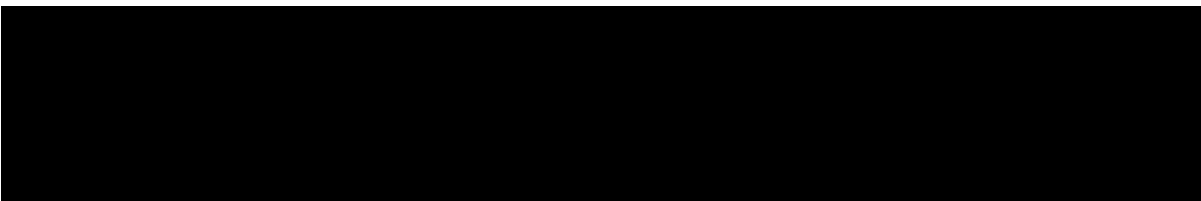
33. Was your team assigned an Athletic Trainer?  Yes  No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 4

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  
5

36. How would you improve the Sports Medicine services?

\*37.



38. Did you participate in training sessions with the Strength and Conditioning Coach?  
 Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest) 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?  
 Yes  No

42. During your playing season, how many days per week do you typically have off?  
1

43. During your playing season, how many hours per day does a typical practice last?  
3

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 110
- Conditioning and/or weight lifting: 4
- Watch game film: 0

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No

If you answered yes, please give a detailed account of those hours:  
\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?  
1 or 2

47. During your off-season, how many hours per day was a typically work out?  
1-2

48. During your off-season, how many hours per week are you required to work out?  
8 hours

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? in conjunction with workouts
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain: total of 8 hours - it was split up between working out and skill instruction





## Student-Athlete Exit Interview

Date 4/24/19 Name (optional) [REDACTED] Sport Softball

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University	✓		
2. Specific academic program	✓		
3. The athletic program	✓		
4. The head coach or coaching staff		✓	
5. Financial aid	✓		
6. Other athletes attending UCA	✓		
7. Location of UCA	✓		
8. Influence of parents		✓	
9. Southland Conference		✓	
10. Academic support services for student-athletes			✓
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

- Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)    1    2    3    [REDACTED]

Academics            1    2    3    4    5

5. If you were being recruited today would you choose to attend UCA again? [REDACTED]

Yes  No If no, for what reasons? The school is great and so are my teammates.

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain \_\_\_\_\_

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments:

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important  Somewhat  Not sure  Not very  Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?  Yes  No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible?  Yes  No

13. Please rate the Coaching staff in your sport  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)  
Enthusiasm and the ability to motivate you and your teammates:

1 2 3 4 5

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

1 2 3 4 5

Ability to communicate with you and your teammates

1 2 3 4 5

Ability to organize and prepare for practice

1 2 3 4 5

Fairness in evaluating players and providing useful feedback regarding athletic performance

1 2 3 4 5

Ethics

1 2 3 4 5

Technical knowledge of game

1 2 3 4 5

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No

Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No

Comments:

16. Rate the services you received from the following: (1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

A positive environment in practice/games for my sport.

18. Who was your primary contact when you had questions about NCAA regulations?

Coach Snock

19. How can the athletic department assist you in your career development?

I was able to achieve my career goals while playing. I have no complaints

20. Have you sought assistance from the Career Services Staff?  Yes  No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

- Ethical Conduct  Yes  No
- Amateurism  Yes  No
- Academic Standards  Yes  No
- Eligibility Standards  Yes  No
- Drugs  Yes  No
- Recruitment  Yes  No
- Complimentary Admissions  Yes  No
- Extra Benefits  Yes  No
- Boosters  Yes  No
- Student-Athlete Host  Yes  No
- Employment  Yes  No

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No

23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 4

What are your suggestions to improve the Life Skills Program?  
more hands-on activities.

24. Rate the time demands for your sport.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No

31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No

32. If you had a need to contact an administrator was one available to you?  
 Yes  No

33. Was your team assigned an Athletic Trainer?  Yes  No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).

5

36. How would you improve the Sports Medicine services?

20

37.



38. Did you participate in training sessions with the Strength and Conditioning Coach?

Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest) 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?

Yes  No

42. During your playing season, how many days per week do you typically have off?

2 during season; 2 off season

43. During your playing season, how many hours per day does a typical practice last?

3-4 hours

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 3 hr
- Conditioning and/or weight lifting: 1 hr
- Watch game film: not required as a team

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No

If you answered yes, please give a detailed account of those hours: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?

2

47. During your off-season, how many hours per day was a typically work out?

1 hr

48. During your off-season, how many hours per week are you required to work out?

8 hr.

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 2 times

50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:



## Student-Athlete Exit Interview

Date 4/23/19 Name (optional) [REDACTED] Sport Softball

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University	✓		
2. Specific academic program		✓	
3. The athletic program	✓		
4. The head coach or coaching staff	✓		
5. Financial aid		✓	
6. Other athletes attending UCA		✓	
7. Location of UCA	✓		
8. Influence of parents			✓
9. Southland Conference			✓
10. Academic support services for student-athletes		✓	
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)    1    2    ③    [REDACTED]

Academics            1    2    3    ④    5    [REDACTED]

5. If you were being recruited today would you choose to attend UCA again?

Yes  No

Yes  No If no, for what reasons? \_\_\_\_\_

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.
- It hurt because I did not have enough time to commit to academics.
- It did not affect my academic performance very much.
- Other effects. Please explain \_\_\_\_\_

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately
- One term
- Sophomore
- Junior
- Senior
- Never

Comments:

Freshman year was like a 'warm-up' year, but still managed it all confidently.

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both
- Effective for athletic but not for academic
- Effective for academic but not for athletic
- Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.
- Yes and no, in the sense they emphasized academics and athletics equally.
- No, from the start, they emphasized athletics over academics.
- No, but they emphasized an academic degree could always be earned after my athletic career was over.
- No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important
- Somewhat
- Not sure
- Not very
- Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?  Yes  No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible?  Yes  No

13. Please rate the Coaching staff in your sport  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)  
Enthusiasm and the ability to motivate you and your teammates:

[Redacted]

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

[Redacted]



Ability to communicate with you and your teammates

[Redacted]

Ability to organize and prepare for practice

[Redacted]

Fairness in evaluating players and providing useful feedback regarding athletic performance

[Redacted]

Ethics

[Redacted]

Technical knowledge of game

[Redacted]

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No  
Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No  
Comments:

16. Rate the services you received from the following:  
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

To get more recognition (All women's sports) to be treated as special as men's sports.

18. Who was your primary contact when you had questions about NCAA regulations?  
Coach Kuha or Coach Shock.

19. How can the athletic department assist you in your career development?

They can talk highly of me to companies because of my

20. Have you sought assistance from the Career Services Staff?  Yes  No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

Ethical Conduct

Yes

No

Amateurism

Yes

No

Academic Standards

Yes

No

Eligibility Standards

Yes

No

Drugs

Yes

No

Recruitment

Yes

No

Complimentary Admissions

Yes

No

Extra Benefits

Yes

No

Boosters

Yes

No

Student-Athlete Host

Yes

No

Employment

Yes

No

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No

23. Rate your Life Skills Program (speakers, social media presentations, etc.)  
experience at UCA (1-5 with 5 being the highest) 4

What are your suggestions to improve the Life Skills Program?

*Be more interactive b/c most of the time it is mandatory for us  
& we are super tired at the time.*

24. Rate the time demands for your sport.

5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.

5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?

5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?

5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No

31. Do you think the Athletic Administration supported and valued your sport?

Yes  No

32. If you had a need to contact an administrator was one available to you?

Yes  No

33. Was your team assigned an Athletic Trainer?  Yes  No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 4

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  
4

36. How would you improve the Sports Medicine services?  
the SAAC Be at conditioning tests.

37. 

