



OVERVIEW

The Student-Athlete Senior Exit interviews are intended to be a productive, open-ended conversation regarding the student-athlete's time at the University of Washington. These interviews serve as a gauge to gather information from each sport program in an attempt to annually and consistently improve the student-athlete experience. This opportunity is for the student-athlete to share and give feedback and experiences; it also serves as a chance for the students to reflect on their entire experience and for some it may become emotional.

It is important to remind the student that their information is kept confidential and shared anonymously. These interviews are most useful when the student is able to be open and honest and know that nothing they say will be attributed to them directly. We need their honest input to make things better for those who come in the future. Coaches are not shown their information.

Typically, most students simply need a question or prompt and they'll talk at length. Our job is to take as many notes as possible about each area of their experience so it can be compiled and shared. If they talk about other things or jump from topic to topic - no problem.

Our department takes the exit interviews very seriously and uses that information to both applaud areas and people who have made their experiences a positive one as well as use it to make changes or adjustments in areas that need improvement. It is best to start with "Thank you for being a student-athlete for the University of Washington" to let them know we recognize that four or five years as a student-athlete is not easy and we are grateful for their representation of UW.

Student Athlete Name: _____

Student-Athlete Sport: _____

Years at School: _____

Head Coach(es) During Time at UW: _____



TEAM EXPERIENCES

- Talk about the **recruiting process**. What sealed the deal for you at UW? What other schools did you consider and why?
- What has your experience been with your **teammates**?
- What has your experience been with your **assistant coaches**?
- What has been your experience with your **head coach**?
- Describe your **workload as an athlete** during your time here.
- What has been your experience with the **drugs and/or alcohol** on your team?
- Please describe any additional concerns with **culture & relationships** on your team. (e.g. physical, emotional abuse, coach-teammate interactions, concerns with support staff)



SUPPORTING DEPARTMENTS

- What has your experience been with **athletic training**?
- What has been your experience with **sports medicine (team physicians)**? Has any part of your medical care here at UW made you feel uncomfortable?
- What has your experience been with **strength and conditioning**?
- What has your experience been with **SAAS** and **student-athlete development**?
- What has your experience been with **compliance**?
- What has your experience been with the **equipment room**?
- What has your experience been with **sports dieticians**?
- What has your experience been with **counseling and sport psychology**?
- What did you think about **training table** and the **fueling den**?
- What would you say about the overall quality of the **athletic facilities** for your sport?



- What has your experience been with **team travel** (hotels, meals, per diem, transportation)?

ACADEMICS

- What has been your **academic experience** on campus and with professors?

- Why did you choose your **major and course of study**?

- Please describe any situation when you were unable to take a desired class or major due to **conflicts with practice/competition schedules**.

- Were you given ample opportunities by the coaching staff and professors to **make up missed class time and work** while traveling with the team?

- How did your role as a student-athlete impact your **academic experience and goals** (positively or negatively)?



OVERALL EXPERIENCE AND LOOKING FORWARD

- What has been the **best part** about being a Husky student-athlete?

- What has been the **most difficult part** about being a Husky student-athlete?

- What are some area(s) **we can improve** to make the experience better for future Huskies?

- What advice would you give **incoming freshmen student-athletes**?

- What are your **future plans**?

- Is there **anything else** you want to share with me about your UW experience?

- **Personal Email** so we can keep in touch:

At the end of the interview, review the **Big W Club** with them and the benefits and contact information.

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