

STUDENT-ATHLETE EXIT SURVEY

WESTERN KENTUCKY UNIVERSITY

Student-Athlete (na	ame optional):		
Sport:		Islomens B	ashet ball
*	Internal use o	nly below this line	
Reviewed by: Title: Date:			

Please answer all questions by circling your answer or filling in the blank.

COACHING STAFF

Use the following questions to rate your head coach:

	Ose the following duestions to that h						
1)	The head coach knew the competitively.	e rules, skills and strate	egies our team nee	ded to develop			
	BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT			
2)	The head coach worked	collaboratively with th	e assistant coaches	s, strength and			
	conditioning coach, and	the athletic training stands	aff? OFTEN	ALWAYS			
	NEVER	A Company of the Comp					
3)	The head coach helped i	ndividuals develop to t	their fullest potent	ial.			
	NEVER	SOMETIMES	OFTEN	ALWAYS			
4)	The head coach recognize	zed individual needs of	team members.				
	NEVER	SOMETIMES	OFTEN	ALWAYS			
5)	The head coach kept ot	ner aspects of student	life in perspective	with his/her			
	requirements.		*				
	NEVER	SOMETIMES	OFTEN	(ALWAYS)			
6)	Opportunities were ava	ilable for each team m	ember to commun	icate with head coach.			
	NEVER	SOMETIMES	OFTEN	ALWAYS			
7) I was comfortable talki	ng one-on-one with my	head coach.				
	XES	10					
	If no, please explain	n:	s				

8) When talking or	ne-on-one with my head o	in the state of th	
NEVER	SOMETIMES	OFTEN	ALWAYS
9) I feel a strong se	ense of respect for my hea	nd coach.	
NEVER	SOMETIMES	OFTEN	ALWAYS
10) I consider my co	oach to be an organized le	eader.	
NEVER	SOMETIMES	OFTEN	ALWAYS
11) How would you	rate the assistant coach(es) in your sport?	
BELOW AVE	RAGE AVERAGE	GOOD	EXCELLENT
12) What do you be			
Commo	fany, do you feel the coad	<i>J</i>	
Commo	f any, do you feel the coad	<i>J</i>	to commy
Commo		<i>J</i>	
13) In what areas, in		ching staff in your sport	needs to improve?
13) In what areas, in	f any, do you feel the coad	ching staff in your sport	needs to improve?
13) In what areas, in the length of properties. NEVER	f any, do you feel the coad	the conditioning of our s	equad.
13) In what areas, in PRACTICES 1) The length of property of property of the length of th	f any, do you feel the coad ractices was effective for t	the conditioning of our s	equad.
PRACTICES 1) The length of positive NEVER NEVER	ractices was effective for to some that practices were held	the conditioning of our some of our some of the compatible with my	equad. ALWAYS ALWAYS

.

4)	Practices were o	rganized.		
	NEVER	SOMETIMES	OFTEN	ALWAYS
5)	Practices were ch	nallenging.		
	NEVER	SOMETIMES	OFTEN	ALWAYS
6)	Practices created	an environment wher	e team cohesion was prese	ent.
	NEVER	SOMETIMES	OFTEN	ALWAYS
7)	Additional comm	nents regarding practic	e:	
31.				
CH	EDULING			
1)	The level of com	petition scheduled was	a challenge to my individu	ual skill level.
	NEVER	SOMETIMES	OFTEN	ALWAYS
2)	The level of com	petition scheduled was	a challenge to my team's	skill level.
	NEVER	SOMETIMES	OFTEN	ALWAYS
3)	The competitive	schedule placed pressu	ure on my studies.	
	NEVER	SOMETIMES	OFTEN	ALWAYS
4)	Travel accommo	dations were appropria	ate for Division I competiti	on.
	NEVER	SOMETIMES	OFTEN	ALWAYS
5)	I feel safe when	we travel.		
	NEVER	SOMETIMES	ÖFTEN	ALWAYS
6)	Additional comn	nents regarding schedu	ling:	
				

ACADEMICS

1)	Rate your overall academic experience at Western Kentucky University.						
	BELOW AVE	RAGE	AVERAGE	GOOD		EXCELLENT	
2)	I feel that the A	Academic Adviso	ors in SASC we	re helpful.			
	BELOW AVE	RAGE	AVERAGE	GOOD		EXCELLENT	
3)	I feel that the A	Academic Adviso	ors in SASC we	re accessible.			
	BELOW AVE	RAGE	AVERAGE	GOOD		EXCELLENT	
4)	My coaches sur environmen		ny academics a	and provided a posi	tive learnir	ng	
	NEVER	SOMETIMI	ĒS	OFTEN		ALWAYS	
5)	I used the Stude	ent-Athlete Suc	cess Center (S	ASC).			
	NEVER	SOMETIMI	ES	OFTEN		ALWAYS	
6)	The hours of SA	SC are compati	ble with my so	chedule.			
	NEVER	SOMETIMI	ES	OFTEN		ALWAYS	
7)	Tutoring was av	ailable if I requ	ested assistan	ce from the Acader	nic Advisin	g staff.	
	NEVER	SOMETIME	ES	OFTEN		ALWAYS	
8)	The Academic A	Advisors in SASC	demonstrate	d support and carin	g for me as	an individual.	
	NEVER	SOMETIME	ES	OFTEN		ALWAYS	
9)	The SASC provid	ded me with wh	at I needed to	be successful?			
	NEVER	SOMETIMES	OFTEN	l (ALWAYS)		
10)	The Student-At	hlete Handboo	k/Planner pro	vided to me was he	lpful and ir	formative.	
	YES NO I DON'T KNOW WHAT THAT IS						

	ENGTH AND COL			The state of the s
,1)	Use of the stre	ngth and conditioning faci 5.	lity helped to improve n	iy overall
	NEVER	SOMETIMES	OFTEN	(ALWAYS
2)	The strength ar equally.	nd conditioning facility wa	s accessible to men's an	d women's teams
	NEVER	SOMETIMES	OFTEN	ALWAY
3)	The hours of op my academic se	peration for the strength a	and conditioning facility	were compatible
	NEVER	SOMETIMES	OFTEN	ALWAY
4)	My strength ar	nd conditioning coach was	very helpful in my over	all conditioning.
	NEVER	SOMETIMES	OFTEN	ALWAY
5)	My strength ar	nd conditioning coach was	very informative about	my nutritional ne
	NEVER	SOMETIMES	OFTEN	ALWAY
6)	Additional com	nments regarding strength	and conditioning:	,
	ama	zing		
	HLETIC TRAINING	3		

2)	My training room needs were attended to promptly.				
	NEVER	SOMETIMES	OFTEN	ALWAYS	
3)	The training room	hours met my needs.			
	NEVER	SOMETIMES	OFTEN	ALWAYS	
4)	The training room	personnel were knowledg	eable of injury rehal	pilitation techniques.	
	BELOW AVERAG	GE AVERAGE	GOOD	EXCELLENT	
5)	The training room medical specialist.	personnel used good judg	ment in referring cor	mplicated problems to a	
i	BELOW AVERAG	SE AVERAGE)	GOOD	EXCELLENT	
ME	DIA DEL ATIONIC		THE STATE OF THE S	- Aller Grade and a second sec	
IVIE	<u>DIA RELATIONS</u>				
1)	The media relation NEVER	s staff conducted themsel SOMETIMES	ves in a professional OFTEN	manner. ALWAYS	
2)	The media relation accomplishments.	s staff did an excellent job	promoting my team	and individual	
	NEVER	SOMETIMES	OFTEN	(ALWAYS)	
3)	The media relation individual and my t	s staff relayed accurate an	d useful information	about me as an	
	NEVER	SOMETIMES	OFTEN	ALWAYS	