38. Did you participate in training sessions with the Strength and Conditioning Coach?  
 Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program.  
(Rate on a scale of 1-5 with 5 being the highest) 4

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?  
 Yes  No

42. During your playing season, how many days per week do you typically have off?  
1-2

43. During your playing season, how many hours per day does a typical practice last?  
3.5

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 12-15 depends if we have games.
- Conditioning and/or weight lifting: 2-3
- Watch game film: 1-2

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No

If you answered yes, please give a detailed account of those hours: \_\_\_\_\_

\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?  
2-3

47. During your off-season, how many hours per day was a typically work out?  
2

48. During your off-season, how many hours per week are you required to work out?  
10 ish.

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 2-3
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:



## Student-Athlete Exit Interview

Date 4/25 Name (optional) [REDACTED] Sport Softball

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University		X	
2. Specific academic program		X	
3. The athletic program		X	
4. The head coach or coaching staff		X	
5. Financial aid	X		
6. Other athletes attending UCA		X	
7. Location of UCA			X
8. Influence of parents			X
9. Southland Conference			X
10. Academic support services for student-athletes		X	
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)    1    2    3    4    5  
 Academics            1    2    3    4    5

5. If you were being recruited today would you choose to attend UCA? Yes

Yes  No If no, for what reasons? \_\_\_\_\_

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.
- It hurt because I did not have enough time to commit to academics.
- It did not affect my academic performance very much.
- Other effects. Please explain \_\_\_\_\_

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments:

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both
- Effective for athletic but not for academic
- Effective for academic but not for athletic
- Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.
- Yes and no, in the sense they emphasized academics and athletics equally.
- No, from the start, they emphasized athletics over academics.
- No, but they emphasized an academic degree could always be earned after my athletic career was over.
- No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important  Somewhat  Not sure  Not very  Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?  Yes  No *Greoff has been great!*

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible?  Yes  No

13. Please rate the Coaching staff in your sport — answered these based on head coach  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent) coach  
Enthusiasm and the ability to motivate you and your teammates:

\_\_\_\_\_

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

\_\_\_\_\_

Ability to communicate with you and your teammates

1 2 3 4 5

Ability to organize and prepare for practice

1 2 3 4 5

Fairness in evaluating players and providing useful feedback regarding athletic performance

1 2 3 4 5

Ethics

1 2 3 4 5

Technical knowledge of game

1 2 3 4 5

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No

Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No

Comments:

16. Rate the services you received from the following:  
(1 represents no support and 5 represents total support)

5 because of Geoff

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

The communication among the coaching staff.

18. Who was your primary contact when you had questions about NCAA regulations?

Natalie Shock

19. How can the athletic department assist you in your career development?

Networking

20. Have you sought assistance from the Career Services Staff?  Yes  No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

- Ethical Conduct  Yes  No
- Amateurism  Yes  No
- Academic Standards  Yes  No
- Eligibility Standards  Yes  No
- Drugs  Yes  No
- Recruitment  Yes  No
- Complimentary Admissions  Yes  No
- Extra Benefits  Yes  No
- Boosters  Yes  No
- Student-Athlete Host  Yes  No
- Employment  Yes  No

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No

23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 4  
What are your suggestions to improve the Life Skills Program?

N/A

24. Rate the time demands for your sport.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No  N/A

31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No

32. If you had a need to contact an administrator was one available to you?  
 Yes  No

33. Was your team assigned an Athletic Trainer?  Yes  No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5



35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).

5

36. How would you improve the Sports Medicine services?

N/A

37.



38. Did you participate in training sessions with the Strength and Conditioning Coach?

Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest) 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?

Yes  No

42. During your playing season, how many days per week do you typically have off?

1-2

43. During your playing season, how many hours per day does a typical practice last?

2-3

44. During the playing season, how many hours per week is your team typically required to participate in the following:

• Practice: 20

• Conditioning and/or weight lifting: 2-3

• Watch game film: 0

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No

If you answered yes, please give a detailed account of those hours: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?

2

47. During your off-season, how many hours per day was a typically work out?

4

48. During your off-season, how many hours per week are you required to work out?

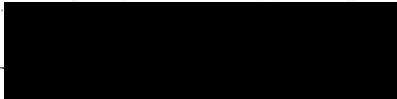
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49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 4

50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:



# Student-Athlete Exit Interview

Date 4/23/19 Name (optional)  Sport Softball

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: deciding between graduate programs

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University	✓		
2. Specific academic program	✓		
3. The athletic program	✓		
4. The head coach or coaching staff		✓	
5. Financial aid	✓		
6. Other athletes attending UCA		✓	
7. Location of UCA			✓
8. Influence of parents			✓
9. Southland Conference			✓
10. Academic support services for student-athletes		✓	
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)    1    2    3    4    5

Academics            1    2    3    4    5

*(Handwritten: 3 for Athletics, 3 for Academics)*

5. If you were being recruited today would you...  
*(Handwritten: Yes + No)*

Yes  No If no, for what reasons? Depends on other offers + what they bring to the table

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain Didn't hurt too badly, but if I had no athletic commitment I would have a 4.0

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments:

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics. in between  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important  Somewhat  Not sure  Not very  Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?  Yes  No Geoff was great, wish we had him sooner

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible?  Yes  No

13. Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)  
Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to communicate with you and your teammates

1 2 3 4 5

Ability to organize and prepare for practice

1 2 3 4 5

Fairness in evaluating players and providing useful feedback regarding athletic performance

1 2 3 4 5

Ethics

1 2 3 4 5

Technical knowledge of game

1 2 3 4 5

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No

Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No

Comments:

16. Rate the services you received from the following: (1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

Communication between coaches + players + coaching staff in general; attitudes @ certain times

18. Who was your primary contact when you had questions about NCAA regulations?

Coach Kuhn / Natalie Shock

19. How can the athletic department assist you in your career development?

Networking, letters of recommendation,

20. Have you sought assistance from the Career Services Staff?  Yes  No
21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

- |                          |   |                             |
|--------------------------|---|-----------------------------|
| Ethical Conduct          | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Academic Standards       | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs                    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment              | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Complimentary Admissions | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Extra Benefits           | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Boosters                 | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Student-Athlete Host     | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Employment               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
 Was it helpful?  Yes  No

23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 4  
 What are your suggestions to improve the Life Skills Program?

24. Rate the time demands for your sport.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No

31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No

32. If you had a need to contact an administrator was one available to you?  
 Yes  No

33. Was your team assigned an Athletic Trainer?  Yes  No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5

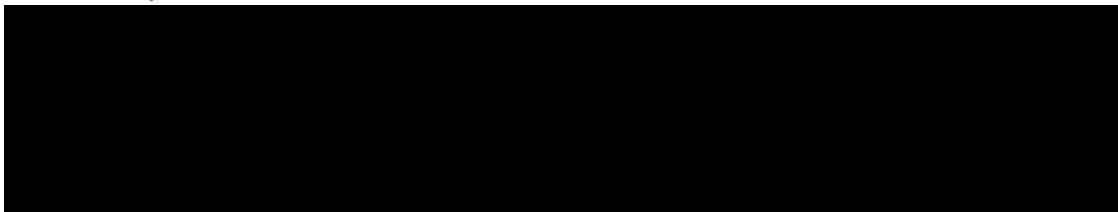
35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).

5

36. How would you improve the Sports Medicine services?

N/A

37.



38. Did you participate in training sessions with the Strength and Conditioning Coach?

Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program.

(Rate on a scale of 1-5 with 5 being the highest) 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?

Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?

Yes  No

42. During your playing season, how many days per week do you typically have off?

1

43. During your playing season, how many hours per day does a typical practice last?

3

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 20
- Conditioning and/or weight lifting: 2-3
- Watch game film: 2-3 (suggested)

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No

If you answered yes, please give a detailed account of those hours: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?

