



Date	Name (optional)		Sport Wi	Plow Touthing	Mrach
1.	Which best describes your fu	ture plans? (check ap	propriate box)		
	I have been accepted to a gr I have applied to Graduate s I have secured a job. I am still looking for a job. I have no idea. I have one more year of school Other. Please specify:	chools but have not be		260	
2	Please indicate the relative implementation to attend UCA.		following factors	had in your	
1.0	2 2 Vin 2/1-	Very Important	Important	Not a factor	
Unive			X		į.
2. Spe	ecific academic program	- 000	\ \ \ \		-
	e athletic program	X			
4. The	head coach or coaching staff	X			-
5. Fin	ancial aid	X			
6. Oth	er athletes attending UCA	×			-
	cation of UCA		X		
	uence of parents	SST CONTRACTOR		×	4
	thland Conference				-
10. Ac	ademic support services for			The state of	1
	t-athletes		X	M	-
11. Ot	her:			\sim	
3	Would you encourage other stu ☐ Yes ☐ No If no, please expl		d this institution	?	4
4.	Please rate your experience at U (1-below average, 2-average, 3-g	ICA. (Circle one for egood, 4-very good, 5-e	each category) excellent)	-	
	Athletics (overall) 1 2 Academics 1 2	3 4 4	5 5		

5. If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons'.
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
	*
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	 ☐ Very effective and very complete for both ☐ Effective for athletic but not for academic ☐ Effective for academic but not for athletic ☐ Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.,	How important to you is graduating from college?
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
2.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

Please rate the Coaching staff in your sport
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)
Enthusiasm and the ability to motivate you and your teammates:

	Willingness to assist with matters)	academic con	cerns (not n	ecessaril	y related	to eligibilit	у
	Ability to communicate v Ability to organize and pr			es			
	Fairness in evaluating play	yers and provid	ling useful f	feedback	regardin	g athletic	
	Ethics Technical knowledge of a	ame					
14.	Have you personally exp harassment of other stud Comments:	erienced sexua ent-athletes a	al barassme t UCA?	ent or ha	ive obser No	ved sexual	
15.	Have you personally expegender-based discriminate Comments:	erienced gend tion of other s	er-based di tudent-athl	scrimina etes at U	ntion or l JCA?	have observ] Yes 🔀 N	ved lo
16.	Rate the services you reco			oport)			
	Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2	3 (3) (3) (3) (3) (3) (3) (3) (3) (3) (3	4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A	
17,	If you could change one the would it be?	ing about you	r specific s	ports pr	ogram a	t UCA wha	t
18.	Who was your primary co.	ntact when yo	u had ques	tions abo	out NCA	A regulatio	ons?

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and that the little are

19.	How can the athletic department assist you in your career development?
	provide contacts
20.	Have you sought assistance from the Career Services Staff? \(\subseteq\) Yes \(\subseteq\) No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas? Ethical Conduct
22.	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful? Yes No
23.	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the CHAMPS/Life Skills Program?
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? ☐ 5 - Excellent
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? X yes No
31.	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes No

	Was your team assigned an Athletic Trainer? MYes No
	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).
	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
	How would you improve the Sports Medicine services?
	Never to made use of it
	Did you participate in training sessions with the Strength and Conditioning Coach?
	Yes No
	Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest)
	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
	I felt I was able to bring issues with my sport to my SAAC representatives? Yes No
	During your playing season, how many days per week do you typically have off?
	During your playing season, how many hours per day does a typical practice last?
	During the playing season, how many hours per week is your team typically required to participate in the following:
	• Practice: 11 Louis
	Conditioning and/or weight lifting:
	• Watch game film: O hours
	During your playing season, is your team required to practice more than 20 hours per week? Yes No
	If you answered yes, please give a detailed account of those hours:
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47.	Durin 1	g your off-seaso	n, how man	y hours per o	lay was a t	ypical	ly worl	k out?
48.		g your off-seaso	n, how man	y hours per v	veek are yo	ou req	uired t	o work out?
49.	Durin; individ	g your off-seaso dual skill-related	n, how many l instruction	y hours per v	veek are yo	u reg	uired t	o attend
50.		his exit intervie ic program in go						e and to the
	261	betler	tó	talh	alout	11	in	re-son.



Date 1	9-18 Name (optional)_		_Sport_\(\frac{1}{2}\)	H <u>bal</u> l
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	I have been accepted to a grad I have applied to Graduate scl I have secured a job. I am still looking for a job. I have no idea. I have one more year of school Other. Please specify:	hools but have not bee		
2.	Please indicate the relative imp decision to attend UCA.		ollowing factors Important	Not a factor
		Very Important	Important	110t a factor
	all academic reputation of the			
Univers				
	fic academic program			
	thletic program			
4. The h	nead coach or coaching staff	- V/		_
5. Finan				
	athletes attending UCA	- V/-		
	tion of UCA	- V		
	ence of parents	- V		
	nland Conference	V /		
	demic support services for			
student-	-athletes			
11. Oth	er:			
3.	Would you encourage other st		end this institutio	n?
4.	Please rate your experience at (1-below average, 2-average, 3	UCA. (Circle one for good, 4-very good, 5	r each category) 5-excellent)	
	Athletics (overall) 1 Academics 1	2 3 4 2 3	5	

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
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7.	When did you begin to fee' athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
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9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
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10.	How important to you is graduating from college?
	☐ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

		. 1.	C . 1 C-	dhaale ==	aardina a	thletic
Fairness in evaluating play performance	ers and pro	viding us	serui teed	праск ге	garumg a	imene
Ethics						
				-		
Technical knowledge of g	ame //					
t confident knowledge of g	,,	E.				
Have you personally exp	an and so	wuol hai	rassmen	t or hay	observ	ed sexua
Have you personally exp harassment of other stud	lent-athlete	es at UC	A? \ \	Yes 🔽	No	
Comments:						
				ž.		
Here was paganally ave	erienced o	ender-ba	ased disc	erimina	tion or h	ave obse
Have you personally exp	perienced g	ender-ba	ased disc nt-athle	erimina tes at U	tion or h	ave obse
gender-based discrimina	perienced g	ender-ba er stude	ased disc nt-athle	crimina tes at U	tion or h	ave obse Yes ∨
Have you personally exp gender-based discrimina Comments:	perienced g ation of oth	ender-ba er stude	ased disc nt-athle	erimina tes at U	tion or h	ave obse Yes ∨
gender-based discrimina	perienced g ation of oth	ender-ba er stude	ased disc nt-athle	erimina tes at U	tion or h	ave obse Yes ☑
gender-based discrimina Comments:	ation of oth	er stude	nt-athle	erimina tes at U	tion or h	ave obse Yes ∨
gender-based discrimina Comments: Rate the services you re-	ation of oth	er stude	nt-athle	tes at U	tion or h	ave obse Yes ∇
gender-based discrimina	ation of oth	er stude	nt-athle	tes at U	tion or h	Yes V
gender-based discrimina Comments: Rate the services you re (1 represents no support	ceived fron t and 5 rep	er stude n the foll resents t	nt-athle lowing: cotal sup	port)	tion or h	Yes V
gender-based discrimina Comments: Rate the services you re (1 represents no support	ation of oth	er stude n the foll resents t	nt-athle lowing: total sup	tes at U	tion or h	N/A N/A
gender-based discrimina Comments: Rate the services you re (1 represents no support Athletic Training Academic Advising	ceived fron t and 5 rep	er stude n the foll resents t	nt-athle lowing: total sup	port) 4 4 4	tion or h	N/A N/A N/A
gender-based discrimina Comments: Rate the services you rec (1 represents no support Athletic Training Academic Advising Housing	ceived fron t and 5 rep	er stude the following the sents to the sent to the sen	lowing:	port) 4 4 4 4	CA:	N/A N/A N/A N/A
gender-based discrimina Comments: Rate the services you re (1 represents no support Athletic Training Academic Advising	ceived fron t and 5 rep	er stude n the following the sents to the sent to the s	lowing: cotal sup	port) 4 4 4 4 4	CA:	N/A N/A N/A N/A N/A
gender-based discriminate Comments: Rate the services you red (1 represents no support Athletic Training Academic Advising Housing Career Services	ceived fron t and 5 rep	n the followers to the following the followi	lowing: total sup	port) 4 4 4 4 4 4	CA:	N/A N/A N/A N/A N/A N/A
gender-based discriminate Comments: Rate the services you red (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid	ceived fron t and 5 rep	a the followers to the following the followi	lowing: total sup	port) 4 4 4 4 4 4 4 4	5 5 5	N/A N/A N/A N/A N/A N/A
gender-based discriminate Comments: Rate the services you read (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	ceived fron t and 5 rep	n the followers to the following the followi	lowing: sotal sup	port) 4 4 4 4 4 4 4 4 4	5 5 5	N/A N/A N/A N/A N/A N/A N/A
gender-based discriminate Comments: Rate the services you read (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	ceived fron t and 5 rep	a the following	lowing: cotal sup	port) 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A
gender-based discriminate Comments: Rate the services you read (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	ceived fron t and 5 rep	a the followers to the	lowing: sotal sup	port) 4 4 4 4 4 4 4 4 4	5 5 5	N/A N/A N/A N/A N/A N/A N/A
gender-based discriminate Comments: Rate the services you red (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	ceived fron t and 5 rep	a the following	lowing: cotal sup	port) 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A
gender-based discriminate Comments: Rate the services you red (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center If you could change one	ceived from t and 5 rep	a the following	lowing: lotal sup	port) 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A
gender-based discriminate Comments: Rate the services you red (1 represents no support Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center If you could change one	ceived fron t and 5 rep	a the following	lowing: lotal sup	port) 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A

How can the athletic department assist you in your career development?

The wall was some assist you in your career development?

The wall was some assist you in your career development?

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Yes No No No No No No No No No N
(e)	Complimentary Admissions Extra Benefits Boosters Ves No Yes No No
	Employment Yes No No
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
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31.	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

F	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
{	How would you improve the Sports Medicine services?
	Did you participate in training sessions with the Strength and Conditioning Coac Yes No
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	During your playing season, how many days per week do you typically have off?
	During your playing season, how many hours per day does a typical practice las
	During the playing season, how many hours per week is your team typically required to participate in the following: • Practice:
	• Conditioning and/or weight lifting:
	• Watch game film: 4 to 5 hours
	During your playing season, is your team required to practice more than 20 hou per week? Yes No If you answered yes, please give a detailed account of those hours:
	During your off-season, how many days per week do you typically have off?
	During your off-season, how many hours per day was a typically work out?
	During your off-season, how many hours per week are you required to work or

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



Date 42419 Name (optional)		Sport Soft	<u>pall</u>			
1. Which best describes your future	e plans? (check app	ropriate box)	V*\			
☐ I have been accepted to a gradu ☐ I have applied to Graduate scho ☐ I have secured a job. ☐ I am still looking for a job. ☐ I have no idea. ☐ I have one more year of school ☐ Other. Please specify:	left.	me year left	at graduates ch			
2. Please indicate the relative impo	rtance each of the f	ollowing factors	had in your			
decision to attend UCA.	Very Important	Important	Not a factor			
Overall academic reputation of the University	X					
2. Specific academic program	X		Ng.			
3. The athletic program	×		100			
4. The head coach or coaching staff	×					
5. Financial aid	×					
6. Other athletes attending UCA	×					
7. Location of UCA	×					
8. Influence of parents	×					
9. Southland Conference			X			
10. Academic support services for			\perp			
student-athletes						
11. Other:						
,	Would you encourage other student-athletes to attend this institution? Yes No If no, please explain					
4. Please rate your experience at 1 (1-below average, 2-average, 3-	UCA. (Circle one fo good, 4-very good,	r each category) 5-excellent)				
Athletics (overall) 1 Academics 1	2 3 4 2 3 4	3				

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	Immediately One term Sophomore Junior Senior Never
	Comments:
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A	Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
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	Very important Somewhat Not sure Not very Not at all
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	Willingness to assist with academic concerns (not necessarily related to eligibility

	Ability to communicate w	ith you and y	our tean	nmates				
		6	. 6					
	Ability to organize and pr	epare for pra	ctice					
	***	2 m						
	Fairness in evaluating play	yers and prov	viding us	seful feed	dback re	egarding	athletic	
	p-0.120		3					
	Ethics							
	• 1		ř.					
	Tachnical knowledge of	rame						
	Technical knowledge of g	ie.	2					
		-	-					
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14.	Have you personally exp harassment of other stu Comments:	oerienced se dent-athlete	xual hai s at UC	rassmen A? 🔲 Y	t or hav Yes 💢	No	ved sexual	
	T.						All I	
15. 1.	Have you personally ex gender-based discrimin	perienced go ation of oth	ender-ba er stude	ased disc nt-athle	tes at U	ICA?	Yes X	No
	Comments:							
							, K	
			41 C-11	lain-a-				
16.	Rate the services you re (1 represents no suppor	t and 5 rep	resents t	owing: otal sup	port)		X	
25	Athletic Training	1	2	3	4	(3)	N/A	
	Academic Advising	1	2	3	4	(3)	N/A	
	Housing	1	2		4	5	(NA)	
	Career Services	1	2	3	4	5	(N/A)	
	Aramark	1	2 2	3	4	5	(N/A)	
	Financial Aid	1		3	4	(3)	N/A	
	Promotion/Marketing	, 1	2 2 2	3 (3)	4	(5) 5 5 (5) 5	N/A	- Amortina this year
	Sports Information	1	$\frac{9}{2}$	(3)	4	5	N/A —	> KMac.
	NCAA Compliance	1	2	3	4	(3)	N/A	for ANIZ LEM 20
.).	Counseling Center	1	2	3	4		(N/A)	7 Amazing this year for this year 50 years 3.
17.	If you could change on would it be?	e thing abou	ıt your s	specific s	sports p	orogram	at UCA w	hat
	V	Miny						
		U						
18.	Who was your primar	y contact wl	ien you	had que	stions a	about NC	CAA regula	ations?
		Coach	25					

by being a resource or a reference on resume

How can the athletic department assist you in your career development?

	20.	Have you sought assistance from the Career Services Staff? 🔲 Yes 🔀 No
	21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
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	22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No No
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*	35.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
	36.	How would you improve the Sports Medicine services? I know from my kammats it's difficult to receive treatment when we are in off season
	37.	When we are in off season
	38.	Did you participate in training sessions with the Strength and Conditioning Coach? Yes \(\subseteq No \)
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		Conditioning and/or weight lifting: 2 Augs for \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
		• Watch game film: ON OUV OWN
	45.	During your playing season, is your team required to practice more than 20 hours per week? Yes No If you answered yes, please give a detailed account of those hours:
coognes	/ 46.	During your off-season, how many days per week do you typically have off?
mont 5	47.	During your off-season, how many hours per day was a typically work out?
no to	48.	During your off-season, how many hours per week are you required to work out?
You'my	λ_{Δ}	ws. The most would be the maximum hours which is 20.

	rs per week are you required to attend ons? Hwile a welk for 30 minutes at with
I feel this exit interview process is benef	icial to me as a student-athlete and to the
9.4	STE SERVICE ASS
A	
	~
	9
**	
	Athletic program in general. Yes

" and a second of



Date_	Name (option	al)_		Sport Foot	pull
1.	Which best describe	s your futu	re plans? (check app	propriate box)	
	I have secured a just I am still looking I have no idea.	Graduate school for a job.	ools but have not be		
2.	Please indicate the r decision to attend U	_	ortance each of the f	following factors	had in your
		O1 X.	Very Important	Important	Not a factor
1. Ove	rall academic reputatio	n of the		,	
Univer				/	
2. Spec	cific academic program				3.1
3. The	athletic program		√		
4. The	head coach or coaching	g staff	√ ,		
5. Fina	ncial aid		✓		
6. Oth	er athletes attending UC	CA	=	/	
7. Loca	ation of UCA		1		
8. Influ	ience of parents		1		
9. Sout	thland Conference		/		
10. Ac	ademic support service	s for		525	. ,
studen	t-athletes				
11. Otl	ner:				
3.	Would you encourage Yes □ No If no,		·	nd this institution	?
4	Please rate your exp (1-below average, 2- Athletics (overall) Academics	average, 3-g	good, 4-very good, 5-		2.44

If you were being recruited today would you choose to attend UCA again?

T. III de la sala

Yes No If no, for what reasons?
How did your participation in athletics affect your Academic Performance?
It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
Comments:
How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
✓ Very effective and very complete for both ☐ Effective for athletic but not for academic ☐ Effective for academic but not for athletic ☐ Not effective for either
Did your coaches sincerely emphasize graduation from UCA as a top priority?
Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over.
No, they hardly ever discussed academics
How important to you is graduating from college?
Very important Somewhat Not sure Not very Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate with you and your teammate	S			
	Ability to organize and prepare for practice				
	Fairness in evaluating players and providing useful for performance	eedback r	regarding	g athletic	
	Ethics				
	Technical knowledge of game				
14.	Have you personally experienced sexual harassme harassment of other student-athletes at UCA?			ved sexual	
15.	Have you personally experienced gender-based discrimination of other student-athle Comments:				
	e = = = = = = = = = = = = = = = = = = =			* *	
16.	Rate the services you received from the following: (1 represents no support and 5 represents total sup				
	Athletic Training 1 2 3 Academic Advising 1 2 3 Housing 1 2 3 Career Services 1 2 3 Aramark 0 2 3 Financial Aid 1 2 3 Promotion/Marketing 1 2 3 Sports Information 1 2 3 NCAA Compliance 1 2 3 Counseling Center 1 2 3	4 4 4 4 4 4 4 4 4	(G) 5 5 5 5 6 6 6 6 5 5	N/A N/A N/A N/A N/A N/A N/A N/A	
17.	If you could change one thing about your specific swould it be?) (WHUS IN The Morning.	sports pr	ogram a	at UCA wha	t
18.	Who was your primary contact when you had que	stions ab	out NC	AA regulati	ons?
	Head Couch				

How can the athletic department assist you in your career development?