4)	Additional comm	ments regarding media re	lations:	
<u>AT</u>	ILETIC ADMINIST	<u>RATION</u>		
1)	The administrat contests.	ion demonstrated suppor	rt for my sport by attend	ding our practices and/or
	NEVER	SOMETIMES	OFTEN	ALWAYS
2)	Administrators	were accessible to answe	r questions or discuss co	oncerns.
	NEVER	SOMETIMES	OFTEN	ALWAYS
3)	Administrators	made me feel at ease wh	en I spoke with them.	
	NEVER	SOMETIMES	OFTEN	ALWAYS
4)		hlete, do you feel that yo ligibility, amateurism, an		NCAA rules regarding
	YES	NO		
5)	I know what the	e Student-Athlete Adviso	ry Committee's (SAAC) r	role is.
	YES	NO	99	
6)	I feel that I have athletics.	e the opportunity to sugg	est proposed changes in	n intercollegiate
	YES	NO		
7)	I am aware of t support of st	he funds (Student-Athlet udent-athletes (clothing	e Opportunity Fund) pro allowance, summer sch	ovided by the NCAA for ool, etc)
	YES	NO		

8)	Additional comments regard	ling athletic ad	ministration:	
			;	
<u>FAC</u>	CILITIES AND EQUIPMENT			
1)	The playing facilities provide schedule.	d were equiva	ent in quality to any o	on our competitive
	BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT
2)	The locker room facilities we	re comparable	to any on our compe	titive schedule.
	BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT
3)	The uniforms and warm-ups	were compara	ble to those of our op	ponents.
	BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT
4)	Equipment provided was apperture effectively.	propriate and a	dequate for our team	to compete
	BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT
5)	Is there improvement needed	d in the equipn	nent area?	
	YES NO			
	If yes, please explain:	·		
6)	Additional comments regardi	ng facilities an	d equipment:	
			,	

HEALTH AND WELLNESS

1)	Have you experienced disordered eating during your time at WKU? YES NO I DON'T KNOW
	If yes, please explain: (ex. binging, purging, restricted food intake to control weight, over-exercising)
2)	Have you struggled with poor mental health and mental health issues during your time at
	WKU? YES NO
	If yes, please explain (ex. anxiety, body image issues, depression, suicidal thoughts, stress)
3)	Have you consumed alcohol during your time at WKU?
	YES NO
4)	Have you engaged in binge drinking (4-5 drinks in one sitting) during your time at WKU? YES NO If yes, how often? (daily, weekly, monthly)
5)	Have you taken prescription drugs NOT prescribed to you during your time at WKU? YES NO If yes, what prescription drug(s) did you take?
6)	Have you engaged in the use of illegal drugs during your time at WKU? YES NO If yes, which drug(s)?
100	
7)	Have you used performance enhancing drugs during your time at WKU? YES NO If yes, which performance enhancing drug(s)?

8) Do you regul	arly use tobacco produ	cts?		
YES	(NO)			
x			_ /	
If yes, wha	t type? (e.g., cigarettes, c	igars, smokeless to	obacco)	
9) Have you be	en kazed or initiated du	aring your time at	t WKU?	
YES	(NO)			
10) Have you pa YES	rticipated in the hazing	or initiation of te	eammates dur	ing your time at WKU?
11) Have you gar YES	nbled at a casino durin	g your time at W	KU?	
12) Have you see	whiled on MIKEL on aution			
YES	nbled on WKU sporting	g events during yo	our time at Wi	(U?
13) Have you gar	nbled on collegiate or p	professional sport	ting events du	ring your time at
WKU?				
YES	(NO)			
If yes, whic	h events?	<u> </u>		
14) If you had pr	oblems with any of the	high-risk behavi	ors listed abov	ve. who would vou
	lp (circle all that apply)			, ,
- Head Coad	• • •	- WKU Student-	Athlete Success	Center Advisor
- Assistant (Coach	- WKU Health/C	ounseling Servi	ces Center
- WKU Athle	etic Administrator	- Resource Outs	_	
- WKU Senio	or Woman Administrator	- None of the Al		,
15) Additional co	mments regarding hea	lth and wellness:		
				,
		***************************************		C The Interest of
	Appendix A Late			748744444
COMMUNITY INV	<u>OLVEMENT</u>	· .		
1) I feel that I a	m an active member o	f the WKU college	community.	
NEVER	SOMETIMES	OFT	FEN .	ALWAYS
		11		

2)	Our team is involv	ed in Bowling Gre	en community servi	Le.	
	NEVER	SOMETIMES	OFTEN	(ALWAYS
3)	Bowling Green co	mmunity service p	rojects interfere wit	h my academic	S.
/	NEVER	SOMETIMES	OFTEN		ALWAYS
4)	Tfeel welcomed b		en community and f	eel that I am ar	important part
	NEVER	SOMETIMES	OFTEN		ALWAYS
5)	Additional commo	ents regarding com	nmunity involvemen	t:	7 7 7 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1
PER	SONAL				
1)	beliefs, and/or se teammates, or ot	vere discriminated xual orientations between student-athlet	against based on yo by WKU coaches, ad es?	our race/ethnic ministrators, su	ity, religious upport staff,
	If yes, please exp	lain:			
)			
2)	/	Me Propo	ond college?	igo cha	llenges.
3)	I felt safe at WKU			8	
	NEVER	SOMETIMES	OFTEN	. (ALWAYS

4)	How would you ra	te your experienc	e as a WKU :	student-athlete	?
(EXCELLENT	VERY GOOD		OD FAIR	
5)	Knowing what you you choose WKU a	know now about	your experi	ence as a WKU	student-athlete, would
(DEFINITELY YES	PROBABLY	MAYBE	PROBABLY N	OT DEFINITELY NO
6)	What final messag department?	e or thoughts wo	uld you like t	o leave with the	e WKU athletic



STUDENT-ATHLETE EXIT SURVEY

WESTERN KENTUCKY UNIVERSITY

Student-Athlete (n	ame optional):		
Sport:			
	Internal use o	nly below this line	
Reviewed by: Title: Date:			

Please answer all questions by circling your answer or filling in the blank.