2

47. During your off-season, how many hours per day was a typically work out?

3-4

48. During your off-season, how many hours per week are you required to work out?

2-11

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? ~4

50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:





## Student-Athlete Exit Interview

Date 4/8/19 Name (optional) \_\_\_\_\_ Sport Men's Basketball

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University	✓		
2. Specific academic program		✓	
3. The athletic program	✓		
4. The head coach or coaching staff	✓		
5. Financial aid			✓
6. Other athletes attending UCA		✓	
7. Location of UCA			✓
8. Influence of parents		✓	
9. Southland Conference	✓		
10. Academic support services for student-athletes	✓		
11. Other:			✓

3. Would you encourage other student-athletes to attend this institution?

- Yes  No If no, please explain \_\_\_\_\_
- \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)	1	2	3	4	(5)
Academics	1	2	3	4	(5)

5. If you were being recruited today would you choose to attend UCA again?



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Yes  No If no, for what reasons? \_\_\_\_\_

6. **How did your participation in athletics affect your Academic Performance?**

- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain \_\_\_\_\_

7. **When did you begin to feel confident you could manage both the academic and athletic demands at UCA.**

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments:

8. **How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.**

- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either

9. **Did your coaches sincerely emphasize graduation from UCA as a top priority?**

- Yes, from the start, they always emphasized academics over athletics.  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics

10. **How important to you is graduating from college?**

- Very important  Somewhat  Not sure  Not very  Not at all

11. **Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?**  Yes  No

12. **Did the coaches ever steer you toward a less challenging major in order to keep you eligible?**  Yes  No

13. **Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)**  
Enthusiasm and the ability to motivate you and your teammates:

1. The first part of the document discusses the importance of maintaining accurate records of all transactions. This is essential for ensuring the integrity of the financial statements and for providing a clear audit trail. The records should be kept up-to-date and should be accessible to all relevant parties.

2. The second part of the document outlines the procedures for handling discrepancies. It is important to identify any errors as soon as possible and to investigate the cause of the discrepancy. Once the cause has been identified, the necessary steps should be taken to correct the error and to prevent it from recurring.

3. The third part of the document discusses the role of the internal control system. This system is designed to prevent and detect errors and fraud. It should be designed to be effective and efficient, and it should be regularly reviewed and updated to ensure that it remains relevant and effective.

4. The fourth part of the document discusses the importance of communication. It is essential to ensure that all relevant parties are kept informed of any changes or developments. This should be done through regular meetings and through the use of clear and concise communication channels.



Willingness to assist with academic concerns (not necessarily related to eligibility matters)



Ability to communicate with you and your teammates



Ability to organize and prepare for practice



Fairness in evaluating players and providing useful feedback regarding athletic performance



Ethics



Technical knowledge of game



14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No  
Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No  
Comments:

16. Rate the services you received from the following:  
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	<del>N/A</del>
Financial Aid	1	2	3	4	5	<del>N/A</del>
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

Being more in unison with the other sport programs

18. Who was your primary contact when you had questions about NCAA regulations?

Adam Donyes

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30
31	32	33	34	35
36	37	38	39	40
41	42	43	44	45
46	47	48	49	50
51	52	53	54	55
56	57	58	59	60
61	62	63	64	65
66	67	68	69	70
71	72	73	74	75
76	77	78	79	80
81	82	83	84	85
86	87	88	89	90
91	92	93	94	95
96	97	98	99	100

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

19. How can the athletic department assist you in your career development?

*Just continue to support and encourage*

20. Have you sought assistance from the Career Services Staff?  Yes  No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

- |                          |                                     |     |                          |    |
|--------------------------|-------------------------------------|-----|--------------------------|----|
| Ethical Conduct          | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| Amateurism               | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| Academic Standards       | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| Eligibility Standards    | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| Drugs                    | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| Recruitment              | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| Complimentary Admissions | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| Extra Benefits           | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| Boosters                 | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| Student-Athlete Host     | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |
| Employment               | <input checked="" type="checkbox"/> | Yes | <input type="checkbox"/> | No |

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No

23. Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)

5

What are your suggestions to improve the CHAMPS/Life Skills Program?

*None*

24. Rate the time demands for your sport.

5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.

5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?

5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?

5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No

31. Do you think the Athletic Administration supported and valued your sport?

Yes  No

32. If you had a need to contact an administrator was one available to you?

Yes  No

The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes the need for transparency and accountability in financial reporting.

It is essential to ensure that all data is properly documented and stored in a secure manner. This includes maintaining backup copies and implementing robust security protocols to protect sensitive information.

The second section outlines the various methods used to collect and analyze data. This includes both qualitative and quantitative approaches, as well as the use of advanced statistical techniques.

Qualitative data is often used to gain insights into the underlying reasons for certain behaviors or trends. This is typically achieved through interviews, focus groups, and open-ended survey questions.

Quantitative data, on the other hand, allows for the measurement and comparison of variables across different groups or time periods. This is often done using surveys with closed-ended questions and statistical analysis.

Advanced statistical methods, such as regression analysis and machine learning, are used to identify complex patterns and relationships within the data. These tools can help predict future trends and inform decision-making.

The final part of the document discusses the challenges and limitations of data analysis. It highlights the importance of interpreting results in context and being aware of potential biases or confounding factors.

One major challenge is the sheer volume of data generated in many industries, which can be difficult to manage and analyze. This has led to the development of big data technologies and cloud-based storage solutions.

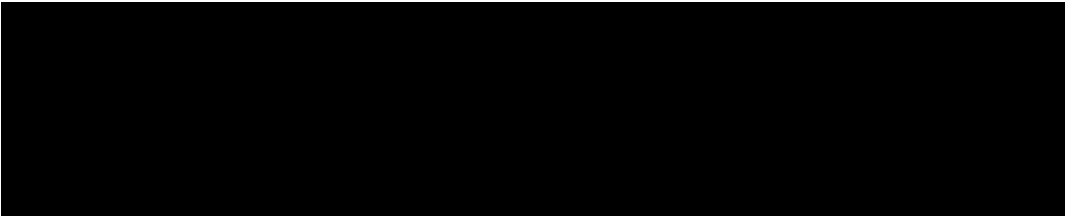
Another challenge is the quality of the data, which can be affected by errors in collection or reporting. It is crucial to implement quality control measures and verify the accuracy of the data before analysis.

Privacy and ethical considerations are also significant factors in data analysis. Organizations must ensure that they are compliant with relevant regulations and that they are using data in a responsible and transparent manner.

In conclusion, data analysis is a powerful tool for understanding complex systems and making informed decisions. By following best practices and being aware of the challenges, organizations can maximize the value of their data.

The document concludes with a call to action, encouraging organizations to invest in data literacy and to foster a culture of data-driven decision-making. It also provides resources for further learning and research.



33. Was your team assigned an Athletic Trainer?  Yes  No
34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5
35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  
5
36. How would you improve the Sports Medicine services?  
None, Everything was great
37. 
38. Did you participate in training sessions with the Strength and Conditioning Coach?  
 Yes  No
39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest) 5
40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No
41. I felt I was able to bring issues with my sport to my SAAC representatives?  
 Yes  No
42. During your playing season, how many days per week do you typically have off?  
1
43. During your playing season, how many hours per day does a typical practice last?  
2-3
44. During the playing season, how many hours per week is your team typically required to participate in the following:
- Practice: 15
  - Conditioning and/or weight lifting: 4
  - Watch game film: 2
45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No  
If you answered yes, please give a detailed account of those hours: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
46. During your off-season, how many days per week do you typically have off?  
2

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47. **During your off-season, how many hours per day was a typically work out?**  
1 hour 30 minutes
48. **During your off-season, how many hours per week are you required to work out?**  
10-15
49. **During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?** 5
50. **I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.**  Yes  No If no, please explain:

The following information is provided for your reference:

1. The total number of items is 100.

2. The number of items in each category is as follows:

Category	Number of Items
Category A	30
Category B	20
Category C	15
Category D	10
Category E	5
Category F	5

3. The total number of items in each category is 100.

The following information is provided for your reference:

1. The total number of items is 100.

2. The number of items in each category is as follows:

Category	Number of Items
Category A	30
Category B	20
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Category A	30
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Category F	5

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The following information is provided for your reference:

1. The total number of items is 100.

2. The number of items in each category is as follows:

Category	Number of Items
Category A	30
Category B	20
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Category F	5

3. The total number of items in each category is 100.

The following information is provided for your reference:

1. The total number of items is 100.

2. The number of items in each category is as follows:

Category	Number of Items
Category A	30
Category B	20
Category C	15
Category D	10
Category E	5
Category F	5

3. The total number of items in each category is 100.



## Student-Athlete Exit Interview

Date 3-28-19 Name (optional) \_\_\_\_\_ Sport W. Basketball

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University			
2. Specific academic program	✓		
3. The athletic program		✓	
4. The head coach or coaching staff			✓
5. Financial aid			✓
6. Other athletes attending UCA			✓
7. Location of UCA		✓	
8. Influence of parents		✓	
9. Southland Conference			✓
10. Academic support services for student-athletes		✓	
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

- Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)    1    2    3    4    5  
Academics                1    2    3    4    5

5. If you were being recruited today would you choose to attend UCA again?



## AMERICAN INDIAN EDUCATION

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It is a member of the American Council on Education.

