

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? _____
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



Student-Athlete Exit Interview

Date 11/27/18 Name (optional) [REDACTED] Sport Football

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: Graduate

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University		✓	
2. Specific academic program		✓	
3. The athletic program		✓	
4. The head coach or coaching staff		✓	
5. Financial aid		✓	
6. Other athletes attending UCA			✓
7. Location of UCA			✓
8. Influence of parents			✓
9. Southland Conference			✓
10. Academic support services for student-athletes			✓
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

Yes No If no, please explain _____

4. Please rate your experience at UCA. (Circle one for each category)
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)	1	2	3	4	5
Academics	1	2	3	4	5

5. If you were being recruited today would you choose to attend UCA again?

Yes No If no, for what reasons? _____

6. **How did your participation in athletics affect your Academic Performance?**

- It helped because I had to manage my time more effectively.
 It hurt because I did not have enough time to commit to academics.
 It did not affect my academic performance very much.
 Other effects. Please explain _____

7. **When did you begin to feel confident you could manage both the academic and athletic demands at UCA.**

- Immediately One term Sophomore Junior Senior Never

Comments:

8. **How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.**

- Very effective and very complete for both
 Effective for athletic but not for academic
 Effective for academic but not for athletic
 Not effective for either

9. **Did your coaches sincerely emphasize graduation from UCA as a top priority?**

- Yes, from the start, they always emphasized academics over athletics.
 Yes and no, in the sense they emphasized academics and athletics equally.
 No, from the start, they emphasized athletics over academics.
 No, but they emphasized an academic degree could always be earned after my athletic career was over.
 No, they hardly ever discussed academics

10. **How important to you is graduating from college?**

- Very important Somewhat Not sure Not very Not at all

11. **Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?** Yes No

12. **Did the coaches ever steer you toward a less challenging major in order to keep you eligible?** Yes No

13. **Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)**
Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to communicate with you and your teammates

Ability to organize and prepare for practice

Fairness in evaluating players and providing useful feedback regarding athletic performance

Ethics

[Handwritten scribbles]

Technical knowledge of game

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No

Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No

Comments:

16. Rate the services you received from the following:
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be? *N/A*

18. Who was your primary contact when you had questions about NCAA regulations?

Head coach

19. How can the athletic department assist you in your career development?

Graduation

20. Have you sought assistance from the Career Services Staff? Yes No
21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
- | | | |
|--------------------------|---|-----------------------------|
| Ethical Conduct | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Academic Standards | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Complimentary Admissions | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Extra Benefits | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Boosters | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Student-Athlete Host | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Employment | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
22. Did you receive a copy of the Student-Athlete handbook? Yes No
Was it helpful? Yes No
23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 4
What are your suggestions to improve the Life Skills Program?
N/A
24. Rate the time demands for your sport.
 5 – Excellent 4 – Good 3 – Satisfactory 2 – Poor 1 – Unsatisfactory
25. Rate team travel arrangements for minimizing missed class time.
 5 – Excellent 4 – Good 3 – Satisfactory 2 – Poor 1 – Unsatisfactory
26. How well did practice times accommodate class scheduling?
 5 – Excellent 4 – Good 3 – Satisfactory 2 – Poor 1 – Unsatisfactory
27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?
 5 – Excellent 4 – Good 3 – Satisfactory 2 – Poor 1 – Unsatisfactory
28. Were you ever required to miss class due to practice? Yes No
29. Were you required to miss a mid-term or final exam due to practice? Yes No
30. Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31. Do you think the Athletic Administration supported and valued your sport?
 Yes No
32. If you had a need to contact an administrator was one available to you?
 Yes No
33. Was your team assigned an Athletic Trainer? Yes No
34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
5

36. How would you improve the Sports Medicine services?
N/A

37.

38. Did you participate in training sessions with the Strength and Conditioning Coach?
 Yes No

39. Please rate your overall experience with the Strength and Conditioning Program.
(Rate on a scale of 1-5 with 5 being the highest) 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No

41. I felt I was able to bring issues with my sport to my SAAC representatives?
 Yes No

42. During your playing season, how many days per week do you typically have off?
2

43. During your playing season, how many hours per day does a typical practice last?
2 hrs

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 2 hrs
- Conditioning and/or weight lifting: 1 hr
- Watch game film: 1 hr

45. During your playing season, is your team required to practice more than 20 hours per week? Yes No
If you answered yes, please give a detailed account of those hours: _____

46. During your off-season, how many days per week do you typically have off?
Weekends

47. During your off-season, how many hours per day was a typically work out?
1 hr 30 min

48. During your off-season, how many hours per week are you required to work out?

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 6hrs

50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:

(This area contains faint, illegible text, likely bleed-through from the reverse side of the page.)