COACHING STAFF

Use the following questions to rate your head	coach:	
-----------------------------------------------	--------	--

Use	e the following questi	ons to rate your head co	ach:			
1)	The head coach knew the rules, skills and strategies our team needed to develop competitively.					
	BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT		
2)	The head coach worked collaboratively with the assistant coaches, strength and conditioning coach, and the athletic training staff?					
	NEVER	SOMETIMES	OFTEN	ALWAYS		
3)	B) The head coach helped individuals develop to their fullest potential.					
	NEVER	SOMETIMES	OFTEN	ALWAYS		
4)	The head coach reco	gnized individual needs	of team members.			
	NEVER	SOMETIMES	OFTEN	ALWAYS		
5)	The head coach kept other aspects of student life in perspective with his/her requirements.					
	NEVER	SOMETIMES	OFTEN	ALWAYS		
6)	Opportunities were	available for each team i	member to communicat	e with head coach.		
	NEVER	SOMETIMES	OFTEN	ALWAYS		
7)	I was comfortable ta	lking one-on-one with m	ny head coach.			
	YES	NO				
	If no, please exp	lain:				

8)	8) When talking one-on-one with my head coach, I felt I was treated with respect.						
	NEVER	NEVER SOMETIMES		OFTEN	ALWAYS.		
9)	9) I feel a strong sense of respect for my head coach.						
	NEVER SOMETIMES			OFTEN	ALWAYS		
10	10) I consider my coach to be an organized leader.						
	NEVER SOMETIMES			OFTEN	ALWAYS		
11)) How would you	rate the assistant c	oach(es) i	n your sport? N			
			RAGE	*	EXCELLENT		
12)	What do you be	elieve were the strer	gths of th	e coaching staff in ye	our sport?		
			<u> </u>		y of our sport		
	<u>and</u>	horked hel	00	communication	of their and helping		
13)	iii wiiat areas, ii	any, do you teel the	coacning	g staff in your sport n	eeds to improve?		
	_ Somet	imes commo	mi eatior	n was off	esides		
	that	every thing	was	great	esides		
PR/	ACTICES			¥			
1)	The length of pr	acticas was offertive	. fautha a	andtate t			
-,		actices was effective	e ior the c	onditioning of our so	luad.		
	NEVER	SOMETIMES		OFTEN	ALWAYS		
2)	The time of day	that practices were	held was	compatible with my	academic needs.		
	NEVER	SOMETIMES		OFTEN	ALWAYS		
3)	The length of pra	actices was compati	ble with n	ny academic needs.			
	NEVER	SOMETIMES		OFTEN	ALWAYS		

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	Practices were	SOMETIMES	OFTEN	ALWAYS
	NEVER	SOMETHMES	OFFEN	TEV//II9
5)	Practices were	challenging.		
	NEVER	SOMETIMES	OETEN	ALWAYS
5)	Practices create	ed an environment where	team cohesion was pres	sent.
	NEVER	SOMETIMES	OFTEN	ALWAYS
7)	Additional com	ments regarding practice	ive and effic	int forus.
	<u>IEDULING</u>			
1)	The level of cor	npetition scheduled was a	a challenge to my individ	lual skill level.
	NEVER	SOMETIMES	OFTEN	ALWAYS
2)	The level of cor	mpetition scheduled was a	a challenge to my team's	s skill level.
9	NEVER	SOMETIMES	OFTEN	ALWAYS
3)	The competitiv	e schedule placed pressur	e on my studies.	
	NEVER	SOMETIMES	OFTEN	ALWAYS
	Travel accomm	odations were appropriat	e for Division I competit	ion.
4)				
4)	NEVER	SOMETIMES	OFTEN	ALWAYS
			OFTEN	
3.50	NEVER		OFTEN	

<u>ACADEMICS</u>

1)	Rate your overall academic experience at Western Kentucky University.				
	BELOW AVER	AGE	AVERAGE	GOOD	EXCELLEND
2)	I feel that the A	cademic Adv	isors in SASC we	re helpful.	
	BELOW AVER	AGE	AVERAGE	GOOD	EXCELLENT
3)	I feel that the A	cademic Advi	sors in SASC we	re accessible.	
	BELOW AVER	AGE	AVERAGE	GOOD	EXCELLENT
4)	My coaches sup environment	ported me in	my academics a	nd provided a positiv	ve learning
	NEVER	SOMETIN	MES	OEFEN	ALWAYS
5)	I used the Stude	nt-Athlete Su	ıccess Center (SA	ASC).	
	NEVER	SOMETIA	AES	OFTEN	ALWAYS
6)	The hours of SAS	C are compa	tible with my sc	hedule.	
	NEVER	SOMETIN	⁄1ES	OFTEN	ALWAYS
7)	Tutoring was ava	ailable if I req	uested assistanc	ce from the Academic	Advising staff.
	NEVER	SOMETIN	1ES	OFTEN	ALWAYS
8)	The Academic Ac	lvisors in SAS	C demonstrated	support and caring f	or me as an individual.
	NEVER	SOMETIM	1ES	OFTEN	ALWAYS
9)	The SASC provide	ed me with w	hat I needed to	be successful?	_
	NEVER	SOMETIMES	OFTEN	ALWAYS	
10)	The Student-Ath	lete Handbo	ok/Planner prov	ided to me was helpf	ul and informative.
	YES	NO	I DON'T KNOW	WHAT THAT IS	

				1000000
TR.	ENGTH AND CO	NDITIONING		
)	Use of the stree	ngth and conditioning facil	ity helped to improve	my overall
	NEVER	SOMETIMES	OFTEN	ALWAYS
)	The strength ar equally.	nd conditioning facility wa	s accessible to men's a	nd women's teams
	NEVER	SOMETIMES	OFTEN	ALWAYS
)	The hours of op my academic so	peration for the strength a chedule.	nd conditioning facility	were compatible wit
	NEVER	SOMETIMES	OFTEN	ALWAYS
)	My strength ar	nd conditioning coach was	very helpful in my over	rall conditioning.
	NEVER	SOMETIMES	OFTEN	ALWAYS
)	My strength ar	nd conditioning coach was	very informative abou	t my nutritional needs
	NEVER	SOMETIMES	OFTEN	ALWAYS
5)	Additional com	nments regarding strength	and conditioning:	
Tŀ	ILETIC TRAINING	<u> </u>		
L)	The athletic tra	aining room personnel pro ries.	vided effective care an	d management of my
	NEVER	SOMETIMES	OFTEN	ALWAYS

ds.	
OFTEN	ALWAYS
owledgeable of injury rehabilita	tion techniques.
AGE GOOD	EXCELLENT
od judgment in referring complic	rated problems to
AGE GOOD	EXCELLENT
nemselves in a professional man	ner.
nemselves in a professional man OFTEN	ner.
	ALWAYS
	od judgment in referring complic

				1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
ATH	LETIC ADMINISTR	PATION		
1)	The administration contests.	on demonstrated suppo	rt for my sport by attend	ling our practices and/or
	NEVER	SOMETIMES	OFTEN	ALWAYS
2)	Administrators v	vere accessible to answe	er questions or discuss co	oncerns.
	NEVER	SOMETIMES	OFTEN	ALWAYS
3)	Administrators n	nade me feel at ease wh	en I spoke with them.	
	NEVER	SOMETIMES	OFTEN	ALWAYS
4)	As a student-ath academics, el	lete, do you feel that yo igibility, amateurism, ar	ou were educated on the nd practice?	NCAA rules regarding
	YES	NO		
5)	I know what the	Student-Athlete Adviso	ry Committee's (SAAC) r	ole is.
	YES	NO		
6)	I feel that I have athletics.	the opportunity to sugg	gest proposed changes in	n intercollegiate
	YES	NO .		
7)	I am aware of the support of st	ne funds (Student-Athlet udent-athletes (clothing	e Opportunity Fund) pro allowance, summer sch	ovided by the NCAA for ool, etc)
	YES	NO		

