



STUDENT-ATHLETE EXIT SURVEY
WESTERN KENTUCKY UNIVERSITY

Student-Athlete (name optional): _____

Sport: Women's Basketball

Internal use only below this line

Reviewed by: _____

Title: _____

Date: _____

Please answer all questions by circling your answer or filling in the blank.

COACHING STAFF

Use the following questions to rate your head coach:

- 1) The head coach knew the rules, skills and strategies our team needed to develop competitively.

~~BELOW AVERAGE~~

AVERAGE

GOOD

EXCELLENT

- 2) The head coach worked collaboratively with the assistant coaches, strength and conditioning coach, and the athletic training staff?

NEVER

SOMETIMES

OFTEN

ALWAYS

- 3) The head coach helped individuals develop to their fullest potential.

NEVER

SOMETIMES

OFTEN

ALWAYS

- 4) The head coach recognized individual needs of team members.

NEVER

SOMETIMES

OFTEN

ALWAYS

- 5) The head coach kept other aspects of student life in perspective with his/her requirements.

NEVER

SOMETIMES

OFTEN

ALWAYS

- 6) Opportunities were available for each team member to communicate with head coach.

NEVER

SOMETIMES

OFTEN

ALWAYS

- 7) I was comfortable talking one-on-one with my head coach.

YES

NO

If no, please explain:

8) When talking one-on-one with my head coach, I felt I was treated with respect.

NEVER

SOMETIMES

OFTEN

ALWAYS

9) I feel a strong sense of respect for my head coach.

NEVER

SOMETIMES

OFTEN

ALWAYS

10) I consider my coach to be an organized leader.

NEVER

SOMETIMES

OFTEN

ALWAYS

11) How would you rate the assistant coach(es) in your sport?

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

12) What do you believe were the strengths of the coaching staff in your sport?

Communication, knowing how to communicate

13) In what areas, if any, do you feel the coaching staff in your sport needs to improve?

None

PRACTICES

1) The length of practices was effective for the conditioning of our squad.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) The time of day that practices were held was compatible with my academic needs.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The length of practices was compatible with my academic needs.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) Practices were organized.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) Practices were challenging.

NEVER

SOMETIMES

OFTEN

ALWAYS

6) Practices created an environment where team cohesion was present.

NEVER

SOMETIMES

OFTEN

ALWAYS

7) Additional comments regarding practice:

SCHEDULING

1) The level of competition scheduled was a challenge to my individual skill level.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) The level of competition scheduled was a challenge to my team's skill level.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The competitive schedule placed pressure on my studies.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) Travel accommodations were appropriate for Division I competition.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) I feel safe when we travel.

NEVER

SOMETIMES

OFTEN

ALWAYS

6) Additional comments regarding scheduling:

ACADEMICS

1) Rate your overall academic experience at Western Kentucky University.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

2) I feel that the Academic Advisors in SASC were helpful.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

3) I feel that the Academic Advisors in SASC were accessible.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

4) My coaches supported me in my academics and provided a positive learning environment.

NEVER SOMETIMES OFTEN ALWAYS

5) I used the Student-Athlete Success Center (SASC).

NEVER SOMETIMES OFTEN ALWAYS

6) The hours of SASC are compatible with my schedule.

NEVER SOMETIMES OFTEN ALWAYS

7) Tutoring was available if I requested assistance from the Academic Advising staff.

NEVER SOMETIMES OFTEN ALWAYS

8) The Academic Advisors in SASC demonstrated support and caring for me as an individual.

NEVER SOMETIMES OFTEN ALWAYS

9) The SASC provided me with what I needed to be successful?

NEVER SOMETIMES OFTEN ALWAYS

10) The Student-Athlete Handbook/Planner provided to me was helpful and informative.

YES NO I DON'T KNOW WHAT THAT IS

2) My training room needs were attended to promptly.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The training room hours met my needs.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) The training room personnel were knowledgeable of injury rehabilitation techniques.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

5) The training room personnel used good judgment in referring complicated problems to a medical specialist.

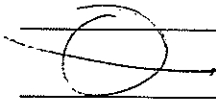
BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

6) Additional comments regarding athletic training:



MEDIA RELATIONS

1) The media relations staff conducted themselves in a professional manner.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) The media relations staff did an excellent job promoting my team and individual accomplishments.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The media relations staff relayed accurate and useful information about me as an individual and my team.

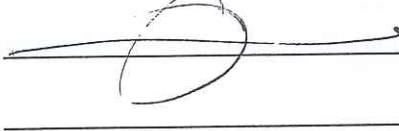
NEVER

SOMETIMES

OFTEN

ALWAYS

4) Additional comments regarding media relations:



ATHLETIC ADMINISTRATION

1) The administration demonstrated support for my sport by attending our practices and/or contests.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) Administrators were accessible to answer questions or discuss concerns.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) Administrators made me feel at ease when I spoke with them.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) As a student-athlete, do you feel that you were educated on the NCAA rules regarding academics, eligibility, amateurism, and practice?

YES

NO

5) I know what the Student-Athlete Advisory Committee's (SAAC) role is.

YES

NO

6) I feel that I have the opportunity to suggest proposed changes in intercollegiate athletics.

YES

NO

7) I am aware of the funds (Student-Athlete Opportunity Fund) provided by the NCAA for support of student-athletes (clothing allowance, summer school, etc...)

