

Sport: _____

Name of Student-Athlete: _____

Interviewer: _____

Background Information

1. What was your primary reason for attending the University of Houston?
 - a) Mostly for academic reasons
 - b) Mostly for athletic reasons (e.g., reputation of the team, head coach and coaching staff)
 - c) Mostly equal for both academic and athletics reasons
 - d) Geographic location of the University of Houston
 - e) Influence of family and friends
 - f) Availability of financial aid
 - g) Some other reason (please explain)

2. Before we begin talking about your academic and athletics experience at the University of Houston, is there a number one thing you would like...
 - a) the University to know about your experience here as a student-athlete?

 - b) the Department of Athletics to know about your experience here as a student-athlete?

 - c) your respective team/coach to know about your experience here as a student-athlete?

7. What was your most important academic goal when you arrived at the University of Houston? Have you accomplished this goal?

Questions about how your ACADEMIC experience was affected by your participation in athletics

8. How did your participation in athletics impact your academic experience in the following areas?

- a) Choice of major?
- b) Course selection?
- c) Grade Point Average?
- d) Career plans?

9. As a student, do you feel like you performed up to your academic potential? Why or why not?

10. Did participation in athletics leave you too tired to pay attention in class or to complete homework and prepare properly for exams? If so, what suggestions do you have to minimize this experience?

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11. Which do you THINK was most important, athletics or academics, . . .
 - a) To you? Why?
 - b) To your coach? Why?
 - c) To your family? Why?
12. Describe how academic responsibilities affected your athletic performance?
13. How did your coach approach your performance in the classroom?
14. What was the culture of your team regarding academic performance? In other words, was there any kind of team peer pressure to focus or not focus on academics?
15. In retrospect, describe how participation in athletics was either a positive or negative influence on your academic experience?

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16. When your team traveled to out of town events . . .
 - a). Describe your experience with study time(s)?
 - b). Explain any class disruptions you may have experienced? Describe any planning that tried to minimize disruptions (if any)?
 - c). Describe the resources (e.g., facilities, laptops, tutors, etc.) provided during teams trips?
17. Explain your experience in balancing academics and athletics between the playing season for your sport and the off-season?
18. Were you ever injured while at Houston? YES or NO
 - a) What effect, if any, did that injury have on your academic performance?
 - b) How would evaluate the care that you received from the **Sports Medicine Department** during your rehabilitation from this injury?
19. What contribution did the **Sports Medicine Department** make to your success as a student-athlete at the University of Houston?
20. What contribution did the **Strength and Conditioning Program** make to your success as an athlete at the University of Houston?
21. What was your most important ATHLETIC goal when you arrived at the University of Houston? Have you accomplished this goal?

Questions about Career Development

22. Were you ever required to attend **Study Hall**? Was it helpful to you? Do you have any suggestions as to how it might be improved?
23. Did you ever make use of the **Tutoring Program**? Was it helpful to you? Do you have any suggestions as to how it might be improved?
24. Were the academic counselors with whom you worked able to provide helpful academic advice? Why or why not?
25. Were you satisfied with the resources for mental health? Why or why not? Is there anything you would like to change/see added? Explain.
26. Describe your experience with community service activities as part of your team's initiatives?

Questions about gender equity

27. Can you identify areas where the support given to men and women student-athletes was not equal?
- a) Facilities
 - b) Equipment
 - c) Academic Services
 - d) Strength and Conditioning
 - e) Nutrition
 - f) Career Development
 - g) Mental Health Resources
 - h) Sports Medicine
 - i) Team Travel
 - j) Housing
 - k) Sports Information
 - l) Scheduling of Practices
 - m) Number of Staff/Coaches
 - n) Quality of Staff/Coaches

A question about the Sports Nutrition Program

28. How has the **Sports Nutrition Program** contributed to your health and well-being as a student-athlete? Describe the items available in the Cougar Café and their potential impact on your general health and your performance as an athlete?

A question about retention

29. Can you comment on the number of student-athletes in your sport who left the team (i.e., transferred to another university in good academic standing, quit the team but remained a student at the University of Houston, left the team and the University of Houston on probation or suspension) during the time you were competing?
30. Was this type of thing a serious problem on your team? Why or why not?

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31. If it was, do you have any thoughts as to what caused student-athletes to leave your team before completing their eligibility?

Summary Questions

32. How would evaluate your experience as a student-athlete at the University of Houston? Can you name a few highlights (e.g., maybe one academic and one athletic) during your experience?

33. Were there any moments that were particularly difficult ones for you? Explain.

34. Are you aware of any compliance concerns and/or rules violations that you would like to report? If yes, please explain.

35. Describe any changes that you would like to see that could have made your experience at the University of Houston better?

36. Finally, if you had it to do over again, would you still choose to attend the University of Houston and participate in its intercollegiate athletics program? Why?