8) Additional comments re	garding athletic adm	inistration:	
FACILITIES AND EQUIPMENT			
 The playing facilities pro- schedule. 	vided were equivaler	it in quality to any on o	ur competitive
BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT
2) The locker room facilities	were comparable to	any on our competitive	e schedule.
BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT
The uniforms and warm-	ıps were comparable	to those of our oppone	ents.
BELOW AVERAGE	AVERAGE	GOOD	EXCELLEND
) Equipment provided was effectively.	appropriate and ade	quate for our team to c	ompete
BELOW AVERAGE	AVERAGE	G00D	EXCELLENT
Is there improvement nee	ded in the equipmen	t area?	
YES (NO)			
If yes, please explain:			
Additional comments rega	rding facilities and e	quipment:	

HEALTH AND WELLNESS

1)	Have you experienced disordered eating during your time at WKU? YES I DON'T KNOW
	If yes, please explain: (ex. binging, purging, restricted food intake to control weight, over-exercising)
2)	Have you struggled with poor mental health and mental health issues during your time at WKU?
	YES NO
	If yes, please explain (ex. anxiety, body image issues, depression, suicidal thoughts, stress)
170	
3)	Have you consumed alcohol during your time at WKU?
	YES
4)	Have you engaged in binge drinking (4-5 drinks in one sitting) during your time at WKU?
	ÝES NO
	If yes, how often? (daily, weekly, monthly)
5)	Have you taken prescription drugs NOT prescribed to you during your time at WKU? YES NO
	If yes, what prescription drug(s) did you take?
۵۱	Have you engaged in the use of illegal drugs during your time at WKU?
6)	YES NO
	If yes, which drug(s)?
7)	Have you used performance enhancing drugs during your time at WKU? YES NO
	If yes, which performance enhancing drug(s)?

8) Do ye	ou regularly use tobacco pro	ducts?	
YE			
If y	res, what type? (e.g., cigarettes	, cigars, smokeless tobacco)	
9) Have	you been hazed or initiated	during your time at WKU?	
YES	(NO)		
10) Have	you participated in the hazir	ng or initiation of teammates duri	ng vour time at WKU
YES	(NO)	·	
11) Have	you gambled at a casino dur	ing your time at WKU?	•
YES	NO	and your mile of thio;	
12) Have	you gambled on WKU sporti	ng events during your time at WK	
YES	(NO)	ng events during your time at wk	.U?
13) Have y	ou gambled on collegiate o	r professional sporting events du	ing your time at
WKU?		\.	mg your time at
YES	(NO)		
If ye	s, which events?		
•			
14) If you	had problems with any of th	ne high-risk behaviors listed abov	a wha would vo
turn to	for help (circle all that appl	v):	e, who would you
	ad Coach	- WKU Student-Athlete Success (Center Advisor
- Ass	istant Coach	- WKU Health/Counseling Service	es Center
(-WK	U Athletic Administrator	- Resource Outside of the Univer	eity
	U Senior Woman Administrator	- None of the Above	Sity
15) Additio	onal comments regarding hea	alth and wellness:	
_	manus regularing free	arti and weinless.	
<u>COMMUNIT</u>	Y INVOLVEMENT		
1) I feel t	hat I am an active member o	of the WKU college community.	
NEV	ER SOMETIMES	OFTEN	(ALWAYS)

2)	Our team is inv	olved in Bowling Green o	ommunity service.	
	NEVER	SOMETIMES	OFTEN	ALWAYS
3)	Bowling Green	community service proje	ects interfere with my a	cademics.
(NEVER	SOMETIMES	OFTEN	ALWAYS
4)	I feel welcome of the Bowling	d by the Bowling Green c Green community.	ommunity and feel that	: I am an important part
	NEVER	SOMETIMES	OFTEN	ALWAYS
5)	Additional con	nments regarding commu	nity involvement:	
PER:	SONAL		1 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
1)	beliefs, and/o	ou were discriminated aga r sexual orientations by V r other student-athletes?	VKU coaches, administr	e/ethnicity, religious ators, support staff,
	If yes, please	explain:		
		A.		
2)	WKU helped p	orepare me for life beyon NO	d college?	
	Please explai	I feel more	bushowy to p	e on my own
	and	Start like us collège	a grednuk	than I did prior
3)	⊢⊙ I felt safe at V	VKU.		
	NEVER	SOMETIMES	OFTEN	ALWAYS

4)	How would you rate	your experience	e as a WKU s	student-a	thlete?		
	EXCELLENT	VERY GOOD	GO	OD	FAIR	PO	OR .
5)	Knowing what you kn you choose WKU agai	ow now about n?	your experi	ence as a	WKU stud	lent-athle	ete, would
	DEFINITELY YES	PROBABLY	MAYBE	PROB	ABLY NOT	DE	FINITELY NO
6)	What final message of department?	r thoughts wou	ld you like t	o leave w	ith the Wi	KU athlet	ic
	I could	it have	<u> </u>	lceil_	For	a 6	eller_
	community 1	depart mu	t to	be	involve	din.	Planina
		was a	draw	Cone			
	and playin	g here	at W	kU.	<u> zcu</u>	he	best
	decision]	se en	- med	de. T	hauk	you	1-0
	enyone u	ho ho	es b	een	here	1 	gith we
	since I	<u> </u>	peel	200F	<u> </u>	can	rpus.
	It reall	y locs	Mercy	w	ire 1	D 5.	, a
	Hill topper !	<u> </u>					



STUDENT-ATHLETE EXIT SURVEY

WESTERN KENTUCKY UNIVERSITY

Student-Athlete (name	e optional):	
Sport:	>	
Reviewed by:	Internal use only below this line	
Date:		

Please answer all questions by circling your answer or filling in the blank.

COACHING STAFF

the fill of the second contract the second con											
Use the following questions to rate your head coa	ach	coa	head	vour	rate	to	auestions	lowing	fol	the	ISP

	AGE AVERAGE	GOOD	EXCELLENT
) The head coach w conditioning coac	orked collaboratively with hand the athletic training	staff?	
NEVER	SOMETIMES	OFTEN	ALWAYS
) The head coach h	elped individuals develop to	o their fullest potential	
		and the same of th	
NEVER	SOMETIMES	OFTEN	ALWAYS
l) The head coach re	ecognized individual needs	of team members.	
NEVER	SOMETIMES	OFTEN	ALWAYS
5) The head coach k	ept other aspects of studen	t life in perspective wit	h his/her
requirements.			
requirements.	SOMETIMES	OFTEN	ALWAYS
NEVER	SOMETIMES ere available for each team i	OFTEN	ALWAYS
NEVER		OFTEN	ALWAYS
NEVER 6) Opportunities we	re available for each team :	OFTEN member to communica OFTEN	ALWAYS te with head coach
NEVER Opportunities we NEVER	re available for each team	OFTEN member to communica OFTEN	ALWAYS te with head coach

