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Exhaustingeligibility/graduating

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2.  
What  
is your reason for departing your sport program? - Other (please specify): - Text  
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[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

## Q6

Athletics Experience  
(Sport-Specific)

1. Please comment on your overall experience with your coaching staff (e.g., strengths of coaching staff/specific coaches, areas of improvement in general or for specific coaches, etc.).

("ImportId":"QID6\_TEXT")

is a fantastic, elite level coach. He is great at supporting elite athletes, and he will take the team to a top 10-15 finish at NCAA €™s within a few years. That being said, he is not great at building depth in his roster. The people at the bottom are often expected to do the exact same workouts as the people at the top, even though ability levels vary widely. This results in a lot of guys giving race effort in practice and being burned out mentally and physically come race time.

Coach is very similar. He will produce many National and Olympic level athletes, but he often forgets about developing his athletes who are trying their hardest to contribute at the conference level.

Good experience.

is the best coach in the world. He's kind, patient, and a genius when it comes to

The coaching staff change was tough to get used to for both sides, but I believe that it went well overall. In the end, it felt like we had become family.

Overall good group. We just didn't fit.

Everyone treated me with respect, the skill levels in myself weren't at the level they needed to be but the coaching staff got me as close to the highest potential.

Possibly one of the most horrendous coaching staffs in the ncaa and the worst transition into a new staff I €™ve ever heard of. Tanking team with low morale.

Over all experience was greatly beneficial. I was able to improve my athletic ability, my mental toughness and perseverance.

I had a different coach for every year I was at UT so it is difficult to identify any strengths or weaknesses in such short windows. It was extremely difficult as an athlete to try and establish a relationship with a new coach every single year and hope to perform well. Currently, Coach Flo seems to be doing an amazing job making our program stronger and more connected though there is a lot of hypocrisy. Some standards spoken are only inflicted on those not in certain groups while the other groups are seemingly excusable from all rules and standards. It has always been this way and I was hoping for change in this new era and hopefully it will still occur.

Overall, positive. I do feel like I became the best rower I could be.

I €™ve had up and downs as an athlete here. They €™re very knowledgeable in the sport and know what it takes to be successful. They provide excellent equipment, on-the-water coaching, and a great team culture. It €™s an environment where the athletes really grow and come together and I think that €™s why it €™s becoming a more successful program each year.

Overall, they €™re not my favorite people to interact with. I never felt personally sought out or that they ever wanted to interact with me more than they have to. They tend to stop certain people and talk to them to ask them various things, (simple things like: how you €™re doing, coach them on their technique, give advice, etc.) and I have very rarely felt that from them. I have felt alone a lot on my journey as an athlete but have been pretty successful despite that.

General of improvements: communication, fairness, empathy

I really enjoyed my time for the most part here as a student athlete. Of course there were tough times, but I would say that I grew as a person and I feel that I made the most of my time here at Texas.

Coaches were very detailed oriented.

Would like more emphasis on offense .

With the current coaching staff I love the atmosphere of the team. Although I have only been coached by Flo for less than a year, I know that the team is in great hands. Also I appreciate all of the staff associated with track and field.

Overall I had a positive experience with my coach staff. There were some aspects that I wish had been different regarding our old and new staff. I felt that something that has improved significantly from the old staff is communication to the team. However, I still feel like this could be improved with notifying athletes of practice times and meetings sooner.

Our medical team and strength coaches were great. I was always well taken care of in and had complete trust in the coaches in . They truly helped make me a better athlete over these past 4 years.

It was fine. Very fortunate to have been on a team that was so high up in the NAAs for rowing, however definitely felt mistreated toward the end as my time wrapped up at UT, and the coaching staff knowing I was .

My overall experience on the Texas team was awesome. I was treated nothing short from the best, I learned so much in these past few years, I am really happy I made the decision to come here.

Coach Flo has been terrific since his arrival at UT. I believe he is leading the Track and Field team in the right direction.

Our coaching staff was awesome. I got to be a part of such a great group of guys and one of the greatest coaches ever, regardless of sport. I can't really imagine anybody having issues with the coaching they had had during their time swimming for Texas. It was awesome.

I have loved every minute working with my coaches. They're the reason I chose Texas. Dave is the best rowing coach and he cares so much about each of us.

I've had many coaches over the past four years at Texas. I've never been so disappointed and yet so thankful for having the relationship I did with my first coach, Mario Sategna. The and struggles I faced with Mario as my coach made me really appreciate the new staff we have now. They have shown me nothing but care, appreciation and respect over the past year on and off the field. I had regular talks with my multi coach, about how I'm doing physically, mentally and emotionally and could tell he (and other coaches like Flo and Zion) are 100% invested in me and my success here at UT. I personally believe the new staff will not only succeed, but be the best track and field staff the University of Texas has ever seen before.

I am glad we finally have a coach that love his job and cares about his student athlete. My last year has been one of my best year at UT

I was originally excited to attend UT for track and field. I had an incredible official visit, where I ended up committing on my last day on campus. Once arriving on campus, I struggled a lot my freshman year adjusting to a difficult coach. I always hoped my personal performance would improve a lot more while competing for Texas (especially after being one of the highest ranked in the nation in high school). However, my strength and conditioning coaches far surpassed my expectations. I became stronger and faster than I ever thought possible. If it weren't for the personal relationship I developed with my strength coaches and the physical growth in my strength and conditioning training - I often wonder how my career would look if I had left Texas. Additionally, I had a wonderful coach who believed in me more than anyone at Texas. I was so heartbroken to see him let go when the coaching staff was adjusted before my year of eligibility.

Once my old coaching staff was let go, I was extremely optimistic about taking my year of eligibility with a fresh start for the Track and Field program. I was hopeful for a new coach, one that I could be relational with and prove my last year at Texas to be worth it. Unfortunately, I was extremely let down with the new hire, as my latest coach has not been able to provide much assistance in my aspirations.

I'm sorry to say I never thought I was set up with a knowledgeable, personable, and faithful event specific coach for my track event at UT.

Overall my coaches have been great and very encouraging. They have been very organized and professional, although at times seem to value our performance in sports far more than our ability to fully engage with classes or to take the extra step as a student, with the way our practices and meetings are scheduled very frequently or at the last minute.

The coaches have been amazing.

All were great

During my time on the team, I worked primarily with . My experience with her is mostly positive and I enjoyed being coached by her. Aside from that, I found that the coaching staff treated injuries with a great deal of hostility, which I was uncomfortable with. I think that the coaching staff places intense and heavy blame for injuries/illness on the athlete. This has caused many of my teammates to suffer emotionally and physically.

Everything was great, the coaching change this year was rough but happens.

Overall my experience with the staff has been mostly pleasant. Very knowledgeable group of individuals. What I have learned is that what you get out of the staff is what you put in. You have to make a genuine effort to go beyond the basic requirements of being on the team, and seek further advice to excel.

The coaching situation was difficult for me as a senior since we had a coaching change at the very end of my junior year. I really liked my new coach of my event but had more difficulties with my head coach. It was a hard adjustment being a senior. Coach Flo has a mentality that only people who go to nationals matter which he thinks is motivating but really is a destructive mindset for athletes who have potential.

Amazing/committed staff

Coach was a coach that clearly cared for his athletes as individuals; he strove to unify the team across both the men's and women's programs. His workouts and training were effective at helping to bring the team together and cultivating a team culture. For this, I am grateful as I made some true friends during this time and fell right in with a family that had a sense of identity and direction. Some of weaknesses were his poor communication efficacy, inconsistent treatment of athletes, and a rigid, less than optimal training plan.

Coach Sategna:

Mario was a firm leader that gave the team a sense of strength and force. My experience with him was that he was at times very distant with the distance team and didn't do a good job of unifying the track team across event groups; this was largely achieved my efforts of the team itself.

Coach Watson:

First off, Pete is a coach that has a training method that is both established and effective at cultivating successful athletes; in addition, he is able to communicate goals and expectations with his athletes well. As a leader, I think he is weak at times. He seems very concerned with his coaching image and how he will impress his boss, Coach Flo. I was disappointed when I saw these traits come through as I desire a leader who is confident, strong, willing to take the fall for his athletes.

Coach Flo:

Flo is a great manager for the team; I thought that his implementation of various team/event meetings was beneficial to clarifying expectations and goals of the program and addressing individual concerns. This was a definite improvement from Coach Sategna. He made himself very available to every athlete on the team. On the flip side, I was disappointed in his tendency for favoritism; he made his propensity toward certain individuals very clear to the entire team. I found the effect of this to isolate the members that aren't in his 'inner circle' and tell them that they are less important. I feel this played a direct role in poor performances at conference meets this year. In addition, I felt that the experience of the upperclassmen was overlooked in favor of individuals that Flo liked and viewed to be contributors. I believed this to be the effort by Flo to exterminate the 'Old Texas' culture and make this team his own. While I understand this move, it was very painful for me to undertake as a senior in the program. His 'results-driven' mantra has the effect of reducing athletes and individuals to numbers and worth. Lastly, I have garnered the impression that Flo is a man that has an enormous ego. I feel that this prevents him from leveling with and understanding his athletes.