Student-Athlete Exit Interview

Date 11-19-18 Name (optional) [REDACTED] Sport Football

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: _____

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University		✓	
2. Specific academic program		✓	
3. The athletic program	✓		
4. The head coach or coaching staff	✓		
5. Financial aid		✓	
6. Other athletes attending UCA		✓	
7. Location of UCA		✓	
8. Influence of parents		✓	
9. Southland Conference		✓	
10. Academic support services for student-athletes		✓	
11. Other:			✓

3. Would you encourage other student-athletes to attend this institution?

- Yes No If no, please explain _____
- _____

4. Please rate your experience at UCA. (Circle one for each category)
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall)	1	2	3	④	5
Academics	1	2	3	4	5

5. If you were being recruited today would you choose to attend UCA again?

Yes No If no, for what reasons? _____

6. **How did your participation in athletics affect your Academic Performance?**
- It helped because I had to manage my time more effectively.
 It hurt because I did not have enough time to commit to academics.
 It did not affect my academic performance very much.
 Other effects. Please explain _____
7. **When did you begin to feel confident you could manage both the academic and athletic demands at UCA.**
- Immediately One term Sophomore Junior Senior Never
- Comments:
8. **How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.**
- Very effective and very complete for both
 Effective for athletic but not for academic
 Effective for academic but not for athletic
 Not effective for either
9. **Did your coaches sincerely emphasize graduation from UCA as a top priority?**
- Yes, from the start, they always emphasized academics over athletics.
 Yes and no, in the sense they emphasized academics and athletics equally.
 No, from the start, they emphasized athletics over academics.
 No, but they emphasized an academic degree could always be earned after my athletic career was over.
 No, they hardly ever discussed academics
10. **How important to you is graduating from college?**
- Very important Somewhat Not sure Not very Not at all
11. **Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success?** Yes No
12. **Did the coaches ever steer you toward a less challenging major in order to keep you eligible?** Yes No
13. **Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent)**
Enthusiasm and the ability to motivate you and your teammates:

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

Ability to communicate with you and your teammates

Ability to organize and prepare for practice

Fairness in evaluating players and providing useful feedback regarding athletic performance

Ethics

[Handwritten scribble]

Technical knowledge of game

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No
Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No
Comments:

16. Rate the services you received from the following:
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be? *More Money*

18. Who was your primary contact when you had questions about NCAA regulations? *Brown*

19. How can the athletic department assist you in your career development? *Coaching Jobs*

20. Have you sought assistance from the Career Services Staff? Yes No
21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
- | | | |
|--------------------------|---|-----------------------------|
| Ethical Conduct | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Academic Standards | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Complimentary Admissions | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Extra Benefits | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Boosters | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Student-Athlete Host | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Employment | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
22. Did you receive a copy of the Student-Athlete handbook? Yes No
 Was it helpful? Yes No
23. Rate your Life Skills Program (speakers, social media presentations, etc.) experience at UCA (1-5 with 5 being the highest) 1
 What are your suggestions to improve the Life Skills Program?
Some not boring
24. Rate the time demands for your sport.
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25. Rate team travel arrangements for minimizing missed class time.
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26. How well did practice times accommodate class scheduling?
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28. Were you ever required to miss class due to practice? Yes No
29. Were you required to miss a mid-term or final exam due to practice? Yes No
30. Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31. Do you think the Athletic Administration supported and valued your sport?
 Yes No
32. If you had a need to contact an administrator was one available to you?
 Yes No
33. Was your team assigned an Athletic Trainer? Yes No
34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
5

36. How would you improve the Sports Medicine services?

Open
All day



38. Did you participate in training sessions with the Strength and Conditioning Coach?
 Yes No

39. Please rate your overall experience with the Strength and Conditioning Program.
(Rate on a scale of 1-5 with 5 being the highest) 3

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No

41. I felt I was able to bring issues with my sport to my SAAC representatives?
 Yes No

42. During your playing season, how many days per week do you typically have off?
1

43. During your playing season, how many hours per day does a typical practice last?
3

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: IDK
- Conditioning and/or weight lifting: 2hr
- Watch game film: IDK

45. During your playing season, is your team required to practice more than 20 hours per week? Yes No
If you answered yes, please give a detailed account of those hours: _____

46. During your off-season, how many days per week do you typically have off?
1

47. During your off-season, how many hours per day was a typically work out?
1.50

48. During your off-season, how many hours per week are you required to work out?
1.30

49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? Depends 30-40 min

50. I feel this exit interview process ~~is~~ beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



Student-Athlete Exit Interview

Date 4/25 Name (optional) _____ Sport W TRACK

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: _____

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University		X	
2. Specific academic program	X		
3. The athletic program		X	
4. The head coach or coaching staff			X
5. Financial aid			X
6. Other athletes attending UCA			X
7. Location of UCA			X
8. Influence of parents			X
9. Southland Conference			X
10. Academic support services for student-athletes			X
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

- Yes No If no, please explain wasn't an enjoyable experience

4. Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall) 1 2 3 4 5
 Academics 1 2 3 4 5

5. If you were being recruited today would you choose to attend UCA again?



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Yes No If no, for what reasons?