8	When talking o	ne-on-one with my head coa	ch, I felt I was treate	d with respect.
	NEVER	SOMETIMES	OFTEN	ALWAYS
9)	I feel a strong s	ense of respect for my head	coach.	
	NEVER	SOMETIMES	OFTEN	ALWAYS
10) I consider my o	coach to be an organized lead	er.	
	NEVER	SOMETIMES	OFTEN	ALWAYS
11) How would yo	a rate the assistant coach(es)	in your sport?	
	BELOW AVE	RAGE AVERAGE	GOOD	EXCELLENT
12) What do you b	elieve were the strengths of t	the coaching staff in y	your sport?
	kninu	dge on defense	h the game	. Granization
	Arn	dge on defense i	tind a conspect	hitia
13		f any, do you feel the coachir	•	
				•
	M 0 h	ind games v/	rungors por	Cabin :
	110 11	and garies of	myers, 1801	VITIVY
<u>PR</u>	<u>ACTICES</u>			
1)	The length of p	ractices was effective for the	conditioning of our s	squad.
	NEVER	SOMETIMES	OFTEN	ALWAYS
2)	The time of day	that practices were held was	s compatible with my	academic needs.
	NEVER	SOMETIMES	OFTEN	ALWAYS
3)	The length of pr	actices was compatible with	my academic needs.	
	NEVER	SOMETIMES	OFTEN	ALWAY3

3.	4)	Practices were orga	nized.		
		NEVER	SOMETIMES	OFTEN	ALWAYS
	5)	Practices were chal	lenging.		
		NEVER	SOMETIMES	OFTEN	ALWAYS
	6)	Practices created a	n environment wh	nere team cohesion was pr	esent.
		NEVER	SOMETIMES	OFTEN	ALWAYS
	7)	Additional comments Some Alives	nts regarding prac (USTCA U	ctice: Unger than hea	led.
	<u>SCH</u>	<u>IEDULING</u>			
	1)	The level of compe	tition scheduled v	vas a challenge to my indiv	ridual skill level.
	21	NEVER	SOMETIMES	OFTEN	ALWAYS
	2)	The level of compe	tition scheduled v	was a challenge to my team	n's skill level.
***		NEVER	SOMETIMES	OFTEN	ALWAYS
	3)	The competitive so	hedule placed pre	essure on my studies.	
		NEVER	SOMETIMES	OFTEN	ALWAYS
	4)	Travel accommoda	ations were appro	priate for Division I compe	tition.
		NEVER	SOMETIMES	OFTEN	ALWAYS
	5)	I feel safe when w	e travel.		
		NEVER	SOMETIMES	OFTEN	ALWAYS
	6)	Additional comme Sorvetimes T we midn't uten the	nts regarding scho hings were need to be down time.	eduling: _ scheduled to tal duing them &	and have

<u>ACADEMICS</u>

1)	Rate your over	e your overall academic experience at Western Kentucky University.					
	BELOW AVE	ERAGE	AVERAGE	GOOD	EXCELLENT		
2)	I feel that the	Academic Advi	sors in SASC we	ere helpful.	_		
	BELOW AVE	RAGE	AVERAGE	GOOD	EXCELLENT		
3)	I feel that the	Academic Advi	sors in SASC we	ere accessible.			
	BELOW AVE	RAGE	AVERAGE	GOOD	EXCELLENT		
4)	4) My coaches supported me in my academics and provided a positive learning environment.						
	NEVER	SOMETIM	1ES	OFTEN	ALWAYS		
5)	I used the Stud	ent-Athlete Su	ccess Center (S	ASC).			
	NEVER	SOMETIM	1ES	OFTEN	ALWAYS		
6)	The hours of SA	ASC are compat	tible with my sc	chedule. Should	re open on Sendag		
	NEVER	SOMETIM	IES	OFTEN	ALWAYS		
7)	Tutoring was av	/ailable if I requ	uested assistan	ce from the Academic	Advising staff.		
	NEVER	SOMETIM	ES	OFTEN	ALWAYS		
8)	The Academic A	dvisors in SAS	C demonstrated	d support and caring f	or me as an individual.		
	NEVER	SOMETIM	ES	OFTEN	ALWAYS		
9)	The SASC provic	led me with w	hat I needed to	be successful?			
	NEVER	SOMETIMES	OFTEN	ALWAYS			
10)	The Student-At	hlete Handboo	k/Planner prov	rided to me was helpf	ul and informative.		
	YES	NO	I DON'T KNOW	V WHAT THAT IS			

11)	Additional comm	nents regarding academic	s:	
TRI	ENGTH AND CON	DITIONING		
1)	Use of the streng conditioning.	gth and conditioning facil	ity helped to improve m	y overall
	NEVER	SOMETIMES	OFTEN	ALWAYS
2)	The strength and equally.	d conditioning facility was	s accessible to men's an	d women's teams
	NEVER	SOMETIMES	OFTEN	ALWAYS
3)	The hours of open	eration for the strength a hedule.	nd conditioning facility	were compatible with
Ī	NEVER	SOMETIMES	OFTEN	ALWAYS
4)	My strength and	d conditioning coach was	very helpful in my overa	all conditioning.
	NEVER	SOMETIMES	OFTEN	ALWAYS
5)	My strength and	d conditioning coach was	very informative about	my nutritional needs.
	NEVER	SOMETIMES	OFTEN	ALWAYS
6)	Additional communication Scineting	ments regarding strength e (We were mens & Mmens	and conditioning: fut secund to	baskethall
ATH	ILETIC TRAINING			
1)	The athletic train athletic injur	ning room personnel pro	vided effective care and	management of my
	NEVER	SOMETIMES	OFTEN	ALWAYS

2)	My training room needs were attended to promptly.					
	NEVER	SOMETIMES	OFTEN	ALWAYS		
3)	The training room	hours met my needs.				
	NEVER	SOMETIMES	OFTEN	ALWAYS		
4)	The training room	personnel were knowled	geable of injury rehabili	tation techniques.		
	BELOW AVERAG	E AVERAGE	GOOD	EXCELLENT		
5)	The training room medical specialist.	personnel used good jud	gment in referring comp	licated problems to a		
	BELOW AVERAG	E AVERAGE	GOOD	EXCELLENT		
6)	C	nts regarding athletic trai				
MEI	DIA RELATIONS					
1)	The media relations NEVER	s staff conducted themse SOMETIMES	elves in a professional ma	anner. ALWAYS		
2)	The media relations accomplishments.	s staff did an excellent jo	b promoting my team ar	nd individual		
	NEVER	SOMETIMES	OFTEN	ALWAYS		
3)	The media relations individual and my to	s staff relayed accurate a eam.	nd useful information al	oout me as an		
	NEVER	SOMETIMES	OFTEN	ALWAYS		

.