Networkhe

	20.	Have you sought assistance from the Career Services Staff? Yes No
	21;	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	¥	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No No No No No No No No No N
	22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Yes No
	23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program? Have attacks were exacted with the Speakers.
	24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	26.	How well did practice times accommodate class scheduling? [5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	28.	Were you ever required to miss class due to practice? Yes No
	29.	Were you required to miss a mid-term or final exam due to practice? Yes No
385	30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
	31.	Do you think the Athletic Administration supported and valued your sport? Yes No
	32.	If you had a need to contact an administrator was one available to you? Yes No
	33.	Was your team assigned an Athletic Trainer? Ves No
	34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the hig
	How would you improve the Sports Medicine services? Our Sports medicine Services we great.
	Did you participate in training sessions with the Strength and Conditioning
]	Please rate your overall experience with the Strength and Conditioning Pro (Rate on a scale of 1-5 with 5 being the highest)
)	I am aware of who my sports representatives are on the Student Athlete Ad Committee (SAAC)? Yes No
	I felt I was able to bring issues with my sport to my SAAC representatives? Yes No
	During your playing season, how many days per week do you typically have
	During your playing season, how many hours per day does a typical practice 2 hours max
	During the playing season, how many hours per week is your team typically required to participate in the following: • Practice:
	• Conditioning and/or weight lifting:/hr 30 m/nutes
	• Watch game film:
P	Ouring your playing season, is your team required to practice more than 20 per week? Yes No f you answered yes, please give a detailed account of those hours:
	Ouring your off-season, how many days per week do you typically have off?
)	Ouring your off-season, how many hours per day was a typically work out? The 30 minutes
)	During your off-season, how many hours per week are you required to work

4 hrs

49.	During your off-season, how many hours per	week are you required to attend
	individual skill-related instruction sessions?	45 mins

I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes: No If no, please explain: 50.

1 6 1 1 6 5 B. B. B.



Date 7	//25/19 Name (options	nl)			Sport_Sof	tball
1.	Which best describes	s your futi	ure plans?	(check app	propriate box)	
	☐ I have been accept☐ I have applied to C☐ I have secured a jo☐ I am still looking f☐ I have no idea.☐ I have one more yo☐ Other. Please spec	Graduate so b. For a job. ear of scho	chools but h		en accepted yet.	
2.	Please indicate the redecision to attend UC					s had in your Not a factor
1 0	11 1	C 41	Very Im	portant	Important	Not a factor
	all academic reputation	or the				
University V						
2. Specific academic program					V	
	athletic program	- 4 - CC			V	
	nead coach or coaching	starr			- V	
5. Financial aid						
6. Other athletes attending UCA						
	tion of UCA					/
	ence of parents					
9. Soutl	hland Conference					
10. Academic support services for						
student-athletes				✓	- N	
11. Oth	er:					
3	Would you encourage other student-athletes to attend this institution? Yes No If no, please explain					
4.	Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)					
	Athletics (overall) Academics		2 3 3	4 4	5 5	7. 27

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons? Im gonna be
	Yes No If no, for what reasons? I'm gonna be honest, it would be a game time deci
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☑ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both
	☐ Effective for athletic but not for academic ☐ Effective for academic but not for athletic ☐ Note the following
0	Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over.
	No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes \in No Geoff is awsome:)
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate with	you and	your te	ammates				
	Ability to organize and preparation	are for pr	actice					
	Fairness in evaluating player	rs and pro	viding	useful fee	dback regar	ding athletic		
	performance	4	Ę:					
	Ethics		¥ 2.00	i e		8:		
4	Technical knowledge of gan	ne MA	2					
14.	Have you personally exper harassment of other student Comments:	ienced se	exual h	arassmen	nt or have ol Yes No	oserved sexua	ıĬ	
16.	Have you personally exper gender-based discrimination Comments: Rate the services you received the services are support as the support as the support as the support as the services are support as the	on of oth	er stud the fo	ent-athle llowing:	tes at UCA	or have obse ? ☐ Yes 🗹	rved No	
	Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3 3 3 3	4 (5) 4 (5) 4 (5) 4 (5) 4 (6) 4 (7) 4 (7)			
17.	If you could change one the would it be?	ing abou	t your 55	specific s For	ports progr HV	am at UCA v	rhat <i>fse t</i>	?
18.	Who was your primary co				stions about	NCAA regul	ations?	

19. How can the athletic department assist you in your career development?

networking

20.	Have you sought assistance from the Career Services Staff? Yes V No					
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?					
	Ethical Conduct Amateurism Yes No Academic Standards Yes No Eligibility Standards Yes No Drugs Recruitment Yes No Complimentary Admissions Extra Benefits Yes No Student-Athlete Host Employment Yes No No No No No No No No No No					
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Yes No					
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program?					
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
26.	How well did practice times accommodate class scheduling? ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory					
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory					
28.	Were you ever required to miss class due to practice? Yes V No					
29.	Were you required to miss a mid-term or final exam due to practice? Yes No					
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No					
31.	Do you think the Athletic Administration supported and valued your sport? Yes No					
32.	If you had a need to contact an administrator was one available to you? Yes No					
33.	Was your team assigned an Athletic Trainer? Ves No					
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest)					

How w	vould you improve the Sports Medicine services?
	NA
	ou participate in training sessions with the Strength and Conditioning Cos No
	rate your overall experience with the Strength and Conditioning Program a scale of 1-5 with 5 being the highest)
	ware of who my sports representatives are on the Student Athlete Advintee (SAAC)? Yes No
	was able to bring issues with my sport to my SAAC representatives?
	g your playing season, how many days per week do you typically have o
	g your playing season, how many hours per day does a typical practice
,	g the playing season, how many hours per week is your team typically red to participate in the following: Practice:
•	Conditioning and/or weight lifting: 2-3
•	Watch game film:O
per we	g your playing season, is your team required to practice more than 20 leek? Yes No answered yes, please give a detailed account of those hours:
	g your off-season, how many days per week do you typically have off?

3-4

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. No If no, please explain:

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1 5 %



Date <u></u>	21 Name (optional)		Sport Footbal	
1	Which best describes your futu	re plans? (check appr	opriate box)	
<	I have been accepted to a graduate so I have applied to Graduate so I have secured a job. I am still looking for a job. I have no idea. I have one more year of school Other. Please specify:	ol left.		had in your
2.	Please indicate the relative im decision to attend UCA.		Ollowing ractors	Not a factor
	decision to attend occasion	Very Important	Important	Not a factor
1 Over	rall academic reputation of the			
Univer	eity			
2 Spec	eific academic program	1//		
2 The	athletic program	1//		
1. The	head coach or coaching staff		1	
5 Fina	incial aid			
5. Filla	er athletes attending UCA	1	1/	
7. Loo	ation of UCA		0	-
9 Infl	uence of parents			+/
8. IIII	thland Conference			
9. 500	cademic support services for			1
10. Ac	nt-athletes			-
11. Of				
3,	Would you encourage other Yes No If no, please	explain		
4.	Please rate your experience (1-below average, 2-average	e, 5-good, 4 1927 6)
	Athletics (overall) l Academics l	$\begin{bmatrix} 2 & 3 & 4 \\ 2 & 3 & 4 \end{bmatrix}$	5 5	
5.	If you were being recruited	today would you choo	ose to attend UC	A again?

	Yes No If no, for what reasons?
6.	How did your participation in othletics are
	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively.
	It did not affect my academic performance very much. Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	Immediately One term Sophomore Junior Senior Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both
	Directive for athletic but not for academia
	Effective for academic but not for athletic Not effective for either
9.	Did your good at the
	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always or the start the start they always or the start the start they always or the start the start they always or the start they always or the start the start they always or the start the start they always or the start the start the start the start the start the start
	No, from the start, they emphasized athletics over academics.
	and they emphasized an academic degree applied to
	athletic career was over.
	No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11,	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the abilities motivate you and your teammates:
	Willingness to assist with academic concerns (not necessarily related to 12.11.11.11.11.11.11.11.11.11.11.11.11.1

demic concerns (not necessarily related to eligibility matters)

	Ability to communicate with v	voirand vo	our teami	mates				
	Ability to organize and prepar	e for prac	tice					
	Fairness in evaluating players performance	and prov	iding use	ful feed	back rega	arding a	thletic	
	Ethics	12						
	Technical knowledge of gam	e						
14.	Have you personally experharassment of other studer Comments:	ienced se nt-athlete	xual har s at UCA	assment	t or have Ves N	observ	ved sexual	
15.	Have you personally expergender-based discriminati Comments:	rienced go on of oth	ender-ba er studei	sed disc at-athle	eriminati tes at UC	ion or h	ave observe	ed o
16.	Rate the services you rece (1 represents no support a	ived fron and 5 rep	the foll resents t	owing: otal sup	port)	We sale		
	Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A N/A N/A	
17	If you could change one to would it be?	thing abo	ut your s	specific	sports p	rogram	at UCA wl	iat
	More money for off	ampus 1	ving					
18.	Who was your primary	contact w	hen you	had qu	estions a	bout N	CAA regula	ıtions?

No Aprishing about NLAA regulations

19. How can the athletic department assist you in your career development?

Reknows; if thylian about any job opening they feel would be a good fit form let me

20	Have you sought assistance from the Career Services Staff? Yes No
21	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
,	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Academic Standards Academic
22,	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)/ What are your suggestions to improve the Life Skills Program?
24.	No suggestions, howefly its just something students not mally paying attention to and getting something Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport?
32.	If you had a need to contact an administrator was one available to you? Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

Ra	te the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
Но	w would you improve the Sports Medicine services?
	NIA
Die	ou participate in training sessions with the Strength and Conditioning Coach? Yes \sum No
Ple (Ra	ease rate your overall experience with the Strength and Conditioning Program. ate on a scale of 1-5 with 5 being the highest)
I a Co	m aware of who my sports representatives are on the Student Athlete Advisory mmittee (SAAC)? Yes No
I fo	elt I was able to bring issues with my sport to my SAAC representatives? Yes No Didn't know who it was
Du	ring your playing season, how many days per week do you typically have off?
Du	ring your playing season, how many hours per day does a typical practice last?
Du rec	ring the playing season, how many hours per week is your team typically quired to participate in the following: • Practice: About 5'1-6
	Conditioning and/or weight lifting:
	• Watch game film: $\frac{41/2-5}{}$
ne	ring your playing season, is your team required to practice more than 20 hours r week? Yes No you answered yes, please give a detailed account of those hours:
— Du	uring your off-season, how many days per week do you typically have off?
Dı	10/7_ uring your off-season, how many hours per day was a typically work out? 1-112
	uring your off-season, how many hours per week are you required to work out?
	Abad 4 or 5

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?//2-2_
	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



Date_	1-22 Name (optional)		Sport SOF	Hoall
1.	Which best describes your futu	re plans? (check app	propriate box)	
	☐ I have been accepted to a grad ☐ I have applied to Graduate scl ☐ I have secured a job. ☐ I am still looking for a job. ☐ I have no idea. ☐ I have one more year of school ☐ Other. Please specify:	hools but have not bee	en accepted yet.	
2.	Please indicate the relative imp decision to attend UCA.	ortance each of the f Very Important	ollowing factors Important	had in your Not a factor
1. Ove	erall academic reputation of the	very important	\/	Not a factor
Unive			X	
2. Spe	cific academic program			X
	athletic program		X	
4. The	head coach or coaching staff		X.	
	ancial aid	X		N. J.
6. Oth	er athletes attending UCA			
	ation of UCA	X		
8. Infl	uence of parents	X		
	thland Conference			X
10. Ac	ademic support services for		,	
	t-athletes		Х	
11. Ot	her:			a v **
3.	Would you encourage other stud		nd this institution	1?
1.	Please rate your experience at U (1-below average, 2-average, 3-g Athletics (overall) 1 2 Academics 1 2			
		<u> </u>		

If you were being recruited today would you choose to attend UCA again?

5.

NO

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
7	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments: After 1st Semester
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	 □ Very effective and very complete for both ☑ Effective for athletic but not for academic □ Effective for academic but not for athletic □ Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.:	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Fairness in evaluation	ng players and	providing	g useful	feedback	regardi	ng athletic	
performance					0	8	
Ethics	-	8		kš.			
Technical knowledg	e of game	A.					
	e of gaine						
W.	Marie Marie						
Trans.		7.4		ii			
Have you personal	ly experienced	sexual h	arassm	ent or ha	ive obse	erved sexual	l
harassment of othe Comments:	i student-atm	etes at U	CA? L	1 Yes] No		
Have you personall gender-based discrit Comments:	y experienced imination of o	gender-l ther stud	based d	iscrimina letes at U	ation or JCA?	have obser ☐ Yes X 1	
gender-based discri	y experienced imination of o	gender-l	based d ent-ath	iscrimina letes at U	ation or JCA?	have obser	
gender-based discri	mination of o	ther stud	ent-ath	letes at U	ation or JCA?	have obser ☐ Yes X 1	
gender-based discrices recomments: Rate the services you (1 represents no support of the services)	u received fro	ther stud om the fo presents	ent-ath	letes at U	JCA?	∏ Yes 🗶 1	
Rate the services you (1 represents no sup	mination of o	om the forpresents	llowing total su	letes at U	JCA?	∏ Yes X 1 N/A	
Rate the services you (1 represents no sup	mination of o ou received fro oport and 5 re	om the forpresents	llowing total su	letes at U	5 5	∏ Yes X 1 N/A N/A	
Rate the services you (1 represents no sup Athletic Training Academic Advising	ou received fro oport and 5 re	om the forpresents	llowing total su	letes at U	5 5 5 5	N/A N/A	
Rate the services you (1 represents no sup Athletic Training Academic Advising Housing	ou received fro oport and 5 re 1 1 1	om the forpresents	llowing total su	etes at U	5 5 5 5	N/A N/A N/A N/A	
Rate the services you (1 represents no sup) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid	ou received from the poort and 5 received 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	om the for presents	llowing total su	etes at U	5 5 5 5 5	N/A N/A N/A N/A N/A N/A	
Rate the services you (1 represents no sup) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	ou received from the poort and 5 received 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	om the forpresents	llowing total su	etes at U	5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A	
Rate the services you (1 represents no sup) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	ou received from the poort and 5 received 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	om the forpresents 2 2 2 2 2 2 2 2 2 2	llowing total su	etes at U	5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A	
Rate the services you (1 represents no sup) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance	ou received fropport and 5 re	om the for presents 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	llowing total su	etes at U	5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A N/A	
gender-based discriced Comments: Rate the services you (1 represents no support of the services of the servic	ou received fropport and 5 re	om the forpresents 2 2 2 2 2 2 2 2 2 2	llowing total su	letes at U	5 5 5 5 5	N/A N/A N/A N/A N/A N/A N/A N/A	
Rate the services you (1 represents no sup) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	ou received from the port and 5 received from 1 leads	om the forpresents	llowing total su	etes at U pport) 4 4 4 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5	N/A	No
Rate the services you (1 represents no sup) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center If you could change	ou received from the port and 5 received from 1 leads	om the forpresents	llowing total su	etes at U ipport) 4 4 4 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5	N/A	No
Rate the services you (1 represents no sup) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center	ou received from the port and 5 received from 1 leads	om the forpresents	llowing total su	etes at U ipport) 4 4 4 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5	N/A	No
Rate the services you (1 represents no sup) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center If you could change	ou received from the port and 5 received from 1 leads	om the forpresents	llowing total su	etes at U ipport) 4 4 4 4 4 4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5	N/A	No

19. How can the athletic department assist you in your career development?

	20.	Have you sought assistance from the Career Services Staff? Yes
	21	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
		Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No No Yes No No No Yes No No No Yes No No No No No No No No No N
	22.	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful?
	23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program? Very good 3 educational.
	24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
	26.	How well did practice times accommodate class scheduling? ☐ 5 - Excellent ☐ 4 - Good ☑ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
	27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? ☐ 5 - Excellent
	28.	Were you ever required to miss class due to practice? MYes No
	29.	Were you required to miss a mid-term or final exam due to practice? Yes 🔊 No
<i>n</i> .	30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
n. 12. 1	31.	Do you think the Athletic Administration supported and valued your sport?
	32.	✓ Yes □ No If you had a need to contact an administrator was one available to you? ✓ Yes □ No
- No. of the last	33.	Was your team assigned an Athletic Trainer? ✓ Yes ☐ No
	34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

MC	ore avaliable times to go in.
	446
Did y	you participate in training sessions with the Strength and Conditionings of No
	se rate your overall experience with the Strength and Conditioning Property on a scale of 1-5 with 5 being the highest)
	aware of who my sports representatives are on the Student Athlete Amittee (SAAC)? Yes No
	I was able to bring issues with my sport to my SAAC representatives es \[\subseteq \text{No} \]
Durii -	ng your playing season, how many days per week do you typically hav
Durii ろ-	ng your playing season, how many hours per day does a typical pract
	ng the playing season, how many hours per week is your team typical red to participate in the following: Practice: 15-20-115
•	Conditioning and/or weight lifting: 2-3 Hr5
•	Watch game film:
oer w	ng your playing season, is your team required to practice more than 2 reek? Yes No answered yes, please give a detailed account of those hours:
Ourin 	ng your off-season, how many days per week do you typically have off

3 HRS

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 3-4 475
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:

5.19.00 - 5;

+ I.