Overall I had a good experience with my coaching staff. It was a very up and down career with them. It started off well my freshman year and then went through some rough patches and now as a post grad swimmer I have found the coach that I work best with. Unfortunately I do not believe there are many good coaches in the division 1 college world. I would have loved to have had a slightly better experience with some of my coaches, but with that said I know that the coaches at Texas were better coaches than I would have gotten anywhere else.

Good experience, the new staff is what I hoped for all four years.

Overall experience with the coaching staff was good. Our coaching staff's strengths include understanding that a "team" is made up of more than just good individual athletes. The emphasis most of the time was always on making the team better. The coaching staff clearly understood that our skills as athletes needed to be tended to and trained, but also our mentalities and teamwork oriented skills. Areas of improvement would include being a little bit more professional and less personal. For example, sometimes criticism is less constructive, but rather fueled by personal frustration that actually hinders performance on an individual and team level.

Communication has improved tremendously this year. The new staff always makes us know about our schedule for the week. The weekly meetings are important and necessary.

Overall I feel that our staff communicates well with us. There have been times when we could have been notified earlier for some events practice times.

It was ok.

The overall effectiveness of communication between the coaching staff and the team was pretty good, the coaches communicated with us, and did it very often. They made it very easy for us to go talk to them whenever anything.

Communication between coaching staff and the team has been sufficient.

It was good. We would always rely on assistant coaches because our head coach is [redacted] what he wants to do at the time. We never had communication issues because [redacted] was driving.

Like I said before, Dave cares a lot about us. Sometimes he's tough on us, but he has made me a better rower and person. He knows everyone's strengths and weaknesses and how to push each of us the most effectively.

As I mentioned above, my coach, [redacted], and I talked weekly about the plan for the week and how I was personally going each day. I believe each coach credits their position with the team. It has made nothing fun, except

The communication between everyone is great.

I always thought communication between the different departments of medicine, strength and conditioning, academic coordinators, and event-specific coaches was weak during my first four years at Texas. Being a corporate communications person, I solved this with more effective communication between departments, especially regarding travel schedules, practice times, and class schedule conflicts. Additionally, I had somewhere between 4 or 5 different directors of operations, time management, and/or individual meetings happen about once a semester under Mario and his staff.

However, I will say effective communication improved significantly under Coach Flo and his new coaching staff. My 5th year had the fewest problems regarding communication issues. I'm aware no system is/can be perfect, but I applauded the scheduled weekly team meetings to keep everyone on the same page.

The coaching staff communicated well, but at times there could have been a more concrete schedule for the women's distance group for practice and advanced notice.

Like any communication, there have been hiccups, however, overall it has been a wonderful experience.

Group was effective.

The amount of coaching you receive is very much up to you on this team. I found that I was expected to seek out coaching and rowing technique advice, which is very common in this sport, and thought the coaches were effective in communication.

Everything was good. Effective communication through teamwork.

Good use of mass messaging. Scheduling was made totally clear to me as an athlete. However, it was clear some of the athletes were not communicated with as effectively/enthusiastically because of poor performance. I would like to see student athletes being given the same opportunities for success.

Communication is difficult between the coaches. People were left out of certain events because someone forgot to register (I was one of them).

Very effective and consistently planned out.

See part 1

General impressions are that ALL coaches can strive for relationships with athletes that are not top performers. This will help elevate the team as a whole, achieve championship goals rather than emphasizing a few individuals.

Communication was good. Always knew what was going on. The only thing that did not always happen was the application of that communication. For example, shared concerns or things wanted to change, they heard and did happen, but I think this is something the coaches are really getting better at.

A lot more open channels this year.

For the most part, coaches do a good job of communicating important and at times sensitive information to the team. For example, if something upsetting has happened or if the team is experiencing setbacks and distractions, the coaches provide necessary information and focused on our sport. Coaches clearly wrap up every day's practice with the team in a way that is effective and clear.

Coaches seem to consistently talk with people whom they feel have good insight on the team to get a better sense for how the team is faring in all areas. It would benefit the coaches to consult athletes from the high and the low perspectives.

There can be an increase in medical staff since our tears are so big.

When I was told was it felt extremely sudden and out of the blue considering they had only heard it from a couple of people, I was able to speak up myself in one meeting but at that point the coaches eyes were thankful that they were going to keep my scholarship however I had to attend there again because my I had to take this opportunity this year if I had stayed on the team and was fully committed to do and finish my year there strong.

No concerns.

Coach has a very passive coaching style and personality. I do not think this is an ideal characteristic for a UT track and field coach. It hasn't seemed like he has been confident in his knowledge of the through

None.

None.

I haven't witnessed anything that would concern me or my teammates about the future.

My old planned to get me kicked off the team. They always searching for some type reason to get me kicked off the team. I have to always wait a backup

My first four years my coach played favorites amongst athletes. Unless you were a national champion or you were as important, I truly believed I had potential to be a national champion but my talent was not invested in like it

My event coach from my 5th year (Matthew McGee) has proven himself to be a little under qualified for his position and soft spoken/unnervational for his athletes. Additionally, could not emphasize enough how challenging the transition for one who did not recruit me, I did not have a say choosing and also does not have the time to get to know me or truly understand the athletic/personal struggles I've faced throughout my athletic career.

I don't have any concerns at the moment.

none

They ran an honor program.

I believe a fellow injured teammate was told by Dave O'Neil that she was a "waste investment" due to her inability to participate after . Dave O'Neil has also made comments to the team such as: "we are not a family of an injury as if we are a single mother providing for our family. She went to explain this analogy as if even if it hurts, we still need to provide for our family (as in, practice). These comments made on separate occasions but I think interactions between the team and coaches.

Everything was good, though the training could have been harder this year.

none to report

I was greatly affected by coach's mentality this year after coming back . I felt as though I was treated less since I was performing in that moment and totally forgotten about what I had done previously for the team difficult.

N/A

See part 1

I have no specific concerns for coaches. Most of my concerns about the coaches just come from the culture of college swimming being a top program which is hard to do anything about or make changes.

When tensions get high in the springtime, coaches can be inappropriate with the ways in which they speak to the athletes. It sometimes feels like coaches are responsible with their positions of power by making athletes feel verbal and emotional abuse of power serves as a hindrance to the wellbeing of individual and the team as a whole.

In the beginning we had a lot of doubts about our performance but towards the end the dynamics shifted and we are more energetic and confident in our abilities.

I have loved being a part of the team the past 4 years because we made friendships that will last way beyond graduation and feel that I have made some of my best friends here. This has allowed our team to support each other and argue in a constructive way. Our team has a closer bond because we were together for three seasons rather than just two.

I loved my team they were the best thing I had at UT they meant everything and I still keep in contact with most of them which leads me to believe I was such a "badeamte". When I told my team about the major team and were in total shock that this had happened as was I. I love them so much it still breaks my heart. I now have a lot of feedback that I have changed the culture here so knowing the reason I got let go.

I think the overall team experiences had been different every year, but was good each year in its own way. There were ups and downs, but every team has them. I learned to overcome a lot of obstacles, and been through a lot with my

The dynamics between the \_\_\_\_\_ have been great.

The team culture at Texas \_\_\_\_\_ is something that every other team in the country wishes they had... I am sure of it. The guys make the team and if you ever combined it with the women's team it would be ruined. The culture is awesome and will take care of itself, the athletic department doesn't interfere too much and ruin it.

The culture of our team has gotten so much better in the 4 years we've been here. And what our team has gotten better, think it's only going up from this point.

It was amazing! Fun, uplifting and motivating.

The team dynamics were better now than before. Before this year the coaches try to turn team members against each other so there could be drama on the team. Of course it wasn't healthy for the team because people started hating rumors the coach has spread.

The \_\_\_\_\_ team dynamics and culture have improved significantly over the years. The \_\_\_\_\_ group specifically became a tight knit group of people partially because we had no other choice when we were working with an inexperienced coach in order to help each other succeed in practices. I'll forever be thankful for my teammates in my 5th year. I owe them a lot of my success.

The team dynamics were very positive, although at times the team could get segmented between the faster, "traveling" squad and the athletes at home. Although as a senior I tried to combat this divide, the women's group was more than everyone running on their own.