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.
 It hurt because I did not have enough time to commit to academics.
 It did not affect my academic performance very much.
 Other effects. Please explain _____

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately One term Sophomore Junior Senior Never

Comments:

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both
 Effective for athletic but not for academic
 Effective for academic but not for athletic
 Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.
 Yes and no, in the sense they emphasized academics and athletics equally.
 No, from the start, they emphasized athletics over academics.
 No, but they emphasized an academic degree could always be earned after my athletic career was over.
 No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important Somewhat Not sure Not very Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

13. Please rate the Coaching staff in your sport
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)
Enthusiasm and the ability to motivate you and your teammates:

[Faint header text]

[Faint header text]

[Faint paragraph of text]

[Faint paragraph of text]

[Faint paragraph of text]

[Faint paragraph of text]

[Faint text, possibly a signature or name]

[Faint paragraph of text]

[Faint paragraph of text]

[Faint paragraph of text]

[Faint paragraph of text]

[Faint paragraph of text]

[Faint paragraph of text]

[Faint paragraph of text]



[Redacted]

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

[Redacted]

Ability to communicate with you and your teammates

[Redacted]

Ability to organize and prepare for practice

[Redacted]

Fairness in evaluating players and providing useful feedback regarding athletic performance

[Redacted]

Ethics

[Redacted]

Technical knowledge of game

[Redacted]

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No
Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No
Comments:

16. Rate the services you received from the following:
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

[Redacted]

18. Who was your primary contact when you had questions about NCAA regulations?

N/A

19. How can the athletic department assist you in your career development?

N/A

20. Have you sought assistance from the Career Services Staff? Yes No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

Ethical Conduct	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Amateurism	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Academic Standards	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Eligibility Standards	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Drugs	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Recruitment	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Complimentary Admissions	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Extra Benefits	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Boosters	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Student-Athlete Host	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Employment	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

22. Did you receive a copy of the Student-Athlete handbook? Yes No
Was it helpful? Yes No

23. Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)

2-3

What are your suggestions to improve the CHAMPS/Life Skills Program?

more fun, less boring. make it worth going to

24. Rate the time demands for your sport.

5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.

5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?

5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?

5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

28. Were you ever required to miss class due to practice? Yes No

29. Were you required to miss a mid-term or final exam due to practice? Yes No

30. Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No

31. Do you think the Athletic Administration supported and valued your sport?

Yes No

32. If you had a need to contact an administrator was one available to you?

Yes No

Section 1: Introduction

The first part of the document discusses the importance of maintaining accurate records. It highlights the need for consistency and the potential consequences of errors. The text emphasizes that proper record-keeping is essential for legal compliance and operational efficiency.

Section 2: Procedures

This section outlines the specific steps and protocols to be followed. It provides a clear, step-by-step guide to ensure that all personnel are aware of the required actions.

The procedures are designed to be straightforward and easy to follow, minimizing the risk of misunderstandings or omissions.

It is crucial that all staff members adhere strictly to these procedures to maintain the integrity of the data.

Regular training and updates are provided to ensure that everyone remains current on the latest protocols.

The goal is to create a culture of accountability and precision in all record-keeping activities.

By following these guidelines, we can ensure that our records are reliable and accessible when needed.

Thank you for your attention and cooperation in this matter.

Best regards,

[Signature]

[Title]

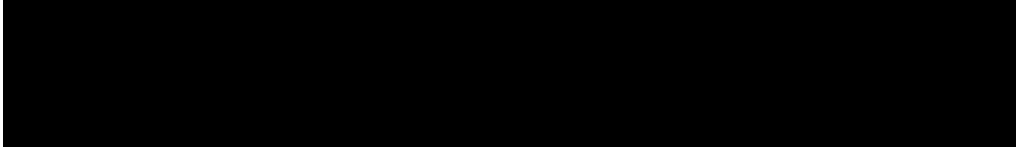
[Contact Information]

33. Was your team assigned an Athletic Trainer? Yes No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 2-3

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
2

36. How would you improve the Sports Medicine services?
more involved trainers have trainers at practice
up-to-date modalities

37. 

38. Did you participate in training sessions with the Strength and Conditioning Coach?
 Yes No

39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest). 2

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No

41. I felt I was able to bring issues with my sport to my SAAC representatives?
 Yes No

42. During your playing season, how many days per week do you typically have off?
4

43. During your playing season, how many hours per day does a typical practice last?
2 hours

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 2 hours
- Conditioning and/or weight lifting: 1 hr
- Watch game film: 0