YES

NO

8) Additional comments regarding athletic administration:

~~_____~~

FACILITIES AND EQUIPMENT

1) The playing facilities provided were equivalent in quality to any on our competitive schedule.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

2) The locker room facilities were comparable to any on our competitive schedule.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

3) The uniforms and warm-ups were comparable to those of our opponents.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

4) Equipment provided was appropriate and adequate for our team to compete effectively.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

5) Is there improvement needed in the equipment area?

YES

NO

If yes, please explain:

~~_____~~

6) Additional comments regarding facilities and equipment:

~~_____~~

8) Do you regularly use tobacco products?

YES

NO

If yes, what type? (e.g., cigarettes, cigars, smokeless tobacco) _____

9) Have you been hazed or initiated during your time at WKU?

YES

NO

10) Have you participated in the hazing or initiation of teammates during your time at WKU?

YES

NO

11) Have you gambled at a casino during your time at WKU?

YES

NO

12) Have you gambled on WKU sporting events during your time at WKU?

YES

NO

13) Have you gambled on collegiate or professional sporting events during your time at WKU?

YES

NO

If yes, which events? _____

14) If you had problems with any of the high-risk behaviors listed above, who would you turn to for help (circle all that apply):

- Head Coach
- Assistant Coach
- WKU Athletic Administrator
- WKU Senior Woman Administrator
- WKU Student-Athlete Success Center Advisor
- WKU Health/Counseling Services Center
- Resource Outside of the University
- None of the Above

15) Additional comments regarding health and wellness:

COMMUNITY INVOLVEMENT

1) I feel that I am an active member of the WKU college community.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) Our team is involved in Bowling Green community service.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) Bowling Green community service projects interfere with my academics.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) I feel welcomed by the Bowling Green community and feel that I am an important part of the Bowling Green community.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) Additional comments regarding community involvement:

~~_____~~

PERSONAL

1) Do you feel you were discriminated against based on your race/ethnicity, religious beliefs, and/or sexual orientations by WKU coaches, administrators, support staff, teammates, or other student-athletes?

YES

NO

If yes, please explain:

~~_____~~

2) WKU helped prepare me for life beyond college?

YES

NO

Please explain:

helped me prepare for life challenges

3) I felt safe at WKU.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) How would you rate your experience as a WKU student-athlete?

EXCELLENT

VERY GOOD

GOOD

FAIR

POOR

5) Knowing what you know now about your experience as a WKU student-athlete, would you choose WKU again?

DEFINITELY YES

PROBABLY

MAYBE

PROBABLY NOT

DEFINITELY NO

6) What final message or thoughts would you like to leave with the WKU athletic department?

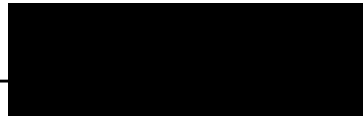


STUDENT-ATHLETE EXIT SURVEY
WESTERN KENTUCKY UNIVERSITY

Student-Athlete (name optional):



Sport:



Internal use only below this line

Reviewed by:

Title:

Date:

Please answer all questions by circling your answer or filling in the blank.

COACHING STAFF

Use the following questions to rate your head coach:

1) The head coach knew the rules, skills and strategies our team needed to develop competitively.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

2) The head coach worked collaboratively with the assistant coaches, strength and conditioning coach, and the athletic training staff?

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The head coach helped individuals develop to their fullest potential.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) The head coach recognized individual needs of team members.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) The head coach kept other aspects of student life in perspective with his/her requirements.

NEVER

SOMETIMES

OFTEN

ALWAYS

6) Opportunities were available for each team member to communicate with head coach.

NEVER

SOMETIMES

OFTEN

ALWAYS

7) I was comfortable talking one-on-one with my head coach.

YES

NO

If no, please explain:

8) When talking one-on-one with my head coach, I felt I was treated with respect.

NEVER SOMETIMES OFTEN ALWAYS

9) I feel a strong sense of respect for my head coach.

NEVER SOMETIMES OFTEN ALWAYS

10) I consider my coach to be an organized leader.

NEVER SOMETIMES OFTEN ALWAYS

11) How would you rate the assistant coach(es) in your sport? *N/A*

BELOW AVERAGE AVERAGE GOOD EXCELLENT

12) What do you believe were the strengths of the coaching staff in your sport?

Coach recognized the individuality of our sport
and worked well on communicating that and helping
everyone improve.

13) In what areas, if any, do you feel the coaching staff in your sport needs to improve?

Sometimes communication was off, ~~and~~ besides
that everything was great.

PRACTICES

1) The length of practices was effective for the conditioning of our squad.

NEVER SOMETIMES OFTEN ALWAYS

2) The time of day that practices were held was compatible with my academic needs.

NEVER SOMETIMES OFTEN ALWAYS

3) The length of practices was compatible with my academic needs.

NEVER SOMETIMES OFTEN ALWAYS

4) Practices were organized.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) Practices were challenging.

NEVER

SOMETIMES

OFTEN

ALWAYS

6) Practices created an environment where team cohesion was present.

NEVER

SOMETIMES

OFTEN

ALWAYS

7) Additional comments regarding practice:

Practice was effective and efficient for us.

SCHEDULING

1) The level of competition scheduled was a challenge to my individual skill level.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) The level of competition scheduled was a challenge to my team's skill level.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The competitive schedule placed pressure on my studies.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) Travel accommodations were appropriate for Division I competition.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) I feel safe when we travel.