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Yes  No If no, for what reasons? love the support I was given but just was not a good fit for me.

6. **How did your participation in athletics affect your Academic Performance?**

- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain \_\_\_\_\_

7. **When did you begin to feel confident you could manage both the academic and athletic demands at UCA.**

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments:

8. **How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.**

- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either

9. **Did your coaches sincerely emphasize graduation from UCA as a top priority?**

- Yes, from the start, they always emphasized academics over athletics.  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics

10. **How important to you is graduating from college?**

- Very important  Somewhat  Not sure  Not very  Not at all

11. **Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?**  Yes  No

12. **Did the coaches ever steer you toward a less challenging major in order to keep you eligible?**  Yes  No

13. **Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)**  
Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)





Ability to communicate with you and your teammates

Ability to organize and prepare for practice

Fairness in evaluating players and providing useful feedback regarding athletic performance

Ethics

Technical knowledge of game

14. **Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?**  Yes  No  
Comments:

15. **Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?**  Yes  No  
Comments:

16. **Rate the services you received from the following:  
(1 represents no support and 5 represents total support)**

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. **If you could change one thing about your specific sports program at UCA what would it be?**

18. **Who was your primary contact when you had questions about NCAA regulations?**

Nathalie Shock

19. **How can the athletic department assist you in your career development?**



20. Have you sought assistance from the Career Services Staff?  Yes  No
21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
- |                          |   |                             |
|--------------------------|---|-----------------------------|
| Ethical Conduct          | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism               | <input type="checkbox"/> Yes            | <input type="checkbox"/> No |
| Academic Standards       | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs                    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment              | <input type="checkbox"/> Yes            | <input type="checkbox"/> No |
| Complimentary Admissions | <input type="checkbox"/> Yes            | <input type="checkbox"/> No |
| Extra Benefits           | <input type="checkbox"/> Yes            | <input type="checkbox"/> No |
| Boosters                 | <input type="checkbox"/> Yes            | <input type="checkbox"/> No |
| Student-Athlete Host     | <input type="checkbox"/> Yes            | <input type="checkbox"/> No |
| Employment               | <input type="checkbox"/> Yes            | <input type="checkbox"/> No |
22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No
23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 3  
What are your suggestions to improve the Life Skills Program?
24. Rate the time demands for your sport.  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
25. Rate team travel arrangements for minimizing missed class time.  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
26. How well did practice times accommodate class scheduling?  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
28. Were you ever required to miss class due to practice?  Yes  No
29. Were you required to miss a mid-term or final exam due to practice?  Yes  No
30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No
31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No
32. If you had a need to contact an administrator was one available to you?  
 Yes  No
33. Was your team assigned an Athletic Trainer?  Yes  No
34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 4

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35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  
4

36. How would you improve the Sports Medicine services?  
Be more available to the sport that is in season.

37.

38. Did you participate in training sessions with the Strength and Conditioning Coach?  
 Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program.  
(Rate on a scale of 1-5 with 5 being the highest) 4

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?  
 Yes  No

42. During your playing season, how many days per week do you typically have off?  
1

43. During your playing season, how many hours per day does a typical practice last?  
3 and a half hrs

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: \_\_\_\_\_
- Conditioning and/or weight lifting: 1
- Watch game film: 3

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No  
If you answered yes, please give a detailed account of those hours: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?  
2

47. During your off-season, how many hours per day was a typically work out?  
2

48. During your off-season, how many hours per week are you required to work out?  
1/2



49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 2

50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:

1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes the need for transparency and accountability in financial reporting.

2. The second part of the document outlines the various methods and techniques used to collect and analyze data. It includes a detailed description of the experimental procedures and the statistical analysis performed.

3. The third part of the document presents the results of the study, including a comparison of the different methods and techniques used. It discusses the strengths and weaknesses of each method and provides a summary of the findings.

4. The fourth part of the document discusses the implications of the study and provides recommendations for future research. It highlights the need for further investigation into the effectiveness of the different methods and techniques used.





## Student-Athlete Exit Interview

Date 03/28 Name (optional) \_\_\_\_\_ Sport WBB

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: take a year off & apply for med school.

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University		✓	
2. Specific academic program		✓	
3. The athletic program	✓		
4. The head coach or coaching staff	✓		
5. Financial aid	✓		
6. Other athletes attending UCA		✓	
7. Location of UCA			✓
8. Influence of parents		✓	
9. Southland Conference	✓		
10. Academic support services for student-athletes	✓		
11. Other:			✓

3. Would you encourage other student-athletes to attend this institution?

Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)	1	2	(3)	4	5
Academics	1	2	(3)	4	5

5. If you were being recruited today would you choose to attend UCA again?



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8112



Yes  No If no, for what reasons? this year was too much  
drama.

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain \_\_\_\_\_

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments:

I struggled. between ball & home, it was alot.

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important  Somewhat  Not sure  Not very  Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?  Yes  No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible?  Yes  No not a major, but classes.

13. Please rate the Coaching staff in your sport  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)  
Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

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Third block of handwritten text, possibly a list or numbered items.

Fourth block of handwritten text, continuing the narrative or list.

Fifth block of handwritten text, possibly a separate section.

Sixth block of handwritten text, continuing the content.

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Ability to communicate with you and your teammates

Ability to organize and prepare for practice

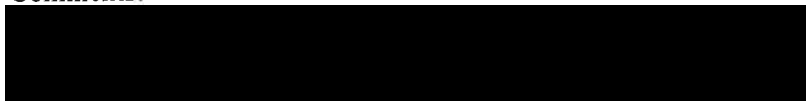
Fairness in evaluating players and providing useful feedback regarding athletic performance

Ethics

Technical knowledge of game

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No

Comments:



was v. inappropriate.

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No

Comments:

16. Rate the services you received from the following:  
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

Being more communicative & on top of things.

18. Who was your primary contact when you had questions about NCAA regulations?

Natalie or Jess. / Jamie or Scott.

19. How can the athletic department assist you in your career development?

future letters of rec.

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20. Have you sought assistance from the Career Services Staff?  Yes  No
21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
- |                          |   |  |
|--------------------------|---|--|
| Ethical Conduct          | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No            |
| Amateurism               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No            |
| Academic Standards       | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No            |
| Eligibility Standards    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No            |
| Drugs                    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No            |
| Recruitment              | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No            |
| Complimentary Admissions | <input type="checkbox"/> Yes            | <input checked="" type="checkbox"/> No |
| Extra Benefits           | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No            |
| Boosters                 | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No            |
| Student-Athlete Host     | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No            |
| Employment               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No            |
22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No
23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 5  
What are your suggestions to improve the Life Skills Program?  
*have more modern events*
24. Rate the time demands for your sport.  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
25. Rate team travel arrangements for minimizing missed class time.  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
26. How well did practice times accommodate class scheduling?  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
28. Were you ever required to miss class due to practice?  Yes  No
29. Were you required to miss a mid-term or final exam due to practice?  Yes  No
30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No
31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No
32. If you had a need to contact an administrator was one available to you?  
 Yes  No
33. Was your team assigned an Athletic Trainer?  Yes  No
34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 3

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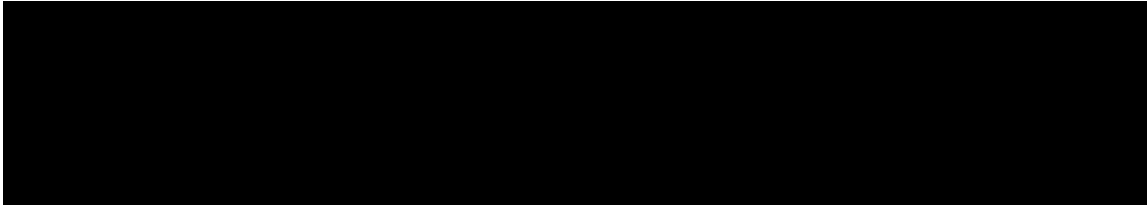
35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).

4

36. How would you improve the Sports Medicine services?

take injuries more serious & listen to athletes first.

37.



38. Did you participate in training sessions with the Strength and Conditioning Coach?

Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program.