			. 161•	
4)	Additional comm	nents regarding media r	elations:	Care
	We sho	uld have high m	We opportunite	tu
	advertice	na a social b	redia techniques	
	O CO CO CO CAST	JAME I'M PRIVEY	vedia techniques 5 schools de)	
		Clarate tibe Lange	, , ,	
<u>ATF</u>	ILETIC ADMINIST	<u>RATION</u>		
1)	The administrat contests.	ion demonstrated suppo	ort for my sport by attendin	ng our practices and/o
	NEVER	SOMETIMES	OFTEN	ALWAYS
2)	Administrators	were accessible to answ	er questions or discuss con	cerns.
	NEVER	SOMETIMES	OFTEN	ALWAYS
3)	Administrators	made me feel at ease w	hen I spoke with them.	
	NEVER	SOMETIMES	OFTEN	ALWAYS
4)		hlete, do you feel that yo ligibility, amateurism, a	ou were educated on the N nd practice?	CAA rules regarding
	YES	NO	9	
5)	I know what the	e Student-Athlete Adviso	ory Committee's (SAAC) rol	e is.
- /	1-			- P :86
	(YES)	NO		
6)	I feel that I have athletics.	e the opportunity to sug	gest proposed changes in i	ntercollegiate
	YES	NO		
7)			te Opportunity Fund) provi g allowance, summer schoo	
	YES	NO		

-AC	CILITIES AND EQUIPMENT			
1)	The playing facilities provid schedule.	ed were equival	ent in quality to any o	on our competitive
	BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT
2)	The locker room facilities w	ere comparable	to any on our compe	titive schedule.
	BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT
3)	The uniforms and warm-ups	were comparal	ole to those of our op	ponents.
	BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT
4)	Equipment provided was ap effectively.	propriate and a	dequate for our team	to compete
	BELOW AVERAGE	AVERAGE	GOOD	EXCELLENT
5)	Is there improvement needs	ed in the equipm	ent area?	
	YES NO			
	If yes, please explain:			

HEALTH AND WELLNESS

1)	Have you experienced disordered eating during your time at WKU? YES NO I DON'T KNOW
	If yes, please explain: (ex. binging, purging, restricted food intake to control weight, over-exercising)
2)	Have you struggled with poor mental health and mental health issues during your time at WKU?
	YES NO
	If yes, please explain (ex. anxiety, body image issues, depression, suicidal thoughts, stress) A School and all My coligations that has to be met. That's normal thoughts.
	my obligations that has to be met. (That's horman
3)	Have you consumed alcohol during your time at WKU?
	(YES) NO
4)	Have you engaged in binge drinking (4-5 drinks in one sitting) during your time at WKU? YES NO
	If yes, how often? (daily, weekly, monthly)
5)	Have you taken prescription drugs NOT prescribed to you during your time at WKU? YES NO
	If yes, what prescription drug(s) did you take?
6)	Have you engaged in the use of illegal drugs during your time at WKU? YES NO
	If yes, which drug(s)?
7)	Have you used performance enhancing drugs during your time at WKU? YES NO
	If ves. which performance enhancing drug(s)?

8)	Do you regu YES	larly use tobacco products	?	
	If yes, wha	at type? (e.g., cigarettes, cigar	rs, smokeless tobacco)	· · · · · · · · · · · · · · · · · · ·
9)	Have you be	en hazed or initiated durin	g your time at WKU?	•
10)) Have you p a YES	rticipated in the hazing or i	initiation of teammates du	ring your time at WKU?
11	.) Have you ga YES	mbled at a casino during yo	our time at WKU?	·
12) Have you ga YES	mbled-on WKU sporting ev	ents during your time at W	'KU?
13) Have you ga WKU? YES	mbled on collegiate or prof	essional sporting events d	uring your time at
	If yes, whic	th events?		
- 14	turn to for he		WKU Student-Athlete Succes	s Center Advisor
		etic Administrator -	WKU Health/Counseling Serv Resource Outside of the Univ None of the Above	
15)	Additional co The ful COVID	mments regarding health a Miny Station (W IMPNVC.	and wellness: nich we get myf	eniv year)
CON	MUNITY INV	<u>OLVEMENT</u>		
1)	I feel that I a	m an active member of the	WKU college community.	
	NEVER	SOMETIMES	OFTEN	ALWAYS

) Our team is in	- Court Div		
NEVER	SOMETIMES	OFTEN	ALWAYS
) Bowling Gree	n community service projec	cts interfere with my ac	ademics.
NEVER	SOMETIMES	OFTEN	ALWAYS
	ed by the Bowling Green co	ommunity and feel that	I am an important pa
NEVER	SOMETIMES	ØFTEN	ALWAYS
) Additional co	mments regarding commur	nity involvement:	
we n	ald to do more	community &	ernu.
		J	
YES If yes, please	e explain:		
		- Y	
WKU-helped	prepare me for life beyond NO	college?	
	no S learned through	college? Long to be	y academics in my own.
YES	no s learned through ne prepared & H	& M	y academics in my own.

What final message or thoughts would you like to leave with the WKU athletic department?
overall, I had a great expense playing
for WKU and made a lot of whowgettable
memories. Sometimes I fest favoritism from the
coarning staff and feet like I couldn't get good
featback if I approached them > mainly my
suphonive year. Sine thing were printed
when committing that hever happend. Also, for
Seniur night I think we should get out
jerserys framed and given to us. I wouldn't
want to have went anywhere else. I lived my time here on the hill as a student
antele 1 10 tops!

GOOD

5) Knowing what you know now about your experience as a WKU student-athlete, would

MAYBE

FAIR

PROBABLY NOT

POOR

DEFINITELY NO

4) How would you rate your experience as a WKU student-athlete? VERY GOOD

PROBABLY

EXCELLENT

6)

you choose WKU again? DEFINITELY YES



STUDENT-ATHLETE EXIT SURVEY

WESTERN KENTUCKY UNIVERSITY

Student-Athlete (r Sport:	Women's Soccer
	Internal use only below this line
Reviewed by: Title: Date:	LS

Please answer all questions by circling your answer or filling in the blank.

COACHING STAFF

Use	the	fol	lowing	questions	to	rate	your	head	coach:
-----	-----	-----	--------	-----------	----	------	------	------	--------

Us	e the following quest	ions to rate your head coa	nch:					
1)	The head coach kne competitively.	to develop						
	BELOW AVERAG	E AVERAGE	GOOD	EXCELLENT				
2)		ked collaboratively with t and the athletic training s		rength and				
	NEVER	SOMETIMES	OFTEN	ALWAYS				
3)	The head coach help	oed individuals develop to	their fullest potential.					
	NEVER	SOMETIMES	OFTEN	ALWAYS				
4)	The head coach reco	ognized individual needs o	f team members.					
	NEVER	SOMETIMES	OFTEN	ALWAYS				
5)	5) The head coach kept other aspects of student life in perspective with his/her requirements.							
	NEVER	SOMETIMES	OFTEN	ALWAYS				
6)	Opportunities were	available for each team n	nember to communicate	with head coach.				
	NEVER	SOMETIMES	OFTEN	ALWAYS				
7)	I was comfortable t	alking one-on-one with m	y head coach.	8				
	YES	NO						
	If no, please exp	olain:						

8)	8) When talking one-on-one with my head coach, I felt I was treated with respect.								
	NEVER	SOMETIMES	OFTEN	ALWAYS					
9)	9) I feel a strong sense of respect for my head coach.								
	NEVER	SOMETIMES	OFTEN	ALWAYS					
10)	I consider my co	oach to be an organized le	eader.						
	NEVER	SOMETIMES	OFTEN	ALWAYS					
11)	How would you	rate the assistant coach(es) in your sport?						
	BELOW AVE	RAGE AVERAGE	GOOD	EXCELLENT					
121	What do you be	lious word the strengths.	af the annulation of the						
12)		lieve were the strengths							
		our coaching staff knew to this on and off the field	the individuality of each	player really well and was					
•		-		·					
13)	In what areas, if	any, do you feel the coad	ching staff in your sport	needs to improve?					
	As I am now	not a part of the team, I b	elieve	needed a new					
	goalkeeping o	coach, which they got afte	r I left. Considering our s	occer program has not					
		ccessful when it comes to f needs to improve on gan							
	they recruit t	<u>he same types of players f</u>	or the same positions w	hich ends up not working					
	out. The tean	n needs to have different some needs to have different some needs the team r	style of players in order to	o work. For example, we					
		Dig forwards the team?	iceds to have technical i	orwards too.					
<u>PRA</u>	ACTICES								
1)	The length of pr	actices was effective for t	the conditioning of our s	quad.					
	NEVER	SOMETIMES	OFTEN	ALWAYS					
2)	The time of day	that practices were held	was compatible with my	academic needs.					