Date	Name (option	nal)		Sport SOC	ar
1.	Which best describe	es your fu	ture plans? (check	appropriate box)	
	☐ I have secured a j ☐ I am still looking ☐ I have no idea. ☐ I have one more y ☐ Other. Please spec	Graduate sob. for a job. vear of scherify:	ool left.	stuff, id	45
2.	Please indicate the idecision to attend U	elative in CA.	portance each of t	he following factors	had in your
		O11.	Very Important	t Important	Not a factor
1. Ove	rall academic reputation	n of the			
Univer					
	cific academic program				
	athletic program				
	head coach or coachin	g staff			
5. Fina	ncial aid				
6. Othe	er athletes attending UC	CA			
7. Loca	ntion of UCA				1
8. Influ	ence of parents				
9. Sout	hland Conference				
10. Aca	ademic support service	s for			1
	-athletes				
11. Oth	er:		got a fu	11 ride, so	
3.4.	Would you encourage Yes No If no. Please rate your exp (1-below average, 2-c) Athletics (overall) Academics	please ex	plain	for each category)	1?

If you were being recruited today would you choose to attend UCA again?

5.

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	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	How did your participation in athletics affect your Academic Performance? It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	mmediately One term Sophomore Junior Senior Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both
	Effective for athletic but not for academic
	☐ Effective for academic but not for athletic ☐ Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.
	Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics.
	No, but they emphasized an academic degree could always be earned after my
	athletic career was over. No, they hardly ever discussed academics
10	
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11,	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? ☐ Yes ☐ No
12.	Did the coaches ever steer fou toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate with you and your teammates
	Ability to organize and prepare for practice
	Fairness in evaluating players and providing useful feedback regarding athletic performance
	Ethics
	Eulics
	Technical knowledge of game
	*
14.	Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments:
15.	Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No Comments:
16.	Rate the services you received from the following: (1 represents no support and 5 represents total support)
	Athletic Training 1 2 3 4 N/A
	Athletic Training 1 2 3 4 5 N/A Academic Advising 1 2 3 4 5 N/A Housing 1 2 3 4 5 N/A
	Housing 1 2 3 4 (5) N/A
	Career Services 1 2 3 4 5 N/A
	Aramark 1 2 3 4 5 N/A
	Financial Aid 1 2 3 4 5 N/A Jaine is Promotion/Marketing 1 2 3 4 5 N/A Jaine is Sports Information 1 2 3 4 5 N/A The best
	Promotion/Marketing 1 2 3 4 3 N/A The best Sports Information 1 2 3 4 3 N/A The best
	Career Services 1 2 3 4 5 N/A Aramark 1 2 3 4 5 N/A Financial Aid 1 2 3 4 5 N/A N/A Promotion/Marketing 1 2 3 4 3 N/A N/A <td< th=""></td<>
	NCAA Compliance 1 2 3 4 5 WA Counseling Center 1 2 3 4 5 WA
1.7	
17.	If you could change one thing about your specific sports program at UCA what would it be?
	would it be? beights beights
2150	veignts - Fallic up didn't actually of
Jenn	seaganth tall sic account actionly accomplish
not i	really so you wake up ter no reason
18.	Who was your primary contact when you had questions about NCAA regulations?
	Jeremy Bishap
19.	How can the athletic department assist you in your career development?
1/	and the amount department assist you in your career development:

1 p)

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Man + Yead +
23.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 5 - Inty Johnson was God! What are your suggestions to improve the Life Skills Program? 50 was Doug Is which are
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling?
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes
30,	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport? Yes \int No
32.	If you had a need to contact an administrator was one available to you? Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

A	The Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
W	Sucks of
How	would you improve the Sports Medicine services?
	gut rid of him ATA
Did yı □ Xe	ou participate in training sessions with the Strength and Conditioning Coach? S \(\sum \) No
Please (Rate	rate your overall experience with the Strength and Conditioning Program. on a scale of 1-5 with 5 being the highest)
I am a	on a scale of 1-5 with 5 being the highest) 5 - Claire is great 4 a o Ners ware of who my sports representatives are on the Student Athlete Advisory
Comm	nittee (SAAC)? Yes No
I felt I	was able to bring issues with my sport to my SAAC representatives?
Durin	g your playing season, how many days per week do you typically have off?
Durin 7	g your playing season, how many hours per day does a typical practice last? und a half plus weights ((hc))
	g the playing season, how many hours per week is your team typically
requir •	ed to participate in the following: Practice: (0-8 hrs
	Conditioning and/or weight lifting:
•	Watch game film: 1.5-3 hrs
Durin	g your playing season, is your team required to practice more than 20 hours
per we	ek? ☐ Yes ☑No
If you a	answered yes, please give a detailed account of those hours:
During つ	your off-season, how many days per week do you typically have off? - but volunteern on weekends doesn't count day off-no oftense
During L-	your off-season, how many hours per day was a typically work out?
	<u>ـ</u> ـــــــــــــــــــــــــــــــــــ

likm a lot

49.	During your off-season, how many hours per week are you required to attend
	individual skill-related instruction sessions? $\frac{1}{1000}$
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the
	Athletic program in general. Wes No If no, please explain:



Date 4/29/19Name (optional)	Sport	Tennis		
1. Which best describes your future	re plans? (check app	propriate bo	x)	
☐ I have been accepted to a grad ☐ I have applied to Graduate sch ☐ I have secured a job. ☐ I am still looking for a job. ☐ I have no idea. ☐ I have one more year of schoo ☐ Other. Please specify:	nools but have not bee			
2. Please indicate the relative impo	ortance each of the f	ollowing fac	tors had in your	
decision to attend UCA.			27	
1. O	Very Important	Importa	nt Not a factor	
Overall academic reputation of the University	λ.	_		
2. Specific academic program				
3. The athletic program	-	,	• •	
4. The head coach or coaching staff				
5. Financial aid	/			
6. Other athletes attending UCA	1			
7. Location of UCA	V		,	
8. Influence of parents				
9. Southland Conference				
10. Academic support services for				
student-athletes				
11. Other:		<u>*</u>		
Would you encourage other students and Yes ☐ No If no, please explanations are students.		nd this instit	ution?	
4. Please rate your experience at U (1-below average, 2-average, 3-g			ry)	
Athletics (overall) 1 2 Academics 1 2	3 3 4	5 5		

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	 ✓ It helped because I had to manage my time more effectively. ☐ It hurt because I did not have enough time to commit to academics. ☐ It did not affect my academic performance very much. ☐ Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
nagy tuit	Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	✓ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
11	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:
	Willingness to assist with academic concerns (not necessarily related to eligibility matters)
	The state of the s

	Ability to communicate	with y	ou and	your t	eamm	ates				
	Ability to organize and	THE PERSON NAMED IN	e for pr	actice						
				2						
	Fairness in evaluating p performance	layers	and pro	oviding	usefu	ıl feedback r	egardin	g athletic.		
	performance	40	1/2	*						
	Ethics	Wild Wild Street		30 K						
	Ethics		The second							
		48400°		5						
	Technical knowledge of			8						
14.	Have you personally ex	rnaria	acad sa	vuol h	arocc	mont or hor	a obso	mind any m	s.I	
14.	harassment of other st							rvea sexu:	a1	
	Comments:									
15.	Have you personally ex gender-based discrimin	eperier nation	of othe	ender-l er stud	based ent-a	discriminat thletes at U	ion or [CA? [have obse] Yes [Z	rved No	
	Comments:									
							۵	~		
16.	Rate the services you re (1 represents no suppor									
	(1 represents no suppor	rt allu	3 repr	esents	totai	support)				bakker
	Athletic Training		1	2	3	4	5		This year	Bend
	Academic Advising Housing		1	2 2	3	4	(<u>()</u>	N/A° N/A		
	Career Services		1	2	3	(4)	5	N/A		
	Aramark		1	2	3	4	5	N/A		
	Financial Aid		1	2	3	Ã	5	N/A		
	Promotion/Marketing		1	2	3	4		N/A		
	Sports Information		1	2 2	3	4	5 5 5	N/A		
	NCAA Compliance		1	2	3	4	5	N/A		
1	Counseling Center		1	2	- 3	4	5	N/A		
17.	If you could change one would it be?	thing	about	your s	specif	ic sports pro	gram a	at UCA w	hat	
	would it be:	Note	Supp	ort	8	budget				
								4		
18.	Who was your primary	conta	ct whe	n you l	had q	uestions abo	ut NC	AA regula	itions?	
	C	oach	Cas	cy						
				-						

How can the athletic department assist you in your career development?

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Pyes No No Yes No No No Yes No No No Yes No No No No No No No No No N
22,	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful?
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program?
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 7 - This year 6
	2 - Delore

Rate	the Sports Medicine services. (Rate on a scale of 1-3 with 3 being the highe
How	would you improve the Sports Medicine services?
	_
	ou participate in training sessions with the Strength and Conditioning Ces No
	e rate your overall experience with the Strength and Conditioning Progr on a scale of 1-5 with 5 being the highest)
I am : Comr	aware of who my sports representatives are on the Student Athlete Advi nittee (SAAC)? Yes No
•	I was able to bring issues with my sport to my SAAC representatives?
Durin	ng your playing season, how many days per week do you typically have o
Durin	ng your playing season, how many hours per day does a typical practice
requi	ng the playing season, how many hours per week is your team typically red to participate in the following:
•	Practice: 18 hovis
•	Conditioning and/or weight lifting:
•	Watch game film:
per w	ng your playing season, is your team required to practice more than 20 heek? Yes No answered yes, please give a detailed account of those hours:
Durin	ng your off-season, how many days per week do you typically have off?
Durin	ng your off-season, how many hours per day was a typically work out?
Durin	g your off-season, how many hours per week are you required to work o
	4-5 hours

50.	I feel this exit interview pro Athletic program in genera	ocess is beneficial to me as a student-athlete and to al. Yes No If no, please explain:
		*
		*
		*
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	M	78
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		er on " X
	CA.	

** *



Date	/27_Name (optional)		Sport W	Soccer
1.	Which best describes your fut	ure plans? (check app	ropriate box)	
Ķ	☐ I have been accepted to a gra ☐ I have applied to Graduate s ☐ I have secured a job. ☐ I am still looking for a job. ☐ I have no idea. ☐ I have one more year of scholar other. Please specify:	chools but have not bee		И
2.	Please indicate the relative im decision to attend UCA.	portance each of the fo	ollowing factors Important	had in your Not a factor
1 Over	rall academic reputation of the	Very Important	inportant	1,000,000
Univer:		-X		
2 Spec	ific academic program	X)		
	athletic program	×		
	head coach or coaching staff	X		
	ncial aid	V.,	X	
	r athletes attending UCA	X		
	ation of UCA	X		
	ence of parents			×
	hland Conference			X
	ademic support services for	×		
	-athletes	(creen, c)		
11. Oth	ner:			
3.	Would you encourage other s		nd this institutio	n?
4.	Please rate your experience a (1-below average, 2-average,	t UCA. (Circle one for 3-good, 4-very good, 5-	each category) -excellent)	
	Athletics (overall) I Academics 1	2 3 4 2 3	5	

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
¥	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	✓ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
11:	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? ☐ Yes ☐ No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:
	Willingness to assist with academic concerns (not necessarily related to eligibility

	Ability to communicate with you and your tea	immates	
	Ability to organize and prepare for practice		ķ
	Fairness in evaluating players and providing u performance	useful feedback regarding athle	etic
	Z PE		
	Ethics		
	Technical knowledge of game		
	Technical knowledge of gaine		
4.	Have you personally experienced sexual har harassment of other student-athletes at UC. Comments:	rassment or have observed s CA?	sexual
	W4		
5.	Have you personally experienced gender-based discrimination of other stude Comments: Weight voum, for impuration than	ent-athletes at UCA? XYe	s 📙 No
	impurant than	anyone else	
6.		lowing:	3
	Athletic Training 1 2 Academic Advising 1 2 Housing 1 2 Career Services 1 2	3 4 G N 3 4 G N 3 4 G N	/A /A /A
	Aramark 1 2 Financial Aid 1 2 Promotion/Marketing 1 2 Sports Information 1 2 NCAA Compliance 1 2 Counseling Center 1 2	3 4 6 N 3 4 6 N	/A /A /A /A /A
17.	If you could change one thing about your sp would it be?	specific sports program at U	CA what
	Nothing		
18.	Who was your primary contact when you h	had questions about NCAA 1	regulations

19. How can the athletic department assist you in your career development?

(Introduction to companies w/former athletes)

20.	Have you sought assistance from the Career Services Staff? XYes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No No No No No No No No No N
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 5 What are your suggestions to improve the Life Skills Program?
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. Z 5 - Excellent 4 - Good 3 - Satisfactory 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? ☑ Yes ☐ No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes No
33.	Was your team assigned an Athletic Trainer? No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

	the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the high
How w	that give off a ribe that they (woolingwood)
	u participate in training sessions with the Strength and Conditioning
	rate your overall experience with the Strength and Conditioning Proon a scale of 1-5 with 5 being the highest)
	ware of who my sports representatives are on the Student Athlete Ad hittee (SAAC)? [7] Yes No
	was able to bring issues with my sport to my SAAC representatives?
During	g your playing season, how many days per week do you typically have
	g your playing season, how many hours per day does a typical practic
	g the playing season, how many hours per week is your team typically ed to participate in the following: Practice: <u>6・8 い</u> ち
•	Conditioning and/or weight lifting:3 ws
•	Conditioning and/or weight lifting: 3 kg. Watch game film: 1.5 hws - 3 kw.
ner we	g your playing season, is your team required to practice more than 20 sek? Yes No answered yes, please give a detailed account of those hours:
	36
	your off-season, how many days per week do you typically have off?
	g your off-season, how many hours per day was a typically work out?

During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
I feel this exit interview process is beneficial to me as a student-athlete and to Athletic program in general. Yes No If no, please explain:
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Child S



1.	Name (optional)		Sport_ <u>Ten</u>	nis
1.	Which best describes your fu	ıture plans? (check app	propriate box)	
	☐ I have been accepted to a g	raduate program		
	I have applied to Graduate		en accepted vet	
	I have secured a job.		in accepted yeg	
	I am still looking for a job.			
	I have no idea.			
	I have one more year of scl	nool left.		383
	✓ Other. Please specify:	have one more	smester le	f1, and when
	Other. Please specify: 1 Please indicate the relative in	t in the graduate	e school	had in i
	decision to attend UCA.	aportance each of the f	onowing factors	nad in your
		Very Important	Important	Not a factor
. Overa	all academic reputation of the	-	\checkmark	0'
Inivers				ļ.,
Speci	fic academic program			V,
The a	thletic program			J
The h	ead coach or coaching staff	J,		
	cial aid	7		
	athletes attending UCA		(e)	
	ion of UCA			V
	nce of parents			J
	land Conference			V
	demic support services for			J
	athletes			V
l. Othe	er:			

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	☐ It helped because I had to manage my time more effectively. ☐ It hurt because I did not have enough time to commit to academics. ☐ It did not affect my academic performance very much. ☐ Other effects. Please explain
7	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☑ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
2.1	☐ Very effective and very complete for both ☐ Effective for athletic but not for academic ☐ Effective for academic but not for athletic ☐ Not effective for either
9,	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11:	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:
- C - O - I	(, , , , , , , , , , , , , , , , , , ,

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate	with you and	d your te	eammat	es		
	Ability to organize and	nrepare for n	ractice				
		Jacobs Co.	i detree		×		
	Fairness in avaluating a	lavora and	a vidia a	a.£1	Co a 216 a - 15 a - 1	4	
	Fairness in evaluating p performance	rayers and pr	oviding	userur	reedback regar	ding athletic	
	d 2 3	4 (5)	D '				
	Date						
	Ethics		Ž.				
	1						
	Technical knowledge of	game 🚗	į.				
		4 6 5	1				
			1				
14.	Have you personally ex	nariancad s	avuol h) POSSM	ant an have al	ngawad gawaal	
1748	harassment of other st					served sexual	
	Comments:						
	•						
15.	Have you personally ex gender-based discrimin Comments:	perienced g	ender-b er stude	ased di ent-ath	scrimination letes at UCA?	or have observed Yes No	
	Comments.						
				*			
16.	Data the annual co	. 10	41 6.1				
10.	Rate the services you re (1 represents no support						
	(2 1 opi osomo no suppor	tund 5 repi	Cocinto	otai su	pporty		
	Athletic Training	1	2	(3)	4 5	N/A This	year is bester
	Academic Advising	1	2	₋ 3	4 🖟 (5)) N/A	
	Housing Career Services	1	2	3	4 (5)	N/A	
	Aramark	1 1	2 2	3	(4) 5 (4) 5	N/A N/A	
	Financial Aid	1	2	3		N/A	
	Promotion/Marketing	1	2	3	4 (§) 4 5 4 5 (4) 5	IN/A	
	Sports Information	1	2	3	4 5	N/A	
1	NCAA Compliance	1	2	3	(4) 5	N/A	
8	Counseling Center	_v 1	2	3	4 5	N/A	
17.	If you could change one would it be? Maye support					m at UCA what	
	move support	coach	pleas	ie.			
18.	Who was your primary COACH Case	contact whe				NCAA regulations	?