45. During your playing season, is your team required to practice more than 20 hours per week? Yes No

If you answered yes, please give a detailed account of those hours: _____

46. During your off-season, how many days per week do you typically have off?
2

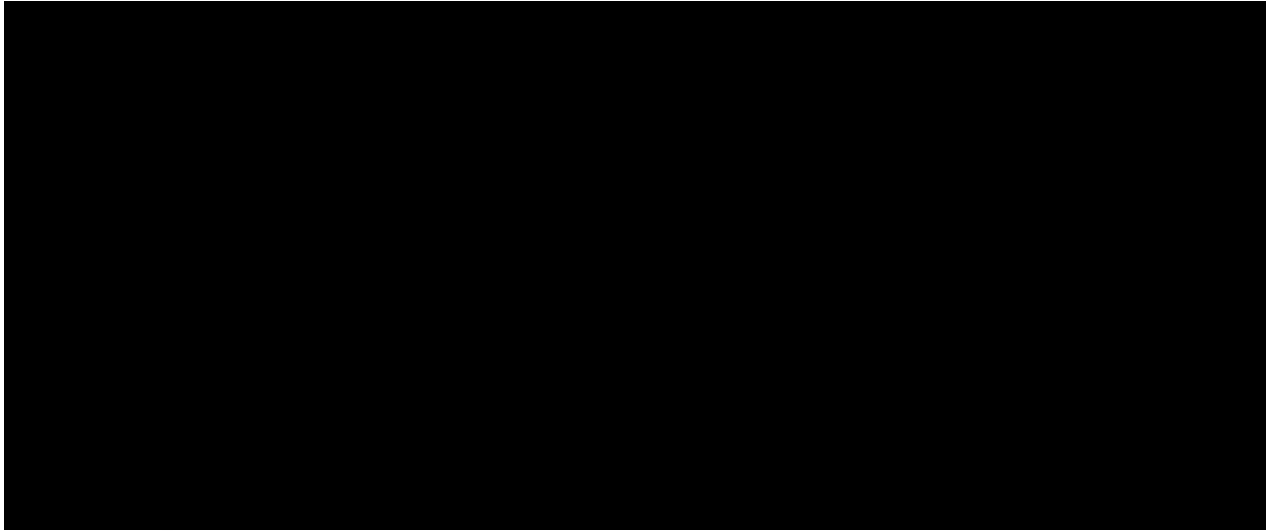
The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that every entry should be supported by a valid receipt or invoice. This ensures transparency and allows for easy verification of the data.

In the second section, the author outlines the various methods used to collect and analyze the data. This includes both manual data entry and the use of specialized software tools. The goal is to ensure that the data is both accurate and easy to interpret.

The third part of the document provides a detailed breakdown of the results. It shows that there has been a significant increase in sales over the period covered by the study. This is attributed to several factors, including improved marketing strategies and a focus on customer service.

Finally, the document concludes with a series of recommendations for future work. It suggests that further research should be conducted to explore the long-term effects of the current strategies. Additionally, it recommends that the company continue to invest in technology and training to stay competitive in the market.

47. During your off-season, how many hours per day was a typically work out?
2 hours
48. During your off-season, how many hours per week are you required to work out?
10?
49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 0
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:



The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that every entry should be supported by a valid receipt or invoice. This not only helps in tracking expenses but also ensures compliance with tax regulations. The document further outlines the procedures for handling discrepancies and the role of the accounting department in providing timely reports to management.

The second part of the document details the various methods used for data collection and analysis. It describes how primary data is gathered through surveys and interviews, while secondary data is obtained from existing sources. The document also covers the statistical techniques used to analyze the data, including regression analysis and hypothesis testing. The goal is to provide a clear and concise summary of the findings, which can be used to inform decision-making.

The final part of the document discusses the challenges faced in the current business environment. It highlights the impact of technological advancements and the need for continuous learning and innovation. The document concludes by emphasizing the importance of transparency and ethical practices in all business operations.

The following table provides a detailed breakdown of the data collected during the study. It shows the distribution of responses across different categories, allowing for a more granular analysis of the results. The data indicates that a significant portion of respondents are concerned about the future of their industry, particularly in light of recent market fluctuations.

Category	Response 1	Response 2	Response 3
Age Group	25-34	35-44	45-54
Gender	Male	Female	Other
Education Level	High School	Bachelor's	Master's
Income Level	Low	Medium	High
Industry	Manufacturing	Services	Technology

The analysis of the data reveals several key trends. First, there is a clear correlation between education level and income level. Higher education levels generally correspond to higher income brackets. Additionally, the data shows that individuals in the services industry are more likely to be concerned about job security compared to those in manufacturing. These findings are crucial for understanding the needs and concerns of different segments of the population.

In conclusion, the study has provided valuable insights into the current state of the market and the challenges faced by various groups. The data suggests that while there are opportunities for growth, there are also significant risks and uncertainties. It is essential for businesses and policymakers to stay informed and adapt to these changes to ensure long-term success.

The document concludes with a call to action, urging all stakeholders to work together to address the challenges ahead. It emphasizes the need for collaboration and innovation to overcome the obstacles posed by the current economic environment. The document also provides contact information for further inquiries and offers to provide additional resources to those interested in the study's findings.