(Rate on a scale of 1-5 with 5 being the highest) 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?

Yes  No

42. During your playing season, how many days per week do you typically have off?

1

43. During your playing season, how many hours per day does a typical practice last?

4

44. During the playing season, how many hours per week is your team typically required to participate in the following:

• Practice: ± 20

• Conditioning and/or weight lifting: ± 2

• Watch game film: ± 5

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No

If you answered yes, please give a detailed account of those hours: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?

2

47. During your off-season, how many hours per day was a typically work out?

20

48. During your off-season, how many hours per week are you required to work out?

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49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 3
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:





# Student-Athlete Exit Interview

Date 5/9/19 Name (optional) [REDACTED] Sport Baseball

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University			X
2. Specific academic program		X	
3. The athletic program	X		
4. The head coach or coaching staff	X		
5. Financial aid		X	
6. Other athletes attending UCA		X	
7. Location of UCA		X	
8. Influence of parents		X	
9. Southland Conference			X
10. Academic support services for student-athletes			X
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

- Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)    1    2    3    4    5

Academics                1    2    3    4    5

5. If you were being recruited today would you choose to attend UCA again?



MEMORANDUM FOR THE RECORD

TO : *[Faint name]*

FROM : *[Faint name]*

SUBJECT : *[Faint subject line]*

*[Faint body text, possibly a list or summary of points]*

<i>[Faint header 1]</i>	<i>[Faint header 2]</i>	<i>[Faint header 3]</i>
<i>[Faint data 1.1]</i>	<i>[Faint data 1.2]</i>	<i>[Faint data 1.3]</i>
<i>[Faint data 2.1]</i>	<i>[Faint data 2.2]</i>	<i>[Faint data 2.3]</i>
<i>[Faint data 3.1]</i>	<i>[Faint data 3.2]</i>	<i>[Faint data 3.3]</i>
<i>[Faint data 4.1]</i>	<i>[Faint data 4.2]</i>	<i>[Faint data 4.3]</i>
<i>[Faint data 5.1]</i>	<i>[Faint data 5.2]</i>	<i>[Faint data 5.3]</i>

*[Faint concluding text or signature area]*



Yes  No If no, for what reasons? \_\_\_\_\_

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain \_\_\_\_\_

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments: *Academics were an adjustment*

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important  Somewhat  Not sure  Not very  Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?  Yes  No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible?  Yes  No

13. Please rate the Coaching staff in your sport  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)  
Enthusiasm and the ability to motivate you and your teammates:

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[Redacted]

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

[Redacted]

Ability to communicate with you and your teammates

[Redacted]

Ability to organize and prepare for practice

[Redacted]

Fairness in evaluating players and providing useful feedback regarding athletic performance

[Redacted]

Ethics

[Redacted]

Technical knowledge of game

[Redacted]

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No

Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No

Comments:

16. Rate the services you received from the following:  
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

I feel like money raised by Baseball should stay only with Baseball.

18. Who was your primary contact when you had questions about NCAA regulations?

Darell Walsh



19. How can the athletic department assist you in your career development?

20. Have you sought assistance from the Career Services Staff?  Yes  No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

Ethical Conduct	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Amateurism	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Academic Standards	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Eligibility Standards	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Drugs	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Recruitment	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Complimentary Admissions	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Extra Benefits	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Boosters	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Student-Athlete Host	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Employment	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No

23. Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)

4  
What are your suggestions to improve the CHAMPS/Life Skills Program?

24. Rate the time demands for your sport.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No

31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No

32. If you had a need to contact an administrator was one available to you?  
 Yes  No

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33. Was your team assigned an Athletic Trainer?  Yes  No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  
3

36. How would you improve the Sports Medicine services?

37.



38. Did you participate in training sessions with the Strength and Conditioning Coach?  
 Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest). 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?  
 Yes  No

42. During your playing season, how many days per week do you typically have off?  
1

43. During your playing season, how many hours per day does a typical practice last?  
2

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 6-8
- Conditioning and/or weight lifting: 2
- Watch game film: 0

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No  
If you answered yes, please give a detailed account of those hours: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?  
1



47. During your off-season, how many hours per day was a typically work out?  
1
48. During your off-season, how many hours per week are you required to work out?  
4
49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 4
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:

The first part of the document discusses the importance of maintaining accurate records of all transactions.

This section outlines the various methods used to collect and analyze data for the study.

The results of the study are presented in the following table, which shows the distribution of responses across different categories.

The data indicates that there is a significant correlation between the variables studied, suggesting that the findings are statistically significant.

Conclusion

In conclusion, the study has provided valuable insights into the relationship between the variables examined.

Further research is needed to explore the underlying mechanisms and to validate the findings in a larger sample.

The authors would like to thank the participants and the funding agency for their support and contribution to this research.

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# Student-Athlete Exit Interview

Date 04/24 Name (optional) \_\_\_\_\_

Sport Golf

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University		✓	
2. Specific academic program		✓	
3. The athletic program	✓		
4. The head coach or coaching staff		✓	
5. Financial aid	✓		
6. Other athletes attending UCA	✓		
7. Location of UCA		✓	
8. Influence of parents			✓
9. Southland Conference			✓
10. Academic support services for student-athletes			✓
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

Yes  No If no, please explain \_\_\_\_\_

Note: In general, golf specific not so

4. Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)    1    2    3    4    5  
 Academics            1    2    3    4    5

5. If you were being recruited today would you choose to attend UCA again?



# MEMORANDUM FOR THE RECORD

DATE: [Faint date text]

TO: [Faint recipient name]

FROM: [Faint sender name]

SUBJECT: [Faint subject text]

RE: [Faint reference text]

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[Faint paragraph of text]

[Faint paragraph of text]

[Faint paragraph of text]

Yes  No If no, for what reasons? Coaching

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain \_\_\_\_\_

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments:

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important  Somewhat  Not sure  Not very  Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?  Yes  No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible?  Yes  No

13. Please rate the Coaching staff in your sport  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)  
Enthusiasm and the ability to motivate you and your teammates:



[Redacted]

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

[Redacted]

Ability to communicate with you and your teammates

[Redacted]

Ability to organize and prepare for practice

[Redacted]

Fairness in evaluating players and providing useful feedback regarding athletic performance

[Redacted]

Ethics

[Redacted]

Technical knowledge of game

[Redacted]

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No  
Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No  
Comments:

16. Rate the services you received from the following:  
(1 represents no support and 5 represents total support)

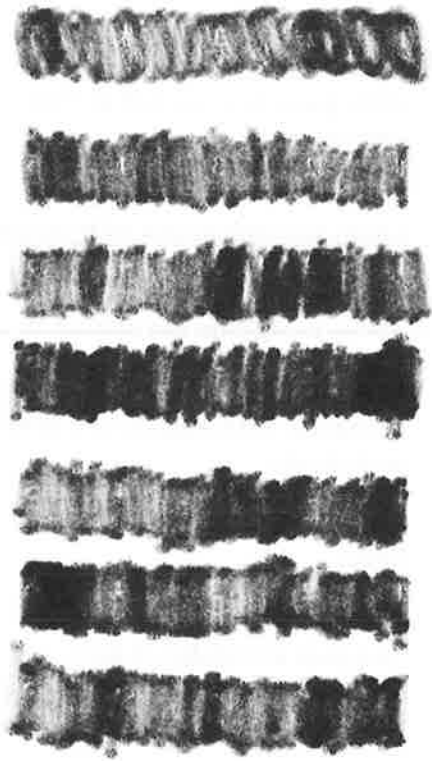
Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

[Redacted]

18. Who was your primary contact when you had questions about NCAA regulations?

Never had any



19. How can the athletic department assist you in your career development?

*Not applicable*

20. Have you sought assistance from the Career Services Staff?  Yes  No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

- |                          |   |                             |
|--------------------------|---|-----------------------------|
| Ethical Conduct          | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Academic Standards       | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs                    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment              | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Complimentary Admissions | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Extra Benefits           | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Boosters                 | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Student-Athlete Host     | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Employment               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No

23. Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)

3

What are your suggestions to improve the CHAMPS/Life Skills Program?

*Shorten up the sessions a bit to keep people interested*

24. Rate the time demands for your sport.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No

31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No

32. If you had a need to contact an administrator was one available to you?  
 Yes  No

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Second block of faint text, appearing as a paragraph or list of items.