How can the athletic department assist you in your career development?

20.	Have you sought assistance from the Career Services Staff? ☐ Yes ☑ No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No No Yes No No No Yes No No No Yes No No No Yes No No No No No Yes No No No
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program?
24.	Rate the time demands for your sport. [5 - Excellent 4 - Good 3 - Satisfactory 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes V No
29.	Were you required to miss a mid-term or final exam due to practice? Yes V No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport?
32.	Yes No If you had a need to contact an administrator was one available to you? Yes No
_33.	Was your team assigned an Athletic Trainer? V Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5 +ht5 year. before 1.

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How v	would you improve the Sports Medicine services?
	900d.
	J 30 A .
	• 20
	ou participate in training sessions with the Strength and Conditioning South No
	on a scale of 1-5 with 5 being the highest)
	aware of who my sports representatives are on the Student Athlete Admittee (SAAC)? Ves No
	I was able to bring issues with my sport to my SAAC representatives?
Durin	g your playing season, how many days per week do you typically have
Durin ンペ	g your playing season, how many hours per day does a typical practic
regui	g the playing season, how many hours per week is your team typically red to participate in the following: Practice:
•	Conditioning and/or weight lifting:
•	Watch game film:
per w	g your playing season, is your team required to practice more than 20
If you	answered yes, please give a detailed account of those hours:
Durin	g your off-season, how many days per week do you typically have off

	estruction sessions?		41
I feel this exit interview p Athletic program in gene	process is beneficial to eral. V Yes No If n	ne as a student-athlete and to o, please explain:	the
	V		
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1	Which best describes yo			propriate box)	
	☐ I have been accepted t ☐ I have applied to Grad ☐ I have secured a job. ☐ I am still looking for a ☐ I have no idea. ☐ I have one more year o ☐ Other. Please specify:	uate sch job. of schoo	ools but have not be	en accepted yet.	
2.	Please indicate the relati decision to attend UCA.	ve impo	rtance each of the f Very Important	following factors Important	
1. O	verall academic reputation of	the	very important	Important	Not a factor
	rersity		620		
2. Sp	pecific academic program		V		1
	ne athletic program		V		1 3
	ne head coach or coaching stat	f	V.		
	nancial aid				
6. Ot	her athletes attending UCA		86		
	ocation of UCA				
	fluence of parents				
	uthland Conference				
	cademic support services for				5
	ent-athletes				No. of Contract of
	Other:				
3.	Would you encourage of ✓ Yes No If no, plea			nd this institutior	n?
1	Please rate your experien	ce at U(CA. (Circle one for ood, 4-very good, 5-	each category) excellent)	
ê			2	(C)	
	Athletics (overall) 1 Academics 1		3 4 3	3	

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
	Tes 10 in the, for what reasons.
6.	How did your participation in athletics affect your Academic Performance?
	 ✓ It helped because I had to manage my time more effectively. ☐ It hurt because I did not have enough time to commit to academics. ☐ It did not affect my academic performance very much. ☐ Other effects. Please explain
7-	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8	How effective and complete of an orientation program did you receive, involving
0,6	both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both
	Effective for athletic but not for academic
(3	Effective for academic but not for athletic
	☐ Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics.
	Yes and no, in the sense they emphasized academics and athletics equally.
	No, from the start, they emphasized athletics over academics.
	No, but they emphasized an academic degree could always be earned after my
	athletic career was over. No, they hardly ever discussed academics
	INO, they hardly ever discussed academies
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11 _s	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:
	Willingness to assist with academic concerns (not necessarily related to eligibility
	matters)

19. How can the athletic department assist you in your career development?

Nothing 7 already have a few options I may take

20.	Have you sought assistance from the Career Services Staff? Yes No
_21	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No No Yes No No No Yes No No Yes No No No Yes No No No Yes No No No No No No No No No N
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)
24.	Raye the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate learn travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? ✓ Yes ☐ No☐
31∗	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes \[\] No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

	would you improve the Sports Medicine services?
	ou participate in training sessions with the Strength and Conditioning es \(\subseteq \text{No} \)
	e rate your overall experience with the Strength and Conditioning Proposition a scale of 1-5 with 5 being the highest)
I am : Comi	aware of who my sports representatives are on the Student Athlete Admittee (SAAC)? Yes No
	I was able to bring issues with my sport to my SAAC representatives?
Durin	ng your playing season, how many days per week do you typically have
Durir	ng your playing season, how many hours per day does a typical practic
	ng the playing season, how many hours per week is your team typically red to participate in the following: Practice: O
•	Conditioning and/or weight lifting:
•	Watch game film:O
per w	ng your playing season, is your team required to practice more than 20 yeek? Yes No answered yes, please give a detailed account of those hours:
—— Durii	ng your off-season, how many days per week do you typically have off?
	ng your off-season, how many hours per day was a typically work out?
Durn	dish

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? \ \ \ Of \ \hat{\chi} \ \(\lambda\)
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:
	4
_	



Date_	Name (optional)		Sport_ <u>Wo</u> ~	renis Soccer
1.	Which best describes your fu	nture plans? (check app	propriate box)	
	☐ I have been accepted to a g ☐ I have applied to Graduate ☐ I have secured a job. ☐ I am still looking for a job. ☐ I have no idea. ☐ I have one more year of sol ☐ Other. Please specify:	schools but have not bee	en accepted yet.	,
2.	Please indicate the relative in decision to attend UCA.			
		Very Important	Important	Not a factor
	rall academic reputation of the		X	
Univer				
	cific academic program	X		
	athletic program	X	8	
	head coach or coaching staff	X		1
	nncial aid			X
	er athletes attending UCA	X		
	ation of UCA		X	
	uence of parents		X	
	thland Conference		***************************************	X
10. Ac	ademic support services for		8	×
studen	t-athletes			\sim
11. Otl	ner:			
3.	Would you encourage other s		nd this institution	1?
4	Please rate your experience a (1-below average, 2-average, Athletics (overall) 1 Academics 1			
5.	If you were being recruited to	oday would you choose	to attend UCA a	gain?

Yes No If no, for what reasons?
How did your participation in athletics affect your Academic Performance?
It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
Comments:
How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
Did your coaches sincerely emphasize graduation from UCA as a top priority?
Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
How important to you is graduating from college?
Very important Somewhat Not sure Not very Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
Did the coaches ever steer, you toward a less challenging major in order to keep you eligible? Yes No
Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate with you and your teammates
	Ability to organize and prepare for practice
	Fairness in evaluating players and providing useful feedback regarding athletic performance
	Tall:
	Ethics
	Technical knowledge of game 1 2 3 4 5
14.	Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments:
15.	Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No Comments: In the weight norm I have noticed women's sports having to wark around football or baseball, but they can just wark through t disrupt our work out. Rate the services you received from the following:
16.	Rate the services you received from the following: (1 represents no support and 5 represents total support)
	Adhlada Turini and 1 2 2 4 (5) NI/A
	Athletic Training 1 2 3 4 5 N/A Academic Advising 1 2 3 4 5 N/A
	Housing 1 2 3 4 5 N/A Career Services 1 2 3 4 5 N/A
	Aramark 1 2 3 4 5 NA
	Financial Aid 1 2 3 4 5 NA
	Promotion/Marketing 1 2 3 (4) 5 N/A
	Career Services 1 2 3 4 5 N/A Aramark 1 2 3 4 5 N/A Financial Aid 1 2 3 4 5 N/A Promotion/Marketing 1 2 3 4 5 N/A Sports Information 1 2 3 4 5 N/A NCAA Compliance 1 2 3 4 5 N/A
	Sports Information 1 2 3 4 $\frac{3}{2}$ N/A NCAA Compliance 1 2 3 4 $\frac{5}{2}$ N/A
	Counseling Center 1 2 3 4 5 N/A
17.	If you could change one thing about your specific sports program at UCA what would it be?
	Better Communication after games or practices critiquing
	what to do better instead of just naving I meeting, but have
	what to do better instead of just naving I meeting, but have frequent ones to know everyone is an same page. But overall so happy with this program to represent UCA! And having coaches who was your primary contact when you had questions about NCAA regulations? It have have
	happy with this program + to represent UCA! And having roaches who gen
18.	N/A, I never had questions about NCAA regulations.) the
	of family
19.	How can the athletic department assist you in your career development?
	N/A, hoping to get into grad school) "strate
	N/A, hoping to get into grad school strict

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Yes No Yes No Yes No
	Drugs Yes No Recruitment Yes No Complimentary Admissions Yes No Extra Benefits Yes No
	Boosters Student-Athlete Host Employment Yes No No No
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program? Try to bring in time well known people in the Sports world, so people want to 90 + lear
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Tes No
29.	Were you required to miss a mid-term or final exam due to practice? Tes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
34	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5

35.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
36.	How would you improve the Sports Medicine services? We are so locky to have the athletic trainers we have because they are amazing. Nothing to improve
37.	
38.	Did you participate in training sessions with the Strength and Conditioning Coach? Yes \sum No
39.	Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest)
40.	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
41.	I felt I was able to bring issues with my sport to my SAAC representatives? Yes \sum No
42.	During your playing season, how many days per week do you typically have off?
43.	During your playing season, how many hours per day does a typical practice last?
44.	During the playing season, how many hours per week is your team typically required to participate in the following: • Practice: 5 x a week : 7 × 5?
	• Conditioning and/or weight lifting: 2x a week, so 2hrs
	• Watch game film: \\\ \\\ \C
45.	During your playing season, is your team required to practice more than 20 hours per week? Yes No If you answered yes, please give a detailed account of those hours: NO+
	really sure what the most hours you can practice, but our coaches do a great job of balance!
	but our coaches do a great job of balance!
46.	During your off-season, how many days per week do you typically have off?
47.	During your off-season, how many hours per day was a typically work out?

During your off-season, how many hours per week are you required to work out?

5 days a week with weekends off

48.

ar.

- 49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
- 50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:

- So thankful for the opportunity UCA has given me to excel not only on the field, but off the field. Thank you coaches for taking a chance on me because it is a chapter I will never forget. It has been amazing to play a little part inmaining history by winning the regular season conference twice in 2 years and this year by recording the most wins at 16 in a season. It has been a blast getting to compete everyday with my best friends at a very high level!



Date	Name (optional)		Sport_WS	occer
1.	Which best describes your futu	re plans? (check app	ropriate box)	
	☐ I have been accepted to a grad ☐ I have applied to Graduate scl ☐ I have secured a job. ☐ I am still looking for a job. ☐ I have no idea. ☐ I have one more year of school ☐ Other. Please specify:	nools but have not been been been been been been been bee	ay professi	
2.	Please indicate the relative imp decision to attend UCA.	ortance each of the f	ollowing factors	had in your
		Very Important	Important	Not a factor
1. Over Univers	rall academic reputation of the		X	
	ific academic program		X	4
	athletic program	X		
	head coach or coaching staff			
	ncial aid	+		
	er athletes attending UCA			
	ation of UCA			X
	ence of parents			X
	hland Conference			X
	ademic support services for			
student-athletes			X	
11. Oth				
3	Would you encourage other study	*	nd this institution	n?
4	Please rate your experience at (1-below average, 2-average, 3-Athletics (overall) 1 Academics 1	UCA. (Circle one for good, 4-very good, 5	each category) -excellent)	

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
9.	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	▼Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to organize and pr	repare for p	ractice				
	Fairness in evaluating pla	yers and pr	oviding ι	ıseful fe	edback	regarding	g athletic
	performance						
			, 3r				
	Ethics						
		2					
	Technical knowledge of g	game					
	X.	N. W. 3			1		
4.	Have you personally exp	perienced s	exual ha	rassme	nt or <u>ha</u>	ve obser	ved sexua
	harassment of other stud	dent-athlet	es at UC	A?	Yes X	No	
	Comments:						
	**						
							*:
5.	Have you personally exp	perienced g	ender-b	ased dis	scrimina	ation or l	have obser
	Have you personally exp gender-based discrimina	ation of oth	ender-b	ased dis	scrimina etes at/L	tion or l	have obser
	Have you personally exp gender-based discrimina Comments:	ation of oth	ender-b er stude	ased dis	scrimina etes at/L	ation or l JCA?	have obser
	gender-based discrimina	ation of oth	ender-b er stude	ased dis	scrimina etes at L	ation or l	have obser
	gender-based discrimina	ation of oth	ender-b er stude	ased dis	scrimina etes at/L	ntion or l	have obser
A Link	gender-based discrimina Comments:	ation of oth	er stude	nt-athl	etes at L	ntion or l	have obser
	gender-based discrimination Comments:	ation of oth	er stude	nt-athl	etes at L	ntion or I	have obser
The state of the s	gender-based discrimination Comments: Rate the services you recommend to the services of the support of the services of the support of the services of the se	ation of oth	er stude n the foll resents t	nt-athl	etes at L	ntion or I] Yes ⊠
The state of the s	gender-based discrimination Comments: Rate the services you recommend to the services of the support of the services are supported to the services of the ser	ceived fron t and 5 rep	er stude n the foll resents t	nt-athl	etes at U pport)	or loca?	have obser Yes X
The state of the s	gender-based discrimination Comments: Rate the services you received the services of the support of the services of the servi	ceived from t and 5 rep	n the foll resents t	owing: otal suj	pport) 4 4	ation or l] Yes ⊠
The state of the s	gender-based discrimination. Comments: Rate the services you recommend (1 represents no support Athletic Training Academic Advising Housing	ceived fron t and 5 rep	n the followers to the second to the followers to the second to the seco	lowing: otal sup	etes at U pport)	or lica?] Yes ⊠
The state of the s	gender-based discrimination. Comments: Rate the services you reconstruction of the services o	ceived from t and 5 rep	n the followers to the second of the followers to the second of the seco	lowing: otal sup	pport) 4 4	JCA?] Yes ⊠
The state of the s	gender-based discrimination. Comments: Rate the services you recommend (1 represents no support Athletic Training Academic Advising Housing	ceived from t and 5 rep	n the followers to the second of the followers to the second of the seco	owing: otal sup	pport) 4 4	JCA?] Yes ⊠
The state of the s	gender-based discrimination. Comments: Rate the services you reconstruction of the services o	ceived from t and 5 rep	n the followers to the second of the followers to the second of the seco	owing: otal su 3 3 3 3 3 3	pport) 4 4	JCA?	N/A N/A N/A N/A
The state of the s	gender-based discrimination. Comments: Rate the services you reconstruction of the services of the support of the services of	ceived from t and 5 rep	n the foll resents t	owing: otal su 3 3 3 3 3 3	pport) 4 4	JCA?] Yes ⊠
The state of the s	gender-based discrimination. Comments: Rate the services you reconstruction of the services of the support of the services of	ceived from t and 5 rep	n the foll resents t	lowing: otal sup	pport) 4 4	JCA?	N/A N/A N/A N/A
The state of the s	gender-based discrimination: Comments: Rate the services you reconstruction of the services and the support of the services are servic	ceived from t and 5 rep	n the followers to the second of the followers to the second of the seco	lowing: otal sup 3 3 3 3 3 3 3	pport) 4 4	JCA?	N/A N/A N/A N/A N/A N/A N/A
A Link	gender-based discrimination. Comments: Rate the services you reconstruction of the services of the support of the services of	ceived from t and 5 rep	n the foll resents t	lowing: otal sup	pport) 4 4	JCA?	N/A N/A N/A N/A N/A N/A
A Link	Rate the services you recomments: Rate the services you recomments of the support of the services and support of the services	ceived from t and 5 rep	n the followers to the	lowing: otal sup	pport) 4 4 4 4 4 4 4 4 4	(CA?) [N/A N/A N/A N/A N/A N/A N/A N/A
A Link	gender-based discrimination. Comments: Rate the services you reconstruction of the services of the support of the services. Athletic Training Academic Advising Housing Career Services. Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance.	ceived from t and 5 rep	n the followers to the	lowing: otal sup	pport) 4 4 4 4 4 4 4 4 4	(CA?) [N/A N/A N/A N/A N/A N/A N/A N/A
6.	gender-based discrimination. Comments: Rate the services you reconstruction of the services and support the services. Athletic Training Academic Advising Housing Career Services. Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center. If you could change one	ceived from t and 5 rep 1 1 1 1 1 1 1 1 1 thing about	n the foll resents t	lowing: otal sup	pport) 4 4 4 4 4 4 4 4 4	(CA?) [N/A N/A N/A N/A N/A N/A N/A N/A

How can the athletic department assist you in your career development?