Student-Athlete Exit Interview

Date April 25th, 2019 Name (optional) _____ Sport Track / cross country

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: _____

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University	✓		
2. Specific academic program	✓		
3. The athletic program	✓		
4. The head coach or coaching staff	✓		
5. Financial aid			✓
6. Other athletes attending UCA		✓	
7. Location of UCA		✓	
8. Influence of parents		✓	
9. Southland Conference		✓	
10. Academic support services for student-athletes		✓	
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

- Yes No If no, please explain The program was disorganized + provided lots of stress that was not necessary. The standard is too low for a DI school.

4. Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall) 1 2 3 4 5
 Academics 1 2 3 4 5

5. If you were being recruited today would you choose to attend UCA again?

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Yes No If no, for what reasons?

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.
 It hurt because I did not have enough time to commit to academics.
 It did not affect my academic performance very much.
 Other effects. Please explain _____

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately One term Sophomore Junior Senior Never

Comments:

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both
 Effective for athletic but not for academic
 Effective for academic but not for athletic
 Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.
 Yes and no, in the sense they emphasized academics and athletics equally.
 No, from the start, they emphasized athletics over academics.
 No, but they emphasized an academic degree could always be earned after my athletic career was over.
 No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important Somewhat Not sure Not very Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

13. Please rate the Coaching staff in your sport
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)
Enthusiasm and the ability to motivate you and your teammates:





Willingness to assist with academic concerns (not necessarily related to eligibility matters)



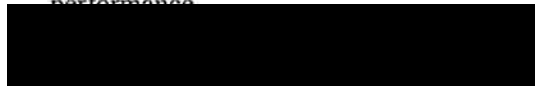
Ability to communicate with you and your teammates



Ability to organize and prepare for practice



Fairness in evaluating players and providing useful feedback regarding athletic performance



Ethics



Technical knowledge of game



14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No
Comments:

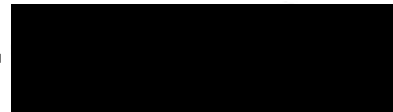
15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No
Comments:

16. Rate the services you received from the following:
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

The standard needs to be higher,



18. Who was your primary contact when you had questions about NCAA regulations?

Andrew Faulkner

1870

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19. How can the athletic department assist you in your career development?
Helped me in looking for jobs in my field/developing a plan

20. Have you sought assistance from the Career Services Staff? Yes No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

Ethical Conduct	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Amateurism	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Academic Standards	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Eligibility Standards	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Drugs	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Recruitment	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Complimentary Admissions	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Extra Benefits	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Boosters	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Student-Athlete Host	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Employment	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

22. Did you receive a copy of the Student-Athlete handbook? Yes No
Was it helpful? Yes No

23. Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)

3

What are your suggestions to improve the CHAMPS/Life Skills Program?

More information

24. Rate the time demands for your sport.

5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.

5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?

5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?

5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

28. Were you ever required to miss class due to practice? Yes No

29. Were you required to miss a mid-term or final exam due to practice? Yes No

30. Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No

31. Do you think the Athletic Administration supported and valued your sport?

Yes No

32. If you had a need to contact an administrator was one available to you?

Yes No

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Lower section of faint, illegible text, possibly a conclusion or a separate paragraph.



33. Was your team assigned an Athletic Trainer? Yes No
34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 2
35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
2
36. How would you improve the Sports Medicine services?
The athletic trainers act like its a burden when we ask for help ([redacted] does not want to do anything)
37. [redacted]
38. Did you participate in training sessions with the Strength and Conditioning Coach?
 Yes No
39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest) 5
40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No
41. I felt I was able to bring issues with my sport to my SAAC representatives?
 Yes No
42. During your playing season, how many days per week do you typically have off?
1
43. During your playing season, how many hours per day does a typical practice last?
3
44. During the playing season, how many hours per week is your team typically required to participate in the following:
- Practice: 2ish
 - Conditioning and/or weight lifting: 2 hours
 - Watch game film: None
45. During your playing season, is your team required to practice more than 20 hours per week? Yes No
If you answered yes, please give a detailed account of those hours: our practices ranged from 2 hours 30 to over 3 hours doing extra things like drills
46. During your off-season, how many days per week do you typically have off?
1

1. _____

47. During your off-season, how many hours per day was a typically work out?
1-2 hour run or workout
48. During your off-season, how many hours per week are you required to work out?
Not required but implied 1-2 hours
49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 0 hours
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:

The following information is provided for your information only. It is not intended to constitute an offer or a recommendation to buy or sell any securities or other financial products. The information is provided for your information only and should not be relied upon as a basis for investment decisions. The information is provided for your information only and should not be relied upon as a basis for investment decisions.

The information is provided for your information only and should not be relied upon as a basis for investment decisions.

The information is provided for your information only and should not be relied upon as a basis for investment decisions.