	NEVER	SOMETIMES	OFTEN	ALWAYS
3)	The length of p	ractices was compatible v	vith my academic needs.	
4)	NEVER Practices were	SOMETIMES organized.	OFTEN	ALWAYS
2000	NEVER	SOMETIMES	OFTEN	ALWAYS
5)	Practices were	challenging.		
	NEVER	SOMETIMES	OFTEN	ALWAYS
6)	Practices create	ed an environment where	team cohesion was prese	ent.
	NEVER	SOMETIMES	OFTEN	ALWAYS
7)	Additional com	ments regarding practice	2:	
				and the last
	The level of ser	mpetition scheduled was	a challenge to my individ	ıal skill level
1)	NEVER NEVER	SOMETIMES	OFTEN	ALWAYS
21		mpetition scheduled was		
2)				
	NEVER	SOMETIMES	OFTEN	ALWAYS
3)	The competitiv	e schedule placed pressu	re on my studies.	
	NEVER	SOMETIMES	OFTEN	ALWAYS
4)	Travel accomm	nodations were appropria	te for Division I competiti	on.
	NEVER	SOMETIMES	OFTEN	ALWAYS
5)	I feel safe whe	n we travel.		
	NEV/ED	SOMETIMES	OFTEN	ALWAYS

6)	Additional comments regarding scheduling:							
<u>AC</u>	ADEMICS							
1)	Rate your ov	erall academi	ic experience	at Wester	n Kentucky Unive	ersity.		
	BELOW AV	/ERAGE	AVERA	3E	GOOD	EXCELLENT		
2)	I feel that the	a Academic A	dvisors in SA	SC were he	elpful.			
	BELOW AV	/ERAGE	AVERA	\$E	GOOD	EXCELLENT		
3)	I feel that the	Academic A	dvisors in SAS	SC were ac	cessible.			
	BELOW AV	'ERAGE	AVERAC	Œ	GOOD	EXCELLENT		
4)	My coaches s environme		in my acade	mics and p	provided a positiv	e learning		
	NEVER	SOME	TIMES		OFTEN	ALWAYS		
5)	I used the Stu	ıdent-Athlete	Success Cen	ter (SASC).				
	NEVER	SOME	TIMES		OFTEN	ALWAYS		
6)	The hours of	SASC are com	patible with	my schedu	ıle.			
	NEVER	SOME	TIMES		OFTEN	ALWAYS		
7)	Tutoring was	available if I	requested as	sistance fr	om the Academic	Advising staff.		
	NEVER	SOME	TIMES	(OFTEN	ALWAYS		
8)	The Academic	: Advisors in S	SASC demons	trated sup	port and caring f	or me as an individua		
	NEVER	SOME	TIMES	•	OFTEN	ALWAYS		
9)	The SASC prov	vided me witl	n what I need	led to be s	uccessful?			
	NEVER	SOMETIM	ES (OFTEN	ALWAYS			
10)	The Student-	Athlete Hand	book/Planne	r provided	to me was helpf	ul and informative.		

Additional com	nments regarding academic	ss:				
ENGTH AND CO	NDITIONING					
	- 1 구입 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	ity helped to improve my o	verall			
NEVER	SOMETIMES	OFTEN	ALWAYS			
2) The strength and conditioning facility was accessible to men's and women's teams equally.						
NEVER	SOMETIMES	OFTEN	ALWAYS			
		nd conditioning facility were	e compatible with			
NEVER	SOMETIMES	OFTEN	ALWAYS			
My strength a	nd conditioning coach was	very helpful in my overall co	onditioning.			
NEVER	SOMETIMES	OFTEN	ALWAYS			
My strength a	nd conditioning coach was	very informative about my	nutritional needs.			
NEVER	SOMETIMES	OFTEN	ALWAYS			
		fi				
more on thei	r nutritional needs throughou	t the season. Also, our strength	and conditioning			
	ENGTH AND CO Use of the stre conditioning NEVER The strength a equally. NEVER The hours of o my academic s NEVER My strength an NEVER My strength an NEVER Additional con I think it wou more on their	Use of the strength and conditioning facilic conditioning. NEVER SOMETIMES The strength and conditioning facility was equally. NEVER SOMETIMES The hours of operation for the strength a my academic schedule. NEVER SOMETIMES My strength and conditioning coach was NEVER SOMETIMES Additional comments regarding strength I think it would be beneficial if the strength more on their nutritional needs throughout	Use of the strength and conditioning facility helped to improve my or conditioning. NEVER SOMETIMES OFTEN The strength and conditioning facility was accessible to men's and we equally. NEVER SOMETIMES OFTEN The hours of operation for the strength and conditioning facility were my academic schedule. NEVER SOMETIMES OFTEN My strength and conditioning coach was very helpful in my overall conditioning score was very helpful in my overall conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my strength and conditioning coach was very informative about my str			

more on their nutritional needs throughout the season. Also, our strength and conditioning coach was also the coach for women's basketball and they were always a priority over our soccer team, even when we were in season. She always traveled with the women's basketball team, but rarely did with us (maybe 1 or 2 games throughout the season). I think having the

ATHLETIC TRAINING

1)	The athletic training room personnel provided effective care and management of my athletic injuries.							
	NEVER	SOMETIMES		OFTEN	ALWAYS			
2)	My training ro	om needs were att	ended to pro	emptly.				
	NEVER	SOMETIMES		OFTEN	ALWAYS			
3)	The training ro	The training room hours met my needs.						
	NEVER	SOMETIMES		OFTEN	ALWAYS			
4)	The training room personnel were knowledgeable of injury rehabilitation techniques.							
	BELOW AVE	RAGE A	VERAGE	GOOD	EXCELLENT			
5)	The training ro medical specia	om personnel used list.	l good judgm	ent in referring com	plicated problems to a			
	BELOW AVE	RAGE A'	VERAGE	GOOD	EXCELLENT			
6)	Additional com	nments regarding a	thletic trainir	ng:				
<u>МЕ</u>	DIA RELATIONS	tions staff and t						
1)	NEVER	tions starr conduct SOMETIN		es in a professional n OFTEN	nanner. ALWAYS			
2)	The media rela		xcellent job p	promoting my team :				
	NEVER	SOMETIM	IES	OFTEN	ALWAYS			
3)	The media relations staff relayed accurate and useful information about me as an individual and my team.							
	NEVER	SOMETIM	ES	OFTEN	ALWAYS			