Helping me contact people to be able to reach

the next classifications.

Derek Nichols & Jeremy Bishop

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Yes No Academic Standards Yes No Eligibility Standards Yes No Drugs Recruitment Yes No Complimentary Admissions Extra Benefits Boosters Yes No Student-Athlete Host Employment Yes No Employment Yes No N
22.	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful?
23.24.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)
2	5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? ☐ 5 - Excellent
28.	Were you ever required to miss class due to practice? The Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport? Yes \sum No
32.	If you had a need to contact an administrator was one available to you? Yes No No
33.	Was your team assigned an Athletic Trainer? X Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

Botto	ould you improve the Sports Medicine services? If facility, possible possibly closer to soc
	location
	u participate, in training sessions with the Strength and Conditioning Cos No
	rate your overall experience with the Strength and Conditioning Program a scale of 1-5 with 5 being the highest)
I am a Comn	ware of who my sports representatives are on the Student Athlete Advisorittee (SAAC)? Yes No
	was able to bring issues with my sport to my SAAC representatives?
Durin	g your playing season, how many days per week do you typically have off
	g your playing season, how many hours per day does a typical practice la
	g the playing season, how many hours per week is your team typically ed to participate in the following: Practice:5
•	Conditioning and/or weight lifting:
•	Watch game film:
per we	g your playing season, is your team required to practice more than 20 ho eek? Yes No answered yes, please give a detailed account of those hours:
	<u> </u>
Durin	g your off-season, how many days per week do you typically have off?
	g your off-season, how many hours per day was a typically work out?

50.	I feel this Athletic p	exit inte rogram	rview p	ral.	s benefi Yes [cial to No If n	me as a o, please	studen explai	t-athlete	and to th
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Date_	124 19 Name (optional)			Sport_Be	ach
1.	Which best describes you	r futu	re plans? (check app	propriate box)	
	I have been accepted to I have applied to Gradu I have secured a job. I am still looking for a j I have no idea. I have one more year of Other. Please specify:	ate sclool.	ol left.	led inter	
2.	Please indicate the relative decision to attend UCA.	e imp			
1 Ove	rall academic reputation of the		Very Important	Important	Not a factor
Univer		ie	X		
	cific academic program				
	athletic program		V		- X
	head coach or coaching staff		 		
	ncial aid		 	×	
	er athletes attending UCA		- V		
	ation of UCA		¥		
	ence of parents				×
	hland Conference			×	<u> </u>
	ademic support services for		,		
	-athletes		X		K _{i,f} ;
11. Otl			<u> </u>		
3.	Would you encourage other			nd this institution	1?
1.	Please rate your experience (1-below average, 2-average)				
	Athletics (overall) 1 Academics 1	2 2		3	

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	☐ It helped because I had to manage my time more effectively. ☐ It hurt because I did not have enough time to commit to academics. ☐ It did not affect my academic performance very much. ☐ Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	▼ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? ✓ Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:
24	Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate w	ith you and	d your t	eammate	S			
	Ability to organize and pro	epare for p	ractice					
13	The state of the s	- COMPANY A	Ę.					
	Fairness in evaluating play performance	ers and pr	oviding	useful fe	edback	regardin	g athletic	
			¥					
	Pal.:		3					
5	Ethics	and the same of	6					
	The Parket of th		2.00					
	Technical knowledge of ga	me						
			5					
		-	-20					
			A sign					
14.	Have you personally expended harassment of other students:						rved sexual	
	Į, j						34	
15.	Maria vian managan aller asses		المحالمين			.4	1 1 .	,
١).	Have you personally expe gender-based discriminat							
	Comments:	non of oth	ici stud	Cirt-atiire	cies at i	JCA. [1 to Mr.	10
						₹		
						32.		
6.	Rate the services you reco			_				
	(1 represents no support	and 5 rep	resents	total sup	port)	4		
	Athletic Training	1	2	2	1	(5)	N/A	
	Academic Advising	1	2	3	4	8	N/A N/A	
	Housing	1	2	3	4	5	WA NA	
	Career Services	1	2	3	4	5	NA	
	Aramark	1	2	Ó	4	5	N/A	
	Financial Aid	1	2	Ÿ	4	5	(N/A)	
	Promotion/Marketing	1	2	3	4	Ã	N/A	
	Sports Information	1	2	3	4	(4)	N/A	
	NCAA Compliance	1	2	3	4	న	N/A	
	Counseling Center	1	2	3	4	র	N/A	
			_	_		\mathbf{v}	A 1/ 4 K	

17. If you could change one thing about your specific sports program at UCA what would it be?

18. Who was your primary contact when you had questions about NCAA regulations?

Walsh or snock

19. How can the athletic department assist you in your career development?

20.	Have you sought assistance from the Career Services Staff? Yes X No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Fyes No Academic Standards Fyes No Eligibility Standards Fyes No Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Fyes No Student-Athlete Host Employment Fyes No N
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program? Moyol add Some by dath a financi speakers
24.	Rate the time demands for your sport. 5 - Excellent 24 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. [5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? ☐ 5 - Excellent ☐ 4 - Good ☑ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Po you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes \(\subseteq \text{No} \)
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

-	5
How	would you improve the Sports Medicine services? USING MORE on the In-SEASON athlet
Did y	ou participate in training sessions with the Strength and Conditioning Coach?
	e rate your overall experience with the Strength and Conditioning Program. on a scale of 1-5 with 5 being the highest)
I am a	aware of who my sports representatives are on the Student Athlete Advisory nittee (SAAC)? Yes No
	I was able to bring issues with my sport to my SAAC representatives?
Durin ON	g your playing season, how many days per week do you typically have off?
Durin 2-	g your playing season, how many hours per day does a typical practice last?
requi	g the playing season, how many hours per week is your team typically ed to participate in the following: Practice:
•	Conditioning and/or weight lifting: 2 hes
•	Watch game film: Varies.
per we	g your playing season, is your team required to practice more than 20 hours eek? Yes No answered yes, please give a detailed account of those hours:
During	g your off-season, how many days per week do you typically have off?
During	g your off-season, how many hours per day was a typically work out?
During	g your off-season, how many hours per week are you required to work out?

During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?

1 feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



	. 1 . DA	, ,,,,	72 177 10 10			*
Date	2/11/18 Name (optional)				s V. 110	المما
Date	Name (optional)	دو ـ			Sport Volle	ypall
1	7371.2.1. 1	0 .		V		
1.	Which best describes yo					
	☐ I have been accepted☐ I have applied to Grad☐ I have secured a job.☐ I am still looking for ☐ I have no idea.☐ I have one more year.☐	duate scl a job.	ools but	ram. hs No.	en accepted yet.	
	Other. Please specify:	anolu	ina fo	o and	her war	~.£\
			9	Meach	V-	
2.	Please indicate the relat	ive imp	ortance e	ach of the f	ollowing factors	had in your
	decision to attend UCA.		Von Im		To a second second	N7 4 0
1 Ove	erall academic reputation of	tho	Very Im	portant	Important	Not a factor
Unive	rsity	ше	= :	χ	E.	
2. Spe	cific academic program			(X
	athletic program			(Y
	head coach or coaching sta	ff	—			
5. Fina	ancial aid	.,,				1
	er athletes attending UCA					X
7. Loc	ation of UCA		X	79		X
	uence of parents					\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
	thland Conference				Х	X
	ademic support services for					
	t-athletes		X			No.
11. Otl						
3.	Would you encourage of			etes to atten	d this institution	?
1.	Please rate your experier (1-below average, 2-aver	ice at U	CA. (Circood, 4-ve	cle one for o	each category) excellent)	
	Athletics (overall) 1 Academics 1	2 2	3 3	4 4	3	

If you were being recruited today would you choose to attend UCA again?

Yes No If no, for what reasons?
How did your participation in athletics affect your Academic Performance?
It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain Sometimes it did and
When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
☐ Immediately ☐ One term ☑ Sophomore ☐ Junior ☐ Senior ☐ Never
Comments: that's when I got here.
How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
Very effective and very complete for both which is the second of the sec
Did your coaches sincerely emphasize graduation from UCA as a top priority?
Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over.
☐ No, they hardly ever discussed academics
How important to you is graduating from college?
Very important Somewhat Not sure Not very Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to organize and pr	epare for practice		
Fairness in evaluating play	vers and providing useful	feedback regarding ath	leti
performance			
	ات		
Ethics	5 1 A		
T 1 1 1 1 1 1 1	*,		
Technical knowledge of g	ime		
	V		
	N _k		
Have you personally exp	erienced sexual harassm	ent or haye observed	sex
harassment of other stud Comments:	ent-athletes at UCA?	Yes 🗹 No	
Comments:			
7.01			
Have you personally experience gender-based discrimination	rienced gender-based d	scrimination or have	ob
0	ion of other student-ath	letes at UCA? Ye	s
Comments:	ion of other student-ath	letes at UCA? [] Ye	s L
Comments:	ion or other student-ath	letes at UCA? [Ye	s: L
Comments:	ion of other student-ath	tetes at UCA? [Ye	s L
Comments: Rate the services you reco	ived from the following		s L
Comments:	ived from the following		s L
Rate the services you reco	ived from the following and 5 represents total su	pport)	
Rate the services you reco	ived from the following and 5 represents total su	pport)	
Rate the services you rece (1 represents no support a Athletic Training Academic Advising	ived from the following and 5 represents total su	pport)	
Rate the services you reco (1 represents no support a Athletic Training Academic Advising Housing	ived from the following and 5 represents total su	pport) 4	A A
Rate the services you reco (1 represents no support: Athletic Training Academic Advising Housing Career Services	ived from the following and 5 represents total surface of the following of	pport) 4	'A 'A 'A
Rate the services you reco (1 represents no support: Athletic Training Academic Advising Housing Career Services Aramark	ived from the following and 5 represents total sure in the followi	pport) 4	'A A A A
Rate the services you rece (1 represents no support and thletic Training Academic Advising Housing Career Services Aramark Financial Aid	ived from the following and 5 represents total sure in the followi	pport) 4	A A A A
Rate the services you reco (1 represents no support a Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	ived from the following and 5 represents total sure in the followi	pport) 4	A A A A A A A
Rate the services you reco (1 represents no support a Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	ived from the following and 5 represents total sure in the followi	pport) 4	A A A A A A A
Rate the services you reco (1 represents no support) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance	1 2 3 1 2 3	pport) 4	A A A A A A
Rate the services you reco (1 represents no support) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance	ived from the following and 5 represents total sure in the followi	pport) 4	A A A A A A
Rate the services you rece (1 represents no support and the services of the se	1 2 3 3 1 2 3 3 1 3 2 3 3 1 3 2 3 3 1 3 2 3 3 1 3 3 3 3	pport) 4	A A A A A A
Rate the services you reco (1 represents no support a Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	1 2 3 3 1 2 3 3 1 3 2 3 3 1 3 2 3 3 1 3 2 3 3 1 3 3 3 3	pport) 4	A A A A A A
Rate the services you rece (1 represents no support) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center If you could change one the	1 2 3 3 1 2 3 3 1 3 2 3 3 1 3 2 3 3 1 3 2 3 3 1 3 3 3 3	pport) 4	A A A A A A
Rate the services you reco (1 represents no support a Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center If you could change one the	1 2 3 3 1 2 3 3 1 3 2 3 3 1 3 2 3 3 1 3 2 3 3 1 3 3 3 3	pport) 4	A A A A A A A
Rate the services you rece (1 represents no support) Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance Counseling Center If you could change one the	1 2 3 3 1 2 3 3 1 3 2 3 3 1 3 2 3 3 1 3 2 3 3 1 3 3 3 3	pport) 4	A A A A A A

19. How can the athletic department assist you in your career development?

They provide a group of people that can

Will it with that

Shock

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No No No No No Yes No No No Yes No No Yes No No No Yes No No No Yes No No No No No No No No No N
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program? HAW MORE SPENKER LIKE DR. DAN!
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
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28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes V No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No West of Yes on YMPschedul. Do you think the Athletic Administration supported and valued your sport?
31.	Do you think the Athletic Administration supported and valued your sport? V Yes \sum No
32.	If you had a need to contact an administrator was one available to you? Yes No
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34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

How	would you improve the Sports Medicine services?
	*
Did vo	ou participate in training sessions with the Strength and Conditioning
√ Ye	s \(\sum \) No
Please	rate your overall experience with the Strength and Conditioning Pro
(Rate	on a scale of 1-5 with 5 being the highest)
I am a	ware of who my sports representatives are on the Student Athlete Ac
Comn	nittee (SAAC)? Ves No
felt l	was able to bring issues with my sport to my SAAC representatives?
	<u> </u>
Durin M	g your playing season, how many days per week do you typically have
During 2	g your playing season, how many hours per day does a typical practic
	g the playing season, how many hours per week is your team typically
equir	ed to participate in the following:
•	Practice: 15 hr
•	Conditioning and/or weight lifting: 2 hr
•	Watch game film: \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
During	your playing season, is your team required to practice more than 20
	ek? Yes No answered yes, please give a detailed account of those hours:
ı you a	miswered yes, please give a detailed account of those nours:
During	your off-season, how many days per week do you typically have off?
during	your off-season, how many hours per day was a typically work out?

atmetic program in go.	ileran 1	beneficial to me as a ses No If no, pleas	,	
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Date 12	Name (optional)		Sport_VOLL	eyball	
1.	Which best describes your futu	ıre plans? (check app	propriate box)		
	☐ I have been accepted to a gra☐ I have applied to Graduate so☐ I have secured a job.☐ I am still looking for a job.☐ I have no idea.☐ I have one more year of scho☐ Other. Please specify:	chools but have not be		<u> </u>	
2.	Please indicate the relative implection to attend UCA.			had in your Not a factor	
		Very Important	Important	Not a factor	
	all academic reputation of the				
Univers					
	ific academic program				
3. The	athletic program	V	l		
4. The l	head coach or coaching staff		V		
5. Fina	ncial aid	V	,		
6. Othe	r athletes attending UCA		V,		
	tion of UCA		V,		
8. Influ	ence of parents		V		
	hland Conference				
	ademic support services for				
	-athletes	V		X	
11. Oth					
3.	Would you encourage other st		end this institutio	n?	
4.	4. Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)				
	Athletics (overall)	2 3 4	Q		
	Academics 1	2 3 4	(5)		

If you were being recruited today would you choose to attend UCA again? \mathcal{LS}

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	☐ It helped because I had to manage my time more effectively. ☐ It hurt because I did not have enough time to commit to academics. ☐ It did not affect my academic performance very much. ☐ Other effects. Please explain
7,	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
11	Has your College Academic Advisor proyided timely/knowledgeable guidance which promoted your academic success?
12:	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13.	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to organize and pre	pare for n	rectice				
Fairness in evaluating play-	ers and pro	oviding	useful fe	eedback	regardin	g athletic
		Į.				
Ethics	. (4)	V.				
Technical knowledge of ga	me	13				
reclinical knowledge of ga	iiiic	8				
201						
Have you personally expendence harassment of other stude Comments:						rved sexual
è						
Have you personally expe gender-based discriminat Comments:	erienced g	ender-b er stude	ased dis	scrimina etes at U	ation or JCA? [have obser ☐ Yes ☑ 1
Have you personally expe gender-based discriminat	erienced g ion of oth	ender-b er stude	ased dis	scrimina etes at U	ntion or JCA? [have obser ☐ Yes 🗹 1
Have you personally expe gender-based discriminat	ion of oth	er stude	ent-athle	etes at U	ation or JCA? [have obser □ Yes 🗹 ì
Have you personally expegender-based discriminate Comments:	ion of oth	er stude the following the fo	ent-athle lowing: cotal sup	etes at U	ntion or JCA? [∏ Yes [] 1
Have you personally experiments comments: Rate the services you recell (1 represents no support and Athletic Training Academic Advising	ion of oth	er studenthe followers to the followers	ent-athle lowing: total sup	etes at U	ntion or JCA? [Yes 🚺 1 N/A N/A
Have you personally experience discriminate Comments: Rate the services you recell (1 represents no support and Athletic Training Academic Advising Housing	ion of oth	the following th	lowing: cotal sup	pport) 4 4 4	JCA? [∏ Yes [] 1
Have you personally experience gender-based discriminate Comments: Rate the services you recell (1 represents no support and Athletic Training Academic Advising Housing Career Services	ion of oth	the following th	cotal sup	pport) 4 4 4 4	JCA? [Yes 🚺 1 N/A N/A
Have you personally experiments: Rate the services you recell (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark	ion of oth	the following th	cotal sup	pport) 4 4 4 4	JCA? [Yes 🚺 1 N/A N/A
Have you personally experiments comments: Rate the services you recell (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark Financial Aid	ion of oth	the following the students of	lowing: cotal sup 3 3 3 3 3 3	pport) 4 4 4 4 4 4 4 4	JCA? [N/A N/A N/A N/A N/A N/A
Have you personally experience discriminate Comments: Rate the services you recell (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing	ion of oth	the following th	lowing: sotal sup	pport) 4 4 4 4 4 4 4 4	JCA? [N/A N/A N/A N/A N/A N/A N/A N/A N/A
Have you personally experience gender-based discriminate Comments: Rate the services you rece (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	ion of oth	the following th	cotal sup	pport) 4 4 4 4 4 4 4 4 4	JCA? [N/A N/A N/A N/A N/A N/A
Have you personally experience gender-based discriminate Comments: Rate the services you recell (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information NCAA Compliance	ion of oth	the following th	cotal sup	pport) 4 4 4 4 4 4 4 4 4 4 4	JCA? [N/A N/A N/A N/A N/A N/A N/A N/A N/A
Have you personally experience gender-based discriminate Comments: Rate the services you rece (1 represents no support and Athletic Training Academic Advising Housing Career Services Aramark Financial Aid Promotion/Marketing Sports Information	ion of oth	the following th	cotal sup	pport) 4 4 4 4 4 4 4 4 4	JCA? [N/A N/A N/A N/A N/A N/A N/A N/A N/A

Anyone of the coaching staff

19. How can the athletic department assist you in your career development?

I'll was contact some people to see if I can shadow

Who was your primary contact when you had questions about NCAA regulations?