Student-Athlete Exit Interview

Date 4/25 Name (option) _____ Sport WOMEN T&F

1. Which best describes your future plans? (check appropriate box)

- I have been accepted to a graduate program.
- I have applied to Graduate schools but have not been accepted yet.
- I have secured a job.
- I am still looking for a job.
- I have no idea.
- I have one more year of school left.
- Other. Please specify: _____

2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University	✓		
2. Specific academic program	✓		
3. The athletic program	✓		
4. The head coach or coaching staff	✓		
5. Financial aid	✓		
6. Other athletes attending UCA	✓		
7. Location of UCA	✓		
8. Influence of parents			✓
9. Southland Conference			✓
10. Academic support services for student-athletes			✓
11. Other:			✓

3. Would you encourage other student-athletes to attend this institution?

Yes No If no, please explain Beautiful university w/ a lot of opportunities to succeed.

4. Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall) 1 2 3 4 5
 Academics 1 2 3 4 5

5. If you were being recruited today would you choose to attend UCA again?



MEMORANDUM FOR THE RECORD

TO : [Faint name]

FROM : [Faint name]

SUBJECT: [Faint subject line]

DATE: [Faint date]

TIME: [Faint time]

[Faint header 1]	[Faint header 2]	[Faint header 3]
[Faint data 1.1]	[Faint data 1.2]	[Faint data 1.3]
[Faint data 2.1]	[Faint data 2.2]	[Faint data 2.3]
[Faint data 3.1]	[Faint data 3.2]	[Faint data 3.3]
[Faint data 4.1]	[Faint data 4.2]	[Faint data 4.3]
[Faint data 5.1]	[Faint data 5.2]	[Faint data 5.3]
[Faint data 6.1]	[Faint data 6.2]	[Faint data 6.3]
[Faint data 7.1]	[Faint data 7.2]	[Faint data 7.3]
[Faint data 8.1]	[Faint data 8.2]	[Faint data 8.3]
[Faint data 9.1]	[Faint data 9.2]	[Faint data 9.3]
[Faint data 10.1]	[Faint data 10.2]	[Faint data 10.3]

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Yes No If no, for what reasons? _____

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.
 It hurt because I did not have enough time to commit to academics.
 It did not affect my academic performance very much.
 Other effects. Please explain _____

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately One term Sophomore Junior Senior Never

Comments: Once I realized how to handle college, it became easy & routine

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both
 Effective for athletic but not for academic
 Effective for academic but not for athletic
 Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.
 Yes and no, in the sense they emphasized academics and athletics equally.
 No, from the start, they emphasized athletics over academics.
 No, but they emphasized an academic degree could always be earned after my athletic career was over.
 No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important Somewhat Not sure Not very Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

13. Please rate the Coaching staff in your sport (1-below average, 2-average, 3-good, 4-very good, 5-excellent) Enthusiasm and the ability to motivate you and your teammates:



[Redacted]

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

[Redacted]

Ability to communicate with you and your teammates

[Redacted]

Ability to organize and prepare for practice

[Redacted]

Fairness in evaluating players and providing useful feedback regarding athletic performance

[Redacted]

Ethics

[Redacted]

Technical knowledge of game

[Redacted]

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No
Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No
Comments:

16. Rate the services you received from the following:
(1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

Organization. They need someone solely in charge of planning & coordinating.

18. Who was your primary contact when you had questions about NCAA regulations?

N/A

XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXX



19. How can the athletic department assist you in your career development?

I liked the idea of job fairs.

20. Have you sought assistance from the Career Services Staff? Yes No

21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?

- | | | |
|--------------------------|---|-----------------------------|
| Ethical Conduct | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Academic Standards | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Complimentary Admissions | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Extra Benefits | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Boosters | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Student-Athlete Host | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Employment | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |

22. Did you receive a copy of the Student-Athlete handbook? Yes No
Was it helpful? Yes No

23. Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)

5

What are your suggestions to improve the CHAMPS/Life Skills Program?

24. Rate the time demands for your sport.
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

25. Rate team travel arrangements for minimizing missed class time.
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

26. How well did practice times accommodate class scheduling?
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory

28. Were you ever required to miss class due to practice? Yes No

29. Were you required to miss a mid-term or final exam due to practice? Yes No

30. Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No

31. Do you think the Athletic Administration supported and valued your sport?
 Yes No

32. If you had a need to contact an administrator was one available to you?
 Yes No



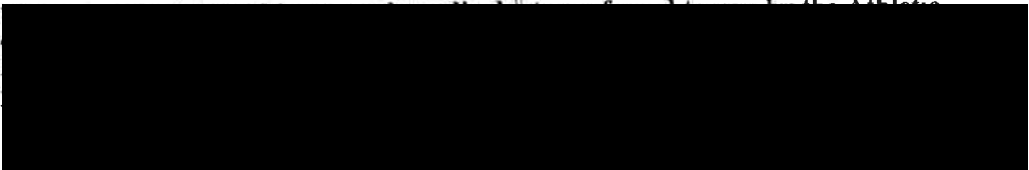
33. Was your team assigned an Athletic Trainer? Yes No

34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 3

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
3

36. How would you improve the Sports Medicine services?

Our trainer would actually roll wherever & groan when asked to roll out, massage, etc. It made you feel like a nuisance

37. 