Across event groups, everything appeared very uplifting and certainly more relationships between event groups came about as we planned more team bonding events. However, the setup of the team divisions and mini groups at these performance in track, and our team completely dominated which creating an additional division between the top performers and the bottom of the team.

Each year has been different.

We had fun and got along well.

Since it is such a large team, I think it is expected for some individuals not to get along. Overall I think the team dynamics are decent but the team lacks the unity and pride that I was expecting coming into the program. In recruiting, a lot of false advertising.

Dynamics are good, the team is pretty diverse between the \_\_\_\_\_ and \_\_\_\_\_

#### Family

I love my teammates. There is a healthy dynamic and culture on the women's team that I am thankful to have been a part of. I wouldn't change a thing.

The girls were always friendly and supportive.

My teammates have been wonderful. As a freshman, I was taken with open arms and shown how to do things the 'Texas way.' My underclassmen were magical. As I underwent injuries, I felt my values and goals shift away from more of a struggle to have as deep of a bond. Team, especially the \_\_\_\_\_ squad, has a bond that goes extremely deep and was glad to be able to experience it.

I did have some great experiences with my teammates and I know my experience with this team is better than any other college team. However, it was not stellar experiences. I have mentioned previously many of the issues I had with being in a top 5 program.

I had the time of my life grinding every day with lifelong friends.

The team is great. For the majority of my time on the team, my teammates have been what have projected forward and towards contributing more and more to the team's success. The coaches have mostly done a good job in supporting a huge step back which believe is the reason the team came second and not first. The coaching staff told the team "we are not a family, and like a family, you fuck up we will not love and support you anymore". The coaches also tried to use her situation to treat other team members. The coaches warned the team they should not feel comfortable confiding in another regarding the hardships of practice that only another could let them know if anyone was doing this and alluded that the culprit would likely be cut. This created widespread fear on the team made the team as a whole feel paranoid that they could not trust and rely on their teammates.

Around the same time, the coaches also had each athlete go and share personal triumphs and tribulations in front of the team in order for everyone to get to know each other better and want to work harder and support each other.

The two messages were very conflicting and distracting to team members and really derailed a lot of the team culture in a huge, huge way. The coaches were recklessly in moments where the team's culture was at stake.

Q14

Time Expectations

1. To the best of your knowledge, did your coaching staff adhere to NCAA-mandated practice hour limits?

{"importid":"QID14"}

Yes

Yes

Yes

Yes

Yes

No

Yes

Q15

If no, please provide specific examples of when you believe NCAA practice hour limits were not followed.

({"importid":"QID15\_TEXT"})

We would be out at the [redacted] for hours every day. I never once truly received a log. Way over 20hr limits.

Q17

2. What, if anything, could be improved within your sport's scheduling practices to benefit future student-athletes? This may include feedback related to practice, travel, and/or competition schedules. {"importid":"QID17\_TEXT"}

More consistent practice times. Preferably every morning around 7 am.

No improvements needed.

None

N/A

n/a

Maybe better communication.

Better tutors, more online classes, more communication and prep by coaches.

N/A

Having itineraries more than 24 hours before departure for competition would help a lot. Giving more than 24 hours notice for team meeting and other mandatory team functions as well.

We need more notice on when to schedule flights home and to Austin. Also I learned that the rowing team has the highest percentage of athletes that use mental health services. Not sure if it's because we are just more aware of services or because there is an underlying problem. I think it should be looked into.

For most competitions we wouldn't get back until after midnight. On Saturdays it's manageable because we get to sleep in, but it is hard on Sunday nights when you have a 9 or 9:30 the next morning.

Always be well informed before we should be and try not to adjust practices when we weren't prepared for them

Harder non conference

Compete in meets on the East coast.

It would be very helpful to have a set practice schedule at the beginning of the season or if that's not possible at the beginning of each week. Our schedules are very busy and need to have a structured practice schedule in order to not add any extra stress to our lives. In particular for juniors and seniors there were conflicts with scheduling job/internship interviews with practice times because we weren't notified sometimes until the day before when practice would be.

They do a good job with accommodating school and rowing, however that is all I felt that I could do when I was training. I would go straight from the boat house (6 am to 9am) then be on campus to do school and another practice and eat dinner and wouldn't be home till 7 pm. That isn't even including studying. It is manageable but you have to be extremely mentally strong and committed to do a schedule like that.

Although I did not enjoy the [redacted] due to having homework, I know they had to be played, but those really did make a lot of the girls on the team struggle. As well as having 6am weights during season, and barely being able to stay awake in class, or even function the next day.

Nothing.

None

I wish we could race more

Travel was much quicker and easier than it ever has been before. I think it would be easier if we were given practice times to know how to best schedule our classes.

Everything was good

I think to fix the communication issues is asking a lot. However, it would be helpful if coaches were communicating with their athletes about their practice schedule early enough to when the course catalog comes out - we would be able to know what times would fit best in our schedule. Additionally, receiving a travel itinerary only a day or two before leaving for some of our meets can cause a bit of stress and anxiety. I think more pro-active planning/scheduling would be helpful among all groups. There were some semesters I've had to plan 3 or 4 different course schedules in advance without knowing when practice was going to be held, in order to make sure my practices, classes, and weights all coordinated.

I don't feel that we need to go on location to a meet so early before the competition for some of the championship meets. Living at the hotel for many days before my race just psyched me up too early in many instances and wore me out more than travel would. As stated earlier, I think the [redacted] group would benefit from more [redacted] together as a team! In terms of competition schedule, it could be fun to go to another big relay meet like Penn Relays, but overall I thought our schedule was great.

We were given an extremely fair schedule

Have a steady practice schedule throughout the entire year. Do not make a new practice schedule every week.

Always get a FULL DAY off after a long trip back home. We need time to catch up on school work. We tired!

Not making last minute practice times or texting at 11pm the night before

N/A

N/A

Having less practices/ more efficient practices would help benefit future [redacted] but that will never change because of the nature of the sport

Leaving on a Wednesday when you run on Saturday can be a heavy academic burden especially for demanding majors

Time off on the weekends would benefit the rowers. To my knowledge, our team had only two weekends off. As a student-athlete, giving us a day off on a day which we still have school is not a true day off for us to rest and reset.

Q19

3. Please share any additional feedback you may have related to time expectations for student-athletes.

{"importid":"QID19\_TEXT"}

None

N/A

n/a

All expectations were good, be on time was one to that was expected and it gave us all better time management.

It would be nice if we had the opportunities to have more majors. I wanted to do nursing but because of the times of practice and those classes, I was unable to do so.

Time expectations for Track and Field increased a lot this year and more notice and consultation with athlete about scheduling would improve our attitudes towards these demands.

Coaches giving a specific end time to practices (mostly for Saturday's sometimes they vary, they don't go over time but I don't know when they are planning on ending)

People are rushing to class in the morning from practice.

Thoroughly explain to incoming student athletes the toll of being a student and an athlete and reiterate how you need to be on top of both to succeed at the university

It is very understandable that meetings are important for a team to be successful, however there were some weeks where we would have a meeting or mandatory event almost every night. Our schedule is very demanding and this would leave us little time to complete homework or study for exams.

being a "bad teammate" which I do not define myself as still to this day. However I do believe the team is very political considering there was an incident of bullying (not with me) and the girl that got accused was told "if she wasn't as fast as she was she would be kicked off" Considering for complaining after one bad practice out side of practice to people I thought I could trust this is a huge concern for the well being of my teammates and the difference of treatment between "slow" and "fast" people.

Nothing.

Stop trying to think up crazy rules and just hire coaches that are decent people.

No comment

It's important to go in and visit with your coaches and academic coordinators if you're having issues. Especially as a freshman, don't feel like you have no solid ground to stand upon. While the transition is difficult, it's important to communicate your thoughts and feelings to authority figures. Besides making sure your physically able to perform on the and in the classroom - take time to mentally and emotionally take care of yourself. That's half the battle.

I know there's not much y'all can do about this, but an idea exists among many student athletes that they don't have time for anything past their sport. I think so many people miss out on the opportunity to learn from getting involved in something within athletics or on campus where they are able to lead or organize things and people.

If there were more incentives to get involved, either within athletics, in community service, or in organizations that bridge the gap between athletics and the rest of the student body, I think student athletes would really benefit. There is so much I learned from being friends with people outside my team that I've seen many of my friends miss out on by being involved only in the silo of Athletics or believing they don't have time to do anything more.

Early morning practice sucks, but I get why we have to do it.

No comment

Actually enforce the "24 hour notice" minimum. Rarely did this happen for my sport.

It is necessary to know in advance when practice will be (at least 24 hours but weekly would be better). There are many times where I needed to schedule meetings for school or academic priorities that were extremely difficult to plan out in advance due to not knowing what our practice schedule would be like in advance

Being a student athlete is like having a part time job.

N/A

I was not prepared enough for how difficult the time expectations of being a student-athlete were going to be. I do not know though if there is any amount of teaching/preparation that can get you ready for that.

Rowing should not be allowed to practice more than other sports throughout the year. The idea that we have more in season hours allowed than other sports is completely detrimental to the student-athletes.

Ashley Chadwick is great

Exceeded expectations, always willing to help, and very organized which helped make scheduling simple

great

Awesome, Marisol is amazing

Met my expectations.

Jim Shelton

Amazing. They work so hard for us.

Dr. Shelton and Kelsey were AMAZING!!

Good

I've had three of these - from my perspective, it's difficult to be moved around and keep making adjustments to a lot of changes.

Great, always helpful and encouraging

It has been good.

Supportive

Alanna was fantastic and I really enjoyed working with her. Haley Williams was a fantastic resource to me and I will deeply miss her.

Excellent

Tremendous. They have been extremely supportive of me and my future. I owe them everything!

great and very helpful

Great

Overbearing at times, but helpful and kind

Great!

Fantastic

Counselors frequently stress students out more than help them. Student athletes feel as if the counselors care mostly about not looking bad themselves to their supervisors rather than helping the student athlete to maximize his or her performance. It has been known to advise student athletes in the wrong direction, or make a mistake which throws students off track. This is probably the area that needs the most immediate attention in all of athletics considering we are students, first.

Q20\_2

Student Services

1.

Describe your experience with the following resources/services provided by Athletics Student Services. Include comments on whether such resources/services met your expectations or assisted in achieving your academic goals. - Registration  
{!importid:"QID20\_2"}

Good

great

Very good

great

Great

Good

N/A

good

Positive

Early registration is incredible

Okay

Good

Exceeded expectations and made scheduling classes easy

great

great

Met my expectations.

We're so lucky to have early registration; exceeds expectations

Made easy with my counselors

Good

Stressful, but it got better over the years as I learned how to take responsibility for my own classes.

All good

Easy

Alanna was always very helpful in registration and knowing what classes I needed to take.

Excellent

Rarely communicated with them.

smooth process

Convenient

Quick and easy

good

Good

Registration is great and having early access incredibly helpful and many student athletes would not be able to succeed without this feature. The only issue is that frequently counselors will mess up schedules when first approving and then need to change them last minute to the detriment of the student athlete.

Very helpful

ok

great

Met my expectations.

Haley Williams helped me so much!

great

Good

Good experiences

N/A

none

Didn't understand it

I never worked with strategy tutors.

Excellent

did not use them

N/A

N/A

N/A

N/a

Need to stop distracting students by chatting and/or gossiping.

For the most part I had very helpful tutors

great

great

Met my expectations.

great

Good

Good experiences

my experience was good

none

Somewhat helpful

AJ Lenze was a fantastic tutor and I am grateful for the time I had with him.

Excellent

So helpful especially in my first 2 years. Helped me get a leg up on my classmates and helped me grasp new concepts very well.

were sometimes helpful and sometimes it took them a really long time to understand what you were learning

N/A

good

N/a

Also need to stop distracting students by chatting and/or gossiping.

Exceeded expectations, went above and beyond to help in my search for a job, and was a wonderful source for advice and help creating my resume

great

great

Met my expectations.

great

Not good

Incredible resource - used it all the time. I have a wonderful relationship with Madison Moore and Tina in career services.

Tina and Madison have been so helpful!

So helpful!!

Extremely helpful

I did not work with Career Services.

Excellent

Did not use

very helpful

N/A

Great! Don't know what I would have done without them

Good

Madison Moore is fantastic and Tina works tirelessly to ensure student athletes will be supported and successful after graduation. Walking into Madison's office breathes excitement back into the student athlete about his/her possibilities

Q20\_6

Student Services

1.  
Describe your experience with the following resources/services provided by Athletics Student Services. Include comments on whether such resources/services met your expectations or assisted in achieving your academic goals. - Academic Facilities  
{!ImportId:"QID20\_6"}

Good

Great

Very good

great

Great

Great

Amazing facilities & staff working within them (especially TANC)

good

Positive

Great

Positive for the most part

Good

A great place to study and very helpful to be able to have individual study rooms for quiet studying.

great

great

Met my expectations.

I wish there were more study rooms. They're always booked because it accommodates so many athletes. It's hard to find a quiet place to study- I liked relying on those rooms when I had the chance.

amazing

Good

I used study hall a lot - even when it wasn't required for me to go after freshman year.

I've enjoyed the addition of couches and hangout spots.

Amazing

Useful

The Academic Facilities were very convenient and made it easy to get in and study.

Excellent

Nice, but I think the study rooms need refurbishing. New chairs, tables, etc. Kind of worn down now.

amazing

Great

Study hall was an excellent resource and setting.

good. Could use more individual study rooms but all in all good

Used everyday

Consider creating more individual space for students to work uninterrupted. Consider creating opportunity for collaboration between students in a shared space room. Student athletes need an opportunity to be inspired by one another and to mentor each other in an academic setting, like we do in an athletic setting.

Q22

2.  
Did  
you have the opportunity to pursue your desired academic path?  
{!importid:"QID22"}

Yes

Yes

Yes

Yes

Yes

No

No

Yes

Yes

Yes

Yes

Yes

No

Yes

No

Yes

No

Yes

No

It took me a few semesters to figure out exactly what I wanted to major in. Part of my decision was made from receiving advice and discussing my options from my academic counselor. My success was possible from setting up academic goals needed.

Well I was on my way too and was very happy academically where I was at.

I think having my academic coordinator and having her stay in touch with me, it helped me stay on track.

Fortunately I had a counselor in the beginning of my college career who led me down a path to graduate within four years and set me up to obtain my masters in my 5th year.

Jim pointed me towards the actuarial field. It was awesome, and he was extremely helpful getting me through classes and letting me know what to look out for. Jim was great.

The advisors helped a lot

My academic counselor and tutors.

My counselors, parents, teammates, and friends

Majority of this goal was reached by own research and effort, the support of my parents, my professors, my peers, and Texas Athletics Career Services. Overall, I'm so grateful I took responsibility of my own education and did not get forced

The career department in my major within McCombs helped me with the entire process, although it was very difficult to balance recruiting with my competition schedule and still maintain my grades. There was no one to be the liaison with requirements of my job search.

Getting help from outside athletic sources.

They were supportive and reasonable

Counselors, tutors, my own initiative

I had to look a lot up in my own actually. I was also put into classes early on that did not help with my graduate school goal and will have to take a class over the summer after I have graduated to make up for that

Support from the staff and coaches

The thing that helped the most was a strong personal desire to pursue engineering. Facing the enormous physical, mental, and time demands that comes with Texas Athletics, only my desire to succeed and immense work ethic has allowed

I did not really know what I wanted to do coming into college and still do not really know

My own hard work and Alanna (counselor)'s guidance

Q45

If no, please clarify.  
{"Importid":"QID45\_TEXT"}

Was not able to do international relations because coaches needed me here to compete.

I wanted to do nursing but the times were conflicting. I was able to take a health related major and will be going to nursing school after graduating from undergrad.

Nursing--practice didn't align with clinical schedules.

I did not know much about how to approach picking a major. I wish I took my core classes my first two semesters.

Didnt have a high enough gpa to get into the school I wanted. Was put in a hard class my freshman year that had a big impact on my grade.

My counselor did not set me up to get into the college of my choice by not letting me know I needed certain pre-recs by a certain time point.

The support and love I received is what I appreciated the most.

I really appreciated everyone's desire to help me accomplish my goals academically and athletically. It has made my college experience that much better because of the help that I have received from athletics student services.

They were on top of everything and I always knew I was in good hands.

Tutors helped so much. As well as just having study hall requirements in the past years, it helped me get work done.

No experience.

They know all of the freshmen mistakes that people tend to make, and keep you aware of potential mistakes that could lead you to be ineligible, or let your grades slip.

They always kept me in check and on the right path. I don't know if I would've graduated on time if it weren't for the push and guidance from Alanna.

They helped make my degree easy to accomplish.

Is very good. I like how they always make sure you get what you need but sometimes they pressure the kids too much

The career services offered a lot of help with resume, cover letters, scholarship applications, internship search, local community service activities, graduate school applications, and life skills in general, etc.

The team did a great job of planning events and doing their best to make registration, tutoring, and all that jazz easy on us! Thank you so much!

It was helpful.

They were brutally honest.

I always had positive experiences working with Student Services.

Very helpful

How they are always looking out for us, and want us to make realistic goals about our futures.

I really appreciated Tina and Madison helping with the interview process, outside athletic scholarships, and resume help.

They provided resources that helped with academic success.

Priority registration was the most useful item to me. It relieved the stress of constructing a schedule that had to adhere to certain time constraints.

They helped me get my SSD set up for school when I came in freshman year. The content tutors saved me. My academic counselor really helped me figure out what major to choose and to be strategic in what classes I took when. They also helped me figure out how I would have found without their help.

It was all out to help one reach one's goals

Madison Moore and Tina being so helpful and motivating. Pre registration was a life saver. Tutors were also a life saver. Having a place to come study in an area that we always inhabited made everything easier.

Q24

5.  
How can Athletics Student Services improve to better support student-athletes?  
{"importid":"QID24\_TEXT"}

All good

Learn more about all degrees, not just the college of education and the college of communication.

N/A

they did an amazing job.

Hire more Student service members

Help us understand degree paths earlier

Give them more room to act independently. Less hand holding.

There needs to be a transition on how to no longer be an athlete

Sometimes they hover too much for upperclassmen. As a freshman/sophomore and maybe specific upperclassmen who struggle with grades it's a good idea to check in frequently with them. However as a senior it doesn't have to be as frequent.

Figure out a way that no student athlete is left graduating in a major they didn't intend too. Find a way to have school and athletics work together on the same page

None

I honestly was very happy with them when I left.

Nothing really, I had really good support.

No experience.

I would say that asking more questions is never a bad thing. Also bringing back the mandatory study hall time from my freshmen year will be good. It sucked doing it, but having to be there for 2 hours no matter what created good habits and set me up for success.

N/A

Always ask the student athlete what they want to do instead assume or do things without asking. For example schedule tutor for the athlete without athlete asking. This some times create a problem for the athlete because they might have something planned for that day or time that the tutor is scheduled for

N/A

Within the space having more group study areas or clearer/more colorful walls.

Study hall should be optional if you are on top of your work

No comment

Help student athletes get into majors more quickly so we can graduate in 4.

Know what their career paths looks like after undergrad to better prepare

N/a

I have no suggestions

I think the career people could individually reach out to athletes more. I think some of the athletes do not even know the abundance of what is available to them so just informing students more of what they have available. I think it could also be interesting to teach athletes about financial stuff more. For example, when they leave Texas and enter the real world how do you do taxes, insurance, retirement plans, etc. Also I think every freshman should be forced to sign up for sky miles with various airlines. We travel so much that we rack up a lot of miles but most athletes do not know how to register for these things, why to register, and what to do with them.

Being more proactive in helping academically challenged athletes to get into viable majors

Counselors need to know more about each school. I would suggest having a counselor for each school rather than each team. for example if you are in the college of natural science or want to be, your counselor is x, but if you are in or want to be in the business school your counselor is y. This gives the counselors the opportunity to better advise the students and avoid throwing them off of persuing what they want to, like what happened to me. This also provides the opportunity for the athletic department to hire counselors with more of a specialization so that they can mentor students on class registration as well as finding internships and letting them know what their degree in action can look like career wise.

Q18

6. Please describe your integration into general student life on campus (e.g., campus organizations/events, etc.), including any meaningful relationships you developed with faculty members or other campus leaders.

{"ImportId":"QID18\_TEXT"}

It has been difficult to leave athletics and become a normal student. Being a student athlete does not mesh well with being involved in other organizations, so I have kind of come up empty handed. I've taken up weightlifting and climbing, but often times I miss practicing with 20 of my closest friends every day.

Never had much time to get into student organizations on campus. However, I created some good relationships with professors through the semesters I worked with them.

Athletics held me back from developing meaningful relationships with students and professors on campus.

We were well integrated into the general student life. We were encouraged to branch out of our comfort zones and make personal connections.

I have relationships with many non-athletes and professors that will last forever.

All helpful

I was involved with Fellowship of Christian Athletes since my sophomore year. It helped me to build relationships with other athletes and within the Christian community.

It was pretty easy to integrate into student life when you did it with your class of teammates. It made me more comfortable on campus and pushed me to achieve more. Connecting with faculty was a challenge at first but as you develop your knowledge it becomes easier to connect with faculty.

I am on [redacted] and was administrative director for a year. I also TAed and developed a great working relationship with a couple professors. I also worked as a research assistant in the kinesiology lab.

Professors in kinesiology are awesome

My field practical professor was wonderful. I found her incredibly helpful and genuine. I was involved in numerous organizations that allowed me to gain knowledge and experience in my desired field along with many different friendships.

Not much at all

I personally went out of my way to participate in campus orgs. I believe athletics should find a way to connect more with different orgs on campus to increase the athletic and student life relationship

I spent most of my time with athletics and my teammates. I did attend Fellowship of Christian Athletes every year. I also joined the [redacted] in which I have made incredible friendships through my discipleship group.

It feels very divided and was hard to make friends outside of the rigorous schedule that we have as rowers at UT. You feel like you can only be friends with your team at times, but there is ways and I was lucky that I did through going to meeting and being involved.

I didn't really volunteer into any group due to not having time, and if I ever had time I was doing homework, I did create very meaningful relationships though.

Integration into the general student life on campus was a challenge. My sophomore year I joined a student organization. My experience with this student org was great, and I found it extremely beneficial to meet students outside of athletics to help broaden my views on certain things. Unfortunately, I couldn't continue to be a part of the organization after my sophomore year because of my time commitments with athletics.

I made good relationships with my teachers because I would miss class and attend a lot of office hours. Other than that not much, because social interactions are hard for me.

I had great relationships with some of my professors. I wish I had more time and opportunity to do things outside of athletics, like clubs or organizations. I could've I'm sure but my #1 focus was rowing.

I unfortunately never had the time to make any connections.

I feel like the student athlete are being limited in term of getting close with the regular students. There is a lot of helpful event that happens all the time but the regular student know about but the athlete don't. I didn't even know that my graduating class had a groupme until last year. I felt like I missed out on getting to know other people apart from sports

- I am the co-president of [redacted].

- I am also an active participant with [redacted] - another UT campus ministry.

- I developed close relationships with many of my communication professors who aided in my an [redacted] course and my applications for graduate school.

I enjoyed all my professors with [redacted], and got to know them fairly well because of the small class sizes. Some standouts were [redacted]. Some of those professors aided me in [redacted]. I got very involved on campus, joining a [redacted] serving as [redacted], which is where I built my best college friendships. I really got to know people outside of athletics by making myself available and willing to hang out with campus leaders past just group projects together.

Fellowship of Christian Athletes, [redacted]

I was able to meet with as many advisors, Professors and TAs as I wanted and being in athletics helped.

I did not develop any relationships outside of Athletics.

No comment

It was fine, but not great. I was able to make decent connections but never felt fully immersed.

I was very involved in my sport which left little time to participate in outside of sport activities

I found it difficult to engage in outside organizations due to time.

Being a member of Texas Athletics has the effect (albeit inadvertently) of isolating members from the general population. Being a multifactorial effect, I take major causes to involve culture within Athletics and outside culture towards Athletics. Culture within Athletics is one of superiority- coaches, faculty, and members of Athletics all bring this about. In response, members of Athletics on campus are seen as such, or on the flip, regarded with despise. I think that steps should be taken to reduce this rift between athletes and students; we are all the same and can benefit from more cross-functional relationships.

I did not integrate much with general student life. I have a few faculty members that I developed relationships with, but for the most part most of my meaningful relationships are within athletics.

Not really any time to join any clubs

I did not have much involvement with the general student population because I was so busy and focused on my sport.

7. Do you believe you received the appropriate education and training regarding academic integrity throughout your time at UT?

If no, please explain.

{"Importid":"QID46"}

{"Importid":"QID47\_TEXT"}

Yes

I loved and

Having been injured and sick a lot throughout college I felt that I was well taken care of for the most part. My injuries were addressed and the trainers helped me get back as soon as possible. I am very appreciative for their help. I had sinus infections all throughout my freshman year and it was not treated quick enough.

great

\_\_\_\_\_ is the absolute best!!!! She cares so much about us, and she tells us no. She helps every way she can. I love her.

Met my expectations.

Never felt like I got meaningful help from the trainer that could not do on my own... Ice, stretch, cherry juice

Brittany Santucci our trainer has worked tirelessly by herself to keep us together and cleared to race. I know I would be rowing anyway if it wasn't for her athletic training and support. She's everyone's shoulder to cry on and works

Kevin, Paige, Erin, Kay, and Johnathon were amazing and such great people to work with.

Alright

Good

Overall good! I think we need another trainer for track to not demand that they work such long hours without pay competitive to other schools.

Good

Supportive

Brittany was fantastic! I am grateful for being able to have ~~with her~~.

Excellent

good

awesome

Met expectations

Prioritize getting back rather than health of individual. This field is riddled with inconsistencies and didn't give me confidence in assuring my good health.

Great

Great and attentive

great

Bethany is a great help and support system

great

Awesome

Met my expectations.

Followed the diet they suggested and gained a lot I didn't want. 4 Muscle milks in a day simply can't be a good suggestion.

Great

Need work

Never had much interaction

Very helpful, although I don't think we need laminated cards reminding us what to do!

Great

Very helpful

Taylor Barros was a great resource.

Excellent

good

would start out strong then fade away as the season went on

Met expectations

"Eat your veggies." Not of great assistance to me.

Fairly good

Helpful

great

Q28\_3

Performance, Health and Wellness

1. Describe your experience with the following resources/services provided by Athletics Performance Health and Wellness. Include comments on whether such resources/services met your expectations or assisted in achieving your athletic goals. - TANC/Fuel Stations  
{"ImportId":"QID28\_3"}

Good

Great

Very good

great

Great

Good

TANC uses too much oil for cooking, but is otherwise amazing. The people who work there are incredible and kind as well.

good

Positive

Food is oily and too greasy sometimes. I stopped eating there as frequently because of how I feel after eating there.

Mostly positive

Good

Good food selection, but could use almond or coconut milk

I really appreciate the TANC and fuel stations. They have really allowed me to have more time to get things done knowing I don't have to worry about cooking my meals or going to the store everyday.

great

it was great

Met my expectations.

The current chef is on top of it. Has been very hit or miss.

Amazing- we're so spoiled to have this

Amazing

Need work

Great

The food has continually improved, although I think snacks at fuel stations could be diversified at times. Maybe more fresh options, I've loved the fresh fruit & veggies.

Good

Great

Very helpful in fueling my body for training.

Food was kinda weird and to healthy

fine

better this year

Met expectations

Wonderful resource to eat healthy meals without high time and cost demands.

Great

Delicious

More breakfast options would be appreciated. U [redacted] has fuel stations which provide hot breakfast options for students in a rush and I believe it would be a better use of resources rather than just snacks. I have seen this transition already start to happen this spring semester.

Clint is good

Exceeded expectations, very appreciative of every staff member they were always so encouraging supported us so well. was such a blessing getting to work with our strength coaches.

freshman year great Loved Sandy but Sophomore year Beth was rude to athletes and more disorganized

Mel is awesome. I grew great friendship with Mel, and she does anything she can to make us happy and healthy and strong.

Met my expectations.

Everybody in here is an awesome person and instructor. Clint, Tre, and Todd were all key to my improvement in the pool. Pay Clint more.

I did not like our new trainer ~~year~~, however I know she ~~ca~~ ~~ed~~ ~~ot~~ I just wish we could've excelled in the weight room and get stronger.

LOVED Clint, Todd and Mike!

Good

Great r one of the many reasons I loved Texas!

The best!! Love the staff, even they endure working out of the sun light and visiting B2 is always a highlight for me!

Amazing! I miss Sandy.

The best

I really enjoyed the staff B2. I always look forward to workouts with their staff.

Diverse at times saw better opportunity but great other than that

great

good

Met expectations

Great coaches; helpful and flexible without being overbearing

was not great my 4 years of college but was a ~~with~~ new trainer it ~~am~~azing! think they should have more say and freedom in what they do

Helpful

great

Q28\_5

Performance, Health and Wellness

1. Describe your experience with the following resources/services provided by Athletics Performance Health and Wellness. Include comments on whether such resources/services met your expectations or assisted in achieving your athletic goals. - Sport Science  
{"importid":"QID28\_5"}

Good

NA

Very good

great

Great

Ok

Appreciated the DEXA scans

good

Positive

Very little interaction.

NA

Good

This was really helpful in learning more about what my body was lacking and what it needed. I was so impressed by how many resources we had.

great

great

Met my expectations.

None

Great

Good

Never had much interaction

Helpful!

none

Great

Good resources

Excellent

rare

wish we would have gone over more results

Met expectations

Almost no follow-up. I received minimal to no feedback on various tests (ie DEXA, blood levels, strength output, etc) and their effect in my sport. These seemed like formalities and a region that is very underutilized.

N/A

Interesting

great

Dr. Mosby is the best

Although I have not used these resources myself, I have been very thankful to have an athletics program that is looking to support athletes through mental health issues and providing ways and resources to work through them.

great, these people saved me and helped me through a lot

great

Met my expectations.

Brad Kennington was awesome. The woman I saw first was awful and made everything worse. When I was put on anti depressants I had never felt worse, but it was so hard to convince people to let me off of them.

I had the pleasure to work with Juaniki and she has changed me as a person completely. This is a very important part to student athlete health and I'm glad it is important to the athletic department too.

Great

Good

Great - helped tremendously with a personally difficult time facing a lot of adversity.

I haven't really used this resource.

none

Supportive

I did not work with them.

Excellent

really good from the few times i went

great

Met expectations

Counselors were helpful, but ultimately failed to assist me.

N/A

Life saving

great

Photo shoot designs could improve

met my expectations

good

Brian is awesome.

Met my expectations.

Ben was awesome. Glad you fired Travis.

Could be a lot better. Social media is really important for recruiting and other things, and I know Dave runs our account but having more content would be great. I feel like it's only made during our season but were in season in the fall as well as baseball, football, etc. for their media.

Amazing! They have done such a great job this past year!

Need work

Great

Scott Swegan was the best media man we've had!

Useful

Did not work with them

Could be better

decent but not good compared to other schools

awesome

Met expectations

Limited interactions

not very good. My senior year this started to become better

N/a

n/a

Q30\_2

Facilities, Equipment & Other Resources

1.

Describe your experience with the following resources/services provided by Athletics Administration. Include comments on whether such resources/services met your expectations or assisted in achieving your athletic goals. - Facilities/Event Operations

{"ImportId":"QID30\_2"}

Good

NA

Good

great

Great

Good

N/A

good

Positive

Poor

Good

good

great

Met my expectations.

Doesn't really apply right? It isn't even UT's

We could REALLY use a new boathouse. We are very grateful for what we have, however I cannot stress enough how much we have outgrown it. Boathouses are like the churches of rowing, like the field for football. Having a place to store our beautiful equipment and gather for events, practice, etc. would be really nice. It would make us a top-tier rowing team, which I think we are at this point.

Great!

Good

Great

All good!

Great

The facilities are fantastic and unmatched by most programs.

Good

good, great facilities

great

Met expectations

Limited interactions.

Good

N/a

n/a

Q30\_4

Facilities, Equipment & Other Resources

1.

Describe your experience with the following resources/services provided by Athletics Administration. Include comments on whether such resources/services met your expectations or assisted in achieving your athletic goals. - Equipment/Apparel {"ImportId":"QID30\_4"}

Good

Great

Good

great

Great

Disappointing

Awesome, we are given so much and it is all great quality

good

Positive

Great equipment and apparel.

Positive

Good

Athlete opinion is needed when selecting apparel

Exceeded expectations

good

great

Met my expectations.

Always would have loved more gear... 1 pair of [redacted] and 2 [redacted] is tough.

Gets better each year!

Need need need work

Great

So much equipment, I think we could have a better way to recycle gear.

Awesome

Great

Excellent

Great gear

good

Met expectations

Helpful, organized, and useful (laundry loops were a big help)

Good

Great

n/a

Q30\_7

Facilities, Equipment & Other Resources

1.

Describe your experience with the following resources/services provided by Athletics Administration. Include comments on whether such resources/services met your expectations or assisted in achieving your athletic goals. - Team Travel

{"ImportId":"QID30\_7"}

Good

Great

Very good

great

Great

Ok

Always had a pleasant travel experience

good

Positive

Get back too late sometimes.

Decent

Good

Travel attire could improve

Exceeded expectations

great

great

Met my expectations.

This was always good. Dreamed of flying private like every other sport, but it never happened which is fine.

It's really nice to have the charter for BIG 12's since our team is so big

Amazing, much better this year with the new staff.

Good

Great

It has been very nice having chartered flights and the ability to travel to big [REDACTED]

Awesome

Organized

Did not travel

Excellent

travel was prompt and efficient for the most part. delays were out of our control

it took a while for the new staff to get it right but they did eventually

N/a

Good

Good

Great and easy

flights were scheduled way too late this year which led to a hinderance in sleep and recovery.

Q30\_8

Facilities, Equipment & Other Resources

1.

Describe your experience with the following resources/services provided by Athletics Administration. Include comments on whether such resources/services met your expectations or assisted in achieving your athletic goals. - Athletics Directors/Sport Administrators  
{"ImportId":"QID30\_8"}

Good

NA

Very good

great

Great

Poor

Felt they were very committed to student athletes and Texas

good

Positive

Positive

Good

good

great

Met my expectations.

I feel like the athletic directors don't care about us, except for the final day of NAAs if we win. They keep promising new locker rooms and an outdoor pool and then just pushes it back and all of that.

I CANNOT stress enough how nice it is to have support from Kathy Harston. She's at every rowing event she can be at and cares so much about us. I wish other ADs/Admins could come to more events, especially the Longhorn Invite, since it's our only home event.

Great and very supportive.

Good

Great

The Administration is awesome and have been leading us very well.

Awesome

Supportive

I enjoyed Chris Del Conte's involvement and attention to what the athletes have to say.

Excellent

rarely communicated

great

Met expectations

Limited interactions

Good

Distant but respectful

n/a

Q33

Risk Management and Compliance 1. Do you feel that you receive the proper education on NCAA rules from your coaches and/or administration? Please share why/why not.  
{"ImportId":"QID33\_TEXT"}

Yes.

Yes, they clearly stated what was right and what was wrong.

yes

Yes. We were always well educated and rules and repercussions.

yes

Yes

Yes.

Yes, we had constant acknowledgement of the rules, as well as all the proper meetings.

Yes, compliance meetings were efficient.

We do, compliance and coaches explain this stuff all the time. There are meetings, but throughout the year the coaches explain this often.

Yes

Yes I've sat through hours of meetings over this subject throughout my four years.

Yes

Yes, the meetings we have about the rules are clear

I feel like we are provided the proper education on NCAA rules.

Yes I did I was able to transfer many credits and was able to manage time well.

Yes

Yes.

Yes

Yes

Yes I did.

Yes because I got my degree

Yes

Yes, because the coaches will always mention their consideration of NCAA rules when establishing practice time.

Nope

Yes because of meetings.

Yes, I felt that I understood most NCAA rules and was never unclear.

Yes

I do think I learned a great deal from the compliance people about what's allowed by the NCAA.

Yes we are the most well versed student athletes on this topic in the entire nation. I know this because we have SO MANY meetings compared to any other athletes/coaches I know across the country

Yes I did

Yes

yes because we have a million compliance meetings

Yes, even too much education. I feel I could write the book on compliance, we are made very aware of the requirements.

Yes.

Q34

2. Please share any specific topics you believe student-athletes would benefit from receiving additional education.  
{"importid":"QID34\_TEXT"}

What comes after your sport ends.

join clubs in your individual schools

N/A

n/a

Better Careers

N/A

How to transition from being a student athlete into the real world.

Sexual assault and the experience of gay athletes. The amount of football players laughing during the Billy Bean presentation is incredibly immature and disrespectful.

Life skills!! How to be an adult!!!

Budgeting money,

Knowledge of other campus life could improve the experience of student athletes.

stress management and more information on how they can get a therapist. The Athletic therapist were some of the best I have ever had and I am super fortunate I got the time I did with them.

I think the meetings help a lot.

Education on how scholarships work, what should be expected and what shouldn't be, what is legal and what is not, who to go to if an athlete believes there might be a problem with their scholarship.

None

Manage your time wisely.

Never give up on your major

- Mental Health  
- Student Services for Disabilities (SSD)  
- Graduate School Education

I'm excited for [REDACTED] to lead the conversations among teams about sexual assault, because I know female student athletes who expressed an interest in having more conversations about ending sexual assault in athletics.

All athletes should get the same career expos that football players get.

No comment

How they can make money from their image, what rights they have pertaining to that.

Everyday things that you will need to know after graduating (i.e. how to do taxes, how to fill out a W4, etc.)

Time management

N/A

Guided meditation and visualization are something that do not come naturally to most but I believe would highly benefit entire teams.

How to leverage the skills they learn as a student athlete when searching for a job and tending to a career.

3. Are you aware of any NCAA rule violations or other areas of misconduct (e.g., hazing, academic misconduct) that have not been reported to the appropriate personnel at UT?  
{"importid":"QID35"}

If yes, please specify:  
{"importid":"QID36\_TEXT"}

No

Q39\_1

Overall Experience

1. Please briefly summarize your overall experience in the following areas: - Academic experience

{"Importid":"QID39\_1"}

10-Oct

GOOD

okay

Good

good

Great

Good

Overall okay. Did not feel I truly was able to focus on my academics. Whether that was because of my own immaturity, lack of time, or both

very good

Positive

Excellent

Positive but wasn't what I envisioned

Good

Great

Excellent experience

very good

Great

Great.

Academics was challenging but doable

Wonderful- no complaints.

Hard but worth it

Good

Good

Better than I could have asked for, and overall provided great community

It has been challenging and fun.

Being in sport makes it an immediate priority

Very positive. The academic staff is helpful and I was lucky to have been able to work with them.

Excellent

So good. I grew so much as a student.

good but hard

Met expectations

Wonderful. [redacted] is an excellent college that cultivates community and fosters passion through hard work and dedication.

Good

Great

B

Overall Experience

1. Please briefly summarize your overall experience in the following areas: - Athletics experience

{"Importid":"QID39\_2"}

Good

okay

Very good

okay

Great

Disaster

Had a lot of personal and athletic growth over my four years. Overall great experience

very good

Positive

Great

Very positive

Good

Great, I love the new coaching staff

Incredible experience

ok

great

Great.

Best experience of my life and thanks to all of my teammates and coaches

I will always be a student athlete at heart and it pains me to be graduating. I can't thank you all enough for the opportunity.

Hard but worth it

Really bad before but way better now

Average

I feel so lucky to have been able to represent the university in sports

It had its ups and downs. But life changing

Helpful and life changing

I had a good experience but fell out of love with the sport and became miserable coming to practice.

Excellent

A rollercoaster, but very fulfilling. I had so many bad days for each good day. But in the end it was worth every moment.

great

Met expectations

Good. My teammates helped make this an exciting and fulfilling experience for me. Coaches and faculty have largely let me down; I have come to accept that this is largely the nature of the trade at a major institution. I felt that my high school coach was better at training, communicating with, and unifying his athletes than any coach I have had at UT. This was a huge disappointment and largely at odds with my expectations.

Good

Best I could hope for

Q39\_3

Overall Experience

1. Please briefly summarize your overall experience in the following areas: - Campus experience

{"Importid":"QID39\_3"}

10-Sep

Good

great

Very good

okay

Great

Good

Fine. Didn't interact much with other students.

good

Positive

Excellent

Decent

Good

Excellent experience

great

great, awesome campus

Great.

Jester was kinda cool.

Love it

Fun and pretty

Not that good because I felt that I missed out on getting to know other people

Good

At first overwhelming, but by the end I finally felt like I knew people on campus & they knew me!

Awesome

Seen differently as an athlete

I absolutely love the campus and going to UT.

Excellent

Nice, but I do wish I was more involved.

great

Met expectations

Excellent- "UT cares." This institution and city creates a buoyant atmosphere that is felt throughout campus.

Good

Fantastic

c

Q39\_4

Overall Experience

1. Please briefly summarize your overall experience in the following areas: - Leadership and personal development experience  
{!ImportId:"QID39\_4"}

10-Oct

Good

okay

Very good

eh

Great

Good

Grew a lot over my four years and felt able to step into a leadership position, wherever I was

good

Positive

Great

Very positive

Good

I have grown a lot as an individual while being at UT

Incredible experience

very good

great

Good.

Very good via great leaders

I've matured so much in my 4 years at Texas and have learned life skills that will carry me through my future career and as a woman. I can't thank my coaches enough and my teammates.

Great

Good

Great

Not as much leadership opportunity within athletics, because many times it feels as if we are really babied.

Grew up a lot in my time.

I feel that I can better utilize my leadership skills somewhere other than the rowing team.

Excellent

I grew tremendously as a person over these four years. Introspectively, and outwardly.

I feel like I am prepared for leadership roles thanks to this team and UT

Met expectations

Through my trials and triumphs at UT, I have grown into a man that I am proud of.

Good

Great

A

Q39\_5

Overall Experience

1. Please briefly summarize your overall experience in the following areas: - Overall experience

{"ImportId":"QID39\_5"}

10-Sep

Good

okay

Very good

okay

Great

Meh

Great overall experience

very good

Positive

Great

Very happy I came to Texas

Good

Incredible experience and so appreciative of the opportunity to be here

good

it was so awesome.

Great.

Best of my life.

I've loved every minute being here. It was the best decision of my life.

Amazing

Wasted 3 years of my college life but I ended with a smile on my face this year due to a new coach and system

Good

Very great!!

Amazing

Wouldn't trade it for the world.

Positive.

Excellent

The best four years of my life.

great

Met expectations

UT will have a special place in my heart for eternity. I have been gifted the setting and resources to grow and succeed; for that, I am grateful.

Good

15/10

B

Q40

2. Please share your top three highlights from your experience as a student-athlete.  
{"importId":"QID40\_TEXT"}

Travelling to [redacted] freshman year  
Going to [redacted] during summer to train with the team  
Getting an internship with [redacted] for Summer 2019  
Playing in [redacted]  
Creating relationships with Teammates  
Opportunities outside of sports

Free dinners, team apparel, friends on team

[redacted] win [redacted]. My last home game.

nutrition, academics, and making relationships

Great people, good workouts, great food

Going to [redacted]  
Representing [redacted]

1.) My freshman year, in the [redacted] we dominated other teams. 2.) Seeing how the Texas rowing program has developed and excelled in my time here. 3.) The relationships I have built and connections I will have for the rest of my life.

Networking, competition, everything

[redacted]  
Receiving my degree in [redacted]  
Being a student at UT

[redacted] place in [redacted] at [redacted]  
[redacted] place in [redacted] at [redacted]

Getting a weekly wrap up before graduating (getting to address the team/being chosen by Dave to do so).

[redacted] (hopefully this year will be added to the list)

Becoming a [redacted] after being a walk on  
[redacted] honorable mention

Ability to grow as a player, and a person. Allowing my [redacted] to be online

Freshman year being in the [redacted] dorm. Flo becoming the head coach.

1. Traveling to so many amazing places around the country to compete  
2. Being able to train and be teammates with national champions, Olympians, and just overall really great people.  
3. Having the opportunity to receive an education from the greatest university.

Getting all the academic help, receiving meals at TANC, and meeting some of my closest friends.

My top highlights is just overall being here at the university. Everyone is so nice, and I met such great people and friends that I will have forever.  
Being part of a team and making friends that I will have forever.

Setting a personal record to place [redacted] at the 2018 [redacted] championships.

Graduating with a [redacted] in an area of study I truly enjoy.

Winning a [redacted].  
Going to team dinners organized by the team just as is tradition.  
Seeing our alumni fill the stands at [redacted]

1- Being a part of a historical transition of our rowing team, going from top 10 to THIRD in the nation. Nothing can compare to that.

2- Winning Big 12s every year. It has been so cool to dominate the conference.

3- Rowing in general for me is a highlight. Everyday at practice I am grateful. Every race I'm grateful. I've had the opportunity to row in the [redacted] here and working hard with my teammates is something I will miss so much.

Nutrition center, Athletic Trainers and Coaches!!

Getting my major, scoring and making to [redacted] having a new coach

1. Experiences with my encouraging teammates.

2. Fulfilling a long time dream of [redacted].

3. Graduating the University of Texas with a degree in [redacted]

1-Winning the [redacted]

2-Practicing every day out on [redacted] for the best team with EPIC clouds.

3-Running my [redacted] than I ever expected.

Winning [redacted], making [redacted] and seeing peers graduate.

1. The relationships I formed with my teammates in my freshman class are friendships that I will have forever. I am grateful for the moments I spent with them.

2. [redacted]

3. I felt a great deal of pride and honor in representing UT.

The opportunity, facilities, and people

1) Winning the [redacted] my sophomore year in the [redacted]

2) Winning the [redacted]

3) Watching my teammates make the olympics

1. getting a school record

2. traveling across the country with my best friends and seeing new places

3. support from coaches and teammates

Facilities, racing, coaches

Family: My band of brothers in UT [redacted]

Education: Discovered my passion for [redacted] in the [redacted] realm- a truly invigorating and compelling journey.

Experience: Offered the unique opportunity to travel and train amongst an elite crew allowed me to identify with and understand what it means and takes to be successful

1. the uniqueness, how well known, and the honor of being able to rep the longhorn and burnt orange

2. Getting free ticket to all the other sporting events. Huge!

3. [redacted] - this allowed me to get to know other athletes who have now become some of my best friends. Also, getting to know [redacted] - these two changed my life

Graduating from [redacted] with an [redacted] and a job, running at the [redacted] (even though [redacted] awfully), and the early morning practices on the [redacted] where I forged bonds with my guys.

In no particular order:

-Seeing my sacrifices turn into successes with my team in the long haul

- Competing at the [redacted] with my team

-Feeding off the inspiration my teammates provide me with through their hard work and dedication

More interacting with campus life.

My experience could have been improved if it had been [redacted] as much as I was through the year. I created a lot of difficulty and made my first two years particularly very hard. I think it would have been helpful in order to come back stronger.

a smoother transition to transferring and a better way to be represented when I was let go.

Maybe just more free time would be nice.

Having better communication about the way scholarships worked, that is what is allowed and what is not, what should be expected and what shouldn't be, would have improved my experiences as a student athlete.

If the athletic department pretended we existed... that would be cool.

I can only ask that Texas be considered more of a "rowing school" in the future. We work so tirelessly to win NCAA and have been very successful in the past few years, especially in the Big 12. Please consider us more as a strong sport at Texas. We have become. We have learned from Dave and be grateful for everything. It led to nothing. However, it would be nice to be featured for our successes. We've won Big 12s every year and have made the podium in the past 2 (hopefully we get closer to winning CAAs and our teamwork should, overtime, achieve that.

nahh

My overall experience has already been improved when we got a new coach.

To summarize from what's mentioned in other answers about better coaching & more communication/organization among faculty and staff.

I think at times there are so many resources within athletics that we don't even know how to utilize.

Less time practicing in the offseason.

I think the coaches could have addressed illness and injury differently.

Better coaching

I think Texas is a great place and every student athlete here can make the most of their experience. The only thing I would wish for is a bit more equal treatment among the entire roster top to bottom, but understand that comes with

If you have a scholarship book it would be nice to get keep some of the books you could possibly refer to in your future profession; coaching which was hard as well.

Money assistance

My experience was what was. Similar occurrences with differing interpretations between individuals, my gripes are merely individual and not wholly indicative. Everything that happened to me helped create the image that I have to

This is a very hard question (along with everything on this survey). Four years is a long time and there is a lot of individual growth that happens during this time. It is hard to pinpoint the thing I hate to say something though, I think everything

The old coaching staff was unprofessional, disrespectful, and alienating to a large portion of the team. This year, I had a personal relationship even with Flo. He gave me the opportunity to fail and get back up in the most difficult

Better academic advising and more time off on the weekends.

that is all

nothing

Nothing.

I feel like were the most successful on campus throughout my time on the 40 acres but I feel like nobody on campus even knows we have a team. Nobody is doing it for the recognition but it seems like we would stand by the Tower when it had it, and nobody would know why it was lit.

I've learned so much and take this experience with me forever. I cannot thank all the staff and coaches for having me for the past 4 years. It has changed my life and I am forever grateful for everything. Love my team and this sport. Last time competing, but wouldn't want to spend my last four years in this sport anywhere else. Thank you all again for everything. Hook 'Em!

Loved being a Longhorn.

The student athlete should not have to look behind their back worrying about their coach planning something against them. Last 3 years been the worst time of my track and field career. It was so bad that the sports love I

In no way shape or form have I regretted the time I spent at the University of Texas as a student athlete. I am extremely blessed to have received an incredible degree and a lot of athletic success in college. I just wanted to be able to provide future student athletes don't have to go through similar issues as myself. I hope the best for the future of Texas Track & Field team. I would love nothing more than to be a proud alumni of the team's success.

I should also mention, my personal life took a turn for the worse in the past year. Struggled through a lot of personal/family issues, facing a lot of adversity that has made the past year a difficult one. Therefore, I understand the University of Texas has provided me in a very trying time. I recognize that so many of our experiences are only explained by unfortunate timing of when exactly I committed to Texas. The lot of issues were outside of the stability in the future!

Thank you so much for everything. I'll do such a good job of taking care of us.

Beginning of the school year activities should be for freshmen only, after that it's the same thing over and over again. And football gets away with a lot more than other athletes.

Everything was great. I could treat everyone more equal and not be diverse as a whole and between sports.

A truly rewarding experience would not have wanted to go anywhere else.

A lot of things seemed to fall through the cracks when we had a coaching switch. That maybe expected but it stinks when you are the ones suffering from this. Other than this adjustment my time at Texas was amazing. I am forever grateful that I came to UT.

Loved everything about

N/A

Improved bathroom for the spectators at the stadium. The disgusting and an embarrassment to the standard UT has for their athletic facilities.

The presence of the Track & Field staff, especially Coach Pete Watson, aided me through finding out [redacted] in July and pushing me to keep pushing to get better at a massive turning point in my life.