NEVER

SOMETIMES

OFTEN

ALWAYS

6) Additional comments regarding scheduling:

ACADEMICS

1) Rate your overall academic experience at Western Kentucky University.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

2) I feel that the Academic Advisors in SASC were helpful.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

3) I feel that the Academic Advisors in SASC were accessible.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

4) My coaches supported me in my academics and provided a positive learning environment.

NEVER SOMETIMES OFTEN ALWAYS

5) I used the Student-Athlete Success Center (SASC).

NEVER SOMETIMES OFTEN ALWAYS

6) The hours of SASC are compatible with my schedule.

NEVER SOMETIMES OFTEN ALWAYS

7) Tutoring was available if I requested assistance from the Academic Advising staff.

NEVER SOMETIMES OFTEN ALWAYS

8) The Academic Advisors in SASC demonstrated support and caring for me as an individual.

NEVER SOMETIMES OFTEN ALWAYS

9) The SASC provided me with what I needed to be successful?

NEVER SOMETIMES OFTEN ALWAYS

10) The Student-Athlete Handbook/Planner provided to me was helpful and informative.

YES NO I DON'T KNOW WHAT THAT IS

11) Additional comments regarding academics:

STRENGTH AND CONDITIONING

1) Use of the strength and conditioning facility helped to improve my overall conditioning.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) The strength and conditioning facility was accessible to men's and women's teams equally.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The hours of operation for the strength and conditioning facility were compatible with my academic schedule.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) My strength and conditioning coach was very helpful in my overall conditioning.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) My strength and conditioning coach was very informative about my nutritional needs.

NEVER

SOMETIMES

OFTEN

ALWAYS

6) Additional comments regarding strength and conditioning:

ATHLETIC TRAINING

1) The athletic training room personnel provided effective care and management of my athletic injuries.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) My training room needs were attended to promptly.

NEVER SOMETIMES OFTEN ALWAYS

3) The training room hours met my needs.

NEVER SOMETIMES OFTEN ALWAYS

4) The training room personnel were knowledgeable of injury rehabilitation techniques.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

5) The training room personnel used good judgment in referring complicated problems to a medical specialist.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

6) Additional comments regarding athletic training:

MEDIA RELATIONS

1) The media relations staff conducted themselves in a professional manner.

NEVER SOMETIMES OFTEN ALWAYS

2) The media relations staff did an excellent job promoting my team and individual accomplishments.

NEVER SOMETIMES OFTEN ALWAYS

3) The media relations staff relayed accurate and useful information about me as an individual and my team.

NEVER SOMETIMES OFTEN ALWAYS

4) Additional comments regarding media relations:

ATHLETIC ADMINISTRATION

1) The administration demonstrated support for my sport by attending our practices and/or contests.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) Administrators were accessible to answer questions or discuss concerns.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) Administrators made me feel at ease when I spoke with them.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) As a student-athlete, do you feel that you were educated on the NCAA rules regarding academics, eligibility, amateurism, and practice?

YES

NO

5) I know what the Student-Athlete Advisory Committee's (SAAC) role is.

YES

NO

6) I feel that I have the opportunity to suggest proposed changes in intercollegiate athletics.

YES

NO

7) I am aware of the funds (Student-Athlete Opportunity Fund) provided by the NCAA for support of student-athletes (clothing allowance, summer school, etc...)

YES

NO

8) Additional comments regarding athletic administration:

FACILITIES AND EQUIPMENT

1) The playing facilities provided were equivalent in quality to any on our competitive schedule.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

2) The locker room facilities were comparable to any on our competitive schedule.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

3) The uniforms and warm-ups were comparable to those of our opponents.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

4) Equipment provided was appropriate and adequate for our team to compete effectively.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

5) Is there improvement needed in the equipment area?

YES NO

If yes, please explain:

6) Additional comments regarding facilities and equipment:

HEALTH AND WELLNESS

1) Have you experienced disordered eating during your time at WKU?

YES

NO

I DON'T KNOW

If yes, please explain: (ex. bingeing, purging, restricted food intake to control weight, over-exercising)

2) Have you struggled with poor mental health and mental health issues during your time at WKU?

YES

NO

If yes, please explain (ex. anxiety, body image issues, depression, suicidal thoughts, stress)

3) Have you consumed alcohol during your time at WKU?

YES

NO

4) Have you engaged in binge drinking (4-5 drinks in one sitting) during your time at WKU?

YES

NO

If yes, how often? (daily, weekly, monthly) Monthly

5) Have you taken prescription drugs NOT prescribed to you during your time at WKU?

YES

NO

If yes, what prescription drug(s) did you take? _____

6) Have you engaged in the use of illegal drugs during your time at WKU?

YES

NO

If yes, which drug(s)? _____

7) Have you used performance enhancing drugs during your time at WKU?

YES

NO

If yes, which performance enhancing drug(s)? _____

8) Do you regularly use tobacco products?

YES

NO

If yes, what type? (e.g., cigarettes, cigars, smokeless tobacco) _____

9) Have you been hazed or initiated during your time at WKU?

YES

NO

10) Have you participated in the hazing or initiation of teammates during your time at WKU?

YES

NO

11) Have you gambled at a casino during your time at WKU?

YES

NO

12) Have you gambled on WKU sporting events during your time at WKU?

YES

NO

13) Have you gambled on collegiate or professional sporting events during your time at WKU?