4) Additional comments regarding media relations: I felt as if our team was not very important in the eyes of our media staff. Other teams always had better promotions and media coverage than us and this upset a lot of girls. It

	made us all feel u	indeserving.					
ATH	ILETIC ADMINISTRAT	<u> TION</u>					
1)	The administration contests.	demonstrated support for m	y sport by attending our p	ractices and/o			
	NEVER	SOMETIMES	OFTEN	ALWAYS			
2)	Administrators wer	Administrators were accessible to answer questions or discuss concerns.					
	NEVER	SOMETIMES	OFTEN	ALWAYS			
3)	Administrators made me feel at ease when I spoke with them.						
	NEVER	SOMETIMES	OFTEN	ALWAYS			
4)	As a student-athlete, do you feel that you were educated on the NCAA rules regarding academics, eligibility, amateurism, and practice?						
	YES	NO		*			
5)	I know what the Student-Athlete Advisory Committee's (SAAC) role is.						
	YES	NO					
6)	I feel that I have th athletics.	e opportunity to suggest pro	posed changes in intercoll	egiate			
	YES	NO					
7)		unds (Student-Athlete Oppor ent-athletes (clothing allowar					
	YES	NO					

8)	Additional co	ional comments regarding athletic administration:			
		-			
FAC	ILITIES AND EQ	<u>UIPMENT</u>			
1)	The playing fa schedule.	cilities provid	led were equivalent	in quality to any on o	our competitive
	BELOW AVE	ERAGE	AVERAGE	GOOD	EXCELLENT
2)	The locker roo	m facilities w	vere comparable to	any on our competitiv	e schedule.
	BELOW AVE	RAGE	AVERAGE	GOOD	EXCELLENT
3)	The uniforms	and warm-up	s were comparable	to those of our oppor	nents.
	BELOW AVE	RAGE	AVERAGE	GOOD	EXCELLENT
4)	Equipment pro effectively.	ovided was a	opropriate and adec	uate for our team to	compete
	BELOW AVE	RAGE	AVERAGE	GOOD	EXCELLENT
5)) Is there improvement needed in the equipment area?				
	YES	NO			
	If yes, pleas	e explain:		·	

6) Additional comments regarding facilities and equipment:

Our field was not in very good shape throughout the season so it may have needed more attending to when the weather changed. In regards to locker rooms, I selected below average because we do not have a locker room area at our actual field. This can be very inconvenient when it comes time to practice and for the visiting teams. We have to use the same bathroom as all the fans and this bathroom only has 2 stalls. It would be nice if a locker room facility could be put up by our field and could be connected with softball.

HEALTH AND WELLNESS

1)	Have you ex YES	perienced dise NO	ordered eating during your I DON'T KNOW	r time at WKU?	
	If yes, ple over-exer		ex. binging, purging, restric	cted food intake to control weight,	
2)	Have you str	uggled with p	ooor mental health and me	ental health issues during your time a	
	YES	NO			
	If yes, ple stress)	ase explain (e	ex. anxiety, body image issu	ues, depression, suicidal thoughts,	
	I think we	all experienc	e some form of stress and d	depression throughout college. I	
3)	Have you co	nsumed alcol	nol during your time at WK	CU?	
	YES	NO			
4)	Have you en	gaged in bing NO	e drinking (4-5 drinks in on	ne sitting) during your time at WKU?	
	If yes, how	often? (daily,	weekly, monthly)		
5)	Have you ta YES	ken prescript NO	ion drugs NOT prescribed to	o you during your time at WKU?	
	If yes, wha	at prescription	drug(s) did you take?		
6)	Have you er	gaged in the NO	use of illegal drugs during y	your time at WKU?	
	If yes, whi	If yes, which drug(s)?			
7)	Have you us	ed performai	nce enhancing drugs during	g your time at WKU?	
	If ves. whi	ch performano	e enhancing drug(s)?		

	NEVER	SOMETIMES	OFTEN	AlWAYS
1)	I feel that I a	m an active member of	the WKU college community.	·
сомі	MUNITY INV	<u>OLVEMENT</u>		
		A		
15) <i>A</i>	Additional co	mments regarding healt	th and wellness:	
	- WKU Seni	or Woman Administrator	- None of the Above	
		etic Administrator	- Resource Outside of the Univ	
	- Assistant (Coach	- WKU Health/Counseling Servi	
	- Head Coad	*-	 - WKU Student-Athlete Success 	s Center Advisor
		elp (circle all that apply):		ve, wno would you
14)		th events?	high-risk behaviors listed abo	
		NO VALUE -		
1	WKU? YES	akanan		
		mbled on collegiate or p	rofessional sporting events du	ring your time at
	YES	NO		
12)			events during your time at W	KU?
•		estinates		
11)	Have you ga YES	mbled at a casino during NO	your time at WKU?	
	YES	NO		
10)	Have you pa		or initiation of teammates du	ring your time at WKL
9)	Have you be YES	en hazed or initiated du NO	ring your time at WKU?	
	it yes, wha	it type? (e.g., cigarettes, ci	gars, smokeless tobacco)	
		Maari		
J,	YES .	iariy use tobacco produc	cts?	

, ,

2)	Our team is involved in Bowling Green community service.					
	NEVER	SOMETIMES	OFTEN	ALWAYS		
3)	Bowling Green	n community service projec	ts interfere with my aca	demics.		
	NEVER	SOMETIMES	OFTEN	ALWAYS		
4)		ed by the Bowling Green co g Green community.	mmunity and feel that I	am an important part		
	NEVER	SOMETIMES	OFTEN	ALWAYS		
5)	Additional co	mments regarding commun	ity involvement:			
1)	beliefs, and/o	ou were discriminated agai or sexual orientations by W or other student-athletes?				
	YES If yes, please	NO explain:				
) = 0, p. = = = = = = = = = = = = = = = = = =					
2)	WKU helped	prepare me for life beyond NO	college?			
	Please expla	in:				
	WKU gave m to start my n	e an amazing academic experi naster's program during my 5 th	year. I am currently	dergrad here, but was able		
3)	I felt safe at \	VKU.				
	NEVER	SOMETIMES	OFTEN	ALWAYS		

4) How would you rate your experience as a WKU student-athlete?

EXCELLENT

VERY GOOD

GOOD

. FAIR

POOR

5) Knowing what you know now about your experience as a WKU student-athlete, would you choose WKU again?

DEFINITELY YES

PROBABLY

MAYBE

PROBABLY NOT

DEFINITELY NO

6) What final message or thoughts would you like to leave with the WKU athletic department?

I am extremely thankful to the WKU athletic department for providing me with the opportunity to play college soccer and get an education. It really is an unbelievable experience. If I could go back in time, I do think that I would choose a different school, but only because of my personal experiences. I felt that a lot of girls on the soccer team were not as serious about soccer as I was and this made relationships complicated sometimes. With this being said, I think I would have liked to choose a school that has a more dedicated program of players. Even saying this, I spent all 5 years of my eligibility at WKU so there must have been something keeping me there. I really enjoyed my time with the coaches and think they helped me as a player and person. I just didn't enjoy my experiences as much outside the field.

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