38. Did you participate in training sessions with the Strength and Conditioning Coach?
 Yes No

39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest) 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No

41. I felt I was able to bring issues with my sport to my SAAC representatives?
 Yes No

42. During your playing season, how many days per week do you typically have off?
2

43. During your playing season, how many hours per day does a typical practice last?
2 + weights

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: Depends on the event group
- Conditioning and/or weight lifting: 2 hours
- Watch game film: 0 hrs

45. During your playing season, is your team required to practice more than 20 hours per week? Yes No
If you answered yes, please give a detailed account of those hours: _____

46. During your off-season, how many days per week do you typically have off?
2 some years (15-16)
1 some years (17-18)

[The page contains extremely faint and illegible text, likely bleed-through from the reverse side of the document. The text is too light to transcribe accurately.]

47. During your off-season, how many hours per day was a typically work out?
2 hours
48. During your off-season, how many hours per week are you required to work out?
10-12 hours
49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 7
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:





Student-Athlete Exit Interview

Date 24/4/19 Name (optional) [REDACTED]

Sport GOLF

1. Which best describes your future plans? (check appropriate box)



2. Please indicate the relative importance each of the following factors had in your decision to attend UCA.

	Very Important	Important	Not a factor
1. Overall academic reputation of the University		✓	
2. Specific academic program			✓
3. The athletic program	✓		
4. The head coach or coaching staff			✓
5. Financial aid	✓		
6. Other athletes attending UCA			x
7. Location of UCA			x
8. Influence of parents	✓		
9. Southland Conference			x
10. Academic support services for student-athletes	✓		
11. Other:			

3. Would you encourage other student-athletes to attend this institution?

Yes No If no, please explain IF PLAYING GOLF, I WOULD NOT RECOMMEND

4. Please rate your experience at UCA. (Circle one for each category) (1-below average, 2-average, 3-good, 4-very good, 5-excellent)

Athletics (overall) ① 2 3 4 5
Academics 1 2 3 4 ⑤

5. If you were being recruited today would you choose to attend UCA again?

Yes No If no, for what reasons? Golf program

6. How did your participation in athletics affect your Academic Performance?

- It helped because I had to manage my time more effectively.
 It hurt because I did not have enough time to commit to academics.
 It did not affect my academic performance very much.
 Other effects. Please explain _____

7. When did you begin to feel confident you could manage both the academic and athletic demands at UCA.

- Immediately One term Sophomore Junior Senior Never

Comments:

8. How effective and complete of an orientation program did you receive, involving both athletics and academics, when you first arrived at UCA.

- Very effective and very complete for both
 Effective for athletic but not for academic
 Effective for academic but not for athletic
 Not effective for either

9. Did your coaches sincerely emphasize graduation from UCA as a top priority?

- Yes, from the start, they always emphasized academics over athletics.
 Yes and no, in the sense they emphasized academics and athletics equally.
 No, from the start, they emphasized athletics over academics.
 No, but they emphasized an academic degree could always be earned after my athletic career was over.
 No, they hardly ever discussed academics

10. How important to you is graduating from college?

- Very important Somewhat Not sure Not very Not at all

11. Has your College Academic Advisor provided timely/knowledgeable guidance which promoted your academic success? Yes No

12. Did the coaches ever steer you toward a less challenging major in order to keep you eligible? Yes No

13. Please rate the Coaching staff in your sport
(1-below average, 2-average, 3-good, 4-very good, 5-excellent)
Enthusiasm and the ability to motivate you and your teammates:

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[Redacted]

Willingness to assist with academic concerns (not necessarily related to eligibility matters)

[Redacted]

Ability to communicate with you and your teammates

[Redacted]

Ability to organize and prepare for practice

[Redacted]

Fairness in evaluating players and providing useful feedback regarding athletic performance

[Redacted]

Ethics

[Redacted]

Technical knowledge of game

[Redacted]

14. Have you personally experienced sexual harassment or have observed sexual harassment of other student-athletes at UCA? Yes No

Comments:

15. Have you personally experienced gender-based discrimination or have observed gender-based discrimination of other student-athletes at UCA? Yes No

Comments:

16. Rate the services you received from the following: (1 represents no support and 5 represents total support)

Athletic Training	1	2	3	4	5	N/A
Academic Advising	1	2	3	4	5	N/A
Housing	1	2	3	4	5	N/A
Career Services	1	2	3	4	5	N/A
Aramark	1	2	3	4	5	N/A
Financial Aid	1	2	3	4	5	N/A
Promotion/Marketing	1	2	3	4	5	N/A
Sports Information	1	2	3	4	5	N/A
NCAA Compliance	1	2	3	4	5	N/A
Counseling Center	1	2	3	4	5	N/A

17. If you could change one thing about your specific sports program at UCA what would it be?

[Redacted]