YES

NO

If yes, which events? _____

14) If you had problems with any of the high-risk behaviors listed above, who would you turn to for help (circle all that apply):

- Head Coach

- Assistant Coach

- WKU Athletic Administrator

- WKU Senior Woman Administrator

- WKU Student-Athlete Success Center Advisor

- WKU Health/Counseling Services Center

- Resource Outside of the University

- None of the Above

15) Additional comments regarding health and wellness:

COMMUNITY INVOLVEMENT

1) I feel that I am an active member of the WKU college community.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) Our team is involved in Bowling Green community service.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) Bowling Green community service projects interfere with my academics.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) I feel welcomed by the Bowling Green community and feel that I am an important part of the Bowling Green community.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) Additional comments regarding community involvement:

PERSONAL

1) Do you feel you were discriminated against based on your race/ethnicity, religious beliefs, and/or sexual orientations by WKU coaches, administrators, support staff, teammates, or other student-athletes?

YES

NO

If yes, please explain:

2) WKU helped prepare me for life beyond college?

YES

NO

Please explain:

I feel more prepared to be on my own
and start life as a graduate than I did prior
to college

3) I felt safe at WKU.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) How would you rate your experience as a WKU student-athlete?

EXCELLENT

VERY GOOD

GOOD

FAIR

POOR

5) Knowing what you know now about your experience as a WKU student-athlete, would you choose WKU again?

DEFINITELY YES

PROBABLY

MAYBE

PROBABLY NOT

DEFINITELY NO

6) What final message or thoughts would you like to leave with the WKU athletic department?

I couldn't have asked for a better community / department to be involved in. Playing [REDACTED] was a dream come true for me and playing here at WKU was the best decision I've ever made. Thank you to everyone who has been here with me since I stepped foot on campus. It really does mean more to be a Hill topper !!



STUDENT-ATHLETE EXIT SURVEY
WESTERN KENTUCKY UNIVERSITY

Student-Athlete (name optional): _____

Sport: _____



Internal use only below this line

Reviewed by: _____

Title: _____

Date: _____

Please answer all questions by circling your answer or filling in the blank.

COACHING STAFF

Use the following questions to rate your head coach:

1) The head coach knew the rules, skills and strategies our team needed to develop competitively.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

2) The head coach worked collaboratively with the assistant coaches, strength and conditioning coach, and the athletic training staff?

NEVER SOMETIMES OFTEN ALWAYS

3) The head coach helped individuals develop to their fullest potential.

NEVER SOMETIMES OFTEN ALWAYS

4) The head coach recognized individual needs of team members.

NEVER SOMETIMES OFTEN ALWAYS

5) The head coach kept other aspects of student life in perspective with his/her requirements.

NEVER SOMETIMES OFTEN ALWAYS

6) Opportunities were available for each team member to communicate with head coach.

NEVER SOMETIMES OFTEN ALWAYS

7) I was comfortable talking one-on-one with my head coach.

YES NO

If no, please explain:

8) When talking one-on-one with my head coach, I felt I was treated with respect.

NEVER

SOMETIMES

OFTEN

ALWAYS

9) I feel a strong sense of respect for my head coach.

NEVER

SOMETIMES

OFTEN

ALWAYS

10) I consider my coach to be an organized leader.

NEVER

SOMETIMES

OFTEN

ALWAYS

11) How would you rate the assistant coach(es) in your sport?

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

12) What do you believe were the strengths of the coaching staff in your sport?

knowledge on defense in the game, organization
for travel, good @ scouting competition.

13) In what areas, if any, do you feel the coaching staff in your sport needs to improve?

listening to input from players, not being stubborn,
no mind games w/ players, recruiting

PRACTICES

1) The length of practices was effective for the conditioning of our squad.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) The time of day that practices were held was compatible with my academic needs.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The length of practices was compatible with my academic needs.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) Practices were organized.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) Practices were challenging.

NEVER

SOMETIMES

OFTEN

ALWAYS

6) Practices created an environment where team cohesion was present.

NEVER

SOMETIMES

OFTEN

ALWAYS

7) Additional comments regarding practice:

Sometimes lasted longer than needed.

SCHEDULING

1) The level of competition scheduled was a challenge to my individual skill level.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) The level of competition scheduled was a challenge to my team's skill level.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The competitive schedule placed pressure on my studies.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) Travel accommodations were appropriate for Division I competition.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) I feel safe when we travel.

NEVER

SOMETIMES

OFTEN

ALWAYS

6) Additional comments regarding scheduling:

Sometimes things were scheduled to take up time, but we didn't need to be doing them & could have used the down time.

ACADEMICS

1) Rate your overall academic experience at Western Kentucky University.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

2) I feel that the Academic Advisors in SASC were helpful.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

3) I feel that the Academic Advisors in SASC were accessible.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

4) My coaches supported me in my academics and provided a positive learning environment.

NEVER SOMETIMES OFTEN ALWAYS

5) I used the Student-Athlete Success Center (SASC).

NEVER SOMETIMES OFTEN ALWAYS

6) The hours of SASC are compatible with my schedule. *Should be open on Sunday*

NEVER SOMETIMES OFTEN ALWAYS

7) Tutoring was available if I requested assistance from the Academic Advising staff.

NEVER SOMETIMES OFTEN ALWAYS

8) The Academic Advisors in SASC demonstrated support and caring for me as an individual.

NEVER SOMETIMES OFTEN ALWAYS

9) The SASC provided me with what I needed to be successful?

NEVER SOMETIMES OFTEN ALWAYS

10) The Student-Athlete Handbook/Planner provided to me was helpful and informative.

YES NO I DON'T KNOW WHAT THAT IS

11) Additional comments regarding academics:

STRENGTH AND CONDITIONING

1) Use of the strength and conditioning facility helped to improve my overall conditioning.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) The strength and conditioning facility was accessible to men's and women's teams equally.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The hours of operation for the strength and conditioning facility were compatible with my academic schedule.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) My strength and conditioning coach was very helpful in my overall conditioning.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) My strength and conditioning coach was very informative about my nutritional needs.

NEVER

SOMETIMES

OFTEN

ALWAYS

6) Additional comments regarding strength and conditioning:

Sometimes we were put second to basketball
(both mens & womens)

ATHLETIC TRAINING

1) The athletic training room personnel provided effective care and management of my athletic injuries.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) My training room needs were attended to promptly.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The training room hours met my needs.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) The training room personnel were knowledgeable of injury rehabilitation techniques.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

5) The training room personnel used good judgment in referring complicated problems to a medical specialist.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

6) Additional comments regarding athletic training:

Great trainers, both [redacted] & [redacted]

MEDIA RELATIONS

1) The media relations staff conducted themselves in a professional manner.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) The media relations staff did an excellent job promoting my team and individual accomplishments.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) The media relations staff relayed accurate and useful information about me as an individual and my team.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) Additional comments regarding media relations:

We should have had more opportunities for
advertising & social media techniques.
(more like power 5 schools do)

ATHLETIC ADMINISTRATION

1) The administration demonstrated support for my sport by attending our practices and/or contests.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) Administrators were accessible to answer questions or discuss concerns.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) Administrators made me feel at ease when I spoke with them.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) As a student-athlete, do you feel that you were educated on the NCAA rules regarding academics, eligibility, amateurism, and practice?

YES

NO

5) I know what the Student-Athlete Advisory Committee's (SAAC) role is.

YES

NO

6) I feel that I have the opportunity to suggest proposed changes in intercollegiate athletics.

YES

NO

7) I am aware of the funds (Student-Athlete Opportunity Fund) provided by the NCAA for support of student-athletes (clothing allowance, summer school, etc...)

YES

NO

8) Additional comments regarding athletic administration:

FACILITIES AND EQUIPMENT

1) The playing facilities provided were equivalent in quality to any on our competitive schedule.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

2) The locker room facilities were comparable to any on our competitive schedule.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

3) The uniforms and warm-ups were comparable to those of our opponents.

BELOW AVERAGE

AVERAGE

GOOD

EXCELLENT

4) Equipment provided was appropriate and adequate for our team to compete effectively.

BELOW AVERAGE

AVERAGE

GOOD

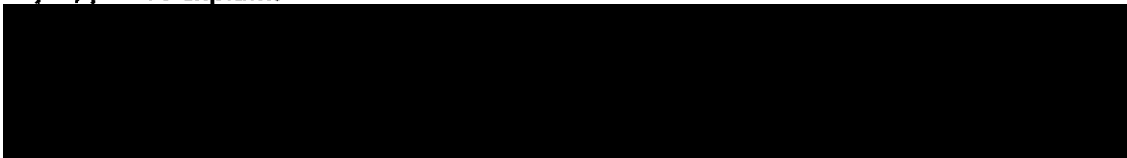
EXCELLENT

5) Is there improvement needed in the equipment area?

YES

NO

If yes, please explain:



6) Additional comments regarding facilities and equipment:

Facilities was awesome and always doing a good job keeping field nice & getting ready for game day.

HEALTH AND WELLNESS

1) Have you experienced disordered eating during your time at WKU?

YES NO I DON'T KNOW

If yes, please explain: (ex. bingeing, purging, restricted food intake to control weight, over-exercising)

2) Have you struggled with poor mental health and mental health issues during your time at WKU?

YES NO

If yes, please explain (ex. anxiety, body image issues, depression, suicidal thoughts, stress)

anxiety dealing with [redacted] a school and all my obligations that has to be met. (That's normal though)

3) Have you consumed alcohol during your time at WKU?

YES NO

4) Have you engaged in binge drinking (4-5 drinks in one sitting) during your time at WKU?

YES NO

If yes, how often? (daily, weekly, monthly) _____

5) Have you taken prescription drugs NOT prescribed to you during your time at WKU?

YES NO

If yes, what prescription drug(s) did you take? _____

6) Have you engaged in the use of illegal drugs during your time at WKU?

YES NO

If yes, which drug(s)? _____

7) Have you used performance enhancing drugs during your time at WKU?

YES NO

If yes, which performance enhancing drug(s)? _____

8) Do you regularly use tobacco products?

YES

NO

If yes, what type? (e.g., cigarettes, cigars, smokeless tobacco) _____

9) Have you been hazed or initiated during your time at WKU?

YES

NO

10) Have you participated in the hazing or initiation of teammates during your time at WKU?

YES

NO

11) Have you gambled at a casino during your time at WKU?

YES

NO

12) Have you gambled on WKU sporting events during your time at WKU?

YES

NO

13) Have you gambled on collegiate or professional sporting events during your time at WKU?

YES

NO

If yes, which events? _____

X 14) If you had problems with any of the high-risk behaviors listed above, who would you turn to for help (circle all that apply):

- Head Coach

- WKU Student-Athlete Success Center Advisor

- Assistant Coach

- WKU Health/Counseling Services Center

- WKU Athletic Administrator

- Resource Outside of the University

- WKU Senior Woman Administrator

- None of the Above

15) Additional comments regarding health and wellness:

The fueling station (which we get my senior year)
could improve.

COMMUNITY INVOLVEMENT

1) I feel that I am an active member of the WKU college community.

NEVER

SOMETIMES

OFTEN

ALWAYS

2) Our team is involved in Bowling Green community service.

NEVER

SOMETIMES

OFTEN

ALWAYS

3) Bowling Green community service projects interfere with my academics.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) I feel welcomed by the Bowling Green community and feel that I am an important part of the Bowling Green community.

NEVER

SOMETIMES

OFTEN

ALWAYS

5) Additional comments regarding community involvement:

We need to do more community service.

PERSONAL

1) Do you feel you were discriminated against based on your race/ethnicity, religious beliefs, and/or sexual orientations by WKU coaches, administrators, support staff, teammates, or other student-athletes?

YES

NO

If yes, please explain:

2) WKU helped prepare me for life beyond college?

YES

NO

Please explain:

Lessons learned through [redacted] & my academics has me prepared & ready to be on my own.

3) I felt safe at WKU.

NEVER

SOMETIMES

OFTEN

ALWAYS

4) How would you rate your experience as a WKU student-athlete?

EXCELLENT

VERY GOOD

GOOD

FAIR

POOR

5) Knowing what you know now about your experience as a WKU student-athlete, would you choose WKU again?

DEFINITELY YES

PROBABLY

MAYBE

PROBABLY NOT

DEFINITELY NO

6) What final message or thoughts would you like to leave with the WKU athletic department?

Overall, I had a great experience playing [redacted] for WKU and made a lot of unforgettable memories. Sometimes I felt favoritism from the coaching staff and felt like I couldn't get good feedback if I approached them → mainly my sophomore year. Some things were promised when committing that never happened. Also, for senior night I think we should get our jerseys framed and given to us. I wouldn't want to have went anywhere else. I lived my time here on the hill as a student-athlete! Go Tops!



STUDENT-ATHLETE EXIT SURVEY

WESTERN KENTUCKY UNIVERSITY

Student-Athlete (name optional):



Sport:

Women's Soccer

Internal use only below this line

Reviewed by:

LS

Title:

Date:

Please answer all questions by circling your answer or filling in the blank.

COACHING STAFF

Use the following questions to rate your head coach:

1) The head coach knew the rules, skills and strategies our team needed to develop competitively.

BELOW AVERAGE AVERAGE GOOD **EXCELLENT**

2) The head coach worked collaboratively with the assistant coaches, strength and conditioning coach, and the athletic training staff?

NEVER **SOMETIMES** OFTEN ALWAYS

3) The head coach helped individuals develop to their fullest potential.

NEVER SOMETIMES **OFTEN** ALWAYS

4) The head coach recognized individual needs of team members.

NEVER SOMETIMES OFTEN **ALWAYS**

5) The head coach kept other aspects of student life in perspective with his/her requirements.

NEVER  SOMETIMES OFTEN **ALWAYS**

6) Opportunities were available for each team member to communicate with head coach.

NEVER SOMETIMES OFTEN **ALWAYS**

7) I was comfortable talking one-on-one with my head coach.

YES NO

If no, please explain:

8) When talking one-on-one with my head coach, I felt I was treated with respect.

NEVER SOMETIMES OFTEN ALWAYS

9) I feel a strong sense of respect for my head coach.

NEVER SOMETIMES OFTEN ALWAYS

10) I consider my coach to be an organized leader.

NEVER SOMETIMES OFTEN ALWAYS

11) How would you rate the assistant coach(es) in your sport?

BELOW AVERAGE AVERAGE GOOD EXCELLENT

12) What do you believe were the strengths of the coaching staff in your sport?

I believe that our coaching staff knew the individuality of each player really well and was able to apply this on and off the field

13) In what areas, if any, do you feel the coaching staff in your sport needs to improve?

As I am now not a part of the team, I believe ~~the~~ coaching staff needed a new goalkeeping coach, which they got after I left. Considering our soccer program has not been very successful when it comes to tournament time, I would have to say the coaching staff needs to improve on game manageability and recruiting. It seems that they recruit the same types of players for the same positions which ends up not working out. The team needs to have different style of players in order to work. For example, we can't have all big forwards... the team needs to have technical forwards too.

PRACTICES

1) The length of practices was effective for the conditioning of our squad.

NEVER SOMETIMES OFTEN ALWAYS

2) The time of day that practices were held was compatible with my academic needs.

- | | | | | |
|--|-------|-----------|-------|--------|
| | NEVER | SOMETIMES | OFTEN | ALWAYS |
|--|-------|-----------|-------|--------|
- 3) The length of practices was compatible with my academic needs.
- | | | | | |
|--|-------|-----------|-------|--------|
| | NEVER | SOMETIMES | OFTEN | ALWAYS |
|--|-------|-----------|-------|--------|
- 4) Practices were organized.
- | | | | | |
|--|-------|-----------|-------|--------|
| | NEVER | SOMETIMES | OFTEN | ALWAYS |
|--|-------|-----------|-------|--------|
- 5) Practices were challenging.
- | | | | | |
|--|-------|-----------|-------|--------|
| | NEVER | SOMETIMES | OFTEN | ALWAYS |
|--|-------|-----------|-------|--------|
- 6) Practices created an environment where team cohesion was present.
- | | | | | |
|--|-------|-----------|-------|--------|
| | NEVER | SOMETIMES | OFTEN | ALWAYS |
|--|-------|-----------|-------|--------|
- 7) Additional comments regarding practice:

SCHEDULING

- 1) The level of competition scheduled was a challenge to my individual skill level.
- | | | | | |
|--|-------|-----------|-------|--------|
| | NEVER | SOMETIMES | OFTEN | ALWAYS |
|--|-------|-----------|-------|--------|
- 2) The level of competition scheduled was a challenge to my team's skill level.
- | | | | | |
|--|-------|-----------|-------|--------|
| | NEVER | SOMETIMES | OFTEN | ALWAYS |
|--|-------|-----------|-------|--------|
- 3) The competitive schedule placed pressure on my studies.
- | | | | | |
|--|-------|-----------|-------|--------|
| | NEVER | SOMETIMES | OFTEN | ALWAYS |
|--|-------|-----------|-------|--------|
- 4) Travel accommodations were appropriate for Division I competition.
- | | | | | |
|--|-------|-----------|-------|--------|
| | NEVER | SOMETIMES | OFTEN | ALWAYS |
|--|-------|-----------|-------|--------|
- 5) I feel safe when we travel.
- | | | | | |
|--|-------|-----------|-------|--------|
| | NEVER | SOMETIMES | OFTEN | ALWAYS |
|--|-------|-----------|-------|--------|

6) Additional comments regarding scheduling:

ACADEMICS

1) Rate your overall academic experience at Western Kentucky University.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

2) I feel that the Academic Advisors in SASC were helpful.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

3) I feel that the Academic Advisors in SASC were accessible.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

4) My coaches supported me in my academics and provided a positive learning environment.

NEVER SOMETIMES OFTEN ALWAYS

5) I used the Student-Athlete Success Center (SASC).

NEVER SOMETIMES OFTEN ALWAYS

6) The hours of SASC are compatible with my schedule.

NEVER SOMETIMES OFTEN ALWAYS

7) Tutoring was available if I requested assistance from the Academic Advising staff.

NEVER SOMETIMES OFTEN ALWAYS

8) The Academic Advisors in SASC demonstrated support and caring for me as an individual.

NEVER SOMETIMES OFTEN ALWAYS

9) The SASC provided me with what I needed to be successful?

NEVER SOMETIMES OFTEN ALWAYS

10) The Student-Athlete Handbook/Planner provided to me was helpful and informative.

YES

NO

I DON'T KNOW WHAT THAT IS

11) Additional comments regarding academics:

STRENGTH AND CONDITIONING

- 1) Use of the strength and conditioning facility helped to improve my overall conditioning.

NEVER

SOMETIMES

OFTEN

ALWAYS

- 2) The strength and conditioning facility was accessible to men's and women's teams equally.

NEVER

SOMETIMES

OFTEN

ALWAYS

- 3) The hours of operation for the strength and conditioning facility were compatible with my academic schedule.

NEVER

SOMETIMES

OFTEN

ALWAYS

- 4) My strength and conditioning coach was very helpful in my overall conditioning.

NEVER

SOMETIMES

OFTEN

ALWAYS

- 5) My strength and conditioning coach was very informative about my nutritional needs.

NEVER

SOMETIMES

OFTEN

ALWAYS

- 6) Additional comments regarding strength and conditioning:

I think it would be beneficial if the strength and conditioning coach were to advise the athletes more on their nutritional needs throughout the season. Also, our strength and conditioning coach was also the coach for women's basketball and they were always a priority over our soccer team, even when we were in season. She always traveled with the women's basketball team, but rarely did with us (maybe 1 or 2 games throughout the season). I think having the strength coach around more would improve the player/coach relationship.

ATHLETIC TRAINING

1) The athletic training room personnel provided effective care and management of my athletic injuries.

NEVER SOMETIMES OFTEN ALWAYS

2) My training room needs were attended to promptly.

NEVER SOMETIMES OFTEN ALWAYS

3) The training room hours met my needs.

NEVER SOMETIMES OFTEN ALWAYS

4) The training room personnel were knowledgeable of injury rehabilitation techniques.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

5) The training room personnel used good judgment in referring complicated problems to a medical specialist.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

6) Additional comments regarding athletic training:

MEDIA RELATIONS

1) The media relations staff conducted themselves in a professional manner.

NEVER SOMETIMES OFTEN ALWAYS

2) The media relations staff did an excellent job promoting my team and individual accomplishments.

NEVER SOMETIMES OFTEN ALWAYS

3) The media relations staff relayed accurate and useful information about me as an individual and my team.

NEVER SOMETIMES OFTEN ALWAYS

4) Additional comments regarding media relations:

I felt as if our team was not very important in the eyes of our media staff. Other teams always had better promotions and media coverage than us and this upset a lot of girls. It made us all feel undeserving.

ATHLETIC ADMINISTRATION

1) The administration demonstrated support for my sport by attending our practices and/or contests.

NEVER SOMETIMES OFTEN ALWAYS

2) Administrators were accessible to answer questions or discuss concerns.

NEVER SOMETIMES OFTEN ALWAYS

3) Administrators made me feel at ease when I spoke with them.

NEVER SOMETIMES OFTEN ALWAYS

4) As a student-athlete, do you feel that you were educated on the NCAA rules regarding academics, eligibility, amateurism, and practice?

YES NO

5) I know what the Student-Athlete Advisory Committee's (SAAC) role is.

YES NO

6) I feel that I have the opportunity to suggest proposed changes in intercollegiate athletics.