Third block of faint text, continuing the content from the previous section.

Fourth block of faint text, possibly a transition or a new section.

Fifth block of faint text, appearing as a paragraph.

Sixth block of faint text, continuing the main body of the document.

Seventh block of faint text, possibly a concluding paragraph.

Eighth block of faint text, located near the bottom of the page.







The following information is provided for your reference:

1. The first section of the document contains the title and the author's name.

2. The second section contains the abstract of the paper, which summarizes the main findings and conclusions.

3. The third section contains the introduction, which provides background information on the topic and states the purpose of the study.

4. The fourth section contains the methodology, which describes the research design and the data collection process.

5. The fifth section contains the results, which present the findings of the study in a clear and concise manner.

6. The sixth section contains the discussion, which interprets the results and discusses their implications for the field.

7. The seventh section contains the conclusion, which summarizes the main findings and provides recommendations for future research.

8. The eighth section contains the references, which list the sources used in the study.

9. The ninth section contains the appendix, which provides additional information related to the study.

10. The tenth section contains the index, which provides a list of the topics covered in the document.



47. During your off-season, how many hours per day was a typically work out?  
1
48. During your off-season, how many hours per week are you required to work out?  
3
49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 0
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:

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## Student-Athlete Exit Interview

Date 03/21/2013 Name (optional) \_\_\_\_\_ Sport WBB

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University	✓		
2. Specific academic program		✓	
3. The athletic program	✓		
4. The head coach or coaching staff	✓		
5. Financial aid		✓	
6. Other athletes attending UCA		✓	
7. Location of UCA			✓
8. Influence of parents			✓
9. Southland Conference			✓
10. Academic support services for student-athletes		✓	
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

- Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)	1	2	3	4	(5)
Academics	1	2	3	4	(5)

5. If you were being recruited today would you choose to attend UCA again?



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1918

Section 2

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1918

Yes  No If no, for what reasons? I don't think I would be able to deal with everything that comes with playing basketball here.

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain \_\_\_\_\_

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments:

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important  Somewhat  Not sure  Not very  Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?  Yes  No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible?  Yes  No

13. Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

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26. The twenty-sixth part of the document is a list of names.

27. The twenty-seventh part of the document is a list of names.

28. The twenty-eighth part of the document is a list of names.

29. The twenty-ninth part of the document is a list of names.

30. The thirtieth part of the document is a list of names.



Ability to communicate with coach and your teammates

Ability to organize and prepare for practice

Fairness in evaluating players and providing useful feedback regarding athletic performance

Ethics

Technical knowledge of game

14. **Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?**  Yes  No

Comments:

15. **Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?**  Yes  No

Comments:

16. **Rate the services you received from the following:  
(1 represents no support and 5 represents total support)**

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. **If you could change one thing about your specific sports program at UCA what would it be?**

To value academics as much as athletics.

18. **Who was your primary contact when you had questions about NCAA regulations?**

Natalie Shock

19. **How can the athletic department assist you in your career development?**

Everything was already helpful

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*[Faint handwritten text or signature at the bottom right of the page.]*



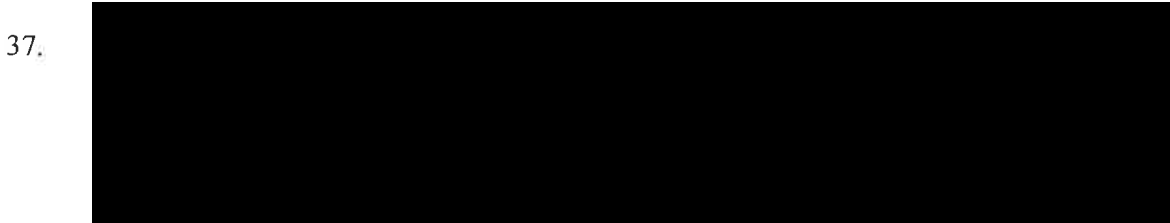
*[Faint handwritten text or signature at the very bottom center of the page.]*

20. Have you sought assistance from the Career Services Staff?  Yes  No
21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
- |                          |   |                             |
|--------------------------|---|-----------------------------|
| Ethical Conduct          | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Academic Standards       | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs                    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment              | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Complimentary Admissions | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Extra Benefits           | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Boosters                 | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Student-Athlete Host     | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Employment               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
 Was it helpful?  Yes  No
23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 5  
 What are your suggestions to improve the Life Skills Program?
24. Rate the time demands for your sport.  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
25. Rate team travel arrangements for minimizing missed class time.  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
26. How well did practice times accommodate class scheduling?  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory
28. Were you ever required to miss class due to practice?  Yes  No
29. Were you required to miss a mid-term or final exam due to practice?  Yes  No
30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No
31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No
32. If you had a need to contact an administrator was one available to you?  
 Yes  No
33. Was your team assigned an Athletic Trainer?  Yes  No
34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5



35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  
5

36. How would you improve the Sports Medicine services?



38. Did you participate in training sessions with the Strength and Conditioning Coach?  
 Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest) 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?  
 Yes  No

42. During your playing season, how many days per week do you typically have off?  
1

43. During your playing season, how many hours per day does a typical practice last?  
3 hours

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: ~~4~~ 12
- Conditioning and/or weight lifting: 1
- Watch game film: 3

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No

If you answered yes, please give a detailed account of those hours: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?  
2

47. During your off-season, how many hours per day was a typically work out?  
2

48. During your off-season, how many hours per week are you required to work out?  
10



49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 2
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:

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A small, dark, handwritten mark or signature located in the lower-left quadrant of the page.







## Student-Athlete Exit Interview

Date 3.28.19 Name (optional) \_\_\_\_\_ Sport WBB

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University	✓		
2. Specific academic program		✓	
3. The athletic program	✓		
4. The head coach or coaching staff	✓		
5. Financial aid	✓		
6. Other athletes attending UCA		✓	
7. Location of UCA		✓	
8. Influence of parents			✓
9. Southland Conference			✓
10. Academic support services for student-athletes		✓	
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

- Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)	1	2	3	4	5
Academics	1	2	3	4	5

5. If you were being recruited today would you choose to attend UCA again?



Faint header text, possibly a title or reference number.

11

Main body of faint, illegible text, possibly a list or document content.



Yes  No If no, for what reasons? \_\_\_\_\_

6. **How did your participation in athletics affect your Academic Performance?**

- It helped because I had to manage my time more effectively.
- It hurt because I did not have enough time to commit to academics.
- It did not affect my academic performance very much.
- Other effects. Please explain \_\_\_\_\_

7. **When did you begin to feel confident you could manage both the academic and athletic demands at UCA.**

- Immediately
- One term
- Sophomore
- Junior
- Senior
- Never

Comments:

8. **How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.**

- Very effective and very complete for both
- Effective for athletic but not for academic
- Effective for academic but not for athletic
- Not effective for either

9. **Did your coaches sincerely emphasize graduation from UCA as a top priority?**

- Yes, from the start, they always emphasized academics over athletics.
- Yes and no, in the sense they emphasized academics and athletics equally.
- No, from the start, they emphasized athletics over academics.
- No, but they emphasized an academic degree could always be earned after my athletic career was over.
- No, they hardly ever discussed academics

10. **How important to you is graduating from college?**

- Very important
- Somewhat
- Not sure
- Not very
- Not at all

11. **Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?**  Yes  No

12. **Did the coaches ever steer you toward a less challenging major in order to keep you eligible?**  Yes  No

13. **Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)**

Enthusiasm and the ability to motivate you and your teammates:



Willingness to assist with academic concerns (not necessarily related to eligibility matters)





Ability to communicate with you and your teammates  
 Ability to organize and prepare for practice  
 Fairness in evaluating players and providing useful feedback regarding athletic performance  
 Ethics  
 Technical knowledge of game

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No

Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No

Comments:

16. Rate the services you received from the following:  
 (1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

18. Who was your primary contact when you had questions about NCAA regulations?

N/A

19. How can the athletic department assist you in your career development?

N/A

THE UNIVERSITY OF CHICAGO

PHYSICS DEPARTMENT

PHYSICS 350

LECTURE 1

STATISTICAL MECHANICS

1. Introduction to Statistical Mechanics

2. The Microcanonical Ensemble

3. The Canonical Ensemble

4. The Grand Canonical Ensemble

5. Applications to Ideal Gases

6. Summary

7. Further Reading

8. Exercises

20. Have you sought assistance from the Career Services Staff?  Yes  No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

- |                          |   |                             |
|--------------------------|---|-----------------------------|
| Ethical Conduct          | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Academic Standards       | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs                    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment              | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Complimentary Admissions | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Extra Benefits           | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Boosters                 | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Student-Athlete Host     | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Employment               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No

23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 4  
What are your suggestions to improve the Life Skills Program?