18. Who was your primary contact when you had questions about NCAA regulations?

MATTHE SHOCK, DARREN WILSON



19. How can the athletic department assist you in your career development?
 KNOW THAT I WOULD BE INTERESTED IN BEING PART OF A GOLF TEAM PROGRAM IN THE FUTURE HERE
20. Have you sought assistance from the Career Services Staff? Yes No
21. Were you informed of NCAA, Conference, and Institutional Regulations in the following areas?
- | | | |
|--------------------------|---|-----------------------------|
| Ethical Conduct | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Amateurism | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Academic Standards | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Eligibility Standards | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Drugs | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Recruitment | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Complimentary Admissions | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Extra Benefits | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Boosters | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Student-Athlete Host | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
| Employment | <input checked="" type="checkbox"/> Yes | <input type="checkbox"/> No |
22. Did you receive a copy of the Student-Athlete handbook? Yes No
 Was it helpful? Yes No
23. Rate your Life Skills Program experience at UCA (1-5 with 5 being the highest)
3
 What are your suggestions to improve the CHAMPS/Life Skills Program?
 CONTINUE DOING THEM
24. Rate the time demands for your sport.
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
25. Rate team travel arrangements for minimizing missed class time.
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
26. How well did practice times accommodate class scheduling?
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
27. What type of cooperation did you receive from faculty in making up tests and assignments missed due to team travel?
 5 - Excellent 4 - Good 3 - Satisfactory 2 - Poor 1 - Unsatisfactory
28. Were you ever required to miss class due to practice? Yes No
29. Were you required to miss a mid-term or final exam due to practice? Yes No
30. Were practice times usually scheduled in a manner to allow you access to campus food services? Yes No
31. Do you think the Athletic Administration supported and valued your sport?
 Yes No
32. If you had a need to contact an administrator was one available to you?
 Yes No



33. Was your team assigned an Athletic Trainer? Yes No

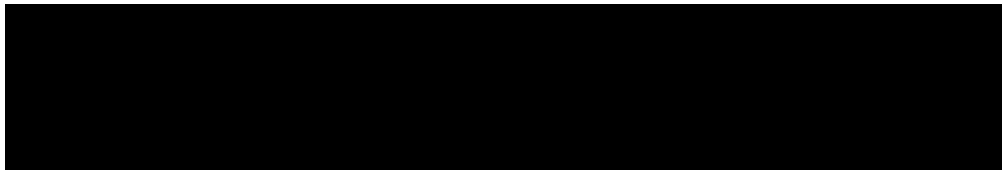
34. In general, how do you feel the Athletic Trainers treated your injuries. (Rate on a scale of 1-5 with 5 being the highest). 5

35. Rate the Sports Medicine services. (Rate on a scale of 1-5 with 5 being the highest).
5

36. How would you improve the Sports Medicine services?

KEEP IT AS IS

37.



38. Did you participate in training sessions with the Strength and Conditioning Coach?
 Yes No

39. Please rate your overall experience with the Strength and Conditioning Program. (Rate on a scale of 1-5 with 5 being the highest). 5

40. I am aware of who my sports representatives are on the Student Athlete Advisory Committee (SAAC)? Yes No

41. I felt I was able to bring issues with my sport to my SAAC representatives?
 Yes No

42. During your playing season, how many days per week do you typically have off?
1-2

43. During your playing season, how many hours per day does a typical practice last?
2-6 hrs

44. During the playing season, how many hours per week is your team typically required to participate in the following:

- Practice: 15-18
- Conditioning and/or weight lifting: 3
- Watch game film: 0

45. During your playing season, is your team required to practice more than 20 hours per week? Yes No

If you answered yes, please give a detailed account of those hours: _____

46. During your off-season, how many days per week do you typically have off?

2-3

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47. During your off-season, how many hours per day was a typically work out?
0
48. During your off-season, how many hours per week are you required to work out?
3
49. During your off-season, how many hours per week are you required to attend individual skill-related instruction sessions? 0
50. I feel this exit interview process is beneficial to me as a student-athlete and to the Athletic program in general. Yes No If no, please explain:

1. The first part of the document discusses the importance of maintaining accurate records.

2. It is essential to ensure that all data is entered correctly and consistently.

3. Regular audits should be conducted to verify the accuracy of the information.

4. The second section covers the various methods used for data collection and analysis.

5. These methods include surveys, interviews, and focus groups.

6. Each method has its own strengths and weaknesses, and should be chosen based on the research objectives.

7. The third section discusses the ethical considerations involved in research.

8. Researchers must ensure that they are following all applicable laws and regulations.

9. It is also important to obtain informed consent from all participants.

10. The final section provides a summary of the key findings and conclusions.

11. These findings have important implications for the field of research.

12. Further research is needed to explore these issues in more depth.

13. The document concludes with a list of references and a bibliography.

14. These references provide additional information on the topics discussed in the document.

15. The document is intended to provide a comprehensive overview of the research process.

16. It is hoped that this document will be helpful to researchers and students alike.

17. The document is available for download at the following link:

18. [http://www.example.com/research-process](#)

19. Thank you for reading this document.

20. If you have any questions, please contact the author at the following email address:

21. author@example.com