YES NO

7) I am aware of the funds (Student-Athlete Opportunity Fund) provided by the NCAA for support of student-athletes (clothing allowance, summer school, etc...)

YES NO

8) Additional comments regarding athletic administration:

FACILITIES AND EQUIPMENT

1) The playing facilities provided were equivalent in quality to any on our competitive schedule.

BELOW AVERAGE AVERAGE **GOOD** EXCELLENT

2) The locker room facilities were comparable to any on our competitive schedule.

BELOW AVERAGE AVERAGE GOOD EXCELLENT

3) The uniforms and warm-ups were comparable to those of our opponents.

BELOW AVERAGE AVERAGE GOOD **EXCELLENT**

4) Equipment provided was appropriate and adequate for our team to compete effectively.

BELOW AVERAGE AVERAGE GOOD **EXCELLENT**

5) Is there improvement needed in the equipment area?

YES **NO**

If yes, please explain:

6) Additional comments regarding facilities and equipment:

Our field was not in very good shape throughout the season so it may have needed more attending to when the weather changed. In regards to locker rooms, I selected below average because we do not have a locker room area at our actual field. This can be very inconvenient when it comes time to practice and for the visiting teams. We have to use the same bathroom as all the fans and this bathroom only has 2 stalls. It would be nice if a locker room facility could be put up by our field and could be connected with softball.

HEALTH AND WELLNESS

1) Have you experienced disordered eating during your time at WKU?

YES NO I DON'T KNOW

If yes, please explain: (ex. bingeing, purging, restricted food intake to control weight, over-exercising)

2) Have you struggled with poor mental health and mental health issues during your time at WKU?

YES NO

If yes, please explain (ex. anxiety, body image issues, depression, suicidal thoughts, stress)

I think we all experience some form of stress and depression throughout college. I



3) Have you consumed alcohol during your time at WKU?

YES NO

4) Have you engaged in binge drinking (4-5 drinks in one sitting) during your time at WKU?

YES NO

If yes, how often? (daily, weekly, monthly) _____

5) Have you taken prescription drugs NOT prescribed to you during your time at WKU?

YES NO

If yes, what prescription drug(s) did you take? _____

6) Have you engaged in the use of illegal drugs during your time at WKU?

YES NO

If yes, which drug(s)? _____

7) Have you used performance enhancing drugs during your time at WKU?

YES NO

If yes, which performance enhancing drug(s)? _____

8) Do you regularly use tobacco products?

YES NO

If yes, what type? (e.g., cigarettes, cigars, smokeless tobacco) _____

9) Have you been hazed or initiated during your time at WKU?

YES NO

10) Have you participated in the hazing or initiation of teammates during your time at WKU?

YES NO

11) Have you gambled at a casino during your time at WKU?

YES NO

12) Have you gambled on WKU sporting events during your time at WKU?

YES NO

13) Have you gambled on collegiate or professional sporting events during your time at WKU?

YES NO

If yes, which events? _____

14) If you had problems with any of the high-risk behaviors listed above, who would you turn to for help (circle all that apply):

- Head Coach
- Assistant Coach
- WKU Athletic Administrator
- WKU Senior Woman Administrator
- WKU Student-Athlete Success Center Advisor
- WKU Health/Counseling Services Center
- Resource Outside of the University
- None of the Above

15) Additional comments regarding health and wellness:

COMMUNITY INVOLVEMENT

1) I feel that I am an active member of the WKU college community.

NEVER SOMETIMES OFTEN ALWAYS

2) Our team is involved in Bowling Green community service.

NEVER SOMETIMES **OFTEN** ALWAYS

3) Bowling Green community service projects interfere with my academics.

NEVER SOMETIMES OFTEN ALWAYS

4) I feel welcomed by the Bowling Green community and feel that I am an important part of the Bowling Green community.

NEVER SOMETIMES **OFTEN** ALWAYS

5) Additional comments regarding community involvement:

PERSONAL

1) Do you feel you were discriminated against based on your race/ethnicity, religious beliefs, and/or sexual orientations by WKU coaches, administrators, support staff, teammates, or other student-athletes?

YES **NO**

If yes, please explain:

2) WKU helped prepare me for life beyond college?

YES NO

Please explain:

WKU gave me an amazing academic experience. I not only got my undergrad here, but was able to start my master's program during my 5th year. I am currently [REDACTED]

[REDACTED]

3) I felt safe at WKU.

NEVER SOMETIMES OFTEN **ALWAYS**

4) How would you rate your experience as a WKU student-athlete?

EXCELLENT

VERY GOOD

GOOD

FAIR

POOR

5) Knowing what you know now about your experience as a WKU student-athlete, would you choose WKU again?

DEFINITELY YES

PROBABLY

MAYBE

PROBABLY NOT

DEFINITELY NO

6) What final message or thoughts would you like to leave with the WKU athletic department?

I am extremely thankful to the WKU athletic department for providing me with the opportunity to play college soccer and get an education. It really is an unbelievable experience. If I could go back in time, I do think that I would choose a different school, but only because of my personal experiences. I felt that a lot of girls on the soccer team were not as serious about soccer as I was and this made relationships complicated sometimes. With this being said, I think I would have liked to choose a school that has a more dedicated program of players. Even saying this, I spent all 5 years of my eligibility at WKU so there must have been something keeping me there. I really enjoyed my time with the coaches and think they helped me as a player and person. I just didn't enjoy my experiences as much outside the field.