20.	Have you sought assistance from the Career Services Staff? Yes V No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No No No No No No No No No N
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes \sum No No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest)
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
∞ 30.	Were practice times usually scheduled in a manner to allow you access to campus food services? ✓ Yes ☐ No☐
31.	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).

HOW 1	vould you improve the Sports Medicine services?
	ou participate in training sessions with the Strength and Conditioning s \sum No
	e rate your overall experience with the Strength and Conditioning Proon a scale of 1-5 with 5 being the highest)
	nware of who my sports representatives are on the Student Athlete Adnittee (SAAC)? Ves No
	was able to bring issues with my sport to my SAAC representatives? No
Durin	g your playing season, how many days per week do you typically have
Durin	g your playing season, how many hours per day does a typical practic
	g the playing season, how many hours per week is your team typically red to participate in the following: Practice: / 2
•	Conditioning and/or weight lifting:
•	Watch game film:
Durin per w	g your playing season, is your team required to practice more than 20
If you	answered yes, please give a detailed account of those hours:
	g your off-season, how many days per week do you typically have off:
Durin	2

49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. V Yes \(\subseteq \text{No If no, please explain:} \)



5.



Student-Athlete Exit Interview

Date	5/9/19Name (option	al)	TF: 4 1 1	x (k. mark)	Sport_Base	ball	
1.	Which best describe	s your fu	ture plans?	(check app	propriate box)		
	I have been accept I have applied to C I have secured a jo I am still looking t I have no idea. I have one more y Other. Please spec	Graduate sob. for a job. ear of sch ify:	ochools but h	ave not bee			
2.	Please indicate the r decision to attend U		Very Im		Important	Not a factor	
1. Ove	rall academic reputation	n of the		Maria de la compansión			
Unive		2. 54 (97			V		
2. Spe	cific academic program			5 20 163	V		
3. The	athletic program				V		
	head coach or coaching	g staff					
	incial aid	- Committee and				V	
	er athletes attending UC	CA	100			V	
	Location of UCA					V	7
	ience of parents		0 8 8 8 ° 8	1 12	4	V	
	thland Conference					V	Ī
	ademic support service	s for					Ī
	t-athletes						
11. Otl		the chine					
3.	Would you encourag			etes to atte	nd this institutio	n?	
4.	Please rate your expe (1-below average, 2-						
	Athletics (overall) Academics	Ĭ	2 3 2 3	(4) (4)	5 5		

If you were being recruited today would you choose to attend UCA again?

Sec.

	Yes No If no, for what reasons? Won't to or brud
	Yes No If no, for what reasons? Would of brid
6.	How did your participation in athletics affect your Academic Performance?
	☐ It helped because I had to manage my time more effectively. ☐ It hurt because I did not have enough time to commit to academics. ☐ It did not affect my academic performance very much. ☐ Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	Immediately One term Sophomore Junior Senior Never
	Comments:
8.	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10,	How important to you is graduating from college?
	▼ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
11,	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? X Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13,	Please rate the Coaching staff in your sport

Enthusiasm and the ability to motivate you and your teammates:

Please rate the Coaching staff in your sport

	W. II.				••	1 . 1		
	Willingness to assist with a matters)	academic c	oncems	s (not ne	cessarily	related	to eligibility	,
	Ability to communicate wi	th you and	your te	ommata	n			
	Ability to communicate wi	ili you allo	your te	ammate.	5			
ë	Ability to organize and pre	pare for pi	actice					
	and the land of the first							
	Fairness in evaluating play	ers and pro	oviding	useful fe	edback	regardin	g athletic	
	performance							
	the state of the s	2						
	Ethics							
		-						
	Tashnical lumandadas of as							
	Technical knowledge of ga	me						
	The state of the s							
1.4	YY 11				. 4 1	1	. 1	
14.	Have you personally expe harassment of other stude						ved sexual	
	Comments:	me memoce	<i>5 4 C C</i>		103 A	1110		
15.	Have you personally expe	rienced ge	ender-b	ased dis	crimina	ation or l	have observ	/ed
	gender-based discriminat							
	Comments:						E1	
16.	Rate the services you rece			_				
	(1 represents no support a	ind 5 repr	esents 1	total sup	port)		5	
	Athletic Training	1	2	3	4	(5)	N/A	
	Academic Advising	1	2	3	4	3	N/A	
	Housing	1	2	3	4	<u>ଉପ୍ତର୍ଗ୍ୱର୍ଗ୍ୱର</u>	N/A	
	Career Services	1	2	3	4	S	N/A	
	Aramark	1	2	3	4	Q	N/A	
	Financial Aid]	2	3	4	(5)	N/A	
	Promotion/Marketing	1	2	3	4	(5)	N/A	
	Sports Information	1	2	3	4	(5)	N/A	
	NCAA Compliance]	2	3	4	(D)	N/A	
	Counseling Center	1	2	3	4	(5)	N/A	
17.	If you could change one th	ing about	your s	pecific s	ports n	rogram s	at UCA wh	at
.,.	would it be?	16.0	0	800		. ~		•
	CARR	Time	Percel	SALCE	J.	Nore	tudh	1
	FAR.	THO	173	18 BOX	SPE	<i>></i>		/
	Dans		~ `	4	N	e e		
18.	Who was your primary co.	ntact whe	n you h	ad ques	tions at	out NC	AA regulati	ions?

Coach gam + Harlan

19.	How can the athletic department assist you in your career development?
	NIA
20.	Have you sought assistance from the Career Services Staff? XYes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No Yes No Yes No No Yes No No No No No No No No No N
22.	Did you receive a copy of the Student-Athlete handbook? Yes No Was it helpful? Yes No
23,	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the CHAMPS/Life Skills Program?
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? ☐ 5 - Excellent ☐ 4 - Good ☒ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? ☐ 5 - Excellent
28.	Were you ever required to miss class due to practice? Yes X No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport? Yes No If you had a need to contact an administrator was one available to you? Yes No

was your team assigned an Athletic Trainer? \(\subseteq \text{Yes} \subseteq \text{No} \)
In general, how do you feel the Athletic Trainers treated your injuries. (Rate on scale of 1-5 with 5 being the highest).
Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest)
How would you improve the Sports Medicine services?
NIA
Did you participate in training sessions with the Strength and Conditioning Coa Yes No
Please rate your overall experience with the Strength and Conditioning Program (Rate on a scale of 1-5 with 5 being the highest)
I am aware of who my sports representatives are on the Student Athlete Advisor Committee (SAAC)? X Yes No
I felt I was able to bring issues with my sport to my SAAC representatives? Yes No
During your playing season, how many days per week do you typically have off?
During your playing season, how many hours per day does a typical practice last 2-3 h.s
During the playing season, how many hours per week is your team typically required to participate in the following: • Practice: 2-3 kgs.
• Conditioning and/or weight lifting: _ \r
Watch game film:
During your playing season, is your team required to practice more than 20 hour per week? Yes No If you answered yes, please give a detailed account of those hours:

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?
49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Xyes \square No If no, please explain:



5.



Student-Athlete Exit Interview

Date <u>5</u>	/4/18 Name (optional)	3			Sport Bas	eball	
1.	Which best describes your future plans? (check appropriate box)						
	☐ I have been accepted to a ☐ I have applied to Graduat ☐ I have secured a job. ☐ I am still looking for a jot ☐ I have no idea. ☐ I have one more year of s ☐ Other. Please specify:	te school	left.	ve not bee	· · · · · · · · · · · · · · · · · · ·	ang pangan	
2.	Please indicate the relative	impo	rtance ea	ch of the f	following factor	s had in your	
	decision to attend UCA.		Very Imp	ortant	Important	Not a factor	
1. Over	all academic reputation of the	e	(F.) I	- 60		17	
Univer	sity		Lan. 52		X		
2. Spec	ific academic program		4.5	(ec. 5)	X	-2	
	athletic program		X				
4. The head coach or coaching staff					X	- 1	
5. Financial aid			2		X		
6. Other athletes attending UCA					X		
7. Location of UCA					X	1.4	
	ence of parents		2275	1	X		
	hland Conference				X,	other and the state of the	
	ademic support services for			***	V		
	-athletes				X	1	
11. Oth	The state of the s	euc.			1		
3.	Would you encourage othe			tes to atte	nd this institut	ion?	
4.	Please rate your experience (1-below average, 2-averag	e at U ge, 3-g	CA. (Circ	le one for y good, 5	each category) -excellent)		
	Athletics (overall) 1 Academics 1	2 2	3	4 4	(S)		

If you were being recruited today would you choose to attend UCA again?

How did your participation in athletics affect your Academic Performance?
It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
☐ Immediately One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
Comments:
How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
Did your coaches sincerely emphasize graduation from UCA as a top priority?
Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
How important to you is graduating from college?
Very important Somewhat Not sure Not very Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
Did the coaches ever steer you toward a less challenging major in order to keep yo eligible? Yes No

Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

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		A STATE OF THE STA						
	Willingness to assist wit	h academic	concern	s (not no	ecessari	ly related	to eligibility	/
	2 00 00 00 00 00 00 00 00 00 00 00 00 00	ر الاستان الاستان و الاستان						
	Ability to communicate	with you ar	nd vour t	eammate	20			
	Honky to communicate	with you ar	iu your t	cammate	28			
		No.						
	Ability to organize and p	repare for	practice					
	(Septembrie							
	Fairness in evaluating pla performance	ayers and p	roviding	useful f	eedbacl	regardin	g athletic	
	A STATE OF THE PARTY OF THE PAR							
	Ethics	Tellin street	is.					
	incress to the	100	5)					
	Technical knowledge of	game						
	- produce to who		t					
14.	Have you personally exp harassment of other stu Comments:						rved sexual	
15,	Have you personally exp gender-based discrimina Comments:	perienced g ation of otl	gender-k ier stud	oased dj. ent-athl	scrimin etes at 1	ation or UCA? [have observ ∐Yes ∰N	r ed Io
16.	Rate the services you red (1 represents no support				pport)			
	Athletic Training	1	2	3	4	(5)	N/A	
	Academic Advising	1	2	3	4	<i>ිර මර්තමක්</i> මලය	N/A	
	Housing]	2	3	4	(3)	N/A	
	Career Services	1	2	3	4	(3)	N/A	
	Aramark Financial Aid	1	2	3	4	(2)	N/A	
	Promotion/Marketing	l 1	2	3	4	13	N/A	
	Sports Information	1	2 2	3	4	3	N/A	
	NCAA Compliance	1	2	3	4	(% (D)	N/A	
	Counseling Center	1	2	3	4 4	\mathcal{L}	N/A N/A	
	coamoning contor	,	2	3	7	9	IN/A	
17.	If you could change one to would it be?	hing abou	t your s	pecific s	ports p	rogram a	at UCA wha	it
	and players	Com	M O O	catio	m b	etwe	en coc	uches
	and players							
18.	Who was your primary c							

Geoff Theirs

19.	How can the athletic department assis				
	By making sure I	grad vote	~ Stay	focused on	School
20.	Have you sought assistance from the C	Career Service	s Staff?	Yes 🔊 No	
21.	Were you informed of NCAA, Conference following areas?	ence, and Inst	itutional Reg	ulations in the	
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment	Yes	No No		
22,	Did you receive a copy of the Student- Was it helpful?	Athlete handb	ook?	Yes No	
23,	Rate your Life Skills Program experie What are your suggestions to improve				
24.	Rate the time demands for your sport. $\boxed{}$ 5 - Excellent $\boxed{}$ 4 - Good $\boxed{}$ 3 - S	atisfactory 🗌	2 – Poor 🔲	1 – Unsatisfactory	
25.	Rate team travel arrangements for min 5 - Excellent 3 - South				
26.	How well did practice times accommod 5 - Excellent 4 - Good 5 - S			1 – Unsatisfactory	
27.	What type of cooperation did you rece assignments missed due to team travel 5 - Excellent 4 - Good 3 - Se	?		-	
28.	Were you ever required to miss class d	ue to practice	? 🗌 Yes 🔟	No	
29.	Were you required to miss a mid-term	or final exam	due to pract	ice? 🗌 Yeş 🕡 No)
30.	Were practice times usually scheduled food services? X Yes No	in a manner t	o allow you a	access to campus	
31. 32.	Do you think the Athletic Administrati Yes No If you had a need to contact an admini			-	
, . .	Nyes No	C.L. MIG. MAS VII		J J 22 .	

33.	Was your team assigned an Athletic Trainer? Ves No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).
35.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
36.	How would you improve the Sports Medicine services?
	io and the state of the state o
37.	
38	Did you participate in training sessions with the Strength and Conditioning Coach Yes No
39.	Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest)
40.	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
41.	I felt I was able to bring issues with my sport to my SAAC representatives? Yes No
42.	During your playing season, how many days per week do you typically have off?
43,,,	During your playing season, how many hours per day does a typical practice last?
44.	During the playing season, how many hours per week is your team typically required to participate in the following: • Practice:
	Watch game film:
45.	During your playing season, is your team required to practice more than 20 hours per week? Yes No If you answered yes, please give a detailed account of those hours:
46.	During your off-season, how many days per week do you typically have off?

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out
49,	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



Student-Athlete Exit Interview

Date 12 10 18 Name (optional)		Sport Volley	oall				
I have been accepted to a g have applied to Graduate I have secured a job. I am still looking for a job. I have no idea. I have one more year of sci Other. Please specify:	graduate program. schools but have not be hool left.	en accepted yet.	had in your				
2. Please indicate the relative in decision to attend UCA.							
	Very Important	Important	Not a factor				
1. Overall academic reputation of the							
University							
2. Specific academic program		V/	1				
3. The athletic program		//					
4. The head coach or coaching staff		V					
			✓				
3. Would you encourage other student-athletes to attend this institution? Yes No If no, please explain							
4. Please rate your experience (1-below average, 2-average Athletics (overall) Academics	at UCA. (Circle one for e, 3-good, 4-very good,	or each category) 5-excellent) 5					
	1. Which best describes your formula in the property of the pr	1. Which best describes your future plans? (check applied to Graduate schools but have not be have applied to Graduate schools but have not be I have secured a job. I am still looking for a job. I have no idea. I have one more year of school left. Other. Please specify: 2. Please indicate the relative importance each of the decision to attend UCA. Very Important 1. Overall academic reputation of the University 2. Specific academic program 3. The athletic program 4. The head coach or coaching staff 5. Financial aid 6. Other athletes attending UCA 7. Location of UCA 8. Influence of parents 9. Southland Conference 10. Academic support services for student-athletes 11. Other: 3. Would you encourage other student-athletes to attended to the program of the please explain. 4. Please rate your experience at UCA. (Circle one for (1-below average, 2-average, 3-good, 4-very good, Athletics (overall) 1 2 3 4	1. Which best describes your future plans? (check appropriate box) I have been accepted to a graduate program. have applied to Graduate schools but have not been accepted yet. I have secured a job. I have no idea. I have one more year of school left. Other. Please specify:				

If you were being recruited today would you choose to attend UCA again?

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PROTECTION TO STORY

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	Yes No If no, for what reasons?
Ī	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	✓ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
0.00	Comments: I never struggled will academics & I fund UCA-to not be very challenging academically.
	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Wery effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	 ✓ Yes, from the start, they always emphasized academics over athletics. ✓ Yes and no, in the sense they emphasized academics and athletics equally. ○ No, from the start, they emphasized athletics over academics. ○ No, but they emphasized an academic degree could always be earned after my athletic career was over. ○ No, they hardly ever discussed academics
	How important to you is graduating from college?
	Very important Somewhat Not sure Not very Not at all
	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? V Yes No
	Did the coaches ever steer/you toward a less challenging major in order to keep you eligible? Yes No i was just encourged to get a minor to be able to play senior year
	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:
	Willingness to assist with academic concerns (not necessarily related to eligibility matters)

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Ability to communicate with you and your teammates

Ability	to	organize and	prepare	<u>fo</u> r	practice
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F	airness in evaluating players and providing useful feedback regarding athletic
p	erformance

Ethics

Technical knowledge of game

- 14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments:
- 15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No Comments: just preferential towards contain sports over others

 (men's bball & football) but it has been improving the past two years.
- 16. Rate the services you received from the following: (1 represents no support and 5 represents total support)

						(N/A) nev	er injured
Athletic Training	1	2	3	4	5		J
Academic Advising	1	2	3	4	(5)	N/A	
Housing	1	2	3	4	(5)	N/A	
Career Services	1	2	3	4	5		
Aramark	1	2	3	4	5	QI/D	
Financial Aid	1	2	3	4	5	NA	
Promotion/Marketing	1	2	3	4	5	N/A	
Sports Information	1	2	3	4	5_	N/A	
NCAA Compliance	î	2	3	4	6	N/A	
Counseling Center	1	2	3	4	5	NA	
004110411119							

17. If you could change one thing about your specific sports program at UCA what would it be?

18. Who was your primary contact when you had questions about NCAA regulations?

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19. How can the athletic department assist you in your career development?