24. Rate the time demands for your sport.  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory

26. How well did practice times accommodate class scheduling?  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 – Excellent  4 – Good  3 – Satisfactory  2 – Poor  1 – Unsatisfactory

28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No

31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No

32. If you had a need to contact an administrator was one available to you?  
 Yes  No

33. Was your team assigned an Athletic Trainer?  Yes  No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 4





35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  
4

36. How would you improve the Sports Medicine services?

37.

38. Did you participate in training sessions with the Strength and Conditioning Coach?  
 Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program.  
(Rate on a scale of 1-5 with 5 being the highest) 4

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?  
 Yes  No

42. During your playing season, how many days per week do you typically have off?  
1

43. During your playing season, how many hours per day does a typical practice last?  
2-3

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 12-16
- Conditioning and/or weight lifting: 1-1.5
- Watch game film: 2-2.5

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No

If you answered yes, please give a detailed account of those hours: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?  
2

47. During your off-season, how many hours per day was a typically work out?  
1-1.5

48. During your off-season, how many hours per week are you required to work out?

1. The first part of the document discusses the importance of maintaining accurate records of all transactions.

2. It is essential to ensure that all entries are supported by appropriate documentation and receipts.

3. Regular audits should be conducted to verify the accuracy of the records and identify any discrepancies.

4. The second part of the document outlines the procedures for handling any irregularities or discrepancies.

5. It is important to investigate any irregularities promptly and take appropriate corrective action.

6. The final part of the document provides a summary of the key points and conclusions.

7. The document concludes by emphasizing the need for transparency and accountability in all financial reporting.

8. The document is intended to serve as a guide for all staff members involved in financial reporting.

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? \_\_\_\_\_
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:

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50 EAST LAKE STREET, CHICAGO, ILL. 60607-7093  
TEL: (773) 847-7000 FAX: (773) 847-7001

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50 EAST LAKE STREET, CHICAGO, ILL. 60607-7093  
TEL: (773) 847-7000 FAX: (773) 847-7001





## Student-Athlete Exit Interview

Date 3/29/18 Name (optional) \_\_\_\_\_ Sport MBB

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University		X	
2. Specific academic program		X	
3. The athletic program	X		
4. The head coach or coaching staff	X		
5. Financial aid	X		
6. Other athletes attending UCA		X	
7. Location of UCA		X	
8. Influence of parents		X	
9. Southland Conference			X
10. Academic support services for student-athletes		X	
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

- Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)	1	2	3	4	5
Academics	1	2	3	4	5

5. If you were being recruited today would you choose to attend UCA again?

Yes  No If no, for what reasons? Depends on options

6. **How did your participation in athletics affect your Academic Performance?**
- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain \_\_\_\_\_
7. **When did you begin to feel confident you could manage both the academic and athletic demands at UCA.**
- Immediately  One term  Sophomore  Junior  Senior  Never
- Comments:
8. **How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.**
- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either
9. **Did your coaches sincerely emphasize graduation from UCA as a top priority?**
- Yes, from the start, they always emphasized academics over athletics.  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics
10. **How important to you is graduating from college?**
- Very important  Somewhat  Not sure  Not very  Not at all
11. **Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?**  Yes  No
12. **Did the coaches ever steer you toward a less challenging major in order to keep you eligible?**  Yes  No
13. **Please rate the Coaching staff in your sport**  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)  
Enthusiasm and the ability to motivate you and your teammates:

---

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to communicate with you and your teammates

Ability to organize and prepare for practice

Fairness in evaluating players and providing useful feedback regarding athletic performance

Ethics

Technical knowledge of game

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No  
Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No  
Comments:

16. Rate the services you received from the following:  
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

More marketing/fundraising

18. Who was your primary contact when you had questions about NCAA regulations?

Any of my coaches

19. How can the athletic department assist you in your career development?

Help with job search and networking

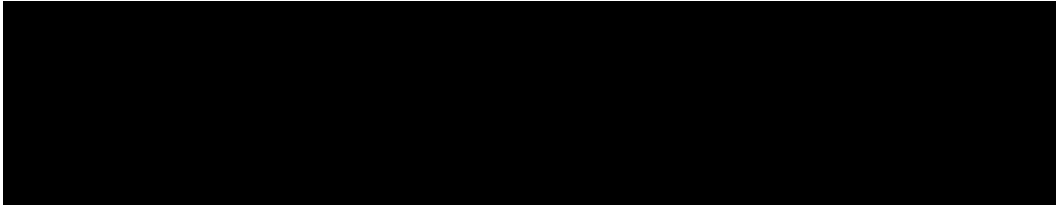
20. Have you sought assistance from the Career Services Staff?  Yes  No
21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
- |                          |   |                             |
|--------------------------|---|-----------------------------|
| Ethical Conduct          | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Academic Standards       | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs                    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment              | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Complimentary Admissions | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Extra Benefits           | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Boosters                 | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Student-Athlete Host     | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Employment               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No
23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 4  
What are your suggestions to improve the Life Skills Program?  
Not sure
24. Rate the time demands for your sport.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
25. Rate team travel arrangements for minimizing missed class time.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
26. How well did practice times accommodate class scheduling?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory
28. Were you ever required to miss class due to practice?  Yes  No
29. Were you required to miss a mid-term or final exam due to practice?  Yes  No
30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No
31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No
32. If you had a need to contact an administrator was one available to you?  
 Yes  No
33. Was your team assigned an Athletic Trainer?  Yes  No
- 
34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 2



35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  
3

36. How would you improve the Sports Medicine services?

37.



38. Did you participate in training sessions with the Strength and Conditioning Coach?  
 Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program.  
(Rate on a scale of 1-5 with 5 being the highest) 3

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?  
 Yes  No

42. During your playing season, how many days per week do you typically have off?  
2

43. During your playing season, how many hours per day does a typical practice last?  
2

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 10
- Conditioning and/or weight lifting: ~~1~~ 2
- Watch game film: 2

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No  
If you answered yes, please give a detailed account of those hours: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?  
2

47. During your off-season, how many hours per day was a typically work out?  
1

48. During your off-season, how many hours per week are you required to work out?  
0

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 0

50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:



## Student-Athlete Exit Interview

Date 3/28 Name (optional) [REDACTED] Sport Basketball

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: Applying to grad school / looking into playing

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University	✓		
2. Specific academic program	✓		
3. The athletic program	✓		
4. The head coach or coaching staff		✓	
5. Financial aid	✓		
6. Other athletes attending UCA	✓		
7. Location of UCA			✓
8. Influence of parents			✓
9. Southland Conference		✓	
10. Academic support services for student-athletes		✓	
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

Yes  No If no, please explain \_\_\_\_\_

4. Please rate your experience at UCA. (Circle one for each category)  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)    1    2    3    4    5  
Academics            1    2    3    4    5

5. If you were being recruited today would you choose to attend UCA again?

Yes

Yes  No If no, for what reasons? \_\_\_\_\_

6. **How did your participation in athletics affect your Academic Performance?**

- It helped because I had to manage my time more effectively.  
 It hurt because I did not have enough time to commit to academics.  
 It did not affect my academic performance very much.  
 Other effects. Please explain \_\_\_\_\_

7. **When did you begin to feel confident you could manage both the academic and athletic demands at UCA.**

- Immediately  One term  Sophomore  Junior  Senior  Never

Comments:

8. **How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.**

- Very effective and very complete for both  
 Effective for athletic but not for academic  
 Effective for academic but not for athletic  
 Not effective for either

9. **Did your coaches sincerely emphasize graduation from UCA as a top priority?**

