



# END OF SEASON INTERVIEW

University of Nebraska Omaha Athletics



Sport

Current Academic Year

Date:

How long have you been on the squad?

Did you have a difficult time adjusting to college life?  Yes  No

Has the UNO Athletic Department shown a commitment to your emotional/psychological health?

Yes  No

If No, Please provide an example:

Has the UNO Athletic Department shown a commitment to your physical health?

Yes  No

If No, Please provide an example:

Does the UNO Athletic Department's staff have a commitment to your safety?

Do you and your teammates know where to go for professional help with serious personal or emotional problems?

Yes  Yes, with some problems  No

Has UNO overextended your time as a student-athlete, i.e. with travel commitments, missed class time, final exam schedules, summer vacation periods?

Yes  No

Has the UNO Athletic Department provided opportunities for you, as a student-athlete, to integrate into campus life?

Yes  No

Do you think alcohol use is a problem on your team?

Yes  No  Somewhat

Do you think drug use is a problem on your team?

Yes  No  Somewhat

If Yes, where can we improve:

Do your coaches treat you and your teammates with dignity and respect?

Are your coaches concerned about your academic success?

Are you subjected to what you consider verbal or emotional abuse from your coaches?

How do you rate your coaches' knowledge of the sport?

\_\_\_\_\_

Please feel free to make any additional comments about your coaching staff.

How do you rate the facilities provided to your team?

\_\_\_\_\_

The staff members most willing to address student-athlete personal concerns are: (Check all that apply)

- Coaches
- Athletic Director and Senior Administrative Staff
- Compliance Staff
- Academics Staff
- Athletic Training Staff
- Strength and Conditioning Staff
- All of the above are equally willing to address personal concerns
- None of the above are willing to address personal concerns

If you have ever missed a "voluntary" practice, workout, or conditioning session, did any of the following occur?  
(Check all that apply)

- I was required to give an explanation to my coach
- I was deprived of competition and practice opportunities
- The coach sanctioned me in ways other than deprivation of competition and practice opportunities
- None of the above: There were no consequences to my skipping voluntary practices, workouts or conditioning sessions
- Not applicable

How would you rate the strength and conditioning staff available to you and your team?

\_\_\_\_\_

How would you rate the athletic trainers and sports medicine staff available to you and your team?

\_\_\_\_\_

Do you think your team was provided the same level of athletics training and sports medicine services as other UNO teams get?

\_\_\_\_\_

Overall, do you feel that all teams are treated equally at UNO?

\_\_\_\_\_

How would you rate the UNO Athletic Department's support of your academic pursuits?

\_\_\_\_\_

How would you rate the UNO Athletic Department's support of your interests and personal development outside athletics?

\_\_\_\_\_

Overall, how do you rate your athletic experience at UNO?

\_\_\_\_\_

If you were being recruited today, would you choose UNO again?  Yes  No

Were the coaches in your sport fair and honest with you during the recruiting process?

Yes  No  N/A

**If you answered "No" to the previous question,**

Please identify the way(s) the coaches were not fair and honest: (Check all that apply)

- When they said my grant-in-aid was a "full ride" -- it turned out to be calculated on taking only 12 hours
- When they told me I would be an immediate starter on the team
- When they said I would receive a grant-in-aid all four years
- When they said I could transfer if I was unhappy
- Not applicable
- Other:

Which of the following academic programs/services/events are beneficial to you? (Check all that apply)

- Hamilton Academic Room (HAER)
- Orientation
- Life Skills
- Advice on class scheduling
- Progress Reports/Grade Checks
- University Seminar class (FYE)
- Tutoring
- Study Hall
- Intern Fair

Please list possible Life Skills events you would be interested in attending:

How can the student-athlete development program meet your needs better in regards to your professional growth?

Please feel free to make any additional comments:

<u>As a result of my participation in athletics at UNO...</u>	Strongly Agree	Agree	Disagree	Strongly Disagree
I have improved my conflict resolution skills.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have developed the confidence to speak up and initiate difficult conversations with friends, teammates, and/or coaches.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have developed positive relationships with individuals from different backgrounds (i.e. race, culture, gender, faith, sexual identity, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am more interested in learning about other cultures.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have improved my confidence to take on difficult challenges.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have improved my ability to understand the emotions of others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have improved my ability to speak up and/or act in difficult situations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I now view leadership as a process that everyone can participate in regardless of title, position, or defined role.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I view myself as a leader.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have improved my ability to successfully manage my daily time commitments.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have improved my study skills.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am better at setting goals and identifying the steps necessary to achieve my goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
As a result of my participation in athletics at UNO, I have developed a better understanding of how to live a healthy lifestyle (i.e. exercising regularly, eating healthy, getting enough sleep, maintaining positive relationships, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

My current definition of leadership is...

An example of a time that I engaged in leadership over the past year was...

Name (Optional):

The University of Nebraska Omaha Athletic Department is committed to providing the best experience possible for its student-athletes. As such, UNO feels it is important to receive honest feedback from its student-athlete so it may address areas of concern. This information provided in this survey will remain confidential in the sense that the UNO Athletic Compliance Office will not tell coaches or administrators who provided such information. Including your name is solely for the purpose of allowing the UNO Athletic Compliance Office to follow up with you to further understand any comments or concerns that may have been raised.