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20.	Have you sought assistance from the Career Services Staff? Yes VNo
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Vyes No No Yes No No Yes No No Yes No No Yes No No No Yes No No No No No No No No No N
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? No Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program? don't we suggestions to speke about safe sex again.
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes No
33.	Was your team assigned an Athletic Trainer? Yes No
34,	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5- Bre. 2- Stere
	7 3100

John with the my war one with and some equina.

R	te the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest). 3 (Inext wedit)
H	ow would you improve the Sports Medicine services?
D	id you participate in training sessions with the Strength and Conditioning Coach? Yes No
P (F	lease rate your overall experience with the Strength and Conditioning Program. Rate on a scale of 1-5 with 5 being the highest)
I C	am aware of who my sports representatives are on the Student Athlete Advisory committee (SAAC)? Yes No
I	felt I was able to bring issues with my sport to my SAAC representatives? Yes \[\subseteq \text{No} \]
D	Ouring your playing season, how many days per week do you typically have off?
Ľ	During your playing season, how many hours per day does a typical practice last? 2.5 - 3 hrs practice, 45 min of S/C 2x per week.
I	ouring the playing season, how many hours per week is your team typically equired to participate in the following: • Practice: 10 - 15 hrs. (depending on the week)
	• Conditioning and/or weight lifting: 2 hr.
	• Watch game film: 1 hr
	During your playing season, is your team required to practice more than 20 hours per week? Yes X No f you answered yes, please give a detailed account of those hours:
12	During your off-season, how many days per week do you typically have off?
j	During your off-season, how many days per week do you typically have on: During your off-season, how many hours per day was a typically work out? Clc = 1.5hr per day, practice = 2-2.5 hr. per day During your off-season, how many hours per week are you required to work out?
	During your off-season, how many hours per week are you required to work out? U — for c 0 — 10 — 12 hrs. practice

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- During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 1-2 hrs. per week for me, 2-3 hrs. for others

 I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain: 49.
- 50.





Student-Athlete Exit Interview

Date	Name (optional)				Sport Ba	seball
1.	Which best describes your	r futur	e plans? (c	heck appi	opriate box)	
	☐ I have been accepted to ☐ I have applied to Gradua ☐ I have secured a job. ☐ I am still looking for a journ in the control of the control	ob.	left.	ve not beer		
2.	Please indicate the relative decision to attend UCA.	e impo			llowing factors Important	Not a factor
	71 AL 2016		Very Impe	rtant	тирогтанс	Tiotalactor
	all academic reputation of the	ne	1		V	
Univer						
	ific academic program		-	Reference of		<u> </u>
	athletic program	<u> </u>	-	/		
	head coach or coaching staff	V-11221		/		
	ncial aid	-	V	/		
	r athletes attending UCA	1000		55 — I		
	tion of UCA			,	<u> </u>	
	ence of parents	79.1		/		
	hland Conference		U			
10. Aca	ademic support services for		1			
student	-athletes					
11. Oth	ier:					ļ
3.	Would you encourage oth Yes No If no, pleas			es to atten	d this institutio	n?
4. Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)						
	Athletics (overall) I Academics I	2		8	5 5	

5. If you were being recruited today would you choose to attend UCA again?

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	Yes No If no, for what reasons?
5.	How did your participation in athletics affect your Academic Performance? It helped because I had to manage my time more effectively. Thurt because I did not have enough time to commit to academics. It did not affect my academic performance very much.
7.	Other effects. Please explain
	☐ Immediately ☐ One term ☐ Sophomore ☑ Junior ☐ Senior ☐ Never Comments:
3,	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
),	Did your coaches sincerely emphasize graduation from UCA as a top priority? Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10,	How important to you is graduating from college?
	✓ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes V No

Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)
Enthusiasm and the ability to motivate you and your teammates:



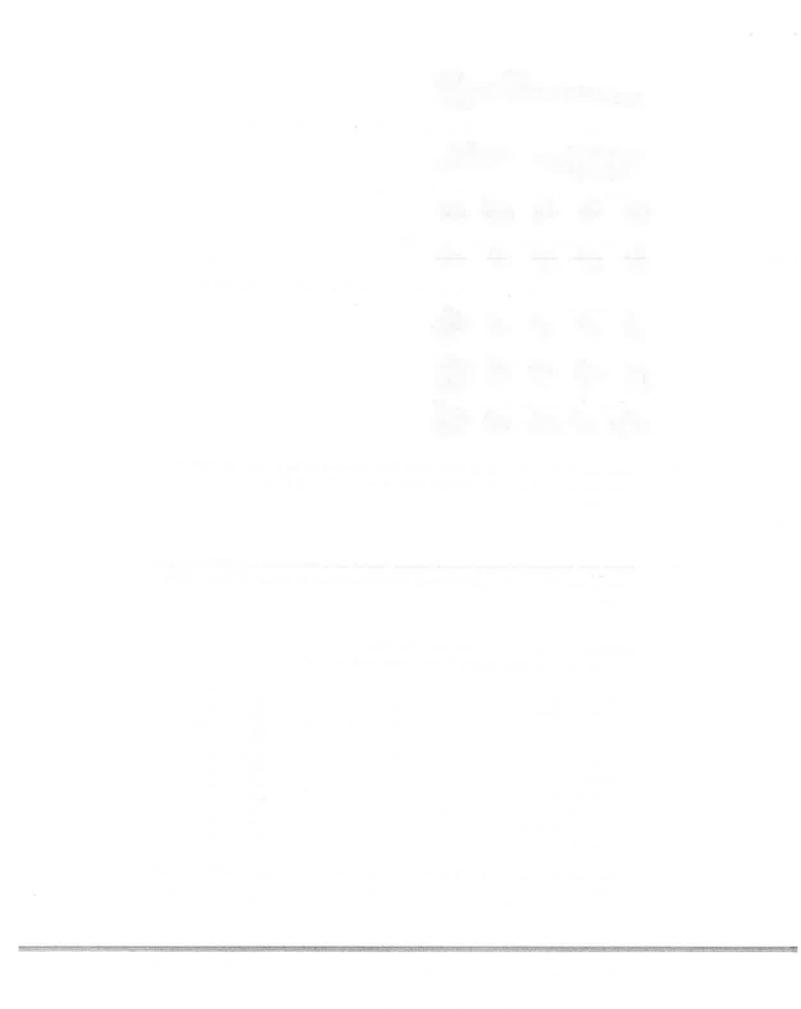
14.

15.

Willingness to assist with academic concerns (not necessarily related to eligibility Ability to communicate with you and your teammates Ability organize and prepare for practice Fairness in evaluating players and providing useful feedback regarding athletic chnical knowledge of game Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments: Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No Comments: Rate the services you received from the following: 16. (1 represents no support and 5 represents total support) N/A Athletic Training N/A Academic Advising N/A Housing N/A 2 Career Services N/A Aramark N/A 3 2 Financial Aid N/A 2 1 Promotion/Marketing N/A 2 3 1 Sports Information 2 N/A NCAA Compliance N/A Counseling Center If you could change one thing about your specific sports program at UCA what 17. more funding for the baseball program would it be?

Who was your primary contact when you had questions about NCAA regulations? 18.

Graff Thiers



19.	How can the athletic department assist you in your career development?
	They belowd
20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Yes No Academic Standards Yes No Eligibility Standards Yes No Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Yes No Student-Athlete Host Employment Yes No No No Yes No No No Yes No No No Yes No No No No No No No No No N
22,	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No No
23.	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)
	What are your suggestions to improve the CHAMPS/Life Skills Program?
	none
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 5 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? ✓ 5 - Excellent
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes No

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3	Was your team assigned an Athletic Trainer? ✓ Yes ☐ No
4.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).
5.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
i.	How would you improve the Sports Medicine services?
Sa	
•20	Did you participate in training sessions with the Strength and Conditioning Coach
	Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest)
	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
	I felt I was able to bring issues with my sport to my SAAC representatives? Yes No
	During your playing season, how many days per week do you typically have off?
	During your playing season, how many hours per day does a typical practice last?
	During the playing season, how many hours per week is your team typically required to participate in the following: • Practice:
	• Conditioning and/or weight lifting:
	Watch game film:
	During your playing season, is your team required to practice more than 20 hours per week? Yes No
	If you answered yes, please give a detailed account of those hours:
	During your off-season, how many days per week do you typically have off?

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?
49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



5.



Student-Athlete Exit Interview

Date_	5/9/16 Name (optional)	÷		Sport Bas	,cball
1.	Which best describes	your futu	re plans? (c	heck app	ropriate box)	
2.	☐ I have been accepted☐ I have applied to Gr☐ I have secured a job☐ I am still looking fo☐ I have no idea.☐ I have one more yea☐ Other. Please specif	aduate scl r a job. r of schooly:	hools but hav	ve not bee		
45	Please indicate the related ucase decision to attend ucase.				Important	
1. Ove	rall academic reputation	of the	1*			
Unive					V	Ī
	cific academic program	cademic reputation of the cademic program tic program coach or coaching staff				
3. The	athletic program	nic program ogram				
	head coach or coaching s	taff	V,			
5. Fina	ncial aid	77	V			
6. Oth	er athletes attending UCA				200000000000000000000000000000000000000	
	ation of UCA		V			
	ence of parents		1			1
	hland Conference		Y			
	ademic support services f	or				
	-athletes	0,			\vee	ľ
11. Oth		Hambley '				
3.	Would you encourage Yes No If no, pl			s to atten	d this institution	1?
ļ _a v	Please rate your experi (1-below average, 2-ave					
	Athletics (overall) Academics	1 2		4 4	5 5	

If you were being recruited today would you choose to attend UCA again?



How did your participation in athletics affect your Academic Performance?
It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
Comments:
How effective and complete of an orientation program did you receive, involvin
both athletics and academics, when you first arrived at UCA.
Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
Did your coaches sincerely emphasize graduation from UCA as a top priority?
Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
How important to you is graduating from college?
☐ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance w promoted your academic success?
Did the coaches ever steer you toward a less challenging major in order to keep eligible? Yes V No

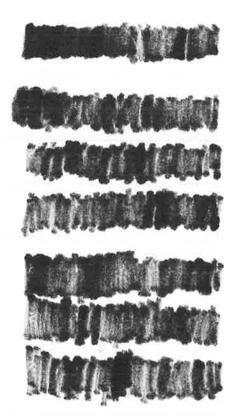
Please rate the Coaching staff in your sport
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)
Enthusiasm and the ability to motivate you and your teammates:

	1 2 Vy	4						
	Willingness to assist wimatters)	ith academic co	псеrn	s (not nec	cessarily	related	to eligibi	lity
	Ability to communicate	with you and	your te	eammate:	S			
	Ability to orestree and	prepare for pra	etice					
	Fairness in evaluating performance	players and pro-	viding	useful fe	edback	regardin	g athletic	
	1 2 7	4 5						
	Ethics	المساور						
	(1) (2)	4 - 5						
	Technical know by g. o	f game						
		() ()						
14.	Have you personally e harassment of other st Comments:						rved sext	nal
15:	Have you personally egender-based discrimi Comments:							
16.	Rate the services you r (1 represents no suppo			-	port)			
	Athletic Training	1	2	3	4	6	N/A	
	Academic Advising	1	2	3	(4)	5	MY	
	Housing]	2	3	4	5 5 5 5 5	NA)	
	Career Services]	2 2	3 3 3	4	5	(N/A)	
	Aramark Financial Aid	1	2	3	4	5	NIA	
	Promotion/Marketing	1	2	3	4	5	(N/A)	
	Sports Information	i	2	(3)	4	5	N/A	
	NCAA Compliance]	2	(3)	4 4 4 4 4 4	5	N/A	
	Counseling Center	1	2	3	(4)	5	N/A	
17.	If you could change on							
	would it be? Be	more	08	gani	zed	/~	or .	funding

Who was your primary contact when you had questions about NCAA regulations?

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18.



19.	How can the athletic department assist you in your career development?
	tips .
20.	Have you sought assistance from the Career Services Staff? Yes W No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Dyes No No Yes No Ye
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No Yes No
23,	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the CHAMPS/Life Skills Program?
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? [V] 5 - Excellent
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Ves No
31	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you?

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33.	Was your team assigned an Athletic Trainer? V Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).
35.	Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
36.	How would you improve the Sports Medicine services?
37	
38.	Did you participate in training sessions with the Strength and Conditioning Coach? Ves No
39.	Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest)
40.	I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? V Yes No
41.	I felt I was able to bring issues with my sport to my SAAC representatives? ☐ Yes ☑ No
42.	During your playing season, how many days per week do you typically have off?
43,5	During your playing season, how many hours per day does a typical practice last?
44.	During the playing season, how many hours per week is your team typically required to participate in the following: • Practice:
	• Conditioning and/or weight lifting:
	• Watch game film: none
45.	During your playing season, is your team required to practice more than 20 hours per week? Yes No
	If you answered yes, please give a detailed account of those hours:
46.	During your off-season, how many days per week do you typically have off?

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?
49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the



5.



Student-Athlete Exit Interview

Date_	Name (optional)	e			Sport_	Base	ball					
1.	Which best describes your future plans? (check appropriate box)											
	I have been accepted to a I have applied to Graduat I have secured a job. I am still looking for a jo I have no idea. I have one more year of s Other. Please specify:	te school school	left.	e not bee	Schoo	1	,					
2.	Please indicate the relative decision to attend UCA.	impo										
			Very Impo	rtant	Impo	rtant	Not a factor					
	rall academic reputation of the	е			\ \times		1					
Unive		1.00										
	cific academic program		/		A							
3. The	athletic program		1									
4. The	head coach or coaching staff		J,				£					
	ancial aid		V		<u> </u>							
	er athletes attending UCA											
7. Loc	ation of UCA				4		100					
8. Infl	uence of parents		J		1							
9. Sou	thland Conference		√									
	ademic support services for		V	IQ.	1							
	t-athletes		V	لأسح مسافيه								
11. Ot	her:	15.44			1							
3.	Would you encourage other			es to atte	nd this in	stitutio	n?					
4.	Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)											
	Athletics (overall) 1 Academics 1	2 2		(4)	5 5							

If you were being recruited today would you choose to attend UCA again?