- Yes, from the start, they always emphasized academics over athletics.  
 Yes and no, in the sense they emphasized academics and athletics equally.  
 No, from the start, they emphasized athletics over academics.  
 No, but they emphasized an academic degree could always be earned after my athletic career was over.  
 No, they hardly ever discussed academics

10. **How important to you is graduating from college?**

- Very important  Somewhat  Not sure  Not very  Not at all

11. **Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?**  Yes  No

12. **Did the coaches ever steer you toward a less challenging major in order to keep you eligible?**  Yes  No

13. **Please rate the Coaching staff in your sport**  
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)  
Enthusiasm and the ability to assist in your sport and your teammates:

---

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to communicate with you and your teammates

Ability to organize and prepare for practice

Fairness in evaluating players and providing useful feedback regarding athletic performance

Ethics

Technical knowledge of game

14. **Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?**  Yes  No  
Comments:

15. **Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?**  Yes  No  
Comments:

16. **Rate the services you received from the following:**  
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. **If you could change one thing about your specific sports program at UCA what would it be?** Shorten Study Hall requirements in season

18. **Who was your primary contact when you had questions about NCAA regulations?**

Coaches

19. **How can the athletic department assist you in your career development?**

List available options for post-college life

20. Have you sought assistance from the Career Services Staff?  Yes  No
21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

Ethical Conduct	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Amateurism	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Academic Standards	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Eligibility Standards	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Drugs	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Recruitment	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Complimentary Admissions	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Extra Benefits	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Boosters	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Student-Athlete Host	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Employment	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No

23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 4  
What are your suggestions to improve the Life Skills Program?

24. Rate the time demands for your sport.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?  
 5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No

31. Do you think the Athletic Administration supported and valued your sport?  
 Yes  No

32. If you had a need to contact an administrator was one available to you?  
 Yes  No

33. Was your team assigned an Athletic Trainer?  Yes  No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 4

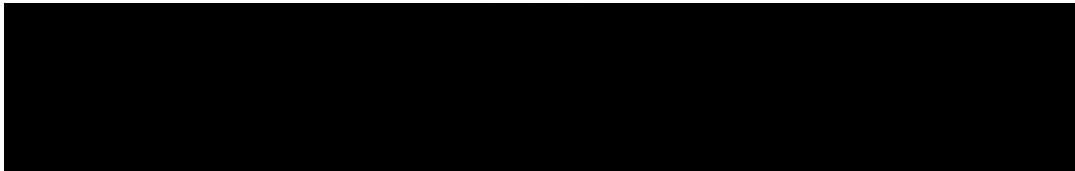
35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).

3

36. How would you improve the Sports Medicine services?

Perhaps make the offices larger / widen the available times that treatment is available

37.



38. Did you participate in training sessions with the Strength and Conditioning Coach?

Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program.

(Rate on a scale of 1-5 with 5 being the highest) 3

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?

Yes  No

42. During your playing season, how many days per week do you typically have off?

1

43. During your playing season, how many hours per day does a typical practice last?

2-3

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 10-12
- Conditioning and/or weight lifting: 3-5
- Watch game film: 1

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No

If you answered yes, please give a detailed account of those hours: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?

N/A

47. During your off-season, how many hours per day was a typically work out?

Can't Recall

48. During your off-season, how many hours per week are you required to work out?

3-5

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? Varies

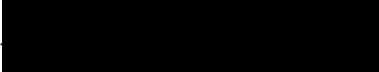
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:

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# Student-Athlete Exit Interview

Date 4/24/14 Name (optional)  Sport Golf

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: \_\_\_\_\_

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University		✓	
2. Specific academic program		✓	
3. The athletic program			
4. The head coach or coaching staff	✓		
5. Financial aid			✓
6. Other athletes attending UCA		✓	
7. Location of UCA		✓	
8. Influence of parents			✓
9. Southland Conference			✓
10. Academic support services for student-athletes		✓	
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

- Yes  No If no, please explain   
 Poor facilities.

4. Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)    1    2    3    4    5  
 Academics            1    2    3    4    5

5. If you were being recruited today would you choose to attend UCA again?

1900

1901



Yes  No If no, for what reasons? ~~anyway, I don't~~

Gold facilities not good

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.
- It hurt because I did not have enough time to commit to academics.
- It did not affect my academic performance very much.
- Other effects. Please explain \_\_\_\_\_

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately
- One term
- Sophomore
- Junior
- Senior
- Never

Comments:

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both
- Effective for athletic but not for academic
- Effective for academic but not for athletic
- Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.
- Yes and no, in the sense they emphasized academics and athletics equally.
- No, from the start, they emphasized athletics over academics.
- No, but they emphasized an academic degree could always be earned after my athletic career was over.
- No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important
- Somewhat
- Not sure
- Not very
- Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?  Yes  No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible?  Yes  No

13. Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)  
Enthusiasm and the ability to motivate you and your teammates:



[Redacted]

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

[Redacted]

Ability to communicate with you and your teammates

[Redacted]

Ability to organize and prepare for practice

[Redacted]

Fairness in evaluating players and providing useful feedback regarding athletic performance

[Redacted]

Ethics

[Redacted]

Technical knowledge of game

[Redacted]

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA?  Yes  No  
Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA?  Yes  No  
Comments:

16. Rate the services you received from the following:  
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

[Redacted] The facilities.

18. Who was your primary contact when you had questions about NCAA regulations?

Nathalie Shock.

1875

1876

1877

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1882

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19. How can the athletic department assist you in your career development?

*Buy finding jobs in other states not just in Arkansas.*

20. Have you sought assistance from the Career Services Staff?  Yes  No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

- |                          |   |                             |
|--------------------------|---|-----------------------------|
| Ethical Conduct          | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Academic Standards       | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs                    | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment              | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Complimentary Admissions | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Extra Benefits           | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Boosters                 | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Student-Athlete Host     | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Employment               | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |

22. Did you receive a copy of the Student-Athlete handbook?  Yes  No  
Was it helpful?  Yes  No

23. Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)

4  
What are your suggestions to improve the CHAMPS/Life Skills Program?

*Nothing*

24. Rate the time demands for your sport.

5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.

5 - Excellent  4 - Good  3 - Satisfactory  2 - Poor  1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?

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27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?

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28. Were you ever required to miss class due to practice?  Yes  No

29. Were you required to miss a mid-term or final exam due to practice?  Yes  No

30. Were practice times usually scheduled in a manner to allow you access to campus food services?  Yes  No

31. Do you think the Athletic Administration supported and valued your sport?

Yes  No

32. If you had a need to contact an administrator was one available to you?

Yes  No





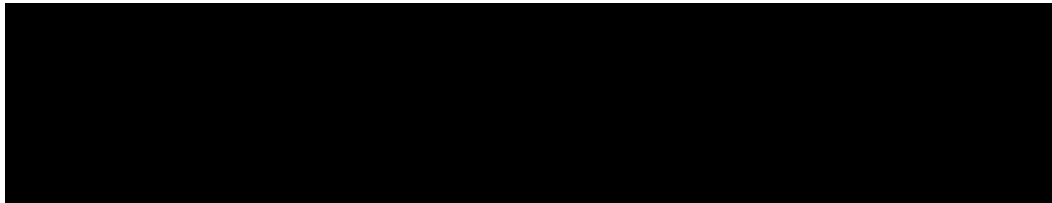
33. Was your team assigned an Athletic Trainer?  Yes  No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 4

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).  
4

36. How would you improve the Sports Medicine services?  
Don't assume things.

37.



38. Did you participate in training sessions with the Strength and Conditioning Coach?  
 Yes  No

39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest) 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)?  Yes  No

41. I felt I was able to bring issues with my sport to my SAAC representatives?  
 Yes  No

42. During your playing season, how many days per week do you typically have off?  
1

43. During your playing season, how many hours per day does a typical practice last?  
5

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 2
- Conditioning and/or weight lifting: 1
- Watch game film: 0

45. During your playing season, is your team required to practice more than 20 hours per week?  Yes  No

If you answered yes, please give a detailed account of those hours: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

46. During your off-season, how many days per week do you typically have off?  
1



47. During your off-season, how many hours per day was a typically work out?  
\_\_\_\_\_
48. During your off-season, how many hours per week are you required to work out?  
\_\_\_\_\_
49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? \_\_\_\_\_
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general.  Yes  No If no, please explain:

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