	Yes No If no, for what reasons?
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☑ Junior ☐ Senior ☐ Never
	Comments:
8,	How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	 ✓ Very effective and very complete for both ✓ Effective for athletic but not for academic ☐ Effective for academic but not for athletic ☐ Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	✓ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
1_{e}	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
2.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:

	1 2 6	† <u>†</u>						
	Willingness to assist with	h academi	C CODCer	ne (not n		:/	14 12 23 23	
	matters)	n academ		ns (not n	iecessar	ily related	to eligibil	ıty
	Ability to communicate	11	Jak.					
	Ability to communicate	with You a	na your	teammai	tes			
			V					
	Ability to organize and p	repare for	practice					
	Fairness in evaluating pla	yers and	roviding	useful	feedbac	k regardir	og athletic	
	performance			,		. rogardii	ig atmetic	
	1 1 3 V	J 5						
	Ethics	- 10-64						
	11112							
		Manage					*	
	Technical knowledge of g	ame						
			MI M					
	and and die		0					
14.	Have you personally exp harassment of other stud Comments:	erienced lent-athle	sexual b tes at U	arassme CA?	ent or h Yes	ave obser No	rved sexua	ıÌ
15 _{\$}	Have you personally exp gender-based discrimina Comments:	erienced g tion of otl	gender-l ier stud	oased di ent-athl	scrimin etes at	ation or I	have obser	ved No
16.	Rate the services you reco	eived fron and 5 rep	n the fol resents	llowing: total suj	pport)			
	Athletic Training	1	2	2		(3)		
	Academic Advising]]	2 2	3 3	4 4	3	N/A	
	Housing	i	2	3	4	(3)	N/A N/A	
	Career Services	1	2	3	4	(3)	N/A	
	Aramark	1	2	3	4	(3)	N/A	
	Financial Aid	1	2	3	4	3	N/A	
	Promotion/Marketing	1	2	3	4	99999	N/A	
	Sports Information]	2	3	4	3	N/A	
	NCAA Compliance	1	2	3	4	(3)	N/A	
	Counseling Center	J	2	3	4	(3)	N/A	
17.,	If you could change one the would it be?	ing abou	t your s _l	pecific s	ports p	rogram a	t UCA wh	at
			NIA					

18. Who was your primary contact when you had questions about NCAA regulations?

Geoff Theirs



19.	How can the athletic department assist you in your career development?						
	They helped						
20.	Have you sought assistance from the Career Services Staff? Yes No						
21,	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?						
	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No No Yes No No Yes No No Yes No Yes No No No No Yes No No No No No No No No No N						
22,	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No No						
23,	Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the CHAMPS/Life Skills Program?						
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory						
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory						
26.	How well did practice times accommodate class scheduling? ☐ 5 - Excellent ☑ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory						
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory						
28.	Were you ever required to miss class due to practice? Yes No						
29.	Were you required to miss a mid-term or final exam due to practice? Yes No						
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No						
31.	Do'you think the Athletic Administration supported and valued your sport? ✓ Yes ☐ No						
32.	If you had a need to contact an administrator was one available to you? Yes No						

	neral, how do you feel the Athletic Trainers treated your injuries. (Rate of 1-5 with 5 being the highest).
Rate	the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the high
How	would you improve the Sports Medicine services?
	NA
	ou participate in training sessions with the Strength and Conditioning (es No
	e rate your overall experience with the Strength and Conditioning Progon a scale of 1-5 with 5 being the highest)
	aware of who my sports representatives are on the Student Athlete Adv. nittee (SAAC)? Yes No
	I was able to bring issues with my sport to my SAAC representatives?
Durin	g your playing season, how many days per week do you typically have o
Durin	g your playing season, how many hours per day does a typical practice
reguii	g the playing season, how many hours per week is your team typically red to participate in the following:
	Practice: 4 Conditioning and/or weight lifting: 4
•	Watch game film:
per we	g your playing season, is your team required to practice more than 20 heek? Yes No answered yes, please give a detailed account of those hours:

47.	During your off-season, how many hours per day was a typically work out?
48.	During your off-season, how many hours per week are you required to work out?
49.	During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions?
50.	I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



Student-Athlete Exit Interview

Date_4	-25/19 Name (options	al)_			Sport_Beau	ch Volleyball				
1.	Which best describes	s your futi	ire plans? (chec	k approj	priate box)					
. 1 . 2	I have been accept I have applied to C I have secured a jo I am still looking f I have no idea. I have one more yo Other. Please spec	Graduate solb. For a job. ear of scho	hools but have n		ccepted yet.	<u> </u>				
2.	Please indicate the redecision to attend UC	_	oortance each of	the follo	owing factors	had in your				
			Very Importa	nt	Important	Not a factor				
1. Over Univer	rall academic reputation sity	of the			×					
2. Spec	ific academic program		*							
	athletic program		*			18				
4. The	head coach or coaching	staff	*							
	ncial aid		*							
6. Othe	er athletes attending UC	A	×							
7. Loca	tion of UCA				*					
8. Influ	ence of parents					*				
9. Sout	hland Conference					*				
	ademic support services -athletes	s for			*					
11. Oth	ier:									
3.										
4.	Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)									
	Athletics (overall)		2 3 4 2 3 4	1						
	Academics	Ļ	۷ 3 4	1 (5						

If you were being recruited today would you

5.

Yes No If no, for what reasons?
How did your participation in athletics affect your Academic Performance?
 It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
☐ Immediately 【 One term ☐ Sophomore ☐ Junior ☐ Senior ☐ Never
Comments: Took one semester to get comfort
How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
Very effective and very complete for both Effective for athletic but not for academic Effective for academic but not for athletic Not effective for either
Did your coaches sincerely emphasize graduation from UCA as a top priority?
Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
How important to you is graduating from college?
▼ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
Has your College Academic Advisor provided timely/knowledgeable guidance promoted your academic success? Yes No
Did the coaches ever steer you toward a less challenging major in order to keep eligible? Yes No
Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:
$(1 2 3)_{\pm} (\underline{4})_{\pm} (\underline{5})$

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to communicate w	itin voti and	your tea	ammates				
Ability to organize and pro	epare for pr	actice					
Committee of the second		Ž.					
	ers and pro	oviding	useful fe	edbac	k regardin	g athletic	
performance	part (3.					
7 3 1 14	V 11- 3	8					
Ethics	-	23					
Lines 4	1 5	× .					
		6					
echnical knowledge of g	ame	÷					
1 2 3 4	(3)						
		0					
11 1-14 a dane.	autan and a	e" swaal ba		st ou l	ava abaa	mod sovual	
have you personally exp	erienceu s ont_athlet	exuai na os ot IIC	A?	Ves [No	i veu sexuai	
	ent-atmet	es at oc	Д. Ц	I CS	Z		
Commonto.							
Profile							
7							
Have you personally exp	erienced g	ender-b	ased dis	crimi	nation or	have obser	ved
gender-based discrimina	tion of oth	er stude	ent-athle	tes at	UCA? [_ Yes X	No
Comments:		CONTRACTOR	7.			Cr	

						.81	
Rate the services you rec	eived fron	the fol	lowing:				
(1 represents no support	and 5 rep	resents 1	total sup	port)		28	
4.11.1. m. 15		2	2	4	a	DT/A	
	1		3		96		
_	1	2	3		9		
_	1		3		(5)		
	î		3		(3)		
Financial Aid	1	2	3	4	3	N/A	
Promotion/Marketing	1	2	3	4	5	N/A	
Sports Information	1		(3)	4	5	N/A	
	1		3		S		
Counseling Center	1	2	3	4	(3)	N/A	
If you sould shower one	thing abou	4 	nosifio s	norte	nvogvam	of HCA wh	at
Univa a	team	poste	X \	ive	the	OTVIEV	
Promis	00000	1/400	או באו	re.	exist	as a	program
teams so	people	100	1941:		3,		1)
				-		45	
				tions	about NC	CAA regulat	tions?
probably co	aeh	Jove	8				
1							
	44				m dayalan	49	
How can the athletic den	ariment a	ICICT VAII	i in valir	' Caree	er agveioi	ment:	
	Ability to organize and proper formance Ethics Technical knowledge of game and proper formance Ethics Technical knowledge of game and proper formance Ethics Technical knowledge of game and proper formance Have you personally explain formation and and proper formation and and proper formation and proper formation and proper formation and format	Ability to organize and prepare for proper fairness in evaluating players and proper performance Ethics. echnical knowledge of game Have you personally experienced so harassment of other student-athlete Comments: Have you personally experienced gender-based discrimination of oth Comments: Rate the services you received from (1 represents no support and 5 represents no support and 5 represents and support and 5 rep	Ability to organize and prepare for practice Fairness in evaluating players and providing performance Ethics Echnical knowledge of game Have you personally experienced sexual haharassment of other student-athletes at UC Comments: Have you personally experienced gender-bgender-based discrimination of other stude Comments: Rate the services you received from the fol (1 represents no support and 5 represents to Athletic Training 1 2 Academic Advising 1 2 Housing 1 2 Career Services 1 2 Aramark 1 2 Financial Aid 1 2 Promotion/Marketing 1 2 Sports Information 1 2 NCAA Compliance 1 2 Counseling Center 1 2 If you could change one thing about your swould it be? Hawks So people Katharass So People	Ability to organize and prepare for practice Fairness in evaluating players and providing useful fer performance Ethics echnical knowledge of game Have you personally experienced sexual harassment harassment of other student-athletes at UCA? Comments: Have you personally experienced gender-based disgender-based discrimination of other student-athletes. Rate the services you received from the following: (1 represents no support and 5 represents total sup Athletic Training 1 2 3 Academic Advising 1 2 3 Housing 1 2 3 Aramark 1 2 3 Financial Aid 1 2 3 Finan	Fairness in evaluating players and providing useful feedback performance Ethics echnical knowledge of game Have you personally experienced sexual harassment or I harassment of other student-athletes at UCA? Yes Comments: Have you personally experienced gender-based discriming ender-based discrimination of other student-athletes at Comments: Rate the services you received from the following: (I represents no support and 5 represents total support) Athletic Training 1 2 3 4 4 Academic Advising 1 2 3 4 4 Housing 1 2 3 4 4 Aramark 1 2 3 4 4 Financial Aid 1 2 3 4 4 Financial	Ability to organize and prepare for practice Fairness in evaluating players and providing useful feedback regardin performance Ethics Ethics Technical knowledge of game Have you personally experienced sexual harassment or have observance and the student-athletes at UCA? Yes No Comments: Have you personally experienced gender-based discrimination or gender-based discrimination of other student-athletes at UCA? Comments: Rate the services you received from the following: (1 represents no support and 5 represents total support) Athletic Training 1 2 3 4 5 Academic Advising 1 2 3 4 5 Housing 1 2 3 4 5 Career Services 1 2 3 4 3 Financial Aid 1 2 3 4 5 Formation/Marketing 1 2 3 4 5 Formation/Marketing 1 2 3 4 5 Formation 1	Ability to organize and prepare for practice Fairness in evaluating players and providing useful feedback regarding athletic performance Ethics cechnical knowledge of game Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments: Have you personally experienced gender-based discrimination or have obsergender-based discrimination of other student-athletes at UCA? Yes No Comments: Rate the services you received from the following: (1 represents no support and 5 represents total support) Athletic Training 1 2 3 4 N/A N/A Academic Advising 1 2 3 4 N/A N/A Housing 1 2 3 4 N/A N/A Financial Aid 1 2 3 4 N/A N/A Sports Information 1 2 3 4 N/A N/A Sports Information 1 2 3 4 N/A N/A Sports Information 1 2 3 4 N/A N/A N/A Sports Information 1 2 3 4 N/A N/A N/A N/A N/A Compliance 1 2 3 4 N/A N/A N/A N/A N/A Compliance 1 2 3 4 N/A N/A N/A N/A N/A Compliance 1 2 3 4 N/A

NB

20.	Have you sought assistance from the Career Services Staff? Yes No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
	Education Conduct
	Ethical Conduct Amateurism Yes No
	Academic Standards Yes No No
	Eligibility Standards
	Drugs X Yes
	Complimentary Admissions Yes
	Recruitment Complimentary Admissions Extra Benefits Boosters Y Y Y No No
	Boosters
	Student-Athlete Host
	Employment
22.	Did you receive a copy of the Student-Athlete handbook? X Yes No
	Was it helpful? Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.)
	experience at UCA (1-5 with 5 being the highest)
	What are your suggestions to improve the Life Skills Program? More on how what athletes put on social media effects their reputation & the programs reputation
	more on now what athletes put on social more
24.	Rate the time demands for your sport.
24.	5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time.
	√ 5 – Excellent
2.6	
26.	How well did practice times accommodate class scheduling?
	∑ 5 – Excellent ☐ 4 – Good ☐ 3 – Satisfactory ☐ 2 – Poor ☐ 1 – Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and
	assignments missed due to team travel?
	∑ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
20.	refe you ever required to miss class due to practice: [] Tes [2] No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus
	food services? Yes No
31.	Do you think the Athletic Administration supported and valued your sport?
22	I Yes \(No * probably could be been advartised more
32.	If you had a need to contact an administrator was one available to you? Yes No
	7 ies No
33.	Was your team assigned an Athletic Trainer? Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a
	scale of 1-5 with 5 being the highest).

	the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
How	would you improve the Sports Medicine services? NIA ON Hances did an amazing Job thi
Train If wes	you ever treated by an orthopedic doctor referred to you by the Athletic ing Staff? Yes No , what doctor? the service/treatment adequate Yes No, If no please explain:
X Y	ou participate in training sessions with the Strength and Conditioning Coach?
	e rate your overall experience with the Strength and Conditioning Program. on a scale of 1-5 with 5 being the highest)
	aware of who my sports representatives are on the Student Athlete Advisory mittee (SAAC)? Yes No
	I was able to bring issues with my sport to my SAAC representatives? es No
	ng your playing season, how many days per week do you typically have off?
	ng your playing season, how many hours per day does a typical practice last?
	ng the playing season, how many hours per week is your team typically red to participate in the following: Practice: \(\subseteq 10 - 12 \)
	Conditioning and/or weight lifting: ~ 3
٠	Watch game film:
per w	ng your playing season, is your team required to practice more than 20 hours reek? Yes No answered yes, please give a detailed account of those hours:
Durii	ng your off-season, how many days per week do you typically have off?
	ng your off-season, how many hours per day was a typically work out?
Durii	ng your off-season, how many hours per week are you required to work out?

I feel this exit i Athletic progra	nterview proce am in general. [ss is benef Yes	icial to No If	ne as a	stude se expl	nt-athle ain:	ete and
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Student-Athlete Exit Interview

Date 5	3 9 Name (optional)		Sport Beach	1						
1.	Which best describes your futu	re plans? (check app	ropriate box)							
	☐ I have been accepted to a graduate program. ☐ I have applied to Graduate schools but have not been accepted yet. ☐ I have secured a job. ☐ I am still looking for a job. ☐ I have no idea. ☐ I have one more year of school left. ☐ Other. Please specify:									
2.	Please indicate the relative imp decision to attend UCA.									
		Very Important	Important	Not a factor						
	rall academic reputation of the									
Univer		V,								
2. Spec	eific academic program									
	athletic program	J		 						
	head coach or coaching staff			- V						
	ncial aid									
	er athletes attending UCA									
	ation of UCA									
	ience of parents									
	thland Conference									
	ademic support services for		1							
	t-athletes			 ,						
11. Otl	ner:									
3.	Would you encourage other student-athletes to attend this institution?									
4.	Please rate your experience at (1-below average, 2-average, 3 Athletics (overall) 1 Academics 1	UCA. (Circle one for -good, 4-very good, 5-	each category) excellent) 5							
5,	If you were being recruited too	lay would you	to a tochel U.A.	Ship?						

	Yes No If no, for what reasons? Closer to home
	and better advising (has gotten better though)
6.	How did your participation in athletics affect your Academic Performance?
	It helped because I had to manage my time more effectively. It hurt because I did not have enough time to commit to academics. It did not affect my academic performance very much. Other effects. Please explain
7.	When did you begin to feel confident you could manage both the academic and athletic demands at UCA.
	☐ Immediately ☐ One term ☐ Sophomore ☐ Junior ☐ Senior ☒ Never
8.	Comments: No put in a 10+ of hours not only on the field Or in weights but wy voluntaring, team building, film, ot C it is a 10+. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.
	 Very effective and very complete for both Effective for athletic but not for academic □ Effective for academic but not for athletic □ Not effective for either
9.	Did your coaches sincerely emphasize graduation from UCA as a top priority?
	Yes, from the start, they always emphasized academics over athletics. Yes and no, in the sense they emphasized academics and athletics equally. No, from the start, they emphasized athletics over academics. No, but they emphasized an academic degree could always be earned after my athletic career was over. No, they hardly ever discussed academics
10.	How important to you is graduating from college?
	☑ Very important ☐ Somewhat ☐ Not sure ☐ Not very ☐ Not at all
11.	Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No
12.	Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No
13	Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusias m and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

	Ability to communicate with you and your teammates
	Ability to organize and prepare for practice
	Fairness in evaluating players and providing useful feedback regarding athletic
	performance
	Etinics 2 (3) (3) (4) (5)
	Technical knowledge of game
14.	Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No Comments:
15.	Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No Comments:
	×
16.	Rate the services you received from the following: (1 represents no support and 5 represents total support)
	Athletic Training 1 2 3 4 5 N/A Academic Advising 1 2 3 4 5 N/A Housing 1 2 3 4 7 N/A Career Services 1 2 3 4 5 N/A Aramark 1 2 3 4 5 N/A Financial Aid 1 2 3 4 5 N/A Promotion/Marketing 1 2 3 4 5 N/A Sports Information 1 2 3 4 5 N/A NCAA Compliance 1 2 3 4 5 N/A Counseling Center 1 2 3 4 5 N/A
	NCAA Compliance 1 2 3 M N/A Counseling Center 1 2 3 4 N/A
17,	If you could change one thing about your specific sports program at UCA what
	more funding, over our nets are falling apart
18.	Who was your primary contact when you had questions about NCAA regulations?
	ceach, trainer
19.	How can the athletic department assist you in your career development? Nelp us find interships down

20.	Have you sought assistance from the Career Services Staff? You No
21.	Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
î	Ethical Conduct Amateurism Academic Standards Eligibility Standards Drugs Recruitment Complimentary Admissions Extra Benefits Boosters Student-Athlete Host Employment Yes No N
22.	Did you receive a copy of the Student-Athlete handbook? Was it helpful? Yes No
23.	Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) What are your suggestions to improve the Life Skills Program? A 10+ of Hom West 10ng and wish they were
24.	Rate the time demands for your sport. 5 - Excellent 4 - Good 3 - Satisfactory - Poor 1 - Unsatisfactory
25.	Rate team travel arrangements for minimizing missed class time. 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26.	How well did practice times accommodate class scheduling? 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27.	What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel? ☐ 5 - Excellent ☐ 4 - Good ☐ 3 - Satisfactory ☐ 2 - Poor ☐ 1 - Unsatisfactory
28.	Were you ever required to miss class due to practice? Yes No
29.	Were you required to miss a mid-term or final exam due to practice? Yes No
30.	Were practice times usually scheduled in a manner to allow you access to campus food services? ✓ Yes No
31.	Do you think the Athletic Administration supported and valued your sport? Yes No
32.	If you had a need to contact an administrator was one available to you? Yes No
33.	Was your team assigned an Athletic Trainer? X Yes No
34.